

UK Women's Athletics League

Division 2 Match 3 - Leigh

Events	Crawley AC	Havering AC	Herts Phoenix AC	Marshall Milton K	Newham & Essex	Reading AC	Sale Harriers	Wigan Harriers	UNUSED	TOTAL										
3 Women's 100m	9	9	3	4	7	6	6	5	4	5	7	3	3	3	37	37				
7 Women's 200m	9	3	1	5	2	7	5	2	7	6	3	1	4	9	6	4	37	37		
4 Women's 400m	7	5	1	6	6	2	3	5	4	4	9	9	3	7	3	37	37			
2 Women's 800m	3	3	2	2	7	6	4	4	1	5	5	9	9	6	7	1	37	37		
8 Women's 1500m	6	7	9	7	3	2	4	1	4	9	5	5	3	6	3	37	37			
5 Women's 2000 S/Chase	6			2	5	9		4		7		3		1	37	37				
21 Women's 3000m	6	7	9	6	2		3		7	9	4	5	5	1	10	37	37			
1 Women's 400 Hurdles	6	6	5	5	7	7	2		4		1	9	9	3		10	37	37		
6 Women's 100 Hurdles	5	7	6	5	4	6	1	1	7	9	2	2	9	4	3	3	37	37		
11 Women's Hammer	2	4	1	1	5	2	9	9	7	7	6	6	4	5	3	3	37	37		
15 Women's Discus	3	2	1	1	4	5	5	9	7	3	6	7	9	6	2	4	37	37		
18 Women's Javelin	4	5	3	4	7	7	1	2	6	1	2	3	9	9	5	6	37	37		
17 Women's Shot Putt	9	7	1	2	7	4	6	9	4	6	2	3	5	5	3	1	37	37		
13 Women's Long Jump	3	5			7	6	4	9	6	7	2		5	3	9	4	1	3	37	37
16 Women's Triple Jump	6	6			4	5	5	3	9	9			3	4	7	7	3	3	37	37
14 Women's High Jump	5	7	3		4	5	9	9	6	3			2	4	7	6	1	3	37	37
12 Women's Pole Vault	7	9			5		9								6		10	28	37	37
9 Women's 4x100m Relay	7		1		6		3		5		2		9		4			37	37	37
10 Women's 4x400m Relay	7				6		3		4				9		5		3	37	37	37
	110	92	43	31	95	73	85	70	94	56	54	49	116	93	83	61	23	178	703	703

Match Summary	Crawley AC	Havering AC	Herts Phoenix AC	Marshall Milton K	Newham & Essex	Reading AC	Sale Harriers	Wigan Harriers	UNUSED	TOTAL
Teams	202.0	74.0	168.0	155.0	150.0	103.0	209.0	144.0	201.0	1406.0
Officials Points	15.0	20.0	20.0	20.0	15.0	10.0	20.0	20.0	140.0	280.0
Total	217.0	94.0	188.0	175.0	165.0	113.0	229.0	164.0	341.0	1686.0
Match Position	2	8	3	4	5	7	1	6		
League Points	7	1	6	5	4	2	8	3		

Standings	Crawley AC	Havering AC	Herts Phoenix AC	Marshall Milton K	Newham & Essex	Reading AC	Sale Harriers	Wigan Harriers
League Points	22.0	6.0	17.0	12.0	12.0	5.0	23.0	11.0
Match Points	672.5	344.0	561.0	491.5	493.0	341.0	658.0	501.0
League Positions	2	7	3	5	4	8	1	6

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		Perf	Record	Wind	AW			Perf	Wind	AW
<u>Women's 100m A</u>		Wind=	+2.5			<u>Women's 100m B</u>		Wind=	+3.5	
1	1 Kimbely Baptiste	Crawley AC	11.51		<input checked="" type="checkbox"/>	1	11 Holly Turner	Crawley AC	12.16	<input checked="" type="checkbox"/>
2	4 Joey Duck	Marshall Milton K	11.94		<input checked="" type="checkbox"/>	2	77 Hayaat Bah Taore	Sale Harriers	12.60	<input checked="" type="checkbox"/>
3	5 Zoe Thompson	Newham & Essex	12.19		<input checked="" type="checkbox"/>	3	44 Rachel Oderinde	Marshall Milton K	12.62	<input checked="" type="checkbox"/>
4	7 Regan Walker	Sale Harriers	12.23		<input checked="" type="checkbox"/>	4	55 Kehinde Ademola	Newham & Essex	12.95	<input checked="" type="checkbox"/>
5	6 Katrina Vidzupe	Reading AC	12.47		<input checked="" type="checkbox"/>	5	33 Georgina Anderson	Herts Phoenix AC	12.95	<input checked="" type="checkbox"/>
6	3 Sophie Segun	Herts Phoenix AC	12.78		<input checked="" type="checkbox"/>	6	88 Ellie Robinson	Wigan Harriers	13.67	
7	8 Katy Wyper	Wigan Harriers	DQ			7				
8						8				

		Perf	Record	Wind	AW			Perf	Wind	AW
<u>Women's 200m A</u>		Wind=	-1.2			<u>Women's 200m B</u>		Wind=	+2.4	
1	1 Kimbely Baptiste	Crawley AC	23.69		<input checked="" type="checkbox"/>	1	77 Kirsten McAslan	Sale Harriers	24.86	<input checked="" type="checkbox"/>
2	5 Asha Phillip	Newham & Essex	23.97		<input checked="" type="checkbox"/>	2	33 Georgina Anderson	Herts Phoenix AC	26.72	<input checked="" type="checkbox"/>
3	8 Katy Wyper	Wigan Harriers	24.65		<input checked="" type="checkbox"/>	3	55 Kehinde Ademola	Newham & Essex	27.07	
4	4 Joey Duck	Marshall Milton K	24.67		<input checked="" type="checkbox"/>	4	22 Chloe Williams	Havering AC	27.59	
5	7 Alison McCorry	Sale Harriers	25.03		<input checked="" type="checkbox"/>	5	88 Faye Horrocks	Wigan Harriers	27.59	
6	6 Katrina Vidzupe	Reading AC	26.46		<input checked="" type="checkbox"/>	6	11 Tia Forde	Crawley AC	27.77	
7	3 Sophie Segun	Herts Phoenix AC	27.44			7	44 Grace Linnett	Marshall Milton K	28.77	
8	2 Felicity Clarke	Havering AC	27.74			8	66 Susan Francis	Reading AC	33.21	

		Perf	Record	Wind	AW			Perf	Wind	AW
<u>Women's 400m A</u>						<u>Women's 400m B</u>				
1	7 Kelly Massey	Sale Harriers	54.94		<input checked="" type="checkbox"/>	1	77 Sasha Byrom	Sale Harriers	57.91	<input checked="" type="checkbox"/>
2	1 Holly Turner	Crawley AC	55.68		<input checked="" type="checkbox"/>	2	88 Sarah McDonald	Wigan Harriers	61.04	<input checked="" type="checkbox"/>
3	3 Lauren Rule	Herts Phoenix AC	58.62		<input checked="" type="checkbox"/>	3	33 Imogen Walker	Herts Phoenix AC	61.85	<input checked="" type="checkbox"/>
4	5 Ademide Ademuyewo	Newham & Essex	60.60		<input checked="" type="checkbox"/>	4	11 Jessica Cook	Crawley AC	63.22	
5	6 Ella Saunders	Reading AC	60.92		<input checked="" type="checkbox"/>	5	66 Georgia Walton	Reading AC	65.08	
6	8 Faye Horrocks	Wigan Harriers	61.31		<input checked="" type="checkbox"/>	6	44 Joan Peedah	Marshall Milton K	83.82	
7	4 Nicola Gibson	Marshall Milton K	63.90			7				
8	2 Nina Brennan	Havering AC	66.26			8				

		Perf	Record	Wind	AW			Perf	Wind	AW
<u>Women's 800m A</u>						<u>Women's 800m B</u>				
1	7 Megan Davies	Sale Harriers	2:13.08			1	77 Rachael Scott	Sale Harriers	2:17.7	
2	3 Stephanie Williams	Herts Phoenix AC	2:13.63			2	88 Sophie Elsden	Wigan Harriers	2:29.75	
3	8 Sarah Mcdonald	Wigan Harriers	2:17.25			3	33 Alexander Hill	Herts Phoenix AC	2:33.05	
4	6 Georgia Walton	Reading AC	2:22.89			4	66 Jordan Littlewood	Reading AC	2:36.48	
5	4 Corine Nurse	Marshall Milton K	2:28.11			5	44 Martinha Royles	Marshall Milton K	2:43.02	
6	1 Tia Forde	Crawley AC	2:29.45			6	11 Holly Talbut-Smith	Crawley AC	2:48.14	
7	2 Victoria Smith	Havering AC	2:31.96			7	22 Robyn Matson	Havering AC	2:52.05	
8	5 Shelley Jameson	Newham & Essex	3:35.91			8				

		Perf	Record	Wind	AW			Perf	Wind	AW
<u>Women's 1500m A</u>						<u>Women's 1500m B</u>				
1	2 Lauren Deadman	Havering AC	4:32.31			1	66 Jordan Littlewood	Reading AC	5:20.67	
2	3 Stephanie Williams	Herts Phoenix AC	5:01.36		<input checked="" type="checkbox"/>	2	1 Kathy Peters	Crawley AC	5:24.17	
3	11 Fiona Clark	Crawley AC	5:04.01		<input checked="" type="checkbox"/>	3	88 Tracey Dutton	Wigan Harriers	5:32.04	
4	7 Imani Modahl	Sale Harriers	5:14.64		<input checked="" type="checkbox"/>	4	77 Tyra Watson	Sale Harriers	5:40.25	
5	6 Susan Francis	Reading AC	5:16.21		<input checked="" type="checkbox"/>	5	44 Martinha Royles	Marshall Milton K	5:45.88	
6	8 Sophie Elsden	Wigan Harriers	5:18.41		<input checked="" type="checkbox"/>	6	33 Elizabeth Doyle	Herts Phoenix AC	6:01.74	
7	4 Corine Nurse	Marshall Milton K	5:18.94		<input checked="" type="checkbox"/>	7				X
8	5 Shelley Jameson	Newham & Essex	7:24.02		<input checked="" type="checkbox"/>	8				<input checked="" type="checkbox"/>

		Perf	Record	Wind	AW			Perf	Wind	AW
<u>Women's 2000 S/Chase A</u>						<u>Women's 2000 S/Chase B</u>				
1	5 Emily Bullis	Newham & Essex	7:07.21			1				<input checked="" type="checkbox"/>
2	7 Kathy Wellam	Sale Harriers	7:56.34		<input checked="" type="checkbox"/>	2				<input checked="" type="checkbox"/>
3	1 Fiona Clark	Crawley AC	8:06.72		<input checked="" type="checkbox"/>	3				<input checked="" type="checkbox"/>
4	4 Natalie Nurse	Marshall Milton K	8:24.30		<input checked="" type="checkbox"/>	4				<input checked="" type="checkbox"/>
5	6 Sue Francis	Reading AC	8:56.00		<input checked="" type="checkbox"/>	5				<input checked="" type="checkbox"/>
6	8 Rachel Sidebotham	Wigan Harriers	9:09.46		<input checked="" type="checkbox"/>	6				<input checked="" type="checkbox"/>
7	3 Elizabeth Doyle	Herts Phoenix AC	9:24.82		<input checked="" type="checkbox"/>	7				<input checked="" type="checkbox"/>
8					X	8				<input checked="" type="checkbox"/>

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				Perf	Record	Wind	AW					Perf	Wind	AW	
<u>Women's 3000m A</u>								<u>Women's 3000m B</u>							
1	2	Lauren Deadman	Havering AC	09:30.33			☑	1	66	Naomi Mitchell	Reading AC	10:45.44			
2	6	Anna Boniface	Reading AC	10:22.61			✂	2	1	Kathy Peters	Crawley AC	11:16.63			
3	11	Fiona Clark	Crawley AC	10:32.60			✂	3	22	Victoria Smith	Havering AC	11:52.98			
4	8	Tracey Dutton	Wigan Harriers	11:26.78			✂	4	77	Jen Simmons	Sale Harriers	13:35.19			
5	7	Katia Hazell	Sale Harriers	12:35.11			✂	5					X		☑
6	4	Martinha Royles	Marshall Milton K	13:04.36			✂	6							☑
7	3	Megan Breen	Herts Phoenix AC	17:48.63			✂	7							☑
8						X		8							☑
<u>Women's 400 Hurdles A</u>								<u>Women's 400 Hurdles B</u>							
1	7	Chelsea Walker	Sale Harriers	59.65			☑	1	77	Kirsten McAslan	Sale Harriers	59.11			☑
2	3	Lauren Thompson	Herts Phoenix AC	60.98			☑	2	33	Alexander Hill	Herts Phoenix AC	62.46			☑
3	1	Amy Barclay	Crawley AC	64.53			☑	3	11	Holly Talbut-Smith	Crawley AC	65.11			☑
4	2	Felicity Clarke	Havering AC	66.22			☑	4	22	Claire Brennan	Havering AC	69.53			☑
5	5	Ademide Ademuyewo	Newham & Essex	72.03				5							
6	8	Ellie Robinson	Wigan Harriers	73.14				6							
7	4	Natalie Nurse	Marshall Milton K	74.13				7							
8	6	Lee Fellowes	Reading AC	78.58				8							
<u>Women's 100 Hurdles A</u>								<u>Women's 100 Hurdles B</u>							
				Wind=		+1.6						Wind=		+2.0	
1	7	Chelsea Walker	Sale Harriers	13.79			☑	1	55	Holly Thomas	Newham & Essex	14.31			☑
2	5	Emma Nwofor	Newham & Essex	13.95			☑	2	11	Amy Barclay	Crawley AC	14.96			☑
3	2	Chloe Williams	Havering AC	14.65			☑	3	33	Sophie Julian	Herts Phoenix AC	15.96			☑
4	1	Jo Rowland	Crawley AC	14.71			☑	4	22	Felicity Clarke	Havering AC	16.52			
5	3	Chloe Vernon-Hamilton	Herts Phoenix AC	14.72			☑	5	77	Rosie Semenytsh	Sale Harriers	17.21			
6	8	Lucy Turner	Wigan Harriers	14.99			☑	6	88	Zoe Hughes	Wigan Harriers	18.11			
7	6	Caroline Parmenter	Reading AC	16.98				7	66	Lee Fellowes	Reading AC	18.94			
8	4	Nicola Gibson	Marshall Milton K	21.26				8	44	Corine Nurse	Marshall Milton K	24.23			
<u>Women's Hammer A</u>								<u>Women's Hammer B</u>							
1	4	Kayleigh Presswell	Marshall Milton K	55.26			☑	1	44	Emma Beardmore	Marshall Milton K	46.02			☑
2	5	Katie Head	Newham & Essex	53.01			☑	2	55	Grace Jenkins	Newham & Essex	37.59			☑
3	6	Leah Runnacles	Reading AC	42.66			☑	3	66	Julie Wilson	Reading AC	28.53			
4	3	Emma Fossett	Herts Phoenix AC	38.96			☑	4	77	Kirsty Law	Sale Harriers	27.16			
5	7	Rachel Pugh	Sale Harriers	33.35			☑	5	1	Ros Stansbury	Crawley AC	24.25			
6	8	Emily Hartley	Wigan Harriers	32.06			☑	6	88	Freya Dooner	Wigan Harriers	23.17			
7	11	Sarah Hewitt	Crawley AC	30.63			☑	7	33	Megan Breen	Herts Phoenix AC	19.29			
8	22	Emma Christmas	Havering AC	20.43				8	2	Nina Brennan	Havering AC	17.22			
<u>Women's Discus A</u>								<u>Women's Discus B</u>							
1	7	Kirsty Law	Sale Harriers	52.10			☑	1	44	Emma Beardmore	Marshall Milton K	36.51			☑
2	5	Grace Jenkins	Newham & Essex	39.39			☑	2	66	Leah Runnacles	Reading AC	30.40			☑
3	6	Michaela Whitton	Reading AC	39.30			☑	3	77	Rachel Pugh	Sale Harriers	28.02			
4	4	Emma Beales	Marshall Milton K	37.64			☑	4	33	Emma Fossett	Herts Phoenix AC	22.85			
5	3	Rebecca Porter	Herts Phoenix AC	34.95			☑	5	88	Millie Forrest F37	Wigan Harriers	19.41			
6	1	Sarah Hewitt	Crawley AC	34.78			☑	6	55	Demi Bromfield	Newham & Essex	19.30			
7	8	Freya Dooner	Wigan Harriers	27.09				7	11	Ros Stansbury	Crawley AC	15.23			
8	2	Nina Brennan	Havering AC	20.71				8	22	Robyn Matson	Havering AC	12.93			
<u>Women's Javelin A</u>								<u>Women's Javelin B</u>							
1	7	Laura Whittingham	Sale Harriers	51.33			☑	1	77	Rosie Semenytsh	Sale Harriers	42.81			☑
2	3	Eloise Meakins	Herts Phoenix AC	42.48			☑	2	33	Emma Fossett	Herts Phoenix AC	35.99			☑
3	5	Demi Bromfield	Newham & Essex	38.21			☑	3	8	Lucy Turner	Wigan Harriers	31.82			☑
4	88	Colette Doran	Wigan Harriers	34.04			☑	4	1	Ros Stansbury	Crawley AC	19.84			
5	11	Becky Owen	Crawley AC	31.67			☑	5	22	Claire Brennan	Havering AC	19.80			
6	2	Emma Christmas	Havering AC	30.97			☑	6	66	Julie Wilson	Reading AC	18.62			
7	6	Chloe Zmada	Reading AC	28.17				7	4	Joey Duck	Marshall Milton K	15.50			
8	44	Kayleigh Presswell	Marshall Milton K	27.38				8	55	Shelley Jameson	Newham & Essex	14.04			

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				Perf	Record	Wind	AW					Perf	Wind	AW	
<u>Women's Shot Putt A</u>								<u>Women's Shot Putt B</u>							
1	1	Jo Rowland	Crawley AC	13.18			<input checked="" type="checkbox"/>	1	44	Kayleigh Presswell	Marshall Milton K	9.89			
2	3	Chloe Vernon-Hamilton	Herts Phoenix AC	12.32			<input checked="" type="checkbox"/>	2	11	Sarah Hewitt	Crawley AC	9.42			
3	4	Emma Beardmore	Marshall Milton K	11.52			<input checked="" type="checkbox"/>	3	55	Katie Head	Newham & Essex	8.89			
4	7	Kirsty Law	Sale Harriers	10.75			<input checked="" type="checkbox"/>	4	77	Rachel Pugh	Sale Harriers	8.78			
5	5	Grace Jenkins	Newham & Essex	9.82				5	33	Sophie Segun	Herts Phoenix AC	8.36			
6	8	Freya Dooner	Wigan Harriers	9.32				6	66	Julie Wilson	Reading AC	8.15			
7	6	Michaela Whitton	Reading AC	8.91				7	2	Claire Brennan	Havering AC	7.69			
8	22	Emma Christmas	Havering AC	8.32				8	88	Emily Hartley	Wigan Harriers	5.67			
<u>Women's Long Jump A</u>								<u>Women's Long Jump B</u>							
1	8	Lucy Turner	Wigan Harriers	5.70	-1.8	<input checked="" type="checkbox"/>	1	4	Laura Ziolar	Marshall Milton K	5.17	-2.2	<input checked="" type="checkbox"/>		
2	3	Lauren Thompson	Herts Phoenix AC	5.70	-1.4	<input checked="" type="checkbox"/>	2	55	Temi Erinoso	Newham & Essex	5.10	-1.4	<input checked="" type="checkbox"/>		
3	5	Emma Nwofor	Newham & Essex	5.54	-3.4	<input checked="" type="checkbox"/>	3	33	Chloe Vernon-Hamilton	Herts Phoenix AC	5.05	-0.5	<input checked="" type="checkbox"/>		
4	77	Tyra Watson	Sale Harriers	5.29	-2.3	<input checked="" type="checkbox"/>	4	1	Becky Owen	Crawley AC	4.82	-1.7			
5	44	Rachel Gibbens	Marshall Milton K	5.21	-0.1	<input checked="" type="checkbox"/>	5	88	Zoe Hughes	Wigan Harriers	4.78	-0.5			
6	11	Livvy Connor	Crawley AC	4.95	-1.3		6	7	Katia Hazell	Sale Harriers	4.19	-1.7			
7	6	Caroline Parmenter	Reading AC	4.57	-3.0		7								
8							8								
<u>Women's Triple Jump A</u>								<u>Women's Triple Jump B</u>							
1	55	Victoria Usunremi	Newham & Essex	11.06	-0.5	<input checked="" type="checkbox"/>	1	5	Rochelle Jones	Newham & Essex	10.82	-2.6	<input checked="" type="checkbox"/>		
2	8	Zoe Hughes	Wigan Harriers	10.94	-0.1	<input checked="" type="checkbox"/>	2	88	Bernice Coulson	Wigan Harriers	10.00	-0.5	<input checked="" type="checkbox"/>		
3	1	Livvy Connor	Crawley AC	10.63	-1.1	<input checked="" type="checkbox"/>	3	11	Amy Barclay	Crawley AC	9.18	-2.2			
4	44	Joan Peedah	Marshall Milton K	10.43	-1.7	<input checked="" type="checkbox"/>	4	33	Sophie Julian	Herts Phoenix AC	8.88	-1.2			
5	3	Sally Cowler	Herts Phoenix AC	10.13	-1.1	<input checked="" type="checkbox"/>	5	77	Rosie Semenytsh	Sale Harriers	8.48	-1.2			
6	7	Katia Hazell	Sale Harriers	9.20	-1.4		6	4	Laura Ziolar	Marshall Milton K	7.28	-0.9			
7							7								
8							8								
<u>Women's High Jump A</u>								<u>Women's High Jump B</u>							
1	4	Laura Ziolar	Marshall Milton K	1.65			<input checked="" type="checkbox"/>	1	44	Rachel Gibbens	Marshall Milton K	1.65		<input checked="" type="checkbox"/>	
2	8	Bernice Coulson	Wigan Harriers	1.65			<input checked="" type="checkbox"/>	2	1	Jo Rowland	Crawley AC	1.60		<input checked="" type="checkbox"/>	
3	5	Emma Nwofor	Newham & Essex	1.65			<input checked="" type="checkbox"/>	3	88	Eva May Coppell	Wigan Harriers	1.55		<input checked="" type="checkbox"/>	
4	11	Becky Owen	Crawley AC	1.65			<input checked="" type="checkbox"/>	4	33	Sophie Julian	Herts Phoenix AC	1.40			
5	3	Lauren Thompson	Herts Phoenix AC	1.60			<input checked="" type="checkbox"/>	5	77	Jen Simmons	Sale Harriers	1.35			
6	2	Chloe Williams	Havering AC	1.55			<input checked="" type="checkbox"/>	6	55	Zoe Thompson	Newham & Essex	1.30			
7	7	Tyra Watson	Sale Harriers	1.45											
<u>Women's Pole Vault A</u>								<u>Women's Pole Vault B</u>							
1	4	Rachel Gibbens	Marshall Milton K	4.00			<input checked="" type="checkbox"/>	1	11	Holly Turner	Crawley AC	2.50		<input checked="" type="checkbox"/>	
2	1	Livvy Connor	Crawley AC	3.40			<input checked="" type="checkbox"/>								
3	8	Fiona Hockey	Wigan Harriers	3.40			<input checked="" type="checkbox"/>								
4	33	Imogen Walker	Herts Phoenix AC	2.80			<input checked="" type="checkbox"/>								
<u>Women's 4x100m Relay</u>															
1	7	Sale Harriers	Regan Walker	Hayaat Bah Traore	Alison McCorry	Alice McMahon	48.09	<input checked="" type="checkbox"/>							
2	1	Crawley AC	Kimbely Baptiste	Jo Rowland	Holly Turner	Amy Barclay	48.32	<input checked="" type="checkbox"/>							
3	3	Herts Phoenix AC	Chloe Vernon-Hamilton	Lauren Thompson	Georgina Anderson	Sophie Segun	49.43	<input checked="" type="checkbox"/>							
4	5	Newham & Essex	Oshunremi	Emma Nwofor	Holly Thomas	Kehinde Ademola	50.15	<input checked="" type="checkbox"/>							
5	8	Wigan Harriers	Faye Horrocks	Ellie Robinson	Lucy Turner	Katy Wyper	50.58	<input checked="" type="checkbox"/>							
6	4	Marshall Milton K	Joey Duck	Rachel Oderinde	Joan Peedah	Grace Linnett	51.99	<input checked="" type="checkbox"/>							
7	6	Reading AC	Ella Saunders	Chloe Zmuda	Georgia Walton	Katrina Vidzupe	53.87								
8	2	Havering AC	Chloe Williams	Claire Brennan	Felicity Clarke	Emma Christmas	54.20								

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		Perf	Record	Wind	AW		
<u>Women's 4x400m Relay</u>							
1	7	Sale Harriers	Chelsea Walker	Sasha Byrom	Kisten McAslan	Kelly Massey	3:47.66
2	1	Crawley AC	Kimbely Baptiste	Jo Rowland	Becky Owen	Holly Turner	3:51.06
3	3	Herts Phoenix AC	Lauren Thompson	Imogen Walker	Stephanie Williams	Lauren Rule	4:06.70
4	8	Wigan Harriers	Sophie Elsdon	Faye Horrocks	Sarah McDonald	Katy Wyper	4:07.29
5	5	Newham & Essex	Ademide Ademuyewo	Zoe Thompson	Kehinde Ademola	Emma Nwofor	4:18.78
6	4	Marshall Milton K	Corine Nurse	Nicola Gibson	Joey Duck	Martinha Royles	4:20.40
7							
8							

	MATCH RESULT	League Points	Match		STANDINGS	League Points	Match
1	Sale Harriers	8	229.0	1	Sale Harriers	23	658.0
2	Crawley AC	7	217.0	2	Crawley AC	22	672.5
3	Herts Phoenix AC	6	188.0	3	Herts Phoenix AC	17	561.0
4	Marshall Milton K	5	175.0	4	Newham & Essex	12	493.0
5	Newham & Essex	4	165.0	5	Marshall Milton K	12	491.5
6	Wigan Harriers	3	164.0	6	Wigan Harriers	11	501.0
7	Reading AC	2	113.0	7	Havering AC	6	344.0
8	Havering AC	1	94.0	8	Reading AC	5	341.0

100m Non Scoring

+1.3

1	90	Alison McCorry	Sale Harriers Manc	12.18	<input checked="" type="checkbox"/>
2	89	Alice McMahon	Sale Harriers Manc	12.33	<input checked="" type="checkbox"/>
3	86	Grace Linnett	Marshall Milton Key	13.73	
4	85	Joan Peedah	Marshall Milton Key	14.36	
5					
6					