

**HAVERING MAYESBROOK - SPRING WARM UP Held at HORNCHURCH STADIUM,
25 March 2007**

Pos	Name	Club	Performance	Age Group
300 Hurdles - Female				
1	Nicola Hill	Hav M	47.2	U17W
2	Lisa Schofield	Hav M	48.4	JW
3	Laura Bealey	Hav M	50.8	SW
4	Heidi Nicholas	Basildon	51.9	SW
5	Avive Martin	Thurr	DNF	U17W
6				
300 Hurdles - Male				
1	Michael Shorthall	Thurr	40.5	SM
2	James Murphy	Hav M	42.3	SM
3	Luchien Anderson	Hav M	45.3	JM
4	Phil Tierney	Hav M	49.3	SM
5	Kieran Nelson	Hav M	52.4	U17M
6				
1200m U13 & U15 Girls				
1	Rebecca O'Neill	Hav M	3:56.5	U15G
2	Aimee Garnett	Southend	4:32.4	U13G
3	Emma Light	Ilford	4:32.5	U15G
4	Jordan Lacey	Southend	4:42.3	U15G
5				
6				
1200m U13 & U15 Boys				
1	Jamie Buckley-Stanton	Hav M	3:49.9	U15M
2	Rob Frith	Southend	4:13.9	U13B
3	Jonathan Seekings	Hav M	4:18.6	U15M
4	Ciaran Rodway	Ilford	4:37.9	U13B
5	Christopher Hyde	Hav M	4:52.5	U13B
6				
1200m Senior, Junior & U17 Men				
1	Lee Grocott	Col & T	3:20.9	JM
2	Jon Booty	Chelms	3:23.1	SM
3	David Dickinson	Hav 90	3:31.1	SM
4	Daniel Shanney	Hav M	3:33.5	U17M
5	Thomas Shanney	Hav M	3:37.2	U17M
6				
80m - Under 11 Girls				
1	Suzanne Bentley	Watford	12.8	U11G
2	Emiley Smith	Ardleigh Grn Sch	13.6	U11G
3	Kerry McGrory	Southend	13.9	U11G
4	Kelly Wood	Unatt	15.2	U11G
5				
6				
80m - Under 13 Girls - Heat 1				
1	Laura McDonald	City of Norwich	11.1	U13G
2	Isabella Ismay	NEB	11.4	U13G
3	Chelsey Walker	Hav M	11.9	U13G
4	Rebecca Barnard	Thurr	13.1	U13G
5				
6				

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Pos	Name	Club	Performance	Age Group
80m - Under 13 Girls - Heat 2				
1	Suzanne Maynard	Southend	11.9	U13G
2	Olivia Moore	Southend	12.2	U13G
3	Kirsty Evans	Hav M	12.4	U15G
4	Claire Bentley	Watford	12.9	U13G
5				
6				
80m - Under 13 Boys - Heat 1				
1	David Ohuruogu	NEB	11.8	U13B
2	Christopher Hyde	Hav M	13.2	U13B
3	Lee Jarrod	Hav M	13.2	U13B
4	Jordan Da Costa	Hav M	13.2	U13B
5				
6				
80m - Under 13 Boys - Heat 2				
1	Mitchell Turffrey	Southend	11.0	U13B
2	Oliver Newport	Crawley	11.3	U13B
3	Reuben Browning	Southend	12.1	U13B
4	Oliver Garner	Unatt	12.2	U13B
5				
6				
80m - Under 15 Girls - Heat 1				
1	Georgia Atkins	Southend	11.2	U15G
2	Ghanelle Edwards	Southend	11.2	U15G
3	Hannah Collard	Southend	11.9	U15G
4	Clare Rodway	Ilford	12.4	U15G
5	Zoe Barnard	Thurr	12.6	U15G
6				
80m - Under 15 Girls - Heat 2				
1	Chloe Longhurst	Southend	11.3	U15G
2	Leanne McGrory	Southend	11.5	U15G
3	Sian McGrory	Southend	11.6	U15G
4	Holly Donald	Hav M	12.1	U15G
5				
80m - Under 15 Girls - Heat 3				
1	Rebecca Clements	Hav M	11.1	U15G
2	Linzi Boosey	Thurr	11.3	U15G
3	Chelsea Coker	Southend	11.6	U15G
4	Lucy Moore	Southend	11.8	U15G
5				
6				
80m Under 15 Boys -Heat 1				
1	Terry Hughes	Hav M	10.0	U15M
2	Fraser Hubbard	Chelms	10.0	U15M
3	Jordan Brown	Hav M	10.1	U15M
4	Charlie Smith	Hav M	10.2	U15M
5	Ben Western	Hav M	10.4	U15M
6				

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Pos	Name	Club	Performance	Age Group
80m Under 15 Boys -Heat 2				
1	Cameron Irwin	Chelms	9.8	U15M
2	Alex Cooke	Chelms	9.9	U15M
3	Sean Ostermeyer	Hav M	10.2	U15M
4	Jerelle Alleyyn	Ilford	10.3	U15B
5				
6				
80m Under 15 Boys -Heat 3				
1	Akeem Akintokun	Thurr	9.9	U15M
2	Philip Whittaker	Chelms	9.9	U15M
3	Jimi Tele	Unatt	10.3	U15M
4	Denis Hasanaj	Cam H	10.8	U15M
5				
6				
80m Under 17 / Junior Women				
1	Kelly Denyer	Worthing	10.4	JW
2	Emma Collard	Southend	10.5	U17W
3	Kelsey Boosey	Thurr	10.8	JW
4	Joy Davut	Worthing	11.3	U17W
5				
6				
80m Under 17 Men				
1	Andy Millen	Worthing	9.3	U17M
2	Charlie Dack	Thurr	9.4	U17M
3	Scott Daws	Hav M	9.7	U17M
4	Simon Stuart	Ilford	9.8	U17M
5	Liam Hughes	Hav M	9.9	U17M
6	Kar-Shing Tien	Cam H	10.1	U17M
80m Senior & Junior Men				
1	Michael Shorthall	Thurr	9.5	SM
2	Gary Madigan	Ilford	9.5	JM
3	Joe Carey	Southend	9.9	JM
4	Chris Travis	Thurr	10.1	JM
5				
6				
300m Under 15 Girls - Heat 1				
1	Felicity Clarke	Southend	43.6	U15G
2	Samantha Hill	Hav M	46.6	U15G
3	Nicola Peachey	Hav M	48.1	U15G
4	Sian McGrory	Southend	49.3	U15G
5	Jessica Seekings	Hav M	49.5	U15G
6	Nicola Dalton	Hav M	50.4	U15G
300m Under 15 Girls - Heat 2				
1	Victoria Ohuruogo	NEB	40.9	U15G
2	Nicky Brown	NEB	44.9	U15G
3	Ese Atpobi	NEB	45.7	U15G
4	Rebecca Gibbs	Chelms	45.8	U15G
5	Jessica Odefisan	Unatt	53.8	U15G
6				

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Pos	Name	Club	Performance	Age Group
300m U17 Women				
1	Alexandra Lusty	Chelms	43.2	U17W
2	Lydia Hall	Ilford	43.8	U17W
3	Joy Davut	Worthing	45.0	U17W
4	Polly Woods	Harlow	45.0	U17W
5	Caroline Hil	Thurr	45.4	U17W
6				
300m U17/Junior Women				
1	Kelly Denyer	Worthing	41.5	JW
2	Lauren Clark	Hav M	42.9	JW
3	Lisa Schofield	Hav M	44.5	JW
4	Becky Owen	Hav M	46.9	U17W
5	Laura Townsend	Ilford	47.2	U17W
300m U15 Boy & Senior Women				
1	Chris Da Costa	Hav M	42.8	U15M
2	Robyn Delivett	Hav M	43.6	SW
3	Laura Bealey	Hav M	44.6	SW
4	Hannah Gamester	Hav M	45.1	SW
5	Heidi Nicholas	Basildon	45.2	SW
6				
300m Under 17 Men				
1	Mark Hunt	Chelms	36.4	U17M
2	Chris Vickers	WG & EL	36.9	U17M
3	Lemar Charles	B & B	37.2	U17M
4	Matthew Walters	B & B	38.1	U17M
5	Andy Millen	Worthing	39.5	U17M
6	Kieran Nelson	Hav M	44.8	U17M
300m Junior Men				
1	Martin Pitts	Brain	35.7	JM
2	Matthew Harrison	Basildon	36.6	JM
3	Matthew Burnett	NEB	38.3	JM
4	Craig Moore	Hav M	40.3	JM
300m Senior Men				
1	Mark Findlay	NEB	34.1	SM
2	Nick Thomas	WG & EL	34.9	SM
3	Leon Grant	WG & EL	35.4	SM
4	Matt Russell	Hav M	35.8	SM
5	Michael Peacock	Bel H	40.4	SM
6				
600m Under 11 Girls				
1	Suzanne Bentley	Watford	2:01.3	U11G
2	Lydia Hallam	Upm Junr Sch	2:21.3	U11G
3	Kerry McGrory	Southend	2:23.5	U11G
4				
5				
6				
600m Under 13 Boys				
1	Joe Phillips	Unatt	2:09.3	U13B
2	Jordan Da Costa	Hav M	2:15.2	U13B
3	George Hadler	Ilford	2:17.9	U13B
4				
5				
6				

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Pos	Name	Club	Performance	Age Group
600m - Under 13 / under 15 Girls				
1	Kelly Jarrold	Hav M	1:59.2	U15G
2	Amanda Blaxland	Hav M	2:00.7	U13G
3	Rebecca Barnard	Thurr	2:00.9	U13G
4	Suzanne Maynard	Southend	2:03.4	U13G
5	Claire Bentley	Watford	2:11.1	U13G
6				
600m - Under 17/ Senior Women				
1	Laura Bealey	Hav M	1:46.8	SW
2	Lydia Hall	Ilford	1:49.5	U17W
3	Ingird Deane	Hav M	1:55.8	U17W
4				
600m - Junior / Senior Men & U15 Boy				
1	Salvator Mutijima	Hav M	1:25.7	SM
2	James Murphy	Hav M	1:28.4	SM
3	Jon Booty	Chelms	1:28.8	SM
4	Lee Grocott	Col & T	1:30.7	JM
5	David Dickinson	Hav 90	1:33.6	SM
6	Chris Da Costa	Hav M	1:44.7	U15M
150m - Under 11 & Under 13 Girls				
1	Laura McDonald	City of Norwich	20.5	U13G
2	Isabella Ismay	NEB	21.2	U13G
3	Olivia Moore	Southend	22.8	U13G
4	Suzanne Bentley	Watford	23.9	U11G
5	Claire Bentley	Watford	24.5	U13G
6				
150m - Under 13 Boys - Heat 1				
1	Oliver Newport	Crawley	21.0	U13B
2	Conor Daws	Hav M	22.8	U13B
3	George Hadler	Ilford	26.9	U13B
4				
5				
6				
150m - Under 13 Boys - Heat 2				
1	Mitchell Turffrey	Southend	21.0	U13B
2	David Ohuruogu	NEB	22.6	U13B
3	Reuben Browning	Southend	22.6	U13B
4	Jordan Da Costa	Hav M	25.5	U13B
5				
150m - Under 15 Girls - Heat 1				
1	Chloe Longhurst	Southend	20.3	U15G
2	Georgia Atkins	Southend	20.3	U15G
3	Ghanelle Edwards	Southend	20.6	U15G
4	Nicola Peachey	Hav M	22.4	U15G
5	Jessica Seekings	Hav M	22.7	U15G

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Pos	Name	Club	Performance	Age Group
150m - Under 15 Girls - Heat 2				
1	Nicky Brown	NEB	20.3	U15G
2	Rebecca Clements	Hav M	20.3	U15G
3	Rebecca Gibbs	Chelms	21.1	U15G
4	Sian McGrory	Southend	21.6	U15G
5	Leanne McGrory	Southend	21.6	U15G
6				
150m - Under 15 Girls - Heat 3				
1	Victoria Ohuruogo	NEB	19.0	U15G
2	Linzi Boosey	Thurr	20.1	U15G
3	Ese Atpobi	NEB	20.7	U15G
4	Lucy Moore	Southend	21.9	U15G
150m - Under 15 Boys - Heat 1				
1	Philip Whittaker	Chelms	18.0	U15M
2	Terry Hughes	Hav M	18.4	U15M
3	Jordan Brown	Hav M	18.6	U15M
4	Jimi Tele	Unatt	18.8	U15M
5	Ben Western	Hav M	20.5	U15M
150m - Under 15 Boys - Heat 2				
1	Akeem Akintokun	Thurr	18.1	U15M
2	Alex Cooke	Chelms	18.6	U15M
3	Jerelle Alleyne	Ilford	19.0	U15B
4	Charlie Smith	Hav M	19.3	U15M
5	Denis Hasanaj	Cam H	20.2	U15M
150m - Under 17 & Junior Women				
1	Kelly Denyer	Worthing	19.3	JW
2	Emma Collard	Southend	19.6	U17W
3	Kelsey Boosey	Thurr	19.8	JW
4	Lauren Clark	Hav M	20.5	JW
5	Joy Davut	Worthing	21.1	U17W
6				
150m - Senior Women				
1	Heidi Nicholas	Basildon	19.6	SW
2	Claire Brennan	Hav M	19.7	SW
3	Robyn Delivett	Hav M	20.5	SW
4				
5				
6				
150m - Under 17 Men - Heat 1				
1	Mark Hunt	Chelms	16.9	U17M
2	Charlie Dack	Thurr	17.3	U17M
3	Scott Daws	Hav M	17.5	U17M
4	Liam Hughes	Hav M	18.0	U17M
5				
6				

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Pos	Name	Club	Performance	Age Group
150m - Under 17 Men - Heat 2				
1	Andy Millen	Worthing	17.3	U17M
2	Lemar Charles	B & B	17.3	U17M
3	Chris Vickers	WG & EL	17.6	U17M
4	Kar-Shing Tien	Cam H	19.0	U17M
5				
6				
150m - Junior Men				
1	Gary Madigan	Ilford	16.9	JM
2	Matthew Harrison	Basildon	17.0	JM
3	Matthew Burnett	NEB	17.4	JM
4	Chris Travis	Thurr	18.6	JM
5				
150m - Senior Men				
1	Nick Thomas	WG & EL	16.4	SM
2	Michael Shorthall	Thurr	17.3	SM
3	Michael Peacock	Bel H	19.0	SM
4	Adam Brett	Cam H	20.4	SM
5				
6				
Long Jump- Under 13 Girls				
1	Laura McDonald	City of Norwich	4.28	U13G
2	Chelsey Walker	Hav M	3.68	U13G
3	Rebecca Barnard	Thurr	3.22	U13G
4	Laura Drew	Hav M	2.84	U13G
5				
6				
Long Jump - Under 15 Girls				
1	Georgia Atkins	Southend	4.74	U15G
2	Nancy Lebeau	Thurr	4.61	U15G
3	Rachel Gooday	Col H	4.30	U15G
4	Holly Donald	Hav M	3.95	U15G
5	Kelly Jarrold	Hav M	3.87	U15G
6	Samantha Hill	Hav M	3.80	U15G
7	Nicola Peachey	Hav M	3.78	U15G
8	Nicola Dalton	Hav M	3.72	U15G
9	Zoe Barnard	Thurr	3.52	U15G
10	Hannah Collard	Southend	3.27	U15G
11	Emma Light	Ilford	3.25	U15G
12	Lannah Leary-Kiernan	Hav M	3.22	U15G
Long Jump - Under 13 Boys				
1	Oliver Newport	Crawley	4.52	U13B
2	Mitchell Turffrey	Southend	4.46	U13B
3	Oliver Garner	Unatt	3.78	U13B
4	Reuben Browning	Southend	3.71	U13B
5	Jordan Godfrey	Unatt	3.27	U13B
6	Lee Jarrold	Hav M	2.95	U13B

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Pos	Name	Club	Performance	Age Group
Long Jump - Under 15 Boys				
1	Cameron Irwin	Chelms	5.31	U15M
2	Jimi Tele	Unatt	5.25 (&5.21)	U15M
3	Philip Whittaker	Chelms	5.25 (&4.91)	U15M
4	Jordan Brown	Hav M	5.24	U15M
5	Fraser Hubbard	Chelms	4.62	U15M
6	James Drew	Hav M	4.32	U15M
Long Jump - Under 17 & Junior Women				
1	Nicola Hill	Hav M	4.99	U17W
2	Alexandra Lusty	Chelms	4.81	U17W
3	Natalie Lebeau	Thurr	4.60	JW
4	Elizabeth Ridley	Chelms	4.49	U15G
5				
Long Jump - Under 17 Men				
1	Simon Stuart	Ilford	5.74	U17M
2	Joseph Ramie	Hav M	5.25	U17M
3	Gabriel Makinwa	Hav M	4.73	U17M
4	Kevin Brown	Southend	NJ	U17M
5				
Long Jump - Junior & Senior Men				
1	Vincent Lazaro	Hav M	6.09	JM
2	Joe Carey	Southend	5.88	JM
3	Sam Malekout	Ilford	5.65	SM
4	Craig Moore	Hav M	5.05	JM
Shot - Under 13 Girls				
1	Laura Drew	Hav M	5.35	U13G
2				
Shot - Under 15 Girls				
1	Chelsea Coker	Southend	9.48	U15G
2	Elizabeth Ridley	Chelms	7.47	U15G
3	Lannah Leary-Kiernan	Hav M	7.22	U15G
4	Zoe Barnard	Thurr	6.63	U15G
5	Jessica Seekings	Hav M	5.65	U15G
6				
Shot - Under 15 Boys				
1	Fraser Hubbard	Chelms	11.39	U15M
2	Youcef Zatat	Ilford	9.24	U15M
3	James Drew	Hav M	7.46	U15M
4	Andrew Townsend	Ilford	6.30	U15M
5				
Shot - Under 17 Women				
1	Hannah Bright	Brain	8.00	U17W
2				