

Essex Cross Country Championships

Claybury

January 14, 2006

Results from Roy Meadowcroft & Dave Vidler

The spreadsheets that we use rely on athletes running with the correct number, as allocated in the programme.

If any athlete was given the wrong number by their team manager it is possible that their name is incorrect in these results.

Please accept our apologies for any errors.

Essex Cross Country Championships

Claybury

January 14, 2006

U13 Girls

Pos	ID	Name	Club	Time
1	88	J.Judd	Thurrock H	12: 32
2	1	N.Twine	Basildon	13: 05
3	37	N.Dabhi	Newham & E.B.	12
4	27	S.Sales	Havering M	15
5	2	A.Webb	Basildon	19
6	62	C.Smith	Southend	35
7	29	E.McAuliffe	Havering M	39
8	3	K.Till	Basildon	40
9	49	L.MacGregor	Orion H	51
10	12	P.Clark	Chelmsford	54
11	38	D.Ayanda	Newham & E.B.	14: 03
12	4	A.Plank	Basildon	09
13	13	B.Hawkins	Chelmsford	24
14	30	R.O'Neill	Havering M	29
15	65	N.Woodhouse	Southend	34
16	5	C.Bishop	Basildon	38
17	66	R.A-West	Woodford G & E L	43
18	43	A.Walkin	Orion H	46
19	11	R.Digweed	Chelmsford	50
20	71	G.Ferrari	Woodford G & E L	55
21	22	J.Cutts	Colchester H	59
22	50	J.Andrews	Orion H	15: 00
23	36	A.Edwards	Havering M	04
24	73	H.P-Belleli	Woodford G & E L	05
25	32	N.Peachey	Havering M	07
26	20	H.Steele	Colchester H	08
27	78	K.Stockings	Woodford G & E L	23
28	16	L.O`Connor	Chelmsford	24
29	33	D.Knight	Havering M	25
30	34	M.Lovell	Havering M	32
31	61	S.Jarvis	Southend	36
32	69	R.Dean	Woodford G & E L	38
33	45	E.Lecuyer	Orion H	40
34	39	K.Ramsden	Newham & E.B.	43
35	21	A.Abbott	Colchester H	45

Pos	ID	Name	Club	Time
36	8	H.Meyers	Basildon	46
37	23	I.Smith	Colchester H	51
38	83	N.Roberts	Woodford G & E L	54
39	17	S.Ashurst	Chelmsford	16: 06
40	87	M.Ryan	Loughton	17
41	48	M.Timpson	Orion H	17
42	57	L.O`Connor	Orion H	18
43	82	H.Bedeau	Woodford G & E L	19
44	18	J.Vincent	Colchester H	22
45	26	M.Hastings	Colchester H	25
46	72	H.Patmore	Woodford G & E L	37
47	59	D.Bond	Southend	43
48	74	E.Ralph	Woodford G & E L	47
49	76	R.Samuels	Woodford G & E L	17: 15
50	68	C.Conway	Woodford G & E L	16
51	51	L.Pereira	Orion H	48
52	46	J.Kipps	Orion H	51
53	42	H.Bibbey	Orion H	53
54	35	J.Seekings	Havering M	18: 14

Team Result

1	Basildon	27
2	Havering M	48
3	Chelmsford	70
4	Orion H	82
5	Woodford G & E L	88
6	Southend	99
7	Colchester H	119
8	Havering M 'B'	138
9	Woodford G & E L 'B'	159
10	Orion H 'B'	186

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U13 Boys

Pos	ID	Name	Club	Time
1	326	A.Taylor	Thurrock H	11: 41
2	85	M.Jones	Havering M	12: 06
3	86	J.Buckley-Stan	Havering M	13
4	345	O.Davey	Thurrock H	17
5	350	B.Phillips	Woodford G & EL	20
6	70	G.Moxon	Basildon	22
7	296	W.Matthews	Southend	26
8	77	M.Reynolds	Chelmsford	31
9	295	J.Mann	Southend	35
10	344	D.Worbey	Thurrock H	37
11	351	R.Rossiter	Woodford G & EL	41
12	88	J.Waldon	Havering M	48
13	352	P.Scanlan	Woodford G & EL	50
14	178	L.Bush	Havering M	52
15	369	A.Richards	Ilford	59
16	75	H.O`Donaghue	Basildon	13: 02
17	179	S.Swain	Havering M	02
18	84	C.Sullivan	Havering M	06
19	363	J.Newton	Woodford G & EL	07
20	198	A.Gordon	Orion H	09
21	78	A.Crook	Chelmsford	18
22	370	A Law	Basildon	19
23	347	M.Gilby	Thurrock H	20
24	367	L.Leddy	Ilford	21
25	372	J Tamplin	Harlow	22
26	366	J.Gibbon	Colchester & T	23
27	353	S.Agbamu	Woodford G & EL	23
28	73	J.Fitsall	Basildon	24
29	92	J.Seekings	Havering M	25
30	365	L.Dillon	Colchester & T	31

Pos	ID	Name	Club	Time
31	187	J.Gill	Newham & E.B.	33
32	297	A.Stapleton	Southend	35
33	294	H.Foster-Carter	Southend	37
34	293	J.Copeland	Southend	14: 04
35	195	A.Hall	Orion H	07
36	199	T.Black	Orion H	08
37	80	J.Barret	Chelmsford	10
38	359	G.Sear	Woodford G & EL	12
39	197	E.Ball	Orion H	13
40	260	T.Penfold	Orion H	13
41	95	L.Overton	Havering M	29
42	90	R.Lofthouse	Havering M	56
43	185	J.O`Brein	Newham & E.B.	58
44	371	E Pearce	Basildon	15: 05
45	354	M.Smith	Woodford G & EL	08
46	348	A.Akintokun	Thurrock H	14
47	196	C.Wellings	Orion H	16: 48

Team Result

1	Havering M	31
2	Thurrock H	38
3	Woodford G & EL	48
4	Basildon	72
5	Southend	81
6	Havering M 'B'	105
7	Orion H	130

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U15 Girls

Pos	ID	Name	Club	Time	Team Result	
1	98	L.Condron	Chelmsford	14: 53	1	Chelmsford 34
2	91	A.Dunn	Basildon	15: 12	2	Woodford G & EL 42
3	90	D.Dignum	Basildon	49	3	Basildon 43
4	160	K.Foy	Woodford G & EL	55	4	Orion H 86
5	161	R.Oatham	Thurrock	57		
6	103	E.Fidge	Chelmsford	58		
7	154	B.Hewitt	Woodford G & EL	16: 17		
8	121	I.Deane	Havering M	20		
9	122	E.Fox	Havering M	23		
10	143	N.Akram	Orion H	26		
11	97	G.Phillips	Chelmsford	41		
12	133	V.Dabhi	Newham & E.B.	44		
13	159	L.Tembey	Woodford G & EL	52		
14	125	J.Holland	Havering M	17: 11		
15	93	R.Lovelock	Basildon	14		
16	109	R.Hayes	Chelmsford	17		
17	111	E.Neale	Colchester H	20		
18	155	A.Holford	Woodford G & EL	29		
19	114	P.May	Colchester H	37		
20	142	J.Shaw	Orion H	37		
21	104	N.Moorhead	Chelmsford	38		
22	99	J.Condron	Chelmsford	41		
23	95	A.Golledge	Basildon	49		
24	153	I.Leaver	Southend	57		
25	158	J.Docking	Woodford G & EL	58		
26	108	R.Chester	Chelmsford	59		
27	144	J.Ward	Orion H	18: 15		
28	131	M.Thompson	Ilford	16		
29	141	C.Lecuyer	Orion H	34		
30	94	S.Daniel	Basildon	36		
31	151	D.Hurley	Southend	51		
32	139	J.Dormer	Newham & E.B.	19: 56		
33	148	H.Inwood	Southend	20: 03		

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U15 Boys

Pos	ID	Name	Club	Time
1	179	R.Sparke	Woodford G & EL	13: 10
2	134	M.Bloy	Havering M	21
3	169	D.Smale	Southend	26
4	176	O.Mansour	Woodford G & EL	26
5	90	D.Winters	Havering M	35
6	162	H.Clarke	Southend	40
7	180	L.Heard	Colchester & T	41
8	149	G.Lewis	Orion H	43
9	181	T.Jennings	Colchester & T	44
10	88	S.McLachlan	Havering M	49
11	164	T.Frith	Southend	50
12	89	G.Twist	Havering M	54
13	81	J.Woodley	Chelmsford	57
14	78	P.Hawkings	Chelmsford	59
15	173	A.Cornwall	Woodford G & EL	14: 01
16	185	H.King	Thurrock H	02
17	182	A.Poole	Colchester & T	02
18	165	L.Hartman	Southend	12
19	152	M.Moy	Orion H	15
20	79	R.Judge	Chelmsford	18
21	91	S.Brown	Havering M	21
22	155	D.Sach	Orion H	29
23	96	D.Shanney	Havering M	31
24	161	L.Bickford	Southend	32
25	82	S.Hampson	Chelmsford	34
26	74	D.Cutt	Basildon	36
27	98	T.Shanney	Havering M	37
28	76	J.Wright	Basildon	38
29	187	M.Hunt	Chelmsford	41
30	72	S.Shane	Basildon	47

Pos	ID	Name	Club	Time
31	170	T.Smith	Southend	59
32	84	P.Thorpe	Chelmsford	15: 01
33	92	R.Kidd	Havering M	02
34	153	F.Conway	Orion H	06
35	166	M.Lee	Southend	10
36	127	L.Swain	Havering M	17
37	80	C.Judge	Chelmsford	26
38	175	S.Reedy	Woodford G & EL	29
39	154	D.Penfold	Orion H	40
40	99	J.Whitehead	Havering M	16: 03
41	94	J.Harrington	Havering M	06
42	163	J.Crompton	Southend	07
43	77	L.Hynes	Basildon	37
44	168	K.Aldridge	Southend	17: 18
45	167	A.McCarthy	Southend	24
46	85	M.Pavitt	Chelmsford	36
47	160	F.Wellings	Orion H	20: 28

Team Result

1	Havering M	29
2	Southend	38
3	Woodford G & EL	58
4	Chelmsford	72
5	Orion H	83
6	Havering M 'B'	104
7	Basildon	127
8	Southend 'B'	132
9	Chelmsford 'B'	144

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Senior Women

Pos	ID	Name	Club	Time	Pos	ID	Name	Club	Time
1	198	J.Sparke	Woodford & E.L.	28: 11	61	126	H.Real	Loughton	11
2	4	A.Joel	Basildon	23	62	66	K.White	East London	19
3	5	S.Ward	Basildon	56	63	68	K.Weston	East London	25
4	31	F.Cliffe	Chelmsford	29: 05	64	78	P.Steere	Eton Manor	56
5	48	S.Stradling	Colchester & Tend.	11	65	74	S.Ackland	Eton Manor	39: 06
6	190	G.Greenhalgh	Woodford & E.L.	37	66	128	G.Shillaker	Loughton	08
7	98	H.Scott	Havering Mayes.	53	67	111	S.Gillam	Ilford	23
8	1	G.Dawson	Basildon	30: 02	68	195	S.Panaya	Woodford & E.L.	40: 03
9	93	L.Deadman	Havering Mayes.	15	69	155	J.Bradley	Springfield Striders	10
10	49	D.Tatum	Colchester & Tend.	34	70	134	J.Robinson	Orion	22
11	197	B.Pritchett	Woodford & E.L.	47	71	65	R.Richardson-Wright	Colchester H's.	26
12	147	C.Donnely	Southend	31: 07	72	112	P.Jones	Ilford	38
13	25	A.Mussett	Chelmsford	18	73	72	R.Mercer	East London	41
14	7	K.Tydeman	Basildon	32: 16	74	165	H.Scott	Thrift Green	41: 03
15	26	A.Ferguson	Chelmsford	28	75	22	A.Tooke-Kirby	Billericay Striders	08
16	124	M.Knapman	Loughton	28	76	64	T.Wilson	Colchester H's.	12
17	59	L.Higg	Colchester H's.	38	77	76	G.Brannon	Eton Manor	37
18	29	J.Smith	Chelmsford	41	78	18	L.Hammond	Billericay Striders	43
19	148	L.McCann	Southend	46	79	138	H.Tompkins	Pitsea	50
20	27	C.Hayes	Chelmsford	33: 04	80	123	J.Hobbs	Loughton	42: 09
21	207	K.Gunderson	Victoria Park	13	81	153	S.Stanton	Springfield Striders	23
22	43	H.Bloomfield	Colchester & Tend.	19	82	139	T.Flannigan	Pitsea	43: 07
23	61	D.Cattermole	Colchester H's.	26	83	129	K.Allworthy	Orion	13
24	168	M.Norquay	Thurrock	28	84	23	S.Thake	Billericay Striders	43: 29
25	28	H.Cybyk	Chelmsford	30	85	71	F.Oakley	East London	44: 15
26	170	L.Robinson	Thurrock	46	86	103	L.Beer	Havering 90 Jogger	44
27	10	L.Mancer	Benfleet	47	87	73	J.Brun	East London	51
28	91	N.Barnett	Havering Mayes.	50	88	142	J.Mills	Pitsea	53
29	100	J.Sullivan	Havering Mayes.	54	89	127	P.Regan	Loughton	45: 01
30	133	C.Finch	Orion	34: 04	90	79	C.Warson	Eton Manor	56
31	118	B.Nordin	Ilford	07	91	132	N.Farbridge	Orion	47: 34
32	206	L.Shewbridge	Tiptree	14					
33	67	K.Levison	East London	15					
34	2	G.Royston	Basildon	17					
35	81	Z.Woodward	Eton Manor	18					
36	80	C.Wagh	Eton Manor	29					
37	50	L.Welham	Colchester & Tend.	30					
38	120	L.Gaffney	Loughton	38					
39	113	K.Brooks	Ilford	52					
40	136	C.Thurgood	Orion	57					
41	6	T.Davis	Basildon	35: 03					
42	169	T.Noble	Thurrock	12					
43	119	G.Brooks	Loughton	18					
44	151	L.Turk	Springfield Striders	29					
45	95	L.Felton	Havering Mayes.	32					
46	192	D.Kennedy	Woodford & E.L.	35					
47	122	A.Heeks	Loughton	42					
48	3	L.Brown	Basildon	36: 01					
49	193	R.Lilley	Woodford & E.L.	08					
50	102	K.Sewell	Havering Mayes.	13					
51	30	G.Brown	Chelmsford	25					
52	208	N.Pyle	Colchester & Tend.	25					
53	130	M.Armitage	Orion	55					
54	135	S.Slade	Orion	37: 11					
55	114	N.Hopkinson	Ilford	14					
56	36	C.Tullett	Chelmsford	17					
57	19	G.Howard	Billericay Striders	19					
58	60	S.Cole	Colchester H's.	21					
59	141	A.Bent	Pitsea	52					
60	202	W Carter	Halstead	38: 08					

Team Result

1	Basildon	27
2	Chelmsford	50
3	Woodford & E.L.	64
4	Havering Mayes.	73
5	Colchester & Tend.	74
6	Loughton	144
7	Chelmsford 'B'	152
8	Colchester H's.	169
9	Orion	177
10	Ilford	192
11	Eton Manor	200
12	East London	231
13	Billericay Striders	294
14	Loughton 'B'	296
15	Pitsea	308

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Senior Men

Pos	ID	Name	Club	Time	Pos	ID	Name	Club	Time
1	385	K.Murphy	Woodford G & EL	40: 20	61	87	R.Young	Colchester & T	58
2	6	M.Sanford	Basildon	50	62	85	D.Walker	Colchester & T	48: 05
3	166	T.Keys	Havering M	59	63	95	P.West	Colchester H	06
4	289	P.Dobson	Springfield S	41: 02	64	18	G.Booty	Benfleet	06
5	36	J.Nunn	Billericay S	33	65	79	P.Helliwell	Colchester & T	06
6	28	C.Bloomfield	Billericay S	59	66	291	A.Mason	Springfield S	26
7	53	D.Fewell	Chelmsford	42: 10	67	20	K.Stead	Benfleet	32
8	388	H.Wyber	Woodford G & EL	15	68	269	D.Wilkie	Orion H	34
9	198	M.Muir	Ilford	23	69	84	I.Vickery	Colchester & T	46
10	201	I.Campbell	Ilford	25	70	256	R.Goad	Orion H	46
11	413	J.Roach	Victoria Park H	33	71	99	D.Wright	Colchester H	52
12	1	G.Riddell	Basildon	38	72	308	P.Cooper	Thrift Green T	53
13	404	B.Baillie	Woodford G & EL	43	73	204	M.Maple	Ilford	55
14	239	J.Mohammed	Newham & E.B.	49	74	326	J.Seamark	Thurrock H	49: 00
15	292	G.Chandler	Springfield S	58	75	203	M.Herbert	Ilford	08
16	396	M.Flannelly	Woodford G & EL	43: 02	76	21	I.Pike	Benfleet	13
17	52	J.Williams	Chelmsford	10	77	133	I.Lambert	Eton Manor	15
18	9	G.Deacon	Basildon	13	78	101	R.Goodridge	Colchester H	24
19	61	K.Hoye	Chelmsford	17	79	143	N.Roulson	Halstead	32
20	55	W.Wright	Chelmsford	23	80	149	J.Brown	Harlow	48
21	287	M.Mansfield	Southend	27	81	307	J.Williams	Springfield S	52
22	104	M.Kirby	Colchester H	42	82	268	J.Theto	Orion H	53
23	58	E.Messer	Chelmsford	43	83	409	P.Stockings	Woodford G & EL	50: 07
24	391	J.Sear	Woodford G & EL	47	84	336	E.Shelley	Thurrock H	23
25	172	R.Warner	Havering M	54	85	354	J.Haskey-Jones	Tiptree	23
26	56	D.Tullett	Chelmsford	44: 10	86	15	C.Sterling	Basildon	31
27	259	M.McGown	Orion H	27	87	398	A.Smith	Woodford G & EL	32
28	94	A.Smalls	Colchester H	39	88	105	P.Barrett	Colchester H	39
29	283	R.Scott	Southend	53	89	30	A.Clack	Billericay S	40
30	258	R.Kingsnorth	Orion H	59	90	285	R.West	Southend	50
31	333	P.Green	Thurrock H	45: 13	91	136	S.Wolton	Halstead	51
32	262	D.Moy	Orion H	25	92	311	J.Barker	Thrift Green T	52
33	162	P.Coates	Havering M	30	93	233	B.Underhill	Loughton	54
34	284	M.Waine	Southend	37	94	290	L.Broadbridge	Springfield S	51: 07
35	406	A.Coleman	Woodford G & EL	50	95	184	L.Davies	Havering 90	10
36	414	R.Dickenson	Havering M	46: 11	96	209	D.Bottrill	Ilford	11
37	96	S.Ketteridge	Colchester H	14	97	277	S.Orton	Southend	12
38	128	M.Cates	Eton Manor	25	98	37	G.O'Doherty	Billericay S	14
39	286	D.Hallett	Southend	31	99	297	X.Vanneste	Springfield S	15
40	165	M.Chester	Havering M	37	100	249	B.Bennett	Orion H	15
41	400	J.Wallis	Woodford G & EL	39	101	211	A.Catton	Ilford	20
42	65	P.Tullett	Chelmsford	42	102	260	P.McHugh	Orion H	26
43	257	K.Julian	Orion H	43	103	123	M.Hine	East London	31
44	39	A.Squire	Billericay S	52	104	380	F.McKeown	Witham	36
45	334	G.Garner	Thurrock H	54	105	102	T.Batey	Colchester H	36
46	339	J.Chambers	Thurrock H	55	106	86	A.Wray	Colchester & T	40
47	263	E.Paul	Orion H	47: 01	107	23	D.Spain	Benfleet	47
48	112	E.White	Colchester H	03	108	114	S.Morgan	East London	50
49	163	N.Collins	Havering M	09	109	135	A.Ruffey	Eton Manor	51
50	35	K.Jacob	Billericay S	14	110	394	A.Holford	Woodford G & EL	54
51	76	J.Hunton	Chelmsford	16	111	25	S.Drummond	Benfleet	56
52	83	R.Smith	Colchester & T	21	112	230	A.Sargent	Loughton	58
53	60	S.Fulgoni	Chelmsford	25	113	24	S.Desborough	Benfleet	52: 09
54	70	M.Cooper	Chelmsford	26	114	331	N.McGregor	Thurrock H	11
55	401	D.Barrett	Woodford G & EL	31	115	247	J.Andrews	Orion H	14
56	38	D.Sweet	Billericay S	33	116	300	A.Gillan	Springfield S	15
57	356	D.Dobson	Tiptree	33	117	244	C.Hellmers	Newham & E.B.	18
58	164	T.Collins	Havering M	43	118	41	V.Mills	Billericay S	45
59	251	D.Brock	Orion H	50	119	237	D.Darnell	Newham & E.B.	53: 03
60	229	M.Rolfe	Loughton	54	120	126	S.Adams	Eton Manor	12

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Senior Men

Pos	ID	Name	Club	Time	Pos	ID	Name	Club	Time
121	59	C.Waugh	Chelmsford	20					
122	205	M.Clarke	Ilford	43					
123	138	I.Sutcliffe	Halstead	49					
124	384	A.Pilgrim	Witham	56					
125	31	R.Fleming	Billericay S	54: 26					
126	129	S.Dunn	Eton Manor	41					
127	187	C.Heary	Havering 90	46					
128	346	D.Mullane	Tiptree	47					
129	69	M.Bridgeland	Chelmsford	56					
130	40	K.Walker	Billericay S	55: 01					
131	383	W.Butcher	Witham	05					
132	375	A.Dunsmuir-Watt	Witham	18					
133	276	P.McLaughlin	Pitsea	25					
134	223	S.Antiss	Loughton	28					
135	115	J.White	East London	32					
136	27	M.Williams	Benfleet	44					
137	319	D.Summers	Thrift Green T	58					
138	352	E.Skinner	Tiptree	56: 32					
139	278	R.Dawson	Southend	41					
140	124	M.Mainwaring	East London	57: 04					
141	213	H.Ricketts	Ilford	24					
142	208	A.Pierce	Ilford	33					
143	142	A.Carter	Halstead	42					
144	141	J.Schofield	Halstead	58: 11					
145	183	J.Conquest	Havering 90	39					
146	382	D.Andrews	Witham	46					
147	296	A.Marsh	Springfield S	53					
148	274	P.Williams	Pitsea	59: 06					
149	216	G.Williams	Ilford	19					
150	148	G.Pugh	Harlow	51					
151	113	M.Wilson	East London	60: 10					
152	275	J.Pumfrett	Pitsea	17					
153	295	K.Wright	Springfield S	39					
154	272	C.Bent	Pitsea	61: 25					
155	118	C.Jackson	East London	34					
156	119	K.Johnson	East London	45					
157	345	R.Duffield	Tiptree	50					
158	374	D.Jobling	Witham	62: 02					
159	351	D.Shewbridge	Tiptree	08					
160	134	G.Sayer	Eton Manor	63: 05					
161	194	M.Phillips	Havering 90	17					
162	254	J.Deadman	Orion H	56					
163	188	R.Jones	Havering 90	64: 04					
164	185	R.Dobie	Havering 90	30					
165	226	R.Gilbert	Loughton	58					
166	72	S.Williams	Chelmsford	65: 18					
167	225	T.Maycraft	Loughton	35					
168	376	D.Smith	Witham	67: 15					
169	181	C.Clifford	Havering 90	68: 51					
170	121	D.Bennett	East London	70: 27					
171	193	K.Penfold	Havering 90	71: 17					
172	190	T.Kavangh	Havering 90	35					
173	271	P.Bates	Pitsea	77: 07					

Team Result

1	Woodford G & EL	97
2	Chelmsford	112
3	Havering M	186
4	Orion H	238
5	Billericay S	250
6	Colchester H	269
7	Southend	310
8	Springfield S	359
9	Ilford	364
10	Thurrock H	394
11	Colchester & T	415
12	Chelmsford 'B'	450
13	Orion H 'B'	537
14	Benfleet	538
15	Eton Manor	630
16	Tiptree	724
17	Loughton	731
18	East London	792
19	Witham	795
20	Havering 90	855