

**HAVERING MAYESBROOK SPRING OPEN, HORNCHURCH  
STADIUM, UPMINSTER, 13 MARCH 2005**

<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Performance</b>	<b>Age Group</b>
<b>80m Senior Men</b>				
1	Matt Russell	Hav M	9.0	
2	Scott Craddock	Med & Maidstone	9.2	
3	Michael Shortall	Thurrock	9.7	
<b>150m Senior Men Heat 1</b>				
1	Matt Russell	Hav M	16.6	
2	Charlie Knight	Southend	17.1	
3	Scott Craddock	Med & Maidstone	17.2	
4	Dan Adams	Southend	17.6	
5	Greg Goodrem	Southend	18.0	
6	Michael Shortall	Thurrock	18.3	
<b>150m Senior Men Heat 2</b>				
1	Keith Palmer	Southend	18.3	
2	Gerald Daniel	Chelmsford	20.9	V50
3	Chris Hopkinson	Chelmsford	21.2	
<b>300m Senior Men</b>				
1	Scott Spencer	Hav M	37.0	
2	Greg Goodrem	Southend	37.4	
3	Michael Shortall	Thurrock	38.7	
4	Keith Palmer	Southend	39.5	
5	Gerald Daniel	Chelmsford	44.5	V50
6	Chris Hopkinson	Chelmsford	45.8	
<b>600m Senior Men</b>				
1	Robert Smith	Essex Univ	01:24.2	
2	Graham Eastty	Southend	01:24.8	
<b>1200m Senior Men</b>				
1	Salvator Mutijima	Hav M	03:33.4	
<b>80m Junior Men</b>				
1	Jon Buckler	Hav M	9.9	
2	Danny Nunn	Hav M	10.2	
3	Simon Hemmings	Southend	10.2	

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<b>150m Junior Men</b>				
1	Jon Buckler	Hav M	18.5	
2	Simon Hemmings	Southend	18.7	
3	Danny Nunn	Hav M	18.9	
<b>300m Junior Men</b>				
1	Adam Shaw	Southend	36.3	
2	Ash Hale	Hav M	38.5	
3	Chris Newton	Hav M	41.5	
<b>80m Under 17 Men</b>				
1	Chris Clements	Hav M	10.0	
2	Chris Travis	Thurrock	10.4	
3	Gary Tonks	Hav M	10.5	
<b>150m Under 17 men</b>				
1	Chris Clements	Hav M	18.4	
2	Chris Travis	Thurrock	19.0	
3	Gary Tonks	Hav M	19.2	
4	Alex Cain	Southend	19.7	
5	Curtis Necchi	Chelmsford	20.4	
<b>300m under 17 Men</b>				
1	Luchien Anderson	Hav M	40.7	
2	Alex Cain	Southend	41.3	
3	Curtis Necchi	Chelmsford	44.5	
<b>1200m Under 17 Men</b>				
1	Ashley Reece	Hav M	03:25.1	
<b>80m Under 15 Boys</b>				
1	Joe Burns	Colchester & Tendring	10.4	
2	Daniel McDowall	Hav M	10.9	
3	Josh Dunn	Unattached	11.5	
<b>150m under 15 boys</b>				
1	Mark Hunt	Chelmsford	18.6	
2	Daniel McDowall	Hav M	20.4	
3	Kieran Nelson	Unattached	22.9	

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<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Performance</b>	<b>Age Group</b>
<b>300m under 15 Boys</b>				
1	Mark Hunt	Chelmsford	39.5	
2	Joe Burns	Colchester & Tendring	41.9	
<b>600m Under 15 Boys</b>				
1	Joe Webster	Hav M	01:41.9	
2	Kieran Nelson	Unattached	01:59.2	
3	Lenny Swain	Unattached	02:01.1	
<b>1200m Boys Under 15</b>				
1	Grant Twist	Hav M	03:45.5	
2	Josh Dunn	Unattached	04:06.9	
3	Robbie Kidd	Unattached	04:09.8	
4	Simon Brown	Hav M	04:13.2	
5	John Whitehead	Hav M	04:22.7	
6	Ian Price	Hav M	04:57.9	
<b>80m U13 Boys Heat 1</b>				
1	William Creighton	Ardleigh Green Jnr Sch	13.4	
2	Bradley Clark	Unattached	14.6	
<b>80m U13 Boys Heat2</b>				
1	Jimi Tele	Southend	11.6	
2	Philip Whittaker	Chelmsford	11.7	
3	Charlie Smith	Unattached	12.1	
4	Ben Austin	Southend	12.3	
5	Andrew Kerr	Hav M	13.5	
<b>150m u13 boys heat 1</b>				
1	Andrew Kerr	Hav M	25.8	
<b>150m u13 boys hea t2</b>				
1	Jimi Tele	Southend	22.3	
2	Philip Whittaker	Chelmsford	22.7	
3	Charlie Smith	Unattached	23.0	
4	William Creighton	Ardleigh Green Junior Sc	26.1	
5	Sonny Clark	Unattached	27.0	
6	Bradley Clark	Unattached	29.1	

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<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Performance</b>	<b>Age Group</b>
<b>600m under 13 boys</b>				
1	Ben Austin	Southend	02:01.2	
2	Christopher Sullivan	Hav M	02:02.6	
3	Sam Swain	Hav M	02:03.4	
4	Lewis Kidd	Unattached	02:04.6	
5	Adam Edwards	Hav M	02:07.6	
<b>1200m Boys Under 13</b>				
1	Jamie Buckley-Stanton	Campion Sch	04:14.5	
2	Alexander Richards	Ilford	04:24.6	
3	Jack Waldon	Hav M	04:34.2	
4	Jonathan Seekings	Hav M	04:45.7	
5	Sonny Clark	Unattached	04:48.3	
6	Jack Fitsall	Basildon	04:50.0	
7	William Creighton	Ardleigh Green Jnr Sch	05:19.5	
8	Bradley Clark	Unattached	05:52.8	
<b>80m U11 Boys</b>				
1	Tommy Alexander	Basildon	13.1	
2	Christopher Eaton	Basildon	13.6	
<b>150m u11 boys</b>				
1	Tommy Alexander	Basildon	24.9	
2	Jake Nelson	Unattached	26.0	
3	Christopher Eaton	Basildon	26.6	
4	Harry England	Ardleigh Green Jnr Sch	27.4	
<b>600m under 11 &amp; under 13 boys</b>				
1	Tommy Alexander	Basildon	02:03.1	
2	Christopher Eaton	Basildon	02:13.2	
3	Jake Nelson	Unattached	02:25.7	
<b>80m Senior Women</b>				
1	Julie Chandler	City of Norwich	11.1	SW
<b>150m Senior Women</b>				
1	Heidi Nicholas	Basildon	20.0	
2	Julie Chandler	City of Norwich	20.7	
3	Grace Brown	Chelmsford	21.4	

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<b>300m Senior Women</b>				
1	Helen Broomfield	Unattached	43.6	
2	Chrissie Foster	Belgrave H	44.4	
3	Grace Brown	Chelmsford	45.2	
4	Heidi Nicholas	Basildon	45.5	
<b>600m Senior women</b>				
1	Chrissie Foster	Belgrave H	01:45.6	
2	Jackie Socas	N & EB	01:46.5	
<b>80m Junior Women</b>				
1	Lauren Longhurst	Chelmsford	11.2	
2	Jennifer Szantai	Hav M	11.2	
3	Jenna Longhurst	Southend	11.3	
4	Emma Christmas	Hav M	11.6	
<b>150m Junior Women</b>				
1	Jennifer Szantai	Hav M	20.9	
2	Lauren Longhurst	Chelmsford	20.9	
3	Emma Christmas	Hav M	21.4	
<b>300m Junior Women</b>				
1	Sara Luck	Hav M	45.1	
2	Jenny Szantai	Hav M	45.2	
3	Lauren Longhurst	Chelmsford	46.5	
<b>80m Under17 Women</b>				
1	Lyndsey North	Chelmsford	10.8	
<b>150m under17 Women</b>				
1	Lucy Sargent	Hav M	18.3	
2	Lyndsey North	Chelmsford	20.1	
<b>600m Under 17 women</b>				
1	Lauren Clark	Hav M	01:41.5	
<b>1200m Girls Under 17</b>				
1	Jade Edwards	Hav M	04:11.4	

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<b>80m Under15 Girls</b>				
1	Frankie Calder	Hav M	10.9	
2	Lilla Jacks	Hav M	11.4	
3	Hannah Besford	Chelmsford	11.6	
4	Sally Hoyle	Chelmsford	11.7	
<b>150m under15 girls</b>				
1	Frankie Calder	Hav M	20.4	
2	Rachel Haley	Chelmsford	21.5	
3	Hannah Besford	Chelmsford	21.9	
4	Rachel Kerr	Hav M	22.0	
5	Lilla Jacks	Hav M	22.1	
6	Sally Hoyle	Chelmsford	22.4	
<b>300m under 15 girls</b>				
1	Emily-Jade Girvan	Unattached	46.3	
2	Rachel Haley	Chelmsford	46.6	
3	Louisa Wood	Hav M	47.0	
4	Laura Townsend	Ilford	47.5	
5	Rachel Kerr	Hav M	47.5	
6	Rebecca Luck	Hav M	52.6	
<b>600m under 15 Girls</b>				
1	Kathrine Foy	N & EB	01:50.2	
2	Georgie-Lou Sales	Hav M	01:59.8	
<b>1200m Girls Under 13/15/17</b>				
1	Emma Fox	Hav M	04:15.1	
2	Rebecca Luck	Hav M	04:34.1	
3	Jennifer Holland	Hav M	04:34.2	
<b>80m u13 Girls Race 1</b>				
1	Rebecca Clements	Hav M	11.4	
2	Alexandra Edwards	Hav M	11.6	
3	Georgia Atkins	Southend	12.1	
4	Lucy Moore	Southend	12.3	
5	Samantha Hill	Hav M	12.6	
6				

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<b>80m u13 Girls race 2</b>				
1	Chloe Longhurst	Southend	11.5	
2	Jade Baxter	Hav M	12.8	
3	Kate Hanshaw	Hav M	13.4	
4	Jessica Seekings	Hav M	13.7	
5				
<b>150m u13 girls heat 1</b>				
1	Chloe Longhurst	Southend	21.8	
2	Rebecca Clements	Hav M	21.9	
3	Georgia Atkins	Southend	23.4	
4	Samantha Hill	Hav M	24.1	
5	Jade Baxter	Hav M	25.2	
6	Taylor Atkins	Basildon	26.5	
<b>150m u13 girls heat 2</b>				
1	Alexandra Edwards	Hav M	21.8	
2	Lucy Moore	Southend	23.6	
3	Chloe Jackson	Hav M	24.4	
4	Kate Hanshaw	Hav M	25.6	
5	Jessica Seekings	Hav M	25.8	
<b>600m under 13 Girls</b>				
1	Emma McAuliffe	Hav M	02:00.3	
2	Chloe Jackson	Hav M	02:02.4	
3	Eleanor Bounds	Hav M	02:02.4	
4	Taylor Atkins	Basildon	02:23.4	
<b>1200m Under 13 Girls</b>				
1	Sidnie Sales	Hav M	04:31.7	u13
<b>80m Under 11 Girls</b>				
1	Deborah Knight	Unattached	12.7	
2	Olivia Moore	Southend	12.8	
3	Kate Heptinstall	Ardleigh Green Jnr Sch	14.6	
4	Rebecca Murphy	Hav M	14.9	
5	Molly Pendley	Hav M	15.1	
6	Laura Drew	Hav M	15.2	

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<b>150m under 11 girls</b>				
1	Olivia Moore	Southend	24.8	
2	Jade Lewis	Hav M	27.2	
3	Kate Heptinstall	Ardleigh Green Jnr Sch	28.3	
4	Rebecca Murphy	Hav M	30.2	
5	Laura Drew	Hav M	30.7	
6	Molly Pendley	Hav M	31.8	
<b>600m under 11 Girls</b>				
1	Shannon Sullivan	Hav M	02:14.5	
2	Hannah Bloy	Hav M	02:17.1	
3	Jade Lewis	Hav M	02:18.6	
4	Deborah Knight	Unattached	02:29.8	
5	Rebecca Murphy	Hav M	02:34.6	
6	Laura Drew	Hav M	02:37.0	
7	Molly Pendley	Hav M	02:47.0	