

HMAC Male Rankings as at 09/10/2006

Age Group	Event	Name	Performance	Date	Meeting	Venue
U13	75	Frederick Mokoso	10.9	22-Apr-06	Woodford Open	Woodford
U13	80	Ben Western	11.2	19-Mar-06	Spring Warm up 1	Hornchurch
U13	80	Charlie Smith	11.5	19-Mar-06	Spring Warm up 1	Hornchurch
U13	100	Charlie Smith	12.7	23-Jul-06	NYAL Rd 5	Tonbridge
U13	100	Ben Western	13.4	04-Jun-06	NYAL Rd 3	Bromley
U13	100	Rhys Stevenson	13.6	20-Aug-06	EYAL Rd 5	Thurrock
U13	100	Harry Picking	14.0	04-Jun-06	NYAL Rd 3	Bromley
U13	100	Frederick Mokoso	14.2	18-Jun-06	EYAL Rd 2	St Ives
U13	100	Ryan Blake	14.3	20-Aug-06	EYAL Rd 5	Thurrock
U13	100	Daniel Wood	14.8	20-Aug-06	EYAL Rd 5	Thurrock
U13	100	Conor Mullen	14.9	09-Apr-06	Spring Warm up 2	Barking
U13	150	Charlie Smith	19.5	19-Mar-06	Spring Warm up 1	Hornchurch
U13	150	Ben Western	20.9	19-Mar-06	Spring Warm up 1	Hornchurch
U13	200	Charlie Smith	26.4	23-Jul-06	NYAL Rd 5	Tonbridge
U13	200	Rhys Stevenson	27.01	10-Sep-06	EYAL Final	Bedford
U13	200	Ben Western	28.1	18-Jun-06	EYAL Rd 2	St Ives
U13	200	Harry Picking	28.5	04-Jun-06	NYAL Rd 3	Bromley
U13	200	Frederick Mokoso	29.0	18-Jun-06	EYAL Rd 2	St Ives
U13	200	Daniel Wood	30.3	30-Jul-06	EYAL Rd 4	Braintree
U13	200	Conor Mullen	31.2	07-May-06	EYAL Rd 1	St Albans
U13	200	Ryan O'Mahoney	31.8	25-Jun-06	NYAL Rd 4	Barking
U13	200	Andrew Kerr	34.3	09-Apr-06	Spring Warm up 2	Barking
U13	800	Tyler Bennett	2:26.9	21-May-06	NYAL Rd 2	Croydon
U13	800	Ryan O'Mahoney	2:27.6	23-Jul-06	NYAL Rd 5	Tonbridge
U13	800	Matthew Chine	2:39.8	09-Apr-06	Spring Warm up 2	Barking
U13	800	Luke Overton	2:43.4	20-Aug-06	EYAL Rd 5	Thurrock
U13	800	Thomas Davies	2:52.7	07-May-06	EYAL Rd 1	St Albans
U13	800	Jake Nelson	2:53.7	30-Apr-06	NYAL Rd 1	Reading
U13	800	L Winter	3:10.8	30-Jul-06	EYAL Rd 4	Braintree
U13	800	Andrew Holland	3:13.9	30-Jul-06	EYAL Rd 4	Braintree
U13	1200	Jake Nelson	4:18.9	19-Mar-06	Spring Warm up 1	Hornchurch
U13	1500	Charlie Hazelwood	5:02.1	23-Jul-06	NYAL Rd 5	Tonbridge
U13	1500	Jake Nelson	5:20.3	23-Jul-06	NYAL Rd 5	Tonbridge
U13	1500	Jonathan Seekings	5:26.9	18-Jun-06	EYAL Rd 2	St Ives
U13	1500	Ryan O'Mahoney	5:37.62	01-May-06	Essex Champs Day 1	Ilford
U13	1500	Andrew Holland	6:20.9	20-Aug-06	EYAL Rd 5	Thurrock
U13	75H	Frederick Mokoso	13.7	23-Jul-06	NYAL Rd 5	Tonbridge
U13	75H	Jake Nelson	14.6	10-Sep-06	EYAL Final	Bedford
U13	75H	Jonathan Seekings	15.5	25-Jun-06	NYAL Rd 4	Barking
U13	75H	Charlie Hazlewood	15.9	30-Apr-06	NYAL Rd 1	Reading
U13	75H	Conor Mullen	16.8	07-May-06	EYAL Rd 1	St Albans
U13	75H	Andrew Kerr	17.0	25-Jun-06	NYAL Rd 4	Barking
U13	HJ	Jake Nelson	1.41	23-Jul-06	NYAL Rd 5	Tonbridge
U13	HJ	Andrew Kerr	1.30	07-May-06	EYAL Rd 1	St Albans
U13	HJ	Ben Western	1.25	01-May-06	Essex Champs Day 1	Ilford
U13	HJ	Charlie Hazelwood	1.20	25-Jun-06	NYAL Rd 4	Barking
U13	HJ	Ryan O'Mahoney	1.10	2-Jul-06	EYAL Rd 3	Bedford
U13	HJ	Luke Overton	1.10	20-Aug-06	EYAL Rd 5	Thurrock
U13	LJ	Ben Western	4.60	21-May-06	NYAL Rd 2	Croydon
U13	LJ	Rhys Stevenson	4.57	10-Sep-06	EYAL Final	Bedford
U13	LJ	Frederick Mokoso	4.19	23-Jul-06	NYAL Rd 5	Tonbridge
U13	LJ	Ryan Blake	4.11	25-Jun-06	NYAL Rd 4	Barking
U13	LJ	Charlie Hazlewood	3.91	23-Jul-06	NYAL Rd 5	Tonbridge
U13	LJ	Tyler Bennett	3.80	30-Jul-06	EYAL Rd 4	Braintree
U13	LJ	Andrew Kerr	3.56	2-Jul-06	EYAL Rd 3	Bedford
U13	LJ	Adam Edwards	3.10	30-Apr-06	NYAL Rd 1	Reading
U13	LJ	Andrew Holland	2.35	30-Jul-06	EYAL Rd 4	Braintree
U13	SPC	Jake Nelson	7.08	20-Aug-06	EYAL Rd 5	Thurrock
U13	SPC	Andrew Kerr	6.77	30-Jul-06	EYAL Rd 4	Braintree
U13	SPC	Ryan Wood	6.49	23-Jul-06	NYAL Rd 5	Tonbridge
U13	SPC	Luke Overton	5.39	20-Aug-06	EYAL Rd 5	Thurrock
U13	SPC	Andrew Holland	3.19	30-Jul-06	EYAL Rd 4	Braintree
U13	DTC	Tyler Bennett	21.91	10-Sep-06	EYAL Final	Bedford
U13	DTC	Jonathan Seekings	17.04	20-Aug-06	EYAL Rd 5	Thurrock
U13	DTC	Andrew Kerr	12.60	02-Aug-06	Thurrock Open	Thurrock