

HAVERING MAYESBROOK AC - SPRING WARM UP MEETING Held at MAYESBROOK PARK 4

April 2009

No.	Pos	Name	Club	Age Group	Performance	AW/POT
800m - Under 11 & Under 13 Girls						
800	f43	1 Jodie Judd	Thurr	U11W	2:42.3	*
800	f8	2 Katherine-Jayne Watts	Col H	U13W	2:44.3	*
800	f33	3 Abigail Spink	Hav M	U13W	2:46.9	
800	f48	4 Amy Baggs	Hav M	U11W	2:59.1	
800	f25	5 Lucy Goodfellow	Thurr	U13W	3:14.7	
800m - Under 15 Girls						
800	f44	1 Jessica Judd	Thurr	U15M	2:16.3	*
800	f21	2 Kaylee Dodd	Bas	U15W	2:30.8	*
800	f51	3 Amanda Blaxland	Hav M	U15W	2:37.2	
800	f17	4 Kim Johansen	Chelm	U15W	2:40.0	
800	f35	5 Rebecca Barnard	Thurr	U15W	2:42.4	
800m - Under 17 Women						
800	f14	1 Laura O'Connor	Chelm	U17W	2:22.3	*
800	f16	2 Sophie Johnstone	Chelm	U17W	2:27.3	*
800	f29	3 Rachel Sadler	Hav M	U17W	2:29.3	*
800	f18	4 Poppy Blake	Chelm	U17W	2:38.5	
800m - Under 11, Under 13 & Under 15 Boys						
800	m56	1 Samuel Robinson	Chelm	U15M	2:20.5	*
800	m91	2 Ben Silverstone	Orion	U15M	2:26.8	
800	m62	3 Connor Dyer	Hav M	U15M	2:43.9	
800	m97	4 Zach Inwood	S'end	U13M	2:44.8	
800	m10	5 Chris Aquilina	Eastwood Sch	U13M	2:46.8	
800	m68	6 Thomas Pitkin	Hav M	U13M	2:53.7	
800	m83	7 Samuel Barella	Thurr	U11M	2:58.9	
800	m82	8 Marc Blaxland	Unatt	U11M	3:19.7	
800m - Under 17 Men						
800	m42	1 Nakole Iddirisu	NEB	U17M	2:02.1	*
800	m43	2 Luke Oliver	Eastwood Sch	U17M	2:04.7	*
800	m64	3 Darryl Worbey	Thurr	U17M	2:09.4	*
800	m27	4 Joseph Waked	Hav M	U17M	2:09.5	*
800	m48	5 Jake Burgess	NEB	U17M	2:10.8	
800	m39	6 James Blake	Eastwood Sch	U17M	2:17.9	
800	m70	7 Adam Crook	Chelm	U17M	2:21.1	
800	m33	8 James Watts	NEB	U17M	2:30.4	
800	m66	9 Adam Wileman	Hav M	U17M	2:33.3	
800m - Under 20, Senior & Veteran Men						
800	m55	1 Lee Pickering	Chelm	SM	2:05.0	
800	m58	2 Peter Clinch	Ilf	V35	2:05.4	*
800	m60	3 Neill Collins	Hav M	SM	2:08.3	
800	m84	4 Kyle Aldridge	S'end	U20M	2:09.8	
800	m89	5 Robb Birchley	VP&TH	SM	2:11.4	
100m - Under 11 & Under 13 Girls						
100	f67	1 Nadia Gervaise	Ilf	U13W	14.2	*
100	f68	2 Phoebe Maloney	Hav M	U13W	14.8	*
100	f75	3 Modupe Shokunbi	Hav M	U11W	14.8	*
100	f40	4 Tolu Akingbade	Unatt	U11W	16.4	
100	f57	5 Laura Young	Ardleigh Green Sch	U11W	17.5	
100m - Under 13 Girls						
100	f60	1 Olivia Smith	S'end	U13W	14.0	*
100	f45	2 Chloe Young	Col H	U13W	14.1	*
100	f39	3 Tomi Akingbade	Hav M	U13W	14.2	*
100	f19	4 Jade Ajagun-Brauns	Col H	U13M	14.4	*
100	f23	5 Kerry McCrory	S'end	U13W	15.3	
100	f60	6 Olivia Smith	S'end	U13W	16.3	

HAVERING MAYESBROOK AC - SPRING WARM UP MEETING Held at MAYESBROOK PARK 4

April 2009

No.	Pos	Name	Club	Age Group	Performance	AW/POT
100m - Under 15 Girls - Race 1						
100	f61	1 Calli Middleton	Bas	U15W	13.7	*
100	f69	2 Lucy Allen	Hav M	U15W	14.0	
100	f7	3 Chantelle Grey	NEB	U15W	14.5	
100	f59	4 Holly Clements	S'end	U15W	15.0	
100	f9	5 Kenneila Quashie	NEB	U15W	15.1	
100m - Under 15 Girls - Race 2						
100	f58	1 Jessica Quick	Bas	U15W	13.1	*
100	f30	2 Henrietta Adewole	Hav M	U15W	13.9	
100	f34	3 Bethany Chambers	Hav M	U15W	14.1	
100	f2	4 Jessica Adams	NEB	U15W	14.1	
100	f13	5 Kaysia Grant	NEB	U15W	14.5	
100	f5	6 Debbie Castle	Brain	U15W	15.5	
100m - Under 17 Women						
100	f24	1 Sian McCrory	S'end	U17W	13.4	
100	f38	2 Jadine Williams	NEB	U17W	13.5	
100	f36	3 Alexandra Edwards	NEB	U17W	13.7	
100	f22	4 Leanne McCrory	S'end	U17W	14.2	
100	f4	5 Hannah Castle	Brain	U17W	16.8	
100m - Under 17, Under 20 & Senior Women						
100	f41	1 Kirsty Shepherd	Bas	U20W	12.6	*
100	f20	2 Rianne Ashitey	NEB	U17W	13.1	*
100	f42	3 Hannah Connor	Hav M	SW	13.9	
100	f81	4 Daniella Adah	Jo Richardson Sch	U17W	14.3	
100	f65	5 Bianca Ashbrook	S'end	U17W	14.4	
100m - Under 13 Boys						
100	m61	1 Alex Law	Hav M	U13M	13.0	*
100	m54	2 Jordan Fox	Hav M	U13M	13.6	*
100	m15	3 Billy Eden	Eastwood Sch	U13M	14.5	
100	m57	4 Lewis Middleton	Hav M	U13M	14.7	
100	m72	5 Oliver Garwandoe	Unatt	U15M	14.8	
100	m97	6 Zach Inwood	S'end	U13M	15.2	
100	m86	7 David Walker-Dobson	Hav M	U13M	15.5	
100	m102	8 Jason Odei	Hav M	U13M	16.3	
100m - Under 15 Boys						
100	m29	1 Mitchell Turffrey	Eastwood Sch	U15M	12.4	*
100	m104	2 Patrick Chimhini	Hav M	U15M	12.5	*
100	m32	3 Taylor Dunn	Eastwood Sch	U15M	13.2	
100	m11	4 Conor Butcher	Col H	U15M	13.2	
100	m85	5 Liam Appleyard	Thurr	U15M	13.3	
100	m80	6 Ben Watt	C&T	U15M	13.5	
100	m103	7 John Deeble	Hav M	U15M	14.1	
100	m75	8 Lawrence Fanutzza-Davis	Harl	U15M	14.8	
100m - Under 17 Men						
100	m50	1 Jake King	Eastwood Sch	U17M	11.5	*
100	m99	2 Nicholas Ofonagoro	NEB	U17M	11.6	*
100	m90	3 Tyrrell Emmanuel	NEB	U17M	12.0	*
100	m106	4 Steven Hagan-Barnard	Hav M	U17M	12.7	
100	m6	5 Jake Nelson	Hav M	U17M	12.8	
100	m47	6 Shane Brown	Eastwood Sch	U17M	13.6	
100	m40	7 Aaron Hickey	Eastwood Sch	U17M	14.0	
100	m44	8 Jarret Prior	Eastwood Sch	U17M	14.3	
100m - Under 20 Men						
100	m53	1 Joseph Ramie	Hav M	U20M	11.1	*
100	m81	2 Charlie Moss	Hav M	U20M	11.2	*
100	m92	3 Marlon Moseley	Unatt	U20M	11.6	
100	m100	4 Tyron James	E&H	U20M	11.7	
100	m8	5 Cadel Thomas	Orion	U20W	11.8	
100	m88	6 Simon Richards	Hav M	U20M	12.0	
100	m107	7 Michael Lewis	Hav M	U20M	14.1	

HAVERING MAYESBROOK AC - SPRING WARM UP MEETING Held at MAYESBROOK PARK 4

April 2009

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100m - Senior Men							
100	m69	1	Luke Stott	Hav M	SM	11.0	*
100	m52	2	Tyrell Spencer-Boatswain	E&H	SM	11.0	*
100	m95	3	Scott Craddock	M&M	SM	11.4	*
100	m73	4	Chris Travis	Thurr	SM	11.6	
100	m71	5	Owen Churton	Camb Uni	SM	12.3	
70m Hurdles - Under 13 Girls							
70HU13G	f71	1	Abigail Frith	S'end	U13W	13.8	*
70HU13G	f54	2	Naomi Ashford	Chelm	U13W	15.3	
70HU13G	f62	3	Ellen Atkinson	Ilf	U13W	17.8	
75M Hurdles - Under 13 Boys							
75HU13B	m61	1	Alex Law	Hav M	U13M	13.9	*
75HU13B	m20	2	Callum Heath	Eastwood Sch	U13M	14.6	*
75HU13B	m9	3	Bailey Moss	Eastwood Sch	U13M	14.8	*
75HU13B	m14	4	Alex Bouchard	Eastwood Sch	U13M	15.8	*
75HU13B	m13	5	Ben Cutts	Eastwood Sch	U13M	16.0	*
75HU13B	m12	6	Lewis Turffrey	Eastwood Sch	U13M	16.1	
75M Hurdles - Under 15 Girls							
75HU15G	f56	1	Georgia Green-Muid	Bas	U15W	12.7	*
75HU15G	f74	2	Rylie Trott	Hav M	U15W	12.7	*
75HU15G	f26	3	Deborah Knight	Hav M	U15W	13.2	*
75HU15G	f53	4	Abigail Ashford	Chelm	U15W	13.4	
75HU15G	f5	5	Debbie Castle	Brain	U15W	16.8	
80M Hurdles - Under 17 Women							
80HU17W	f28	1	Nancy Lebeau	Thurr	U17W	12.0	*
80HU17W	f79	2	Holly Thomas	Hav M	U17W	12.1	*
80HU17W	f66	3	Holly Pattie-Belleli	WG&EL	U17W	12.9	
80HU17W	f3	4	Evie Castle	Brain	U17W	14.0	
80M Hurdles - Under 15 Boys							
80HU15M	m105	1	George Hadler	Ilf	U15M	13.1	*
80HU15M	m23	2	Andrew Paul	Eastwood Sch	U15M	14.0	*
80HU15M	m37	3	Reuben Browning	Eastwood Sch	U15M	14.3	
100M Hurdles - Under 20/Senior Women							
100HW	f46	1	Chloe Van Wulven	Hav M	SW	15.6	
100HW	f82	2	Lauren Edgar-Hill	Hav M	U20W	16.4	
100HW	f73	3	Nicola Hill	Hav M	U20W	DNF	
100M Hurdles - Under 17 Men (& Under 20 Women)							
100HU17M	m114	1	Jack Edgar-Hill	Hav M	U17M	14.1	*
100HW	f73	2	Nicola Hill	Hav M	U20W	15.2	*
100HU17M	m6	3	Jake Nelson	Hav M	U17M	16.0	*
100HU17M	m49	4	Brennan Nolan	Eastwood Sch	U17M	16.2	
100HU17M	m113	5	Jonathan Seekings	Hav M	U17M	20.4	
3000m - Mixed							
3000	m108	1	Oliver Davey	Thurr	U17M	9:21.2	*
3000	m120	2	Mark Crook	Springfield	SM	9:22.5	*
3000	m65	3	Tom Richardson	Thurr	U15M	9:44.8	*
3000	f72	4	Hannah McGowan-Jones	Thurr	U17W	10:39.5	*
3000	f78	5	Emily Ballard	Bas	U17W	11:18.1	*
3000	f55	6	Jordan Lacey	S'end	U15W	11:34.3	*
3000	m87	7	Ross Earney	Hav M	U17M	11:46.1	
3000	f77	8	Charlotte Bishop	Bas	U17W	11:49.3	*
3000	f52	9	Sophie Crofts	Thurr	U15W	13:06.6	

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April 2009

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300m - Under 15 Girls & Under 17 Women							
300	f1	1	Jessica Cutts	Col H	U17W	43.6	*
300	f56	2	Georgia Green-Muid	Bas	U15W	44.8	*
300	f61	3	Calli Middleton	Bas	U15W	45.4	*
300	f65	4	Bianca Ashbrook	S'end	U17W	46.2	
300	f70	5	Sunisa Saengon	S'end	U15W	51.3	
400m Junior & Senior Women							
400	f64	1	Nina Brennan	Hav M	SW	64.9	
400	f83	2	Rebecca Oatham	WG&EL	U20W	65.3	
400	f32	3	Hayley Pegg	Chelm	SW	69.8	
400m - Under 15 Men							
400	m96	1	Michael Zac-Williams	NEB	U15M	58.0	*
400	m105	2	George Hadler	Ilf	U15M	59.5	*
400	m28	3	Callum MacKenzie	Eastwood Sch	U15M	61.3	
400	m35	4	Scott Tansley	Eastwood Sch	U15M	61.8	
400	m36	5	Lewis Bunney	Eastwood Sch	U15M	62.3	
400	m30	6	James Ager	Eastwood Sch	U15M	64.0	
400m - Under 17 Men							
400	m50	1	Jake King	Eastwood Sch	U17M	51.9	*
400	m42	2	Nakole Iddirisu	NEB	U17M	53.4	*
400	m111	3	Samuel Gibson	NEB	U17M	57.0	
400	m46	4	Jon Nash	Eastwood Sch	U17M	57.8	
400	m48	5	Jake Burgess	NEB	U17M	58.5	
400	m45	6	Ben Johnson	Eastwood Sch	U17M	59.7	
400	m51	7	Joe Iley	Eastwood Sch	U17M	62.8	
400	m113	8	Jonathan Seekings	Hav M	U17M	75.0	
400m - Under 20 & Senior Men							
400	m119	1	Andy Lewis	Hav M	U20M	51.8	*
400	m117	2	David Nefs	Hav M	SM	51.9	*
400	m55	3	Lee Pickering	Chelm	SM	56.0	
400	m125	4	Adam Colgrave	Chelm	SM	56.9	
400	m78	5	Terry Noonan	Thurr	SM	58.7	
200m - Under 13 Girls							
200	f45	1	Chloe Young	Col H	U13W	29.8	*
200	f19	2	Jade Ajagun-Brauns	Col H	U13M	30.1	*
200	f39	3	Tomi Akingbade	Hav M	U13W	31.3	*
200	f23	4	Kerry McCrory	S'end	U13W	32.2	
200	f62	5	Ellen Atkinson	Ilf	U13W	33.7	
200m - Under 15 Girls							
200	f58	1	Jessica Quick	Bas	U15W	27.3	*
200	f61	2	Calli Middleton	Bas	U15W	28.5	*
200	f69	3	Lucy Allen	Hav M	U15W	29.1	
200	f2	4	Jessica Adams	NEB	U15W	29.3	
200	f7	5	Chantelle Grey	NEB	U15W	29.6	
200	f13	6	Kaysia Grant	NEB	U15W	30.1	
200m - Under 17 Women							
200	f15	1	Linzi Boosey	Thurr	U17W	26.9	*
200	f24	2	Sian McCrory	S'end	U17W	27.0	*
200	f79	3	Holly Thomas	Hav M	U17W	27.5	*
200	f38	4	Jadine Williams	NEB	U17W	27.7	
200	f20	5	Rianne Ashitey	NEB	U17W	28.0	
200	f36	6	Alexandra Edwards	NEB	U17W	28.1	
200	f22	7	Leanne McCrory	S'end	U17W	29.5	

HAVERING MAYESBROOK AC - SPRING WARM UP MEETING Held at MAYESBROOK PARK 4

April 2009

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200m - Under 20 & Senior Women							
200	f73	1	Nicola Hill	Hav M	U20W	25.7	*
200	f41	2	Kirsty Shepherd	Bas	U20W	25.8	*
200	f64	3	Nina Brennan	Hav M	SW	29.0	
200	f82	4	Lauren Edgar-Hill	Hav M	U20W	29.4	
200m - Under 13 Boys							
200	m54	1	Jordan Fox	Hav M	U13M	28.2	*
200	m72	2	Oliver Garwandoe	Unatt	U15M	30.3	
200	m110	3	Jack Holloway	Thurr	U13M	33.1	
200m - Under 15 Boys							
200	m35	1	Scott Tansley	Eastwood Sch	U15M	26.7	
200	m104	2	Patrick Chimhini	Hav M	U15M	27.3	
200	m76	3	Reece Waters	Cecil Jones Coll	U15M	28.2	
200	m85	4	Liam Appleyard	Thurr	U15M	28.9	
200	m80	5	Ben Watt	C&T	U15M	29.0	
200	m75	6	Lawrence Fanutza-Davis	Harl	U15M	29.6	
200	m31	7	Ryan Price	Eastwood Sch	U15M	30.2	
200	m79	8	Joe Alexander	C&T	U15M	32.0	
200m - Under 17 Men							
200	m99	1	Nicholas Ofonagoro	NEB	U17M	23.3	*
200	m114	2	Jack Edgar-Hill	Hav M	U17M	24.0	*
200	m90	3	Tyrrell Emmanuel	NEB	U17M	24.4	*
200	m106	4	Steven Hagan-Barnard	Hav M	U17M	26.1	
200m - Under 20 & Senior Men Race 1							
200	m81	1	Charlie Moss	Hav M	U20M	22.5	*
200	m53	2	Joseph Ramie	Hav M	U20M	22.6	*
200	m126	3	Paul Owen	Chelm	SM	23.5	
200	m16	4	Kevin Brown	S'end	U20M	23.6	
200m - Under 20 & Senior Men Race 2							
200	m69	1	Luke Stott	Hav M	SM	22.5	*
200	m73	2	Chris Travis	Thurr	SM	24.1	
200	m71	3	Owen Churton	Camb Uni	SM	25.2	
1500m - Under 13 & Under 15 Girls							
1500	f84	1	Avril Loynes	Hav M	U15W	5:27.2	
1500	f76	2	Gemma Holloway	Thurr	U13W	5:37.2	*
1500	f86	3	Laura Swords	Ilf	U15W	5:56.0	
1500m - Under 13 Boys							
1500	m118	1	Freddy Keefe	Hav M	U13M	4:50.2	*
1500	m18	2	Alex Steeles	Eastwood Sch	U13M	5:28.6	
1500	m112	3	Stephen Davies	Thurr	U13M	5:38.8	
1500	m17	4	Ellis Coulson	Eastwood Sch	U13M	5:33.5	
1500	m21	5	Brogan Griffiths	Eastwood Sch	U13M	6:02.2	
1500m - Under 15 Boys & Senior Woman							
1500	m34	1	Rob Frith	Eastwood Sch	U15M	4:47.7	*
1500	m22	2	Zach Mashford	Eastwood Sch	U15M	4:51.3	*
1500	m116	3	Joshua Connors	Hav M	U15M	4:57.0	
1500	f85	4	Vicky Smith	Hav M	SW	5:04.3	*
1500	m127	5	Nicholas Shade	Hav M	U15M	5:11.5	
1500	m115	6	Kieran McMorrow	Bungay Black Dog	U15M	5:15.4	
1500	m124	7	Thomas King	Ilf	U15M	5:31.9	
1500m - Under 17 & Under 20 Men							
1500	m122	1	Tom Frith	S'end	U20M	4:08.4	
1500	m123	2	Jamie Buckley-Stanton	Hav M	U17M	4:28.5	
1500	m41	3	Sam Brown	Eastwood Sch	U17M	4:30.5	
1500	m121	4	Massi Dendami	Hav M	U17M	4:45.8	

HAVERING MAYESBROOK AC - SPRING WARM UP MEETING Held at MAYESBROOK PARK 4

April 2009

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Hammer - Under 15 & Under 17 Men							
HTU17M	m1	1	Harry Clarke	WG&EL	U17M	45.09	*
HTU17M	m24	2	Max Bacon	Eastwood Sch	U17M	38.07	*
HTU17M	m7	3	Lewis Williams	Hav M	U17M	34.62	*
HTU15M	m4	1	Robert James	Hastings	U15M	26.87	*
HTU15M	m25	2	Charlie Brown	Eastwood Sch	U15M	25.25	*
HTU15M	m26	3	Ryan McColl	Eastwood Sch	U15M	19.92	
HTU15M	m3	4	Patrick Wilson	Hav M	U15M	16.45	
Hammer - Female							
HTW	f10	3	Hollie Redman	WG&EL	SW	37.54	*
HTW	f15	1	Linzi Boosey	Thurr	U17W	29.00	*
HTU15W	f11	2	Louisa James <i>[Threw U15 weight]</i>	Hastings	U17W	49.14	*
Long Jump - Senior Women							
LJ	f47	1	Lana Bond	Brain	SW	4.90	*
Long Jump - Under 17 Women							
LJ	f28	1	Nancy Lebeau	Thurr	U17W	5.14	*
LJ	f1	2	Jessica Cutts	Col H	U17W	4.79	*
LJ	f12	3	Rachel Dean	WG&EL	U17W	4.94	*
Long Jump - Male U17 and above							
LJ	m63	1	Anthony Williams	Hav M	SM	6.70	*
LJ	m2	2	Vincent Lazaro	Hav M	SM	6.36	*
LJ	m53	1	Joseph Ramie	Hav M	U20M	6.75	*
LJ	m16	2	Kevin Brown	S'end	U20M	6.19	*
LJ	m45	1	Ben Johnson	Eastwood Sch	U17M	4.87	
LJ	m46	2	Jon Nash	Eastwood Sch	U17M	4.75	
LJ	m44	3	Jarret Prior	Eastwood Sch	U17M	4.20	
Discus - Under 15 Men & upwards							
DT	m59	1	Tony Collins	Hav M	SM	13.33	
DTU17M	m74	1	Laurence Goodacre	Hav M	U17M	41.23	*
DTU17M	m5	2	Blake Robinson	Ashford	U17M	28.16	*
DTU15M	m38	1	George Cassidy	Eastwood Sch	U15M	27.81	*
DTU15M	m4	2	Robert James	Hastings	U15M	27.09	*
DTU15M	m94	3	Luke Overton	Hav M	U15M	26.17	*
DTU15M	m31	4	Ryan Price	Eastwood Sch	U15M	20.98	
DTU15M	m98	5	Jake Inwood	S'end	U15M	16.52	
DTU13M	m61	1	Alex Law	Hav M	U13M	25.73	*
Discus - Female							
DTW	f10	1	Hollie Redman	WG&EL	SW	39.30	*
DTW	f80	2	Melanie Harrison	Hav M	SW	39.08	*
DTW	f63	3	Leanna Davies	Thurr	U20W	31.86	*
DTW	f11	1	Louisa James	Hastings	U17W	29.99	*
DTW	f49	2	Sophie Baggs	Hav M	U17W	29.93	*
DTW	f15	3	Linzi Boosey	Thurr	U17W	27.46	*
DTW	f4	4	Hannah Castle	Brain	U17W	13.46	
DTW	f50	1	Erin Baggs	Hav M	U15W	19.48	*
DTU13W	f27	1	Rebecca Fox	Hav M	U13W	20.59	*
DTU13W	f48	2	Amy Baggs	Hav M	U11W	13.59	*

HAVERING MAYESBROOK AC - SPRING WARM UP MEETING Held at MAYESBROOK PARK 4

April 2009

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Long Jump - Under 11 to Under 15 Girls							
LJ	f34	1	Bethany Chambers	Hav M	U15W	3.96	
LJ	f70	2	Sunisa Saengon	S'end	U15W	3.30	
LJ	f60	1	Olivia Smith	S'end	U13W	4.12	*
LJ	f23	2	Kerry McCrory	S'end	U13W	3.62	
LJ	f54	3	Naomi Ashford	Chelm	U13W	3.35	
LJ	f6	4	April Castle	Brain	U13W	3.14	
LJ	f27	5	Rebecca Fox	Hav M	U13W	2.44	
LJ	f57	1	Laura Young	Ardleigh Green Sch	U11W	2.89	
LJ	f31	2	Kiera Law	Hav M	U11W	2.04	
Long Jump - Male Under 11 to Under 15							
LJ	m29	1	Mitchell Turffrey	Eastwood Sch	U15M	5.11	*
LJ	m30	2	James Ager	Eastwood Sch	U15M	4.29	
LJ	m23	3	Andrew Paul	Eastwood Sch	U15M	4.24	
LJ	m75	1	Lawrence Fanutza-Davis	Harl	U15M	4.22	
LJ	m85	2	Liam Appleyard	Thurr	U15M	4.14	
LJ	m104	3	Patrick Chimhini	Hav M	U15M	3.96	
LJ	m54	1	Jordan Fox	Hav M	U13M	3.93	
LJ	m57	2	Lewis Middleton	Hav M	U13M	3.93	
LJ	m12	3	Lewis Turffrey	Eastwood Sch	U13M	3.88	
LJ	m15	4	Billy Eden	Eastwood Sch	U13M	3.50	
LJ	m86	5	David Walker-Dobson	Hav M	U13M	3.49	
LJ	m9	6	Bailey Moss	Eastwood Sch	U13M	3.43	
LJ	m14	7	Alex Bouchard	Eastwood Sch	U13M	3.38	
Shot - Under 15 & Under 17 Men							
SPU17M	m74	1	Laurence Goodacre	Hav M	U17M	13.63	*
SPU17M	m47	2	Shane Brown	Eastwood Sch	U17M	9.20	
SPU17M	m5	3	Blake Robinson	Ashford	U17M	9.13	
SPU17M	m67	4	Glenn Wileman	Hav M	U17M	7.03	
SPU15M	m38	1	George Cassidy	Eastwood Sch	U15M	9.05	
SPU15M	m28	2	Callum MacKenzie	Eastwood Sch	U15M	8.58	
SPU15M	m32	3	Taylor Dunn	Eastwood Sch	U15M	8.09	
SPU15M	m76	4	Reece Waters	Cecil Jones Coll	U15M	6.40	
Shot - Under 15 & Under 17 Women							
SPW	f49	1	Sophie Baggs	Hav M	U17W	7.83	
SPW	f3	2	Evie Castle	Brain	U17W	7.57	
SPW	f12	3	Rachel Dean	WG&EL	U17W	7.23	
SPW	f66	4	Holly Pattie-Belleli	WG&EL	U17W	6.21	
SPW	f4	5	Hannah Castle	Brain	U17W	4.08	
SPU15W	f30	1	Henrietta Adewole	Hav M	U15W	7.98	*
SPU15W	f5	2	Debbie Castle	Brain	U15W	5.98	
High Jump - Female							
HJ	f46	1	Chloe Van Wulven	Hav M	SW	1.55	*
HJ	f37	2	Natalie Lebeau	Thurr	SW	1.50	*
HJ	f54	1	Naomi Ashford	Chelm	U13W	1.10	
High Jump - Male							
HJ	m49	1	Brennan Nolan	Eastwood Sch	U17M	1.62	
HJ	m93	2	Cameron Fazakerley	Hav M	U17M	1.53	
HJ	m40	3	Aaron Hickey	Eastwood Sch	U17M	1.40	
HJ	m37	1	Reuben Browning	Eastwood Sch	U15M	1.50	*
HJ	m109	2	Lee Jarrold	Hav M	U15M	1.35	
HJ	m77	3	Marcus Ratcliff	Cecil Jones Coll	U15M	1.30	

HAVERING MAYESBROOK AC - SPRING WARM UP MEETING Held at MAYESBROOK PARK 4

April 2009

	No.	Pos	Name	Club	Age Group	Performance	AW/POT
HJ	m20	1	Callum Heath	Eastwood Sch	U13M	1.25	*
HJ	m13	2	Ben Cutts	Eastwood Sch	U13M	1.25	*
HJ	m10	3	Chris Aquilina	Eastwood Sch	U13M	1.20	
Triple Jump - Female							
TJ	f47	1	Lana Bond	Brain	SW	9.99	*
TJ	f12	2	Rachel Dean	WG&EL	U17W	11.02	*
TJ	f66	3	Holly Pattie-Belleli	WG&EL	U17W	9.76	*
Triple Jump - Male							
TJ	m16	1	Kevin Brown	S'end	U20M	13.78	*
TJ	m53	2	Joseph Ramie	Hav M	U20M	13.71	*
TJ	m66	1	Adam Wileman	Hav M	U17M	10.03	
TJ	m35	1	Scott Tansley	Eastwood Sch	U15M	10.15	*
TJ	m36	2	Lewis Bunney	Eastwood Sch	U15M	9.56	
Javelin - Male							
JTU17M	m51	1	Joe Iley	Eastwood Sch	U17M	32.61	*
JTU15M	m124	2	Thomas King	Ilf	U15M	16.76	
Javelin - Female							
JTW	f1	1	Jessica Cutts	Col H	U17W	30.91	*
JTW	f3	2	Evie Castle	Brain	U17W	29.25	*
JTW	f26	1	Deborah Knight	Hav M	U15W	24.68	*