

HMAC Male Summer 2010 Rankings as at 03/09/2010

Age Group	Event	Name	Performance	Date	Meeting	Venue
U13M	60	Alex Hewitt	8.7i	28-Feb-10	Lee Valley Minithon	Lee Valley
U13M	60	Hewitt	8.72	6-Feb-10	Essex Indoor Champs	Lee Valley
U13M	80	Alex Hewitt	11.4	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	80	Robert Woodgate	12.0	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	80	Ryan Green	12.2	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	80	Sam Dell	12.4	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	80	Marcus Turner	12.5	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	80	John Nelson	14.2	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	100	Alexander Hewitt	13.0	15-Aug-10	EYAL Round 5	Colchester
U13M	100	Hewitt	13.29w	1-Aug-10	N YAL Southern Final	Hendon
U13M	100	Hewitt	14.33	3-Apr-10	Chelmsford Open	Chelmsford
U13M	100	Ryan Green	14.3	27-Jun-10	EYAL Rd 3	St Albans
U13M	100	Green	14.56	1-Aug-10	N YAL Southern Final	Hendon
U13M	100	Liam Norman	14.6	20-Jun-10	NYAL Round 3	Battersea
U13M	100	Robert Woodgate	14.8	15-Aug-10	EYAL Round 5	Colchester
U13M	100	Sam Dell	15.0	16-May-10	NYAL Round 2	Eltham
U13M	100	Sam Chapman	15.5	25-Apr-10	EYAL Round 1	Bury St Edmunds
U13M	100	Chapman	15.91w	2-May-10	NYAL Round 1	Lee Valley
U13M	100	Zach Jackson	16.0	6-Jun-10	EYAL Round 2	Luton
U13M	100	Ryan Crane	18.5	6-Jun-10	EYAL Round 2	Luton
U13M	150	Alex Hewitt	21.2	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	150	Ryan Green	22.5	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	150	Robert Woodgate	22.8	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	150	Sam Dell	23.6	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	150	Oliver Heazel	23.8	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	150	Marcus Turner	24.3	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	150	Ryan Crane	27.9	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	200	Alexander Hewitt	27.0	18-Jul-10	NYAL Round 4	St Albans
U13M	200	Hewitt	27.60w	12-Jun-10	Essex Schools Champs	Chelmsford
U13M	200	Hewitt	27.83	1-Aug-10	N YAL Southern Final	Hendon
U13M	200	Ryan Green	28.2	18-Jul-10	NYAL Round 4	St Albans
U13M	200	Green	29.38w	2-May-10	NYAL Round 1	Lee Valley
U13M	200	Green	29.45	1-Aug-10	N YAL Southern Final	Hendon
U13M	200	Benjamin Ellis	29.9	11-Jul-10	EYAL Round 4	Braintree
U13M	200	Liam Norman	30.5	6-Jun-10	EYAL Round 2	Luton
U13M	200	Thomas Pitkin	30.5	11-Jul-10	EYAL Round 4	Braintree
U13M	200	Sam Hurley	31.3	15-Aug-10	EYAL Round 5	Colchester
U13M	200	Robert Woodgate	32.0	11-Apr-10	HMAC Spring Open #2	Mayesbrook
U13M	200	Sam Chapman	33.5	25-Apr-10	EYAL Round 1	Bury St Edmunds
U13M	200	Ryan Crane	39.3	11-Apr-10	HMAC Spring Open #2	Mayesbrook
U13M	300	Sam Dell	50.7	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	300	Oliver Heazel	52.0	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	600	Ryan Green	1:51.8	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	600	Sean Wilson	1:58.0	28-Mar-10	HMAC Spring Open #1	Hornchurch
U13M	800	Sean Wilson	2:30.26	8-May-10	Essex Champs Day 2	Chelmsford
U13M	800	Thomas Pitkin	2:34.41	1-Aug-10	N YAL Southern Final	Hendon
U13M	800	Ryan Green	2:39.02	2-May-10	NYAL Round 1	Lee Valley
U13M	800	Fraser Scott	2:40.50	12-Jun-10	Essex Schools Champs	Chelmsford
U13M	800	Robert Woodgate	2:42.5	20-Jun-10	NYAL Round 3	Battersea
U13M	800	Benjamin Ellis	2:44.4	11-Jul-10	EYAL Round 4	Braintree
U13M	800	Sam Hurley	2:44.6	27-Jun-10	EYAL Rd 3	St Albans
U13M	800	William Hart	2:48.0	6-Jun-10	EYAL Round 2	Luton
U13M	800	Hart	2:54.70	2-May-10	NYAL Round 1	Lee Valley
U13M	800	Sam Chapman	2:52.4	11-Jul-10	EYAL Round 4	Braintree
U13M	800	Finlay Miles	2:56.9	25-Apr-10	EYAL Round 1	Bury St Edmunds
U13M	800	James Traylen	3:10.3	11-Jul-10	EYAL Round 4	Braintree
U13M	1500	Fraser Scott	5:06.0	20-Jun-10	NYAL Round 3	Battersea
U13M	1500	Scott	5:28.82	3-May-10	Essex Champs Day 1	Thurrock
U13M	1500	Sean Wilson	5:07.6	27-Jun-10	EYAL Rd 3	St Albans
U13M	1500	Wilson	5:25.94	3-May-10	Essex Champs Day 1	Thurrock
U13M	1500	Robert Woodgate	5:21.6	18-Jul-10	NYAL Round 4	St Albans
U13M	1500	Woodgate	5:45.72	2-May-10	NYAL Round 1	Lee Valley
U13M	1500	Thomas Pitkin	5:23.2	16-May-10	NYAL Round 2	Eltham
U13M	1500	Sam Dell	5:35.6	6-Jun-10	EYAL Round 2	Luton
U13M	1500	Dell	6:09.59	2-May-10	NYAL Round 1	Lee Valley
U13M	1500	William Hart	5:44.6	11-Jul-10	EYAL Rd 4	Braintree
U13M	1500	Hart	5:48.27	1-Aug-10	N YAL Southern Final	Hendon
U13M	75HU13M	Thomas Pitkin	14.2	18-Jul-10	NYAL Round 4	St Albans
U13M	75HU13M	Pitkin	14.53	1-Aug-10	N YAL Southern Final	Hendon
U13M	75HU13M	Sam Dell	15.2	16-May-10	NYAL Round 2	Eltham
U13M	75HU13M	Dell	16.00w	2-May-10	NYAL Round 1	Lee Valley
U13M	75HU13M	Sam Chapman	16.3	15-Aug-10	EYAL Round 5	Colchester
U13M	75HU13M	John Nelson	18.70w	2-May-10	NYAL Round 1	Lee Valley
U13M	75HU13M	Nelson	18.98	1-Aug-10	N YAL Southern Final	Hendon
U13M	75HU13M	Sean Wilson	19.1	20-Jun-10	NYAL Round 3	Battersea
U13M	75HU13M	Robert Woodgate	19.2	16-May-10	NYAL Round 2	Eltham
U13M	HJ	Sean Wilson	1.45	11-Jul-10	EYAL Rd 4	Braintree
U13M	HJ	Nick Wade	1.20	6-Jun-10	EYAL Round 2	Luton
U13M	HJ	Sam Chapman	1.10	15-Aug-10	EYAL Round 5	Colchester
U13M	LJ	Robert Woodgate	4.27	15-Aug-10	EYAL Round 5	Colchester
U13M	LJ	Ryan Green	4.21	18-Jul-10	NYAL Round 3	St Albans
U13M	LJ	Thomas Pitkin	3.91	20-Jun-10	NYAL Round 3	Battersea
U13M	LJ	Fraser Scott	3.81	11-Jul-10	EYAL Rd 4	Braintree
U13M	LJ	Sam Chapman	3.70	16-May-10	NYAL Round 2	Eltham
U13M	LJ	Harry Copping	3.56	16-May-10	NYAL Round 2	Eltham
U13M	LJ	John Nelson	3.09	6-Jun-10	EYAL Round 2	Luton
U13M	LJ	Zach Jackson	2.75	25-Apr-10	EYAL Round 1	Bury St Edmunds
U13M	DTU13M	Zach Jackson	16.19	6-Jun-10	EYAL Round 2	Luton
U13M	DTU13M	John Nelson	12.07	11-Jul-10	EYAL Rd 4	Braintree
U13M	JTU13M	John Nelson	17.29	30-Aug-10	Southend Open	Southend
U13M	SPU13M	John Nelson	6.19	30-Aug-10	Southend Open	Southend
U13M	SPU13M	Zach Jackson	6.16	11-Jul-10	EYAL Rd 4	Braintree
U13M	SPU13M	Alex Hewitt	5.58	27-Jun-10	EYAL Rd 3	St Albans
U13M	SPU13M	James Traylen	4.52	11-Jul-10	EYAL Rd 4	Braintree
U13M	SPU13M	William Hart	4.13	2-May-10	NYAL Round 1	Lee Valley