

HAVERING MAYESBROOK AC
Results of First Spring Warm-Up Hornchurch Stadium Sunday, March 19, 2006

Event T1 – U17W – 300m Hurdles

| | | | |
|----|-------------------|--------|------|
| 1. | Jessica Tappin | Chelms | 47.5 |
| 2. | Nicola Hill | Hav M | 49.4 |
| 3. | Charlotte Owen | Hav M | 54.2 |
| 4. | Catrina McAuliffe | Hav M | 54.5 |
| 5. | Fionnuala Crowe | Iford | 56.8 |

Event T2 – U20W – 300m Hurdles

| | | | |
|---|------------------|-------|------|
| 1 | Chloe Van Wulven | Hav M | 46.8 |
| 2 | Lisa Schofield | Hav M | 46.9 |

Event T3 – SM – 300m Hurdles – Race 1

| | | | |
|----|--------------|-------|------|
| 1. | Danny Hunt | NEB | 41.5 |
| 2. | Phil Tierney | Hav M | 44.2 |
| 3. | Adam Brett | Hav M | 46.9 |

Event T4 – SM – 300m Hurdles – Race 2

| | | | |
|----|------------------|----------|------|
| 1 | Jonny Lodowski | Abingdon | 40.7 |
| 2. | Michael Shortall | Thurrock | 41.6 |
| 3 | Greg Goodrem | Southend | 42.7 |
| 4. | John Wayland | NEB | 43.7 |

Event T5 – Mixed 1200m - Female

| | | | | |
|----|-----------------|-------|--------|------|
| 1 | Emma Fox | Hav M | 4:18.6 | U15G |
| 2. | Becky Owen | Hav M | 4:33.5 | U17W |
| 3. | Rebecca Stanley | Hav M | 4:52.4 | U13G |

Event T6 – Mixed 1200m - Male

| | | | | |
|----|------------------|------------|--------|------|
| 1. | Matthew Maple | Iford | 3:29.4 | SM |
| 2. | Andy Poole | Col & Tend | 3:40.3 | U17M |
| 3. | Lenny Swain | Hav M | 4:09.4 | U17M |
| 4. | Jake Nelson | Hav M | 4:18.9 | U13B |
| 5. | Robert Lofthouse | Hav M | 4:34.4 | U15B |

Event T7 – U11G 80m

| | | | |
|----|-----------------|--------------------|------|
| 1. | Olivia Moore | Southend | 12.6 |
| 2. | Suzanne Bentley | Watford | 13.0 |
| 3. | Samantha Perry | Ardleigh Green Sch | 14.3 |
| 4. | Ellie Addison | Ardleigh Green Sch | 16.3 |

Event T8 – U13G 80m– Race 1

| | | | |
|----|------------------|----------|------|
| 1 | Ghanelle Edwards | Southend | 11.6 |
| 2. | Sian McCrory | Southend | 12.0 |
| 3. | Chelsey Walker | Hav M | 12.2 |
| 4. | Loren Richards | Hav M | 12.5 |
| 5. | Laura Drew | Hav M | 14.0 |

Event T9 – U13G 80m– Race 2

| | | | |
|----|-----------------|----------|------|
| 1. | Chloe Longhurst | Southend | 11.2 |
| 2 | Emma Washbourne | Hav M | 11.6 |
| 3 | Annie Adewale | Thurrock | 11.8 |
| 4 | Leanne McCrory | Southend | 11.9 |
| 5. | Claire Bentley | Watford | 13.0 |

Event T10 – U13G 80m– Race 3

| | | | |
|----|--------------|----------|------|
| 1 | Holly Donald | Hav M | 11.7 |
| 2. | Lucy Moore | Southend | 12.2 |
| 3. | Kate Hanshaw | Hav M | 12.3 |

| | | | |
|----|---------------|--------------------|------|
| 4. | Moli Geng | Hav M | 12.4 |
| 5. | Sarah Boreham | Ardleigh Green Sch | 12.4 |

Event T11 – U15G 80m– Race 1

| | | | |
|----|------------------|------------|------|
| 1 | Jessica Grainger | Chelmsford | 10.5 |
| 2 | Esther Tele | Southend | 10.8 |
| 3. | Rebecca Gibbs | Chelmsford | 11.0 |
| 4. | Nicole Dalton | Hav M | 12.1 |

Event T12 – U15G 80m– Race 2

| | | | |
|----|------------------|----------|------|
| 1 | Rebecca Clements | Hav M | 11.3 |
| 2. | Georgia Atkins | Southend | 11.4 |
| 3. | Kiki Oniwinde | Hav M | 12.0 |

Event T13 – U17W 80m

| | | | |
|----|---------------|------------|------|
| 1 | Lisa Connel | Radley | 10.4 |
| 2. | Lyndsey North | Chelmsford | 10.5 |
| 3 | Emma Collard | Southend | 10.7 |
| 4 | Hollie Lane | Radley | 10.9 |

Event T14 – U20W/SW 80m

| | | | | |
|----|-----------------|------------|------|------|
| 1 | Lisa Schofield | Hav M | 10.6 | U20W |
| 2. | Hannah Gamester | Hav M | 11.0 | SW |
| 3. | Karen Barden | Chelmsford | 11.3 | SW |

Event T15 – U11B 80m

| | | | |
|----|-------------------|--------------------|------|
| 1. | Lee Aldridge | Harold Wood Sch | 12.4 |
| 2. | Charlie Davenport | Ardleigh Green Sch | 12.9 |
| 3. | Cordel Pigram | Mundesley Sch | 14.2 |

Event T16 – U13B 80m

| | | | |
|----|-------------------|----------|------|
| 1 | Jimi Tele | Southend | 11.0 |
| 2 | Ben Western | Hav M | 11.2 |
| 3 | Charlie Smith | Hav M | 11.5 |
| 4. | Christopher Eaton | Basildon | 12.5 |
| 5. | Jake Nelson | Hav M | 12.6 |
| 6. | Dominic Rajack | Hav M | 13.7 |

Event T17 – U15B 80m – Race 1

| | | | |
|---|------------------|------------|------|
| 1 | Marlon Moseley | Hav M | 10.4 |
| 2 | Joseph Remie | Hav M | 10.5 |
| 3 | Philip Whittaker | Chelmsford | 10.7 |
| 4 | Terry Hughes | Hav M | 10.7 |
| 5 | Michael Isted | Hav M | 11.0 |

Event T18 – U15B/U17M 80m

| | | | | |
|----|------------------|----------|------|------|
| 1 | Eugene Ayanful | Hav M | 9.2 | U17M |
| 2 | Matthew Harrison | Basildon | 9.5 | U17M |
| 3 | Gary Tonks | Hav M | 9.9 | U17M |
| 4 | Liam Hughes | Hav M | 10.3 | U15B |
| 5. | Vivek Joshi | Ilford | 11.1 | U15B |

Event T19 – U20M/SM 80m

| | | | | |
|----|------------------|----------|-----|------|
| 1 | Matt Russell | Hav M | 9.0 | SM |
| 2 | Chris Clements | Hav M | 9.4 | U20M |
| 3 | Michael Shortall | Thurrock | 9.5 | SM |
| 4 | Greg Goodrem | Southend | 9.8 | SM |
| 5. | Simon Hemmings | Southend | 9.9 | U20M |

Event T20 – U15 G & U17W – 300m

| | | | | |
|----|-----------------|------------|------|------|
| 1 | Frankie Calder | Hav M | 43.6 | U17W |
| 2 | Jessica Tappin | Chelmsford | 44.3 | U17W |
| 3. | Rachel Haley | Chelmsford | 45.4 | U17W |
| 4 | Mae Kenny | Chelmsford | 45.7 | U15G |
| 5. | Felicity Clarke | Southend | 46.4 | U15G |
| 6. | Rachel Kerr | Hav M | 47.7 | U17W |

Event T21 – U20W – 300m

| | | | | |
|----|------------------|------------|------|--|
| 1 | Lucy Rodgers | Hav M | 42.1 | |
| 2. | Lauren Clark | Hav M | 43.2 | |
| 3. | Helen Roche | Hav M | 45.5 | |
| 4. | Sophie Barnes | Harwich | 46.4 | |
| 5. | Lauren Longhurst | Chelmsford | 47.1 | |

Event T22 – SW – 300m

| | | | | |
|----|-------------------|------------|------|--|
| 1. | Samantha Molyneux | Radley | 45.3 | |
| 2. | Claire Brennan | Hav M | 45.5 | |
| 3. | Karen Barden | Chelmsford | 46.8 | |

Event T23 – U15B – 300m

| | | | | |
|----|------------------|-------|------|--|
| 1 | Kieran Nelson | Hav M | 45.9 | |
| 2. | Robert Lofthouse | Hav M | 53.3 | |

Event T24 – U17M – 300m

| | | | | |
|----|-----------------|------------|------|--|
| 1 | Martin Pitts | Braintree | 36.2 | |
| 2 | Lemar Charles | B & B | 37.5 | |
| 3. | Matthew Walters | B & B | 39.4 | |
| 4. | Craig Moore | Hav M | 40.8 | |
| 5. | Tashan Charles | Unattached | 42.1 | |

Event T25 – U20M – 300m

| | | | | |
|----|-------------|---------|------|--|
| 1. | Lee Grocott | Harwich | 39.6 | |
| 2. | Lewis Brown | Harwich | 40.5 | |

Event T26 – SM – 300m

| | | | | |
|---|----------------|----------|------|--|
| 1 | Leighton Green | TVH | 36.2 | |
| 2 | Scott Spencer | Hav M | 36.4 | |
| 3 | Jonny Lodowski | Abingdon | 37.1 | |
| 4 | Greg Goodrem | Southend | 37.7 | |
| 5 | James Murphy | Hav M | 38.6 | |

Event T27 – U11G– 600m

| | | | | |
|----|-----------------|-------------|--------|--|
| 1 | Suzanne Bentley | Watford | 2:06.6 | |
| 2. | Avril Loynes | Newtons Sch | 2:16.6 | |

Event T28 – U13G & U15G – 600m

| | | | | |
|----|----------------|----------|--------|------|
| 1. | Lydia Hall | Iford | 1:46.2 | U15G |
| 2. | Georgia Davies | Hav M | 1:56.0 | U15G |
| 3. | Nicole Dalton | Hav M | 2:03.1 | U15G |
| 4. | Claire Bentley | Watford | 2:07.9 | U13G |
| 5. | Sian McCrory | Southend | 2:08.1 | U13G |
| 6. | Laura Drew | Hav M | 2:33.6 | U13G |

Event T29 – U11B, U13B & U15B – 600m

| | | | | |
|----|-------------------|-----------------|--------|------|
| 1. | Vivek Joshi | Iford | 1:45.4 | U15B |
| 2. | Kieran Nelson | Hav M | 1:53.5 | U15B |
| 3. | Liam Leddy | Iford | 1:57.8 | U15B |
| 4. | Christopher Eaton | Basildon | 2:04.8 | U13B |
| 5. | Lee Aldridge | Harold Wood Sch | 2:06.3 | U11B |
| 6. | Cordel Pigram | Mundesley Sch | 2:24.5 | U11B |

Event T30 – U17M, U20M & SM and SW – 600m (Mixed)

| | | | | |
|----|-------------------|------------|--------|------|
| 1 | Danny Hunt | NEB | 1:24.8 | SM |
| 2. | Graham Eastty | Southend | 1:25.2 | SM |
| 3. | James Murphy | Hav M | 1:30.2 | SM |
| 4. | Lee Grocott | Harwich | 1:31.4 | U20M |
| 5. | Matthew Maple | Iford | 1:33.1 | SM |
| 6. | Lewis Brown | Harwich | 1:35.5 | U20M |
| 7. | Andy Poole | Col & Tend | 1:36.0 | U17M |
| 8. | Laurie Cooper | Hav M | 1:39.8 | SW |
| 9. | Richard Woodhouse | Southend | 1:42.4 | SM |

Event T31 – U11G & U13G – 150m

| | | | | |
|----|-----------------|--------------------|------|------|
| 1. | Chelsey Walker | Hav M | 23.3 | U13G |
| 2. | Olivia Moore | Southend | 23.4 | U11G |
| 3. | Loren Richards | Hav M | 23.9 | U13G |
| 4. | Sarah Boreham | Ardleigh Green Sch | 24.2 | U13G |
| 5 | Suzanne Bentley | Watford | 24.4 | U11G |

Event T32 – U13G – 150m – Race 1

| | | | |
|----|------------------|----------|------|
| 1. | Chloe Longhurst | Southend | 20.9 |
| 2 | Ghanelle Edwards | Southend | 21.6 |
| 3 | Leanne McCrory | Southend | 22.6 |
| 4. | Claire Bentley | Watford | 25.2 |
| 5. | Laura Drew | Hav M | 27.5 |

Event T33 – U13G – 150m – Race 2

| | | | |
|----|-----------------|----------|------|
| 1 | Emma Washbourne | Hav M | 22.0 |
| 2 | Holly Donald | Hav M | 22.5 |
| 3 | Annie Adewale | Thurrock | 22.9 |
| 4. | Lucy Moore | Southend | 23.0 |
| 5. | Kate Hanshaw | Hav M | 23.6 |

Event T34 – U15G – 150m – Race 1

| | | | |
|----|------------------|------------|------|
| 1 | Rebecca Clements | Hav M | 20.6 |
| 2 | Mae Kenny | Chelmsford | 20.8 |
| 3. | Felicity Clarke | Southend | 21.1 |
| 4. | Georgia Atkins | Southend | 21.2 |

Event T35 – U15G – 150m – Race 2

| | | | |
|----|------------------|------------|------|
| 1 | Jessica Grainger | Chelmsford | 20.0 |
| 2 | Esther Tele | Southend | 20.4 |
| 3 | Rebecca Gibbs | Chelmsford | 20.6 |
| 4. | Kiki Oniwinde | Hav M | 22.5 |

Event T36 – U17W – 150m

| | | | |
|----|---------------|------------|------|
| 1 | Lisa Connel | Radley | 19.1 |
| 2 | Lyndsey North | Chelmsford | 19.3 |
| 3 | Emma Collard | Southend | 19.7 |
| 4. | Hollie Lane | Radley | 20.0 |
| 5. | Nicola Hill | Hav M | 20.1 |
| 6. | Rachel Kerr | Hav M | 20.9 |

Event T37 – U20W & SW – 150m

| | | | | |
|----|-------------------|------------|------|------|
| 1. | Claire Brennan | Hav M | 20.3 | SW |
| 2 | Lauren Longhurst | Chelmsford | 20.6 | U20W |
| 3. | Samantha Molyneux | Radley | 20.8 | SW |
| 4. | Laurie Cooper | Hav M | 20.9 | SW |
| 5. | Helen Roche | Hav M | 21.4 | U20W |
| 6. | Sophie Barnes | Harwich | 21.8 | U20W |

Event T38 – U11B & U3B 150m

| | | | | |
|----|-------------------|-----------------|------|------|
| 1 | Charlie Smith | Hav M | 19.5 | U13B |
| 2 | Jimi Tele | Southend | 20.0 | U13B |
| 3 | Ben Western | Hav M | 20.9 | U13B |
| 4. | Christopher Eaton | Basildon | 23.3 | U13B |
| 5. | Oliver Woodhouse | Southend | 23.5 | U11B |
| 6. | Lee Aldridge | Harold Wood Sch | 23.8 | U11B |

Event T39 – U15B – 150m

| | | | | |
|----|------------------|------------|------|--|
| 1 | Philip Whittaker | Chelmsford | 20.0 | |
| 2. | Robert Lofthouse | Hav M | 24.2 | |

Event T40 – U17M – 150m

| | | | | |
|----|------------------|-------|------|--|
| 1 | Lemar Charles | B & B | 17.2 | |
| 2. | Matthew Harrison | Hav M | 17.3 | |
| 3. | Gary Tonks | Hav M | 18.2 | |
| 4. | Matthew Walters | B & B | 18.4 | |
| 5. | Craig Moore | Hav M | 19.3 | |

Event T41 – U20M & SM – 150m

| | | | | |
|----|------------------|----------|------|------|
| 1 | Jonny Lodowski | Abingdon | 17.2 | SM |
| 2. | Chris Clements | Hav M | 17.2 | U20M |
| 3. | Michael Shortall | Thurrock | 17.5 | SM |
| 4 | Greg Goodrem | Southend | 17.9 | SM |

Event T41 – U17M & SM – 150m

| | | | | |
|----|----------------|-------|------|------|
| 1 | Matt Russell | Hav M | 16.2 | SM |
| 2. | Eugene Ayanful | Hav M | 16.5 | U17M |