

Over Under Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	43	Emily Knight	Thurrock	20.4
	2	28	Ariyanna McGee	Basildon	20.5
	3	37	Nadia Lay	Basildon	22.6
	4	34	Katie McGowan	Basildon	23.2

2	1	100	Millie Ambrose	Basildon	22.1
	2	35	Keitan Adediji	Ardleigh Gn Jrs	22.5
	3	38	Olivia Sorrell	Upminster Jnr	22.9
	4	27	Amy Bates	Upminster Jnr	23.6

4 Lap Race - Girls

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	68	Kiera Bainsfair	Basildon	51.6
	2	78	Poppy Ellis	Havering AC	51.7
	3	76	Ndidikama Okoh	Chelmsford	52.0
	4	88	Ellie Bartram-Sheppard	Chelmsford	59.9

2	1	73	Lottie Hinson	Basildon	52.4
	2	56	Chloe Jordan	Basildon	53.0
	3	64	Jessica Krise	Basildon	55.5
	4				

3	1	59	Emma Ramsden	Basildon	52.4
	2	60	Freya Duffey	Redden Court	52.8
	3	55	Anna Wardell	Basildon	52.8
	4				

**1 Lap Race - Girls**

**Sportshall**

**U11 only**

Heat	Position	No.	Name	Club / School	Time
1	1	41	Seanna Omogbai	Basildon	12.5
	2	26	Alice Brown	Havering AC	12.6
	3	43	Emily Knight	Thurrock	12.7
	4	37	Nadia Lay	Basildon	12.9

2	1	31	Chloe Brand	Upminster Jnr	13.3
	2	27	Amy Bates	Upminster Jnr	13.7
	3	30	Chloe Austin	Branfil Pri	13.9
	4	29	Brooke Curran	Woodlands Sch	14.4

3	1	38	Olivia Sorrell	Upminster Jnr	13.0
	2	96	Sydney Foley	Havering AC	13.1
	3	32	Eliza Bearfield	Branfil Pri	13.6
	4				

**6 Lap Race - Girls**

**Sportshall**

**u13 only**

Heat	Position	No.	Name	Club / School	Time
1	1	70	Lauren Strutt	Colch H	1:24.1
	2	99	Caitlin Fowler	Basildon	1:25.6
	3	81	Rosie Brown	Havering AC	1:26.0
	4				

**2 Lap Race - Girls**

**Sportshall**

**U11**

Heat	Position	No.	Name	Club / School	Time
1	1	36	Mali Grant	Havering AC	24.8
	2	26	Alice Brown	Havering AC	25.4
	3	28	Ariyanna McGee	Basildon	25.7

2	1	41	Seanna Omogbai	Basildon	25.0
	2	100	Millie Ambrose	Basildon	26.8
	3	96	Sydney Foley	Havering AC	27.2

3	1	32	Eliza Bearfield	Branfil Pri	27.0
	2	40	Rebecca Apps	Nelmes Pri	27.9
	3	29	Brooke Curran	Woodlands Sch	29.0

### 2 Lap Race - Girls



#### U13

1	1	65	Jessica Smith	Enf & Har	24.0
	2	74	Millie Hodges	Havering AC	24.4
	3	73	Lottie Hinson	Basildon	24.8
	4	78	Poppy Ellis	Havering AC	25.3

2	1	66	Jessica Welsh	Basildon	24.0
	2	59	Emma Ramsden	Basildon	24.6
	3	55	Anna Wardell	Basildon	25.2
	4				

3	1	61	Funminiyi Olajide	Thurrock	23.8
	2	62	Hannah Bardo	Chelmsford	25.0
	3	58	Elize Bonning	Havering AC	25.0
	4	81	Rosie Brown	Havering AC	25.4

4	1	83	Sola Taiwo	Thurrock	24.1
	2	67	Jessie Gower	Havering AC	24.8
	3	84	Tia Vickers	Thurrock	26.3
	4				

5	1	77	Omolola Omowanile	Thurrock	23.2
	2	69	Kira Wealls	Colch H	23.7
	3	80	Robyn Moody	Havering AC	25.2
	4				

6	1	72	Liberty Griffin	Braintree	24.5
	2	60	Freya Duffey	Redden Court	26.2
	3	79	Rebecca Stanley	Havering AC	26.8
	4				

7	1	118	Kate Chachanidze	Coopers' CS	25.9
	2	57	Chloe Locke	Thurrock	26.7
	3				
	4				

#### U15

1	1	91	Kendrea Nwaelene	Thurrock	22.6
	2	89	Jessica Whitbread	Thurrock	24.1
	3	90	Jodie Cooper	Basildon	24.7
	4				

2	1	88	Ellie Bartram-Sheppard	Chelmsford	24.0
	2	93	Lucy Rutter	Chelmsford	24.9
	3	94	Maisy Webb	Thurrock	25.3
	4				

Over Under Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	4	Daniel Lucking	Thurrock	19.9
	2	18	Olamide Odupitan	Braintree	20.9
	3	5	Eddie Connor	Thurrock	25.3
	4				

2	1=	17	Liam Robertson	Branfil Pri	21.0
	1=	10	Jimi Gower	Branfil Pri	21.0
	3	21	Onyekachukwu Okoh	St Helens RC	21.9
	4	8	Jack Hamilton	Nelmes Pri	26.4

3	1	119	Glen Morris	Benfleet	21.4
	2	9	Jamie Philbrick	Nelmes Pri	21.9
	3	2	Billy Sacristan-Smart	Nelmes Pri	24.7
	4				

4 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	97	Finley Hall	Chelmsford	50.8
	2	45	George Sharpe	Thurrock	53.8
	3	44	Ben Myers	Orion H	53.8
	4	47	Joseph Hogan-O'Neill	Havering AC	

2	1	86	Liam Chivers	Thurrock	48.8
	2	47	Joseph Hogan-O'Neill	Havering AC	51.9
	3				
	4				

1 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	6	Francis Omowanile	Thurrock	12.5
	2	23	Tomi Akinrinlade	Basildon	12.9
	3	7	Hugo Whitten	Chelmsford	13.0
	4	24	Tosin Olajide	Thurrock	13.5

2	1	14	Joshua Lock	Lt Thurrock Sch	12.3
	2	22	Shaun Ebiwarebo	Basildon	12.9
	3	25	Jakub Kowalski	Thurrock	13.1
	4				

3	1	18	Olamide Odupitan	Braintree	12.4
	2	1	Arthur Day	Brentwood Sch	12.9
	3	9	Jamie Philbrick	Nelmes Pri	13.9
	4	2	Billy Sacristan-Smart	Nelmes Pri	14.1

4	1	98	Michael Adesiyani	Basildon	11.7
	2	16	Lenny Houston	Branfil Pri	12.3
	3	20	Oliver Jones	Upminster Jnr	12.8
	4				

## 6 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	51	Theo Adesima	Thurrock	1:13.4
	2				
	3				
	4				

## 2 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	6	Francis Omowanile	Thurrock	24.6
	2	23	Tomi Akinrinlade	Basildon	25.0
	3	3	Bradley James	Thurrock	25.2
	4	7	Hugo Whitten	Chelmsford	26.0

2	1	21	Onyekachukwu Okoh	St Helens RC	26.5
	2	11	Joseph Baxter	Branfil Pri	28.2
	3	2	Billy Sacristan-Smart	Nelmes Pri	31.0
	4				

3	1	16	Lenny Houston	Branfil Pri	24.5
	2	14	Joshua Lock	Lt Thurrock Sch	24.8
	3	20	Oliver Jones	Upminster Jnr	25.4
	4	17	Liam Robertson	Branfil Pri	27.9

4	1	1	Arthur Day	Brentwood Sch	25.0
	2	18	Olamide Odupitan	Braintree	25.6
	3	10	Jimi Gower	Branfil Pri	26.3
	4	15	Joshua Spink	Branfil Pri	26.6

5	1	98	Michael Adesiyani	Basildon	23.9
	2	22	Shaun Ebiwarebo	Basildon	25.8
	3	119	Glen Morris	Benfleet	26.0
	4	25	Jakub Kowalski	Thurrock	26.3

2 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	97	Finley Hall	Chelmsford	23.8
	2	50	Noah Osinowo	Drapers Acad	24.0
	3	48	Joshua Ayling	Havering AC	25.9
	4	45	George Sharpe	Thurrock	26.3

2	1	117	Samuel Odotei	Havering AC	26.9
	2	49	Mack McAuley	Havering AC	27.3
	3	52	Todd Riddell	Havering AC	27.6
	4				

U15

1	1	87	William Adeyeye	Thurrock	21.3
	2	95	Charlie Splarn	Thurrock	21.4
	3	86	Liam Chivers	Thurrock	23.3
	4				