

National Youth Development League, Prem Div, Round 3, Hendon 30 June 2019

Posn	Team Name	Points
1	Blackheath & Bromley	811.5
2	Shaftesbury Barnet	717.0
3	Windsor Slough & Eton	575.5
4	Havering AC	559.5
5	Reading AC	512.0
6	Crawley AC	506.5

U20M	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist	
100	Richard Akinyebo	5	10.96w	100	Tayo Harry	5	11.98w
200	Richard Akinyebo	4	22.60	200	Aaron Freshwater	4	24.39
400	Reece Harriott	4	50.74	400	Louis Berrett	4	56.14
800	Sam Atkins	6	2:07.04	800	Lewis Debenham	4	2:11.62
1500	Alex Friend	5	4:21.10	1500	Louis Berrett	3	4:25.26
3000	Harry Jones	5	9:27.37	3000	George Barnacle	1	9:29.75
110H	Leo Chashchin (2 nd)	4	16.12	2k S	Sam Atkins	2	7:11.01
400H A	Sam Atkins	4	74.05	400H	Harry Jones	3	72.47
LJ	Ben Olusesan	3	6.08	LJ	Tobi Idowu	1	5.67
TJ	Ben Olusesan	1	12.78	HJ	Leo Chashchin (2 nd)	5	1.75
SP	Alex Friend	6	6.90	HT	Aaron Freshwater	5	17.81
PV	Leo Chashchin (2 nd)	5	3.80	DT	Leo Chashchin (2 nd)	5	22.67
JT	Charlie Savill	2	45.28	JT			
4x100	Tayo, Aaron, Richard, Reece Harriott					3	46.85
4x400	Aaron 59.3, Alex 56.5, Harry 54.5, Reece 54.3					4	3:44.53
U20W	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist	
100	Shalom Gbadebo U17	5	13.22	100	Charlotte Wright	6	14.21
200	Yasmin Uwakwe U17	2	25.32	200	Charlotte Wright	6	31.02
400				400			
800	Sophie Rand	4	2:28.12	800			
1500	Jess Mitchell	1	4:48.35	3000	Kate O'Neill	1	10:06.21
100mH				1500 SC			
LJ	Lydia Mwanza	6	3.70	LJ			
HJ				HJ			
TJ	Tomi Sanwo	5	10.21	TJ	Lydia Mwanza	4	8.55
PV	Charlotte Wright	4	1.85	PV			
SP	Chimdi Okpalauko	1	11.47	SP			
DT	Chimdi Okpalauko	5	27.25	DT			
HT	Chimdi Okpalauko	5	13.62	HT			
JT	Elysha Thatcher-Gray	4	24.82	JT	Chimdi Okpalauko	2	10.91
4x100	Mali U17, Charlie, Lydia, Yasmin U17					5	52.51
4x400	==						

U17M	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist	
100	Sam Sanusi	6	11.88	100	Malcolm Oshungbohun	5	12.23
200	Malcolm Oshungbohun	6	24.91	200	Kimathi Christie	4	23.29
400	Somto Okpalauko	5	52.76	400	Daragh Thomas	4	56.84
800	Luke Chester	6	2:10.68	800	Sam Bradley	5	2:14.99
1500	Timi McDaniel	6	4:55.02	1500	Timi McDaniel	4	11:49.77
3000	Alex Ford	2	9:47.47	3000	=		
100H	Sam Sanusi	2	13.65	100H	James With	1	14.50
400H	Bradley James			400H	=		
1500SC	Alex Ford	5	5:10.15	1500SC	Luke Chester	2	5:41.08
LJ	Sam Sanusi	1	6.75	LJ	-		
HJ	Kimathi Christie	4	1.70	HJ	Daragh Thomas	3	1.65
TJ	Jed Oni	3	12.15	TJ	Kimathi Christie		
PV	Reece Debenham	4	3.05	PV			
SP	Ejiro Akpotor	1	12.83	SP	Elijah Payne	4	8.63
DT	Elijah Payne	2	31.73	DT	Ejiro Akpotor	2	30.67
HT	Elijah Payne	5	22.94	HT	James With	2	21.82
JT	Hal Hutton	3	35.17	JT	James With	1	33.96
4x100	Somto, Malcolm, Jed Oni, Sam					6	46.17
4x400	Kimathi 57.5, Daragh 56.6, Sam B 57.8, Somto 53.0					4	3:44.84

U17W	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist	
100	Tayllah Barton-Conde	1	12.21w	100	Esther Agnimel	2	12.54
200	Tayllah Barton-Conde	1	26.18	200	Poppy Ellis	1	26.01
300	Poppy Ellis	1	40.35	300	Mali Grant	1	42.25
800	Alice Brown	1	2:19.89	800	Amy Kilner	4	2:53.16
1500	Sydney Foley	2	4:54.42	1500	Annie Grannell	3	6:05.36
3000	Sydney Foley	2	10:53.02	3000			
80H	Yasmin Uwakwe (2 nd)	1	11.61	80H	Yasmine Mwanyo (2 nd)	4	12.38
300H	Holly Taylor (2 nd)	3	48.42	300H	Alice Atkins	3	50.36
HJ	Alice Atkins	4=	1.25	HJ			
LJ	Esther Agnimel	6	4.01	TJ	Alice Atkins	3	9.49
PV	Jessie Collier	3	2.60	PV	Annie Grannell	2	1.70
SP	Anne-Prisca Djondo	3	10.69	SP			
DT	Alice Brown	1	38.42	DT	Jessie Collier	1	27.95
JT	Jessie Collier	4	26.03	JT			
4x100	Shalom, Esther, Bella Smith, Tayllah					4	50.36
4x300	Alice B, Alice A, Sydney, Tayllah					4	2:58.05

Non Scoring: 200 Reece Harriott 23.54s; DT: Mason Smith 23.95m

100: Bella Smith 13.29w; Anne-Prisca Djondo 13.55w; 200: Shalom Gbadebo 27.41s; 80mH: Holly Taylor 13.16s

Field events: 3 athletes only permitted across both age groups