

HMAc Male Summer 2010 Rankings as at 03/10/2010

Age Group	Event	Name	Performance	Date	Meeting	Venue
U15M	60	Alex Law	7.8i	13-Mar-10	Chelmsford Minithon	Chelmsford
U15M	60	Law	7.99i	17-Jan-10	SEAA Indoor Champs	Lee Valley
U15M	60	Harvey Ransome	8.29i	6-Feb-10	Essex Indoor Champs	Lee Valley
U15M	80	Jack Downes	10.9	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	80	Oliver Garwandoe	11.3	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	80	Chris Gell	12.2	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	100	Reece Mathurin	12.12	1-Aug-10	N YAL Southern Final	Hendon
U15M	100	Alex Law	12.4	19-Sep-10	Watford Open	Watford
U15M	100	Law	12.71	30-May-10	SEAA U15 & U17 Champs	Ashford
U15M	100	Karl Tucker	12.67	1-Aug-10	N YAL Southern Final	Hendon
U15M	100	Ade Idowu	12.9	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	100	Idowu	14.22w	2-May-10	NYAL Round 1	Lee Valley
U15M	100	Alex Habbershaw	12.9	27-Jun-10	EYAL Rd 3	St Albans
U15M	100	Billy Bilton	13.0	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	100	Nathan Jackson	13.0	16-May-10	NYAL Round 2	Eltham
U15M	100	Oliver Garwandoe	13.2	27-Jun-10	EYAL Rd 3	St Albans
U15M	100	Liam Norman	13.7	26-Sep-10	Biggleswade Open	Sandy
U15M	100	Jack Downes	13.8	20-Jun-10	NYAL Round 3	Battersea
U15M	100	Chris Gell	14.6	6-Jun-10	EYAL Round 2	Luton
U15M	100	Joshua Norman	14.6	11-Jul-10	EYAL Round 4	Braintree
U15M	100	Theo Atkins	15.7	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	100	Thomas Howard	16.4	6-Jun-10	EYAL Round 2	Luton
U15M	150	Alex Law	19.3	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	150	Billy Bilton	19.4	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	150	Alex Habbershaw	20.1	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	150	Jack Downes	20.4	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	150	Oliver Garwandoe	21.1	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	150	Lewis Middleton	22.6	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	150	Chris Gell	23.1	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	200	Alex Law	24.2	15-Aug-10	EYAL Round 5	Colchester
U15M	200	Law	25.10	3-May-10	Essex Champs Day 1	Thurrock
U15M	200	Reece Mathurin	24.6	15-Aug-10	EYAL Round 5	Colchester
U15M	200	Mathurin	25.54	1-Aug-10	N YAL Southern Final	Hendon
U15M	200	Billy Bilton	25.5	27-Jun-10	EYAL Rd 3	St Albans
U15M	200	Bilton	26.26	1-Aug-10	N YAL Southern Final	Hendon
U15M	200	Karl Tucker	25.8	18-Jul-10	NYAL Round 4	St Albans
U15M	200	Ade Idowu	26.4	11-Jul-10	EYAL Round 4	Braintree
U15M	200	Oliver Garwandoe	26.41w	2-May-10	NYAL Round 1	Lee Valley
U15M	200	Garwandoe	27.1	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	200	Garwandoe	28.17	29-May-10	SEAA U15 & U17 Champs	Ashford
U15M	200	Nathan Jackson	26.5	11-Apr-10	HMAc Spring Open #2	Mayesbrook
U15M	200	Finbar Smyth	27.4	27-Jun-10	EYAL Rd 3	St Albans
U15M	200	Lewis Middleton	30.54w	2-May-10	NYAL Round 1	Lee Valley
U15M	200	Daniel Baldwin	32.7	11-Jul-10	EYAL Round 4	Braintree
U15M	400	Billy Bilton	55.5	7-Jul-10	Havering Schools Districts	Hornchurch
U15M	400	Nathan Jackson	58.1	20-Jun-10	NYAL Round 3	Battersea
U15M	400	Jackson	62.82	3-May-10	Essex Champs Day 1	Thurrock
U15M	400	Nick Duffey	58.74	1-Aug-10	N YAL Southern Final	Hendon
U15M	400	Finbar Smyth	58.9	27-Jun-10	EYAL Rd 3	St Albans
U15M	400	Smyth	60.09	1-Aug-10	N YAL Southern Final	Hendon
U15M	400	Ben Thompson	62.4	6-Jun-10	EYAL Round 2	Luton
U15M	400	Oliver Garwandoe	64.6	12-Sep-10	EYAL Top 6 Final	Stevenage
U15M	400	Alex Habbershaw	65.5	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	400	Andrew Holland	71.7	15-Aug-10	EYAL Round 5	Colchester
U15M	400	Lewis Middleton	72.3	11-Apr-10	HMAc Spring Open #2	Mayesbrook
U15M	600	Jordan Fox	1:49.2	28-Mar-10	HMAc Spring Open #1	Hornchurch
U15M	800	Nick Duffey	2:15.8	18-Jul-10	NYAL Round 4	St Albans
U15M	800	Edward Thompson	2:22.1	18-Jul-10	NYAL Round 4	St Albans
U15M	800	Thompson	2:24.30	1-Aug-10	N YAL Southern Final	Hendon
U15M	800	Alex Law	2:27.7	19-May-10	Essex Schools CE	Chelmsford
U15M	800	Law	2:28.02	25-Jul-10	SEAA Combined Events	Hendon
U15M	800	Andrew Holland	2:31.04	1-Aug-10	N YAL Southern Final	Hendon
U15M	800	Adam Hill	2:31.2	11-Jul-10	EYAL Round 4	Braintree
U15M	800	Hill	2:33.43	8-May-10	Essex Champs Day 2	Chelmsford
U15M	800	Nick Shade	2:33.35	2-May-10	NYAL Round 1	Lee Valley
U15M	800	Finbar Smyth	2:35.0	6-Jun-10	EYAL Round 2	Luton
U15M	800	George Dixon	2:35.45i	7-Feb-10	Essex Indoor Champs	Lee Valley
U15M	800	Dixon	2:35.5	20-Jun-10	NYAL Round 3	Battersea
U15M	800	Jordan Fox	2:37.75	2-May-10	NYAL Round 1	Lee Valley
U15M	800	Oliver Garwandoe	2:41.7	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	800	Karl Tucker	2:44.5	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	800	Lewis Middleton	2:53.6	16-May-10	NYAL Round 2	Eltham
U15M	1500	Nick Shade	4:42.3	11-Jul-10	EYAL Round 4	Braintree
U15M	1500	Shade	4:59.47	3-May-10	Essex Champs Day 1	Thurrock
U15M	1500	Nick Duffey	4:55.8	16-May-10	NYAL Round 2	Eltham
U15M	1500	Duffey	5:02.97	2-May-10	NYAL Round 1	Lee Valley
U15M	1500	Adam Hill	4:55.9	18-Jul-10	NYAL Round 4	St Albans
U15M	1500	Andrew Holland	5:05.0	11-Jul-10	EYAL Rd 4	Braintree
U15M	1500	Alex Wade	5:09.9	27-Jun-10	EYAL Rd 3	St Albans
U15M	1500	Edward Thompson	5:12.1	11-Jul-10	EYAL Round 4	Braintree
U15M	1500	George Dixon	5:22.26	2-May-10	NYAL Round 1	Lee Valley
U15M	1500	Theo Atkins	5:53.4	25-Apr-10	EYAL Round 1	Bury St Edmunds

HMAC Male Summer 2010 Rankings as at 03/10/2010

Age Group	Event	Name	Performance	Date	Meeting	Venue
U15M	3000	Nick Shade	10:29.98	9-May-10	Essex Champs Day 3	Chelmsford
U15M	3000	Andrew Holland	11:12.15	9-May-10	Essex Champs Day 3	Chelmsford
U15M	60HU15M	Alex Law	9.6i	13-Mar-10	Chelmsford Minithon	Chelmsford
U15M	60HU15M	Law	9.81i	16-Jan-10	SEAA Indoor Champs	Lee Valley
U15M	60HU15M	Billy Bilton	9.68i	7-Feb-10	Essex Indoor Champs	Lee Valley
U15M	80HU15M	Karl Tucker	12.2	18-Jul-10	NYAL Round 4	St Albans
U15M	80HU15M	Tucker	12.38w	17-Jul-10	Eastern Champs	Cambridge
U15M	80HU15M	Tucker	12.64	12-Jun-10	Essex Schools Champs	Chelmsford
U15M	80HU15M	Alex Habbershaw	12.62	1-Aug-10	N YAL Southern Final	Hendon
U15M	80HU15M	Billy Bilton	12.78	8-May-10	Essex Champs Day 2	Chelmsford
U15M	80HU15M	Alex Law	12.5	12-Sep-10	EYAL Top 6 Final	Stevenage
U15M	80HU15M	Law	12.86w	25-Jul-10	SEAA Combined Events	Hendon
U15M	80HU15M	Law	12.87	8-May-10	Essex Champs Day 2	Chelmsford
U15M	80HU15M	Oliver Garwandoe	14.26	29-May-10	SEAA U15 & U17 Champs	Ashford
U15M	80HU15M	John Deeble	15.3	6-Jun-10	EYAL Round 2	Luton
U15M	80HU15M	Edward Thompson	17.1	11-Jul-10	EYAL Round 4	Braintree
U15M	80HU15M	Theo Atkins	17.3	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	80HU15M	Chris Gell	17.6	11-Apr-10	HMAC Spring Open #2	Mayesbrook
U15M	HJ	Karl Tucker	1.60	4-Jul-10	London Youth Games	Crystal Palace
U15M	HJ	Jack Downes	1.55	20-Jun-10	NYAL Round 3	Battersea
U15M	HJ	Oliver Garwandoe	1.51	12-Jun-10	Essex Scholls Champs	Chelmsford
U15M	HJ	Finbar Smyth	1.50	11-Jul-10	EYAL Round 4	Braintree
U15M	HJ	Jack Downes	1.45	27-Jun-10	EYAL Rd 3	St Albans
U15M	HJ	Alex Law	1.40	25-Jul-10	SEAA Combined Events	Hendon
U15M	HJ	Nick Shade	1.35	27-Jun-10	EYAL Rd 3	St Albans
U15M	HJ	Ade Idowu	1.30	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	HJ	Jordan Fox	1.30	2-May-10	NYAL Round 1	Lee Valley
U15M	LJ	Alex Law	5.89	12-Sep-10	EYAL Top 6 Final	Stevenage
U15M	LJ	Alex Habbershaw	5.27	27-Jun-10	EYAL Rd 3	St Albans
U15M	LJ	Karl Tucker	4.93	19-May-10	Essex Schools CE	Chelmsford
U15M	LJ	Jack Downes	4.90	27-Jun-10	EYAL Rd 3	St Albans
U15M	LJ	Ade Idowu	4.77	6-Jun-10	EYAL Round 2	Luton
U15M	LJ	Billy Bilton	4.52	28-Mar-10	HMAC Spring Open #1	Hornchurch
U15M	LJ	Oliver Garwandoe	4.49	28-Mar-10	HMAC Spring Open #1	Hornchurch
U15M	LJ	Lewis Middleton	4.33	15-Aug-10	EYAL Round 5	Colchester
U15M	LJ	Chris Gell	3.84	28-Mar-10	HMAC Spring Open #1	Hornchurch
U15M	LJ	Daniel Baldwin	3.68	11-Jul-10	EYAL Rd 4	Braintree
U15M	TJ	Alex Law	12.18	19-Sep-10	Watford Open	Watford
U15M	TJ	Karl Tucker	10.23	17-Jul-10	Eastern Champs	Cambridge
U15M	PV	Oliver Garwandoe	2.80	27-Jun-10	EYAL Rd 3	St Albans
U15M	PV	Nathan Jackson	2.40	11-Jul-10	EYAL Round 4	Braintree
U15M	PV	Nick Shade	2.00	11-Jul-10	EYAL Round 4	Braintree
U15M	PV	Alex Habbershaw	1.70	20-Jun-10	NYAL Round 3	Battersea
U15M	HTU15M	Ben Thompson	24.87	12-Sep-10	EYAL Top 6 Final	Stevenage
U15M	HTU15M	Nick Duffey	23.13	18-Jul-10	NYAL Round 4	St Albans
U15M	HTU15M	Thomas Howard	20.19	16-May-10	NYAL Round 2	Eltham
U15M	HTU15M	Nathan Jackson	14.75	20-Jun-10	NYAL Round 3	Battersea
U15M	HTU15M	Reece Mathurin	10.51	18-Jul-10	NYAL Round 4	St Albans
U15M	HTU15M	Nick Shade	10.19	2-May-10	NYAL Round 1	Lee Valley
U15M	DTU15M	Ben Thompson	36.43	20-Jun-10	NYAL Round 3	Battersea
U15M	DTU15M	Alex Law	28.55	3-May-10	Essex Champs Day 1	Thurrock
U15M	DTU15M	Nick Duffey	27.42	1-Aug-10	N YAL Southern Final	Hendon
U15M	DTU15M	Thomas Howard	24.46	11-Jul-10	EYAL Round 4	Braintree
U15M	DTU15M	Dan Bristow	23.11	12-Sep-10	EYAL Top 6 Final	Stevenage
U15M	DTU15M	Ade Idowu	16.61	11-Jul-10	EYAL Round 4	Braintree
U15M	JTU15M	Billy Bilton	38.67	12-Jun-10	Essex Schools Champs	Chelmsford
U15M	JTU15M	Alex Law	32.25	20-Jun-10	NYAL Round 3	Battersea
U15M	JTU15M	Dan Bristow	30.05	27-Jun-10	EYAL Rd 3	St Albans
U15M	JTU15M	Oliver Garwandoe	21.32	11-Apr-10	HMAC Spring Open #2	Mayesbrook
U15M	JTU15M	Finbar Smyth	20.99	18-Jul-10	NYAL Round 4	St Albans
U15M	JTU15M	Edward Thompson	17.73	27-Jun-10	EYAL Rd 3	St Albans
U15M	JTU15M	Thomas Howard	16.29	16-May-10	NYAL Round 2	Eltham
U15M	JTU15M	Lewis Middleton	14.09	12-Sep-10	EYAL Top 6 Final	Stevenage
U15M	JTU15M	Alex Habbershaw	10.82	15-Aug-10	EYAL Round 5	Colchester
U15M	JTU15M	Reece Mathurin	6.38	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	SPU15M	Ben Thompson	10.89	16-May-10	NYAL Round 2	Eltham
U15M	SPU15M	Dan Bristow	9.69	12-Sep-10	EYAL Top 6 Final	Stevenage
U15M	SPU15M	Alex Law	9.31	25-Jul-10	SEAA Combined Events	Hendon
U15M	SPU15M	Billy Bilton	9.09	2-May-10	NYAL Round 1	Lee Valley
U15M	SPU15M	John Deeble	9.08	6-Jun-10	EYAL Round 2	Luton
U15M	SPU15M	Alex Habbershaw	8.80	2-May-10	NYAL Round 1	Lee Valley
U15M	SPU15M	Oliver Garwandoe	8.12	18-Jul-10	NYAL Round 4	St Albans
U15M	SPU15M	Nathan Jackson	8.02	11-Jul-10	EYAL Round 4	Braintree
U15M	SPU15M	Nick Duffey	7.55	15-Aug-10	EYAL Round 5	Colchester
U15M	SPU15M	Finbar Smyth	6.80	20-Jun-10	NYAL Round 3	Battersea
U15M	SPU15M	Karl Tucker	6.77	19-May-10	Essex Schools CE	Chelmsford
U15M	SPU15M	Thomas Howard	6.48	25-Apr-10	EYAL Round 1	Bury St Edmunds
U15M	SPU15M	Edward Thompson	5.83	11-Jul-10	EYAL Round 4	Braintree
U15M	PenU15M	Alex Law	2284	25-Jul-10	SEAA Combined Events	Hendon
U15M	PenU15M	Karl Tucker	1798	19-May-10	Essex Schools CE	Chelmsford