

## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17W	60	Modupe Shokunbi	7.80i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U17W	60	Michelle Hughes	7.89i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U20W	60	Mercy Gutteridge	8.30i		9-Feb-14	Essex & Eastern Champs	Lee Valley
U17W	60	Louise Lear	8.69i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60	Holly Nash	8.75i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60	Hollie King	9.0i		16-Mar-14	EAN Indoor Open	Chelmsford
U15W	60	H.King	9.23i		11-Jan-14	Lee Valley U13-U15 Open	Lee Valley
U13G	60	Charlotte Fransham	9.36i		11-Jan-14	Lee Valley U13-U15 Open	Lee Valley
U13G	75	Jade Kavanagh	10.6	AT U13G =8th	19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U13G	75	Ella King	11.0		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	75	King	11.01		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	75	Grace Newson	11.0		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U13G	75	Charlotte Fransham	11.2		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U13G	75	Mia Skipper	11.36		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	75	Elize Bonning	11.4		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U13G	75	Chloe Morter	11.5		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	75	Morter	11.76		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	75	Rosie Brown	11.6		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	75	Charlotte Wright	12.1		3-May-14	YDL Lower U13-U15	Bournemouth
U13G	75	Adelaide Thatcher-Gray	12.7		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U13G	75	A.Thatcher-Gray	12.72		31-May-14	YDL Lower U13-U15 R2	Croydon
U17W	100	Modupe Shokunbi	11.78w	AT U17W w/a	30-Aug-14	EA U17 Champs	Bedford
U17W	100	M.Shokunbi	11.97	AT U17W 2nd	11-Jul-14	English Schools Champs	Birmingham
U20W	100	Tayla Humm	12.4	AT U20W =9th	12-Jul-14	SAL R4	Basingstoke
U20W	100	Humm	12.44w		29-Jun-14	YDL Upper U17-U20 R3	Eltham
U20W	100	Humm	12.49		13-Jul-14	Southern Senior Inter Cos	Mile End
U15W	100	Abigail Shipton	13.06		07-Jun-14	Essex Schools Champs	Chelmsford
U17W	100	Michelle Hughes	13.2		19-Apr-14	SAL R1	Norwich
U17W	100	Mi.Hughes	13.60		5-Apr-14	Alpha Trophy	Lee Valley
SW	100	Zoe Young	13.2		12-Jul-14	SAL R4	Basingstoke
SW	100	Young	13.67		10-May-14	UKWAL R1	Cardiff
U17W	100	Tolu Akingbade	13.2		13-Jul-14	EYAL R4	Cambridge
U20W	100	Mercy Gutteridge	13.4		30-Mar-14	Havering Open	Hornchurch
U15W	100	Holly Nash	13.4		13-Jul-14	EYAL R4	Cambridge
U15W	100	H.Nash	13.82		31-May-14	YDL Lower U13-U15 R2	Croydon
U17W	100	Lucinda Bailey	13.5		30-Mar-14	Havering Open	Hornchurch
U15W	100	Isobel McDonach	13.5		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	100	McDonach	13.81		31-May-14	YDL Lower U13-U15 R2	Croydon
U17W	100	Louise Lear	13.57w		29-Jun-14	YDL Upper U17-U20 R3	Eltham
U17W	100	Lear	13.9		01-Jun-14	YDL Upper U17-U20 R2	Sandy
U13G	100	Caitlin Saggars	13.6	AT U13G =9th	13-Jul-14	EYAL R4	Cambridge
U13G	100	Saggars	14.20		16-Aug-14	Newham Open	Newham
U20W	100	Nina Olatunbosun	13.66w		29-Jun-14	YDL Upper U17-U20 R3	Eltham
U20W	100	Olatunbosun	13.8		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U15W	100	Josie Waddams	13.8		13-Jul-14	EYAL R4	Cambridge
U15W	100	Waddams	14.84		5-Apr-14	Alpha Trophy	Lee Valley
U15W	100	Hannah Allen	13.8		14-Sep-14	Club Championships	Hornchurch
U13G	100	Charlotte Fransham	13.9		13-Jul-14	EYAL R4	Cambridge
U13G	100	Fransham	14.04		07-Jun-14	Essex Schools Champs	Chelmsford
U13G	100	Jade Kavanagh	13.9		7-Sep-14	EYAL Top 6 Final	Basildon
U15W	100	Jaznial Bolton	14.0		3-Aug-14	EYAL R5	Sandy
U15W	100	Shannon Dooley	14.0		14-Sep-14	Club Championships	Hornchurch
U15W	100	Elizabeth Adams	14.1		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	100	Adams	14.52		12-Apr-14	Lee Valley U13-U15 Open	Lee Valley
U13G	100	Grace Newson	14.2		13-Jul-14	EYAL R4	Cambridge
SW	100	Emma Christmas	14.21		10-May-14	UKWAL R1	Cardiff
U15W	100	Isabella Purdie	14.3		3-May-14	YDL Lower U13-U15	Bournemouth
U17W	100	Alice Martin	14.3		13-Jul-14	EYAL R4	Cambridge
U15W	100	Alice Mastroianni	14.3		13-Jul-14	EYAL R4	Cambridge
SW	100	Samantha Hill	14.42		17-May-14	SAL R2	Croydon
U13G	100	Ella King	14.5		30-Mar-14	Havering Open	Hornchurch
U13G	100	E.King	14.77		13-Apr-14	EYAL R1	Woodford
U17W	100	Annie Maguire	14.5		27-Apr-14	YDL Upper U17-U20	Mile End
U13G	100	Millie Hodges	14.5		3-Aug-14	EYAL R5	Sandy
U13G	100	Holly Nicholls	14.6		30-Mar-14	Havering Open	Hornchurch
U13G	100	Nicholls	15.24		13-Apr-14	EYAL R1	Woodford
U15W	100	Hollie King	14.7		3-May-14	YDL Lower U13-U15	Bournemouth
U15W	100	H. King	15.15		13-Apr-14	EYAL R1	Woodford
U13G	100	Olivia Purcell-Edwards	14.7		14-Sep-14	Club Championships	Hornchurch
U13G	100	Jessie Gower	14.8		13-Jul-14	EYAL R4	Cambridge

## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	100	Robyn Moody	14.9		13-Jul-14	EYAL R4	Cambridge
U15W	100	Emily Martin	14.9		13-Jul-14	EYAL R4	Cambridge
U15W	100	Grace McLeod	14.9		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	100	Emily Crown	15.0		15-Jun-14	EYAL R3	Hemel Hempst'd
U13G	100	Elize Bonning	15.0		3-Aug-14	EYAL R5	Sandy
U13G	100	Erin Hancock	15.18		13-Apr-14	EYAL R1	Woodford
U13G	100	Rosie Brown	15.2		30-Mar-14	Havering Open	Hornchurch
U15W	100	Philippa Gill	15.24		12-Apr-14	Lee Valley U13-U15 Open	Lee Valley
U15W	100	Sophie Taylor	15.25		13-Apr-14	EYAL R1	Woodford
U13G	100	Poppy Ellis	15.3		30-Mar-14	Havering Open	Hornchurch
U13G	100	Chloe Morter	15.4		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	100	Millie Bullen	15.4		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U11G	100	Alice Brown	15.6		14-Sep-14	Club Championships	Hornchurch
U15W	100	Aoife O'Sullivan	15.8		13-Jul-14	EYAL R4	Cambridge
U13G	100	Hannah Panchal	15.9		30-Mar-14	Havering Open	Hornchurch
U13G	100	Sophie Pinkney	16.0		13-Jul-14	EYAL R4	Cambridge
U15W	100	Yinka Shokunbi	16.2		30-Mar-14	Havering Open	Hornchurch
U15W	100	Y. Shokunbi	17.02		5-Apr-14	Alpha Trophy	Lee Valley
U13G	100	Ann Cooper	16.4		30-Mar-14	Havering Open	Hornchurch
U13G	100	Charlotte Wright	16.41		13-Apr-14	EYAL R1	Woodford
U13G	100	Mary Carter	16.5		30-Mar-14	Havering Open	Hornchurch
U13G	100	Isobella Ndiwe	16.5		14-Sep-14	Club Championships	Hornchurch
U13G	100	Emma Wilson	16.58		13-Apr-14	EYAL R1	Woodford
U13G	100	Olivia Searle	16.6		30-Mar-14	Havering Open	Hornchurch
U13G	100	Adelaide Thatcher-Gray	16.9		15-Jun-14	EYAL R3	Hemel Hempst'd
U11G	100	Sydney Foley	17.1		30-Mar-14	Havering Open	Hornchurch
U13G	100	Rebecca Stanley	17.1		14-Sep-14	Club Championships	Hornchurch
U13G	100	Megan Kendrick	17.1		14-Sep-14	Club Championships	Hornchurch
U13G	150	Ella King	21.2		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	150	E. King	21.77		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	150	Charlotte Fransham	21.2		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	150	Fransham	22.09		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	150	Jade Kavanagh	21.8		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U13G	150	Rosie Brown	22.1		3-May-14	YDL Lower U13-U15	Bournemouth
U17W	200	Modupe Shokunbi	24.83w	AT U17W w/a	31-Aug-14	EA U17 Champs	Bedford
U17W	200	M. Shokunbi	24.9	AT U17W 3rd	21-Jun-14	SAL R3	Hornchurch
U17W	200	M. Shokunbi	24.96		29-Jun-14	YDL Upper U17-U20 R3	Eltham
U17W	200	Michelle Hughes	25.5	AT U17W 7th=	13-Jul-14	EYAL R4	Cambridge
U17W	200	Mi. Hughes	25.64i		9-Feb-14	Essex & Eastern Champs	Lee Valley
U17W	200	Mi. Hughes	25.76		20-Sep-14	ESAA Multi Events	Boston
U20W	200	Tayla Humm	25.6	AT SW 16th=	27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U20W	200	Humm	25.77		29-Jun-14	YDL Upper U17-U20 R3	Eltham
U15W	200	Holly Nash	27.3		13-Jul-14	EYAL R4	Cambridge
U15W	200	H. Nash	28.33		07-Jun-14	Essex Schools Champs	Chelmsford
U15W	200	Victoria Adebowale	27.3		16-Jun-14	Schools Cup Reg Final	Hendon
U15W	200	Adebowale	27.86i		9-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	200	Abigail Shipton	27.4		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	200	Shipton	27.84		31-May-14	YDL Lower U13-U15 R2	Croydon
U17W	200	Katie Dawson	27.5		7-Sep-14	EYAL Top 6 Final	Basildon
U17W	200	Dawson	28.81		24-May-14	Essex Champs Day 2	Chelmsford
U13G	200	Caitlin Saggars	27.8	AT U13G 9th	13-Jul-14	EYAL R4	Cambridge
U13G	200	Saggars	29.33		16-Aug-14	Newham Open	Newham
SW	200	Zoe Young	27.8w		06-Jul-14	UKWAL R3	Portsmouth
U17W	200	Ella Lindsay	27.95		13-Apr-14	EYAL R1	Woodford
U17W	200	Tolu Akingbade	28.0		13-Jul-14	EYAL R4	Cambridge
U17W	200	Heidi Surman-Wells	28.29w		29-Jun-14	YDL Upper U17-U20 R3	Eltham
U17W	200	Surman-Wells	29.8		15-Jun-14	EYAL R3	Hemel Hempst'd
U20W	200	Georgie Taylor	28.5		30-Mar-14	Havering Open	Hornchurch
U15W	200	Riva Siggins	28.5		5-Jul-14	ESAA Track & Field Cup	Bedford
U20W	200	Lucy Allen	28.5		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U20W	200	Nina Olatunbosun	28.56		29-Jun-14	YDL Upper U17-U20 R3	Eltham
SW	200	Claire Brennan	28.63		10-May-14	UKWAL R1	Cardiff
U15W	200	Mayi Hughes	28.85i		9-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	200	Ma. Hughes	30.9		11-May-14	EYAL R2	Southend
U17W	200	Annie Maguire	28.9		5-Jul-14	ESAA Track & Field Cup	Bedford
U13G	200	Jade Kavanagh	28.9		14-Sep-14	Club Championships	Hornchurch
U17W	200	Chenice Constable	29.0		19-Apr-14	SAL R1	Norwich
U15W	200	Isobel McDonach	29.15		5-Apr-14	Alpha Trophy	Lee Valley
SW	200	Rachel Kerr	29.16		08-Jun-14	UKWAL R2	Newham
SW	200	Emma Christmas	29.2		12-Jul-14	SAL R4	Basingstoke

## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	200	Rosie Brown	29.6		13-Jul-14	EYAL R4	Cambridge
U13G	200	R.Brown	30.67		13-Apr-14	EYAL R1	Woodford
U15W	200	Alice Mastroianni	29.6		13-Jul-14	EYAL R4	Cambridge
SW	200	Samantha Hill	29.64		17-May-14	SAL R2	Croydon
U17W	200	Heidi Surman-Wells	29.8		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	200	Jaznial Bolton	29.8		3-Aug-14	EYAL R5	Sandy
U13G	200	Charlotte Fransham	30.1		13-Jul-14	EYAL R4	Cambridge
U13G	200	Ella King	30.1		7-Sep-14	EYAL Top 6 Final	Basildon
U13G	200	E.King	30.59		13-Apr-14	EYAL R1	Woodford
SW35	200	Tina Quinlivan	30.2		12-Jul-14	SAL R4	Basingstoke
U15W	200	Elysha Thatcher-Gray	30.4		3-Aug-14	EYAL R5	Sandy
U15W	200	Josie Waddams	30.5		30-Mar-14	Havering Open	Hornchurch
U13G	200	Poppy Ellis	30.5		14-Sep-14	Club Championships	Hornchurch
U15W	200	Lucy Scrutton	30.6		30-Mar-14	Havering Open	Hornchurch
U15W	200	Hollie King	30.8		15-Jun-14	EYAL R3	Hemel Hempst'd
U13G	200	Hannah Panchal	31.2		14-Sep-14	Club Championships	Hornchurch
U13G	200	Olivia Purcell-Edwards	31.2		14-Sep-14	Club Championships	Hornchurch
U15W	200	Jaydah Alexander	31.3		11-May-14	EYAL R2	Southend
U13G	200	Elize Bonning	31.4		13-Jul-14	EYAL R4	Cambridge
U15W	200	Emily Martin	31.5		13-Jul-14	EYAL R4	Cambridge
U15W	200	Emily Crown	31.7		15-Jun-14	EYAL R3	Hemel Hempst'd
U13G	200	Robyn Moody	31.82		13-Apr-14	EYAL R1	Woodford
U13G	200	Jessie Gower	32.2		13-Jul-14	EYAL R4	Cambridge
U13G	200	Erin Hancock	32.34		13-Apr-14	EYAL R1	Woodford
U13G	200	Charlotte Wright	32.6		14-Sep-14	Club Championships	Hornchurch
U13G	200	Brogan Preece	33.9		13-Jul-14	EYAL R4	Cambridge
U15W	200	Sophie Rand	34.30		5-May-14	Mile End Open	Mile End
U13G	200	Adelaide Thatcher-Gray	34.7		13-Jul-14	EYAL R4	Cambridge
U13G	200	A.Thatcher-Gray	35.72		13-Apr-14	EYAL R1	Woodford
U13G	200	Lucy Priestley	34.90		13-Apr-14	EYAL R1	Woodford
U15W	200	Catherine Barker	35.7		15-Jun-14	EYAL R3	Hemel Hempst'd
U13G	200	Grace Griffiths	35.9		30-Mar-14	Havering Open	Hornchurch
U17W	300	Michelle Hughes	41.1	AT U17W 4th	15-Jun-14	EYAL R3	Hemel Hempst'd
U17W	300	Katie Dawson	42.6		13-Jul-14	EYAL R4	Cambridge
U17W	300	Dawson	43.10		07-Jun-14	Essex Schools Champs	Chelmsford
U17W	300	Ella Lindsay	44.3		5-Jul-14	ESAA Track & Field Cup	Bedford
U17W	300	Heidi Surman-Wells	44.6		7-Sep-14	EYAL Top 6 Final	Basildon
U17W	300	Surman-Wells	45.01		25-Aug-14	Southend Open	Southend
U17W	300	Chenice Constable	44.65		13-Apr-14	EYAL R1	Woodford
U17W	300	Sarah Wilson	45.5		03-Aug-14	EYAL R5	Sandy
U15W	300	Becca Brown	45.56		18-May-14	Essex Champs Day 1	Chelmsford
U17W	300	Amy Baggs	45.9		27-Apr-14	YDL Upper U17-U20	Mile End
U17W	300	A.Baggs	46.24		18-May-14	Essex Champs Day 1	Chelmsford
U15W	300	Elysha Thatcher-Gray	46.2		22-Jun-14	YDL Lower U13-U15 R3	Eton
U15W	300	E. Thatcher-Gray	48.13		13-Apr-14	EYAL R1	Woodford
U15W	300	Josie Waddams	46.2		13-Jul-14	EYAL R4	Cambridge
U15W	300	Isobel McDonach	46.29		18-May-14	Essex Champs Day 1	Chelmsford
U17W	300	Louise Lear	46.3		01-Jun-14	YDL Upper U17-U20 R2	Sandy
U17W	300	Lear	48.01		29-Jun-14	YDL Upper U17-U20 R3	Eltham
U17W	300	Annie Maguire	46.6		16-Jun-14	Schools Cup Reg Final	Hendon
U15W	300	Katie Mitchell	48.6		11-May-14	EYAL R2	Southend
U15W	300	Riva Siggins	48.6		14-Sep-14	Club Championships	Hornchurch
U15W	300	Jessica Mitchell	49.4		13-Jul-14	EYAL R4	Cambridge
U17W	300	Ella Jolly	51.1		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U15W	300	Emily James	52.1		11-May-14	EYAL R2	Southend
U15W	300	Emily Martin	52.9		14-Sep-14	Club Championships	Hornchurch
U15W	300	Amelia Day	60.6		30-Mar-14	Havering Open	Hornchurch
U17W	400	Michelle Hughes	57.8	AT U17W =6th	21-Jun-14	SAL R3	Hornchurch
U20W	400	Lydia Hallam	61.48		29-Jun-14	YDL Upper U17-U20 R3	Eltham
U20W	400	Tayla Humm	62.0		06-Jul-14	UKWAL R3	Portsmouth
U17W	400	Sarah Wilson	63.4		27-Apr-14	YDL Upper U17-U20	Mile End
U17W	400	Amy Baggs	64.3		21-Jun-14	SAL R3	Hornchurch
SW	400	Vicky Smith	64.6		06-Jul-14	UKWAL R3	Portsmouth
SW	400	V. Smith	65.51		08-Jun-14	UKWAL R2	Newham
U20W	400	Georgie Taylor	65.08		17-May-14	SAL R2	Croydon
SW	400	Claire Brennan	65.6		14-Sep-14	Club Championships	Hornchurch
SW	400	Nina Brennan	67.2		21-Jun-14	SAL R3	Hornchurch
SW	400	N. Brennan	67.91		17-May-14	SAL R2	Croydon
SW	400	Samantha Hill	67.41		08-Jun-14	UKWAL R2	Newham
U17W	400	Alice Martin	85.5		12-Jul-14	SAL R4	Basingstoke

## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	600	Rosie Brown	1:54.06		07-Jun-14	Essex Schools Champs	Chelmsford
U13G	600	Molly Sweetman	1:54.39		07-Jun-14	Essex Schools Champs	Chelmsford
SW	800	Lauren Deadman	2:11.0		06-Jul-14	UKWAL R3	Portsmouth
U20W	800	Lydia Hallam	2:11.02	AT U20W 6th	16-Jul-14	BMC Gold Standard	Watford
U17W	800	Sarah Wilson	2:21.05		07-Jun-14	Essex Schools Champs	Chelmsford
SW	800	Faye Fullerton	2:21.2		21-Jun-14	SAL R3	Hornchurch
SW	800	Vicky Smith	2:21.9		06-Jul-14	UKWAL R3	Portsmouth
SW	800	V. Smith	2:22.26		08-Jun-14	UKWAL R2	Newham
U15W	800	Becca Brown	2:23.37		24-May-14	Essex Champs Day 2	Chelmsford
U17W	800	Heidi Surman-Wells	2:22.8		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U17W	800	Surman-Wells	2:24.06		16-Jul-14	Watford Open	Watford
U15W	800	Katie Mitchell	2:25.44		24-May-14	Essex Champs Day 2	Chelmsford
U20W	800	Bella Woods	2:25.8		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U17W	800	Amy Baggs	2:25.9		5-Jul-14	ESAA Track & Field Cup	Bedford
U17W	800	Baggs	2:28.71		24-May-14	Essex Champs Day 2	Chelmsford
U15W	800	Emily Marshall	2:29.2		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	800	Marshall	2:29.80		07-Jun-14	Essex Schools Champs	Chelmsford
U15W	800	Jessica Mitchell	2:32.3		3-Aug-14	EYAL R5	Sandy
U15W	800	J.Mitchell	2:36.67		24-May-14	Essex Champs Day 2	Chelmsford
U17W	800	Michelle Hughes	2:33.2		29-Aug-14	ESAA Multi Events	Corby
U17W	800	Mi.Hughes	2:33.46		21-Sep-14	ESAA Multi Events	Boston
SW	800	Clare Davies	2:34.44		08-Jun-14	UKWAL R2	Newham
SW	800	Robyn Matson	2:34.60		10-May-14	UKWAL R1	Cardiff
U15W	800	Kate O'Neill	2:35.1		13-May-14	Woodford Open	Woodford
U15W	800	O'Neill	2:35.46mx		8-Jul-14	Woodford Open	Woodford
U13G	800	Molly Sweetman	2:36.70		18-May-14	Essex Champs Day 1	Chelmsford
U13G	800	Rosie Brown	2:39.4		13-Jul-14	EYAL R4	Cambridge
U13G	800	R.Brown	2:40.99		31-May-14	YDL Lower U13-U15 R2	Croydon
U15W	800	Sophie Rand	2:39.77		5-May-14	Mile End Open	Mile End
U11G	800	Alice Brown	2:42.2		14-Sep-14	Club Championships	Hornchurch
U13G	800	Grace Dukelow	2:42.5		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U17W	800	Holly Hyde	2:43.0		14-Sep-14	Club Championships	Hornchurch
U15W	800	Grace McLeod	2:43.8		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U13G	800	Charlotte Wright	2:44.0		14-Sep-14	Club Championships	Hornchurch
U13G	800	Holly Nicholls	2:45.3		14-Sep-14	Club Championships	Hornchurch
U13G	800	Nicholls	2:53.71		13-Apr-14	EYAL R1	Woodford
U13G	800	Hannah Panchal	2:46.8		14-Sep-14	Club Championships	Hornchurch
U15W	800	Catherine Barker	2:47.90		23-Apr-14	Watford Open	Watford
U15W	800	Maria Holloway	2:48.2		30-Mar-14	Havering Open	Hornchurch
U13G	800	Ann Cooper	2:48.3		22-Jun-14	YDL Lower U13-U15 R3	Eton
U17W	800	Ella Jolly	2:48.4		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U13G	800	Poppy Ellis	2:48.5		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	800	Mayi Hughes	2:51.55		21-Sep-14	ESAA Multi Events	Boston
U15W	800	Elysha Thatcher-Gray	2:51.62		13-Apr-14	EYAL R1	Woodford
U15W	800	Emily Martin	2:52.7		13-Jul-14	EYAL R4	Cambridge
U13G	800	Hannah Paton	2:55.6		13-Jul-14	EYAL R4	Cambridge
U13G	800	Olivia Hyde	2:56.1		13-Jul-14	EYAL R4	Cambridge
U13G	800	Ella King	2:57.0		14-Sep-14	Club Championships	Hornchurch
U13G	800	Chloe Morter	2:57.65		18-May-14	Essex Champs Day 1	Chelmsford
U13G	800	Brogan Preece	2:58.6		13-Jul-14	EYAL R4	Cambridge
U13G	800	Grace Newson	2:59.6		15-Jun-14	EYAL R3	Hemel Hempst'd
U13G	800	Lucy Priestley	2:59.9		15-Jun-14	EYAL R3	Hemel Hempst'd
U13G	800	Priestley	3:04.99		13-Apr-14	EYAL R1	Woodford
U13G	800	Chloe Gagen	3:00.2		30-Mar-14	Havering Open	Hornchurch
U13G	800	Ellie Darkins	3:03.35		13-Apr-14	EYAL R1	Woodford
U11G	800	Sydney Foley	3:03.7		30-Mar-14	Havering Open	Hornchurch
U13G	800	Grace Griffiths	3:06.7		30-Mar-14	Havering Open	Hornchurch
U13G	800	Griffiths	3:11.56		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	800	Mary Carter	3:09.6		30-Mar-14	Havering Open	Hornchurch
U15W	800	Natasha Dowie	3:12.4		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	800	Emily Crane	3:14.1		11-May-14	EYAL R2	Southend
U13G	800	Kate Hoggart	3:15.3		30-Mar-14	Havering Open	Hornchurch
U13G	800	Ellie Darkins	3:15.3		22-Jun-14	YDL Lower U13-U15 R3	Eton
U15W	800	Shannon Dooley	3:15.4		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	800	Amelia Day	3:16.4		30-Mar-14	Havering Open	Hornchurch
SW	800	Rachel Kerr	3:28.3		19-Apr-14	SAL R1	Norwich
U13G	800	Morgana Ambarasu	3:30.9		13-Jul-14	EYAL R4	Cambridge
U15W	800	Millie Redgrave	3:33.0		11-May-14	EYAL R2	Southend
U17W	800	Ellie Bristow	3:43.33		13-Apr-14	EYAL R1	Woodford

## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	1200	Molly Sweetman	4:07.5		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	1200	Chloe Morter	4:38.8		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	1200	Amy Buckley	4:45.9		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	1200	Hannah Paton	4:53.0		3-May-14	YDL Lower U13-U15	Bournemouth
U13G	1200	Charlotte Wright	4:56.8		3-May-14	YDL Lower U13-U15	Bournemouth
SW	1500	Lauren Deadman	4:17.45		16-Jul-14	BMC Gold Standard	Watford
U20W	1500	Lydia Hallam	4:30.3		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U20W	1500	Hallam	4:30.80		13-Aug-14	BMC Gold Standard	Watford
SW	1500	Faye Fullerton	4:43.4		21-Jun-14	SAL R3	Hornchurch
SW	1500	Fullerton	4:48.43		7-May-14	Watford Open	Watford
SW	1500	Vicky Smith	4:44.6		21-Jun-14	SAL R3	Hornchurch
SW	1500	V.Smith	4:55.74i		8-Feb-14	Essex & Eastern Champs	Lee Valley
SW	1500	V.Smith	4:59.75		08-Jun-14	UKWAL R2	Newham
U17W	1500	Sarah Wilson	4:54.89		29-Jun-14	YDL Upper U17-U20 R3	Eltham
U15W	1500	Katie Mitchell	4:57.05		30-Jul-14	Watford Open	Watford
U15W	1500	Kate O'Neill	5:08.4		13-Jul-14	EYAL R4	Cambridge
U15W	1500	O'Neill	5:10.36		31-May-14	YDL Lower U13-U15 R2	Croydon
U15W	1500	Becca Brown	5:09.3		22-Jun-14	YDL Lower U13-U15 R3	Eton
U20W	1500	Bella Woods	5:16.51		29-Jun-14	YDL Upper U17-U20 R3	Eltham
SW	1500	Robyn Matson	5:17.09		10-May-14	UKWAL R1	Cardiff
U15W	1500	Jessica Mitchell	5:18.32		18-May-14	Essex Champs Day 1	Chelmsford
U13G	1500	Molly Sweetman	5:19.28		24-May-14	Essex Champs Day 2	Chelmsford
U17W	1500	Lois Wyatt	5:23.02		29-Jun-14	YDL Upper U17-U20 R3	Eltham
U15W	1500	Sophie Rand	5:23.65		28-May-14	Cambridge H Open	Eltham
U17W	1500	Amy Baggs	5:24.1		30-Mar-14	Havering Open	Hornchurch
U17W	1500	Jessica Ward	5:37.77		07-Jun-14	Essex Schools Champs	Chelmsford
SW	1500	Jade Edwards	5:39.20		17-May-14	SAL R2	Croydon
SW	1500	Clare Davies	5:39.95		17-May-14	SAL R2	Croydon
U15W	1500	Catherine Barker	5:40.99		9-Apr-14	Watford Open	Watford
U13G	1500	Molly Bath	5:46.0		13-Jul-14	EYAL R4	Cambridge
U17W	1500	Ella Jolly	6:03.0		19-Apr-14	SAL R1	Norwich
U13G	1500	Chloe Gagen	6:03.02		13-Apr-14	EYAL R1	Woodford
U13G	1500	Chloe Morter	6:07.3		3-Aug-14	EYAL R5	Sandy
U13G	1500	Morter	6:08.39		30-Jul-14	Watford Open	Watford
U13G	1500	Amy Buckley	6:07.5		13-Jul-14	EYAL R4	Cambridge
U13G	1500	Brogan Preece	6:09.1		15-Jun-14	EYAL R3	Hemel Hempst'd
U13G	1500	Charlotte Wright	6:16.21		13-Apr-14	EYAL R1	Woodford
U13G	1500	Hannah Paton	6:23.1		30-Mar-14	Havering Open	Hornchurch
SW	1500	Ellie Watson	7:16.35		10-May-14	UKWAL R1	Cardiff
SW	3000	Lauren Deadman	9:12.69		30-Aug-14	Watford Open	Watford
SW	3000	Faye Fullerton	10:03.5		12-Jul-14	SAL R4	Basingstoke
U20W	3000	Lydia Hallam	10:08.9	U20W AT 9th	02-Aug-14	SAL R5	Portsmouth
SW	3000	Robyn Matson	10:47.6		21-Jun-14	SAL R3	Hornchurch
SW	3000	Matson	10:47.82		08-Jun-14	UKWAL R2	Newham
U15W	3000	Kate O'Neill	11:02.85		24-May-14	Essex Champs Day 2	Chelmsford
SW	3000	Gemma Phillips	11:04.4		06-Jul-14	UKWAL R3	Portsmouth
SW	3000	Vicky Smith	11:12.9		02-Aug-14	SAL R5	Portsmouth
SW	3000	V.Smith	11:16.31		10-May-14	UKWAL R1	Cardiff
U20W	3000	Bella Woods	11:23.03		18-May-14	Essex Champs Day 1	Chelmsford
U15W	3000	Sophie Rand	11:43.73		24-May-14	Essex Champs Day 2	Chelmsford
SW	5000	Lauren Deadman	16:07.38		29-Jul-14	UK Champs & Trials	Birmingham
SW	10000	Lauren Deadman	34:57.28	AT SW 2nd	10-May-14	Night of 10,000 PBs	Parliament Hill
SW	10000	Vicky Smith	38:32.22	AT SW 3rd	4-May-14	BUCS Champs	Bedford
SW	1500SC	Robyn Matson	5:30.4		21-Jun-14	SAL R3	Hornchurch
U20W	1500SC	Bella Woods	5:36.0		02-Aug-14	SAL R5	Portsmouth
SW	1500SC	Vicky Smith	5:44.7		02-Aug-14	SAL R5	Portsmouth
SW	2000SC	Robyn Matson	7:41.52		08-Jun-14	UKWAL R2	Newham
SW	2000SC	Vicky Smith	7:52.26		10-May-14	UKWAL R1	Cardiff
U20W	2000SC	Bella Woods	8:13.0		30-Aug-14	Essex Champs day 3	Southend
SW	3000SC	Lauren Deadman	10:42.88	AT SW 2nd	17-May-14	BMC Grand Prix	Watford
SW	3000SC	Vicky Smith	11:30.64		13-Jul-14	Southern Senior Inter Cos	Mile End

## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	60HU13G	Millie Hodges	10.85i		11-Jan-14	Lee Valley U13-U15 Open	Lee Valley
U13G	60HU13G	Mia Skipper	11.75i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60HU15W	Mayi Hughes	9.77i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60HU15W	Shannon Dooley	9.94i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60HU15W	Isabella Purdie	10.20i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60HU15W	Holly Nash	10.51i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60HU15W	Hollie King	11.0i		16-Mar-14	EAN Indoor Open	Chelmsford
U15W	60HU15W	King	11.23i		11-Jan-14	Lee Valley U13-U15 Open	Lee Valley
U17W	60HU17W	Michelle Hughes	<b>8.69i</b>	AT U17W 1st	1-Feb-14	London Indoor Games	Lee Valley
U17W	60HU17W	Lucy Bailey	9.28i		2-Mar-14	England Athletics Champs	EIS Sheffield
U13G	70HU13G	Millie Hodges	11.79	AT U13G 4th	27-Jul-14	Southern U13 Inter Cos	Kingston
U13G	70HU13G	Grace Newson	12.1	AT U13G 7th	7-Sep-14	EYAL Top 6 Final	Basildon
U13G	70HU13G	Newson	12.11		07-Jun-14	Essex Schools Champs	Chelmsford
U13G	70HU13G	Mia Skipper	12.7		14-Sep-14	Club Championships	Hornchurch
U13G	70HU13G	Skipper	13.37		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	70HU13G	Adelaide Thatcher-Gray	15.93		13-Apr-14	EYAL R1	Woodford
U13G	70HU13G	Amy Nash	16.1		11-May-14	EYAL R2	Southend
U13G	70HU13G	Megan Kendrick	24.8		14-Sep-14	Club Championships	Hornchurch
U15W	75HU15G	Mayi Hughes	12.0	AT U15W =10th	29-Jun-14	ESAA Multi Events	Corby
U15W	75HU15G	Ma. Hughes	12.20		21-Sep-14	ESAA Multi Events	Boston
U15W	75HU15G	Shannon Dooley	12.1		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	75HU15G	Dooley	12.45		07-Jun-14	Essex Schools Champs	Chelmsford
U15W	75HU15G	Isabella Purdie	12.2		16-Jun-14	Schools Cup Reg Final	Hendon
U15W	75HU15G	Purdie	12.86		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	75HU15G	Millie Hodges	12.8		5-Jul-14	ESAA Track & Field Cup	Bedford
U13G	75HU15G	Mia Skipper	14.0		16-Jun-14	Schools Cup Reg Final	Hendon
U15W	75HU15G	Holly Nash	13.4		30-Mar-14	Havering Open	Hornchurch
U15W	75HU15G	Hollie King	13.5		7-Sep-14	EYAL Top 6 Final	Basildon
U15W	75HU15G	King	13.84		13-Apr-14	EYAL R1	Woodford
U17W	80HU17W	Michelle Hughes	11.5	AT U17W =2nd	28-Jun-14	ESAA Multi Events	Corby
U17W	80HU17W	Mi. Hughes	11.59		20-Sep-14	ESAA Multi Events	Boston
U17W	80HU17W	Lucy Bailey	11.93w	AT U17W w/a	29-Jun-14	YDL Upper U17-U20 R3	Eltham
U17W	80HU17W	Bailey	12.0	AT U17W =7th	01-Jun-14	YDL Upper U17-U20 R2	Sandy
U17W	80HU17W	Bailey	12.08		26-Jul-14	Eastern Champs	Cambridge
U17W	80HU17W	Heidi Surman-Wells	12.7		7-Sep-14	EYAL Top 6 Final	Basildon
U15W	80HU17W	Shannon Dooley	12.8	AT U15G 1st	16-Jun-14	Schools Cup Reg Final	Hendon
U17W	80HU17W	Alyshah De Vos	13.4		16-Jun-14	Schools Cup Reg Final	Hendon
SW	100H	Claire Brennan	15.9		21-Jun-14	SAL R3	Hornchurch
SW	100H	C. Brennan	16.94		08-Jun-14	UKWAL R2	Newham
U17W	300H	Michelle Hughes	<b>43.22</b>	AT U17W 1st	31-Aug-14	EA U17 Champs	Bedford
SW	300H	Claire Brennan	47.4		30-Mar-14	Havering Open	Hornchurch
SW	400H	Claire Brennan	67.18		08-Jun-14	UKWAL R2	Newham
U20W	400H	Bella Woods	71.21		29-Jun-14	YDL Upper U17-U20 R3	Eltham
SW	400H	Vicky Smith	76.2		12-Jul-14	SAL R4	Basingstoke
U17W	HJ	Michelle Hughes	1.70	AT U17W =2nd	20-Sep-14	ESAA Multi Events	Boston
SW	HJ	Bethan Siddons	1.65		17-May-14	SAL R2	Croydon
SW	HJ	Kate Cowley	1.60		10-May-14	UKWAL R1	Cardiff
U17W	HJ	Chenice Constable	1.55		30-Mar-14	Havering Open	Hornchurch
U17W	HJ	Katie Dawson	1.55	AT SW =16th	30-Mar-14	Havering Open	Hornchurch
U17W	HJ	Lucy Bailey	1.47		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U15W	HJ	Abigail Sipton	1.46		30-Mar-14	Havering Open	Hornchurch
U15W	HJ	Natasha Dowie	1.46		30-Mar-14	Havering Open	Hornchurch
U15W	HJ	Mayi Hughes	1.45		21-Sep-14	ESAA Multi Events	Boston
U15W	HJ	Elizabeth Adams	1.45		15-Jun-14	EYAL R3	Hemel Hempst'd
SW	HJ	Claire Brennan	1.45		02-Aug-14	SAL R5	Portsmouth
SW	HJ	Zoe Young	1.40		17-May-14	SAL R2	Croydon
U17W	HJ	Tolu Akingbade	1.40		01-Jun-14	YDL Upper U17-U20 R2	Sandy
U15W	HJ	Holly Nash	1.35		30-Mar-14	Havering Open	Hornchurch
SW	HJ	Ellie Watson	1.35		10-May-14	UKWAL R1	Cardiff
U15W	HJ	Shannon Dooley	1.34		21-May-14	Essex Schools Pentathlon	Brentwood
U13G	HJ	Millie Hodges	1.25		3-May-14	YDL Lower U13-U15	Bournemouth
U13G	HJ	Charlotte Fransham	1.25		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	HJ	Hannah Paton	1.25		7-Sep-14	EYAL Top 6 Final	Basildon
U13G	HJ	Grace Griffiths	1.20		31-May-14	YDL Lower U13-U15 R2	Croydon
U13G	HJ	Amy Nash	1.15		15-Jun-14	EYAL R3	Hemel Hempst'd
U13G	HJ	Amy Buckley	1.15		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	HJ	Jessie Gower	1.15		3-Aug-14	EYAL R5	Sandy
U13G	HJ	Erin Hancock	1.05		13-Apr-14	EYAL R1	Woodford
U13G	HJ	Isobella Ndiwe	1.05		14-Sep-14	Club Championships	Hornchurch
U13G	HJ	Adelaide Thatcher-Gray	1.00		14-Sep-14	Club Championships	Hornchurch

## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	LJ	Kate Cowley	5.59		06-Jul-14	UKWAL R3	Portsmouth
U17W	LJ	Michelle Hughes	5.33	AT U17W 8th	14-Sep-14	Club Championships	Hornchurch
U15W	LJ	Mayi Hughes	5.05		16-Aug-14	SEAA U17 Champs	Crystal Palace
U17W	LJ	Chenice Constable	4.91		27-Apr-14	YDL Upper U17-U20	Mile End
SW	LJ	Zoe Young	4.84		02-Aug-14	SAL R5	Portsmouth
U17W	LJ	Annie Maguire	4.79		07-Jun-14	Essex Schools Champs	Chelmsford
U17W	LJ	Heidi Surman-Wells	4.73		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	LJ	Isabella Purdie	4.64		3-May-14	YDL Lower U13-U15	Bournemouth
SW	LJ	Bethan Siddons	4.52		08-Jun-14	UKWAL R2	Newham
U15W	LJ	Hollie King	4.38		11-May-14	EYAL R2	Southend
U17W	LJ	Lucy Bailey	4.30		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U20W	LJ	Mercy Gutteridge	4.24		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U13G	LJ	Charlotte Fransham	4.18		13-Jul-14	EYAL R4	Cambridge
U13G	LJ	Millie Hodges	4.15		14-Sep-14	Club Championships	Hornchurch
U13G	LJ	Grace Newson	4.14		07-Sep-14	EYAL Top 6 Final	Basildon
U13G	LJ	Jessie Gower	4.12		14-Sep-14	Club Championships	Hornchurch
U17W	LJ	Georgia Woodburn	4.03		03-Aug-14	EYAL R5	Sandy
U15W	LJ	Natasha Dowie	4.02		21-May-14	Essex Schools Pentathlon	Brentwood
U13G	LJ	Grace Griffiths	3.82		14-Sep-14	Club Championships	Hornchurch
U15W	LJ	Rochelle Constable	3.77		13-Apr-14	EYAL R1	Woodford
U13G	LJ	Holly Nicholls	3.70		07-Jun-14	Essex Schools Champs	Chelmsford
U13G	LJ	Elize Bonning	3.70		3-Aug-14	EYAL R5	Sandy
U15W	LJ	Philippa Gill	3.69		12-Apr-14	Lee Valley U13-U15 Open	Lee Valley
U15W	LJ	Shannon Dooley	3.67		21-May-14	Essex Schools Pentathlon	Brentwood
U13G	LJ	Olivia Purcell-Edwards	3.56		14-Sep-14	Club Championships	Hornchurch
U15W	LJ	Kate O'Neill	3.53		3-Aug-14	EYAL R5	Sandy
U13G	LJ	Amy Nash	3.43		3-Aug-14	EYAL R5	Sandy
U17W	LJ	Holly Hyde	3.35		14-Sep-14	Club Championships	Hornchurch
U13G	LJ	Brogan Preece	3.32		13-Jul-14	EYAL R4	Cambridge
U13G	LJ	Megan Kendrick	3.26		14-Sep-14	Club Championships	Hornchurch
U13G	LJ	Mary Carter	3.26		11-May-14	EYAL R2	Southend
U13G	LJ	Olivia Hyde	3.12		13-Jul-14	EYAL R4	Cambridge
U13G	LJ	Lucy Priestley	2.96		15-Jun-14	EYAL R3	Hemel Hempst'd
SW	LJ	Vicky Smith	2.90		12-Jul-14	SAL R4	Basingstoke
U13G	LJ	Isobella Ndiwe	2.70		14-Sep-14	Club Championships	Hornchurch
U13G	LJ	Sophie Pinkney	2.69		14-Sep-14	Club Championships	Hornchurch
U11G	LJ	Sydney Foley	2.58		30-Mar-14	Havering Open	Hornchurch
SW	TJ	Kate Cowley	11.32		06-Jul-14	UKWAL R3	Portsmouth
U17W	TJ	Ella Lindsay	10.91	AT U17W 3rd	5-Jul-14	ESAA Track & Field Cup	Bedford
SW	TJ	Bethan Siddons	10.46		19-Apr-14	SAL R1	Norwich
U17W	TJ	Louise Lear	10.12	AT U17W 8th	01-Jun-14	YDL Upper U17-U20 R2	Sandy
U17W	TJ	Annie Maguire	9.55		01-Jun-14	YDL Upper U17-U20 R2	Sandy
U17W	TJ	Katie Dawson	9.43		03-Aug-14	EYAL R5	Sandy
SW	TJ	Ellie Watson	8.83w		10-May-14	UKWAL R1	Cardiff
SW	TJ	Zoe Young	8.29		08-Jun-14	UKWAL R2	Newham
SW	TJ	Vicky Smith	7.60		12-Jul-14	SAL R4	Basingstoke
SW	TJ	Samantha Hill	6.99		12-Jul-14	SAL R4	Basingstoke
U20W	PV	Mercy Gutteridge	3.30	AT U20W 1st	15-Jun-14	SEAA U20 Champs	Crystal Palace
SW35	PV	Tina Quinlivan	2.70	AT SW35 1st	12-Jul-14	SAL R4	Basingstoke
SW	PV	Claire Brennan	2.10		12-Jul-14	SAL R4	Basingstoke
U15W	PV	Philippa Gill	1.70	AT U15W =3rd	11-May-14	EYAL R2	Southend
U20W	SP4K	Georgie Taylor	10.80		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U20W	SP4K	Rachel Forder	9.71i		9-Feb-14	Essex & Eastern Champs	Lee Valley
U20W	SP4K	Forder	9.69		19-Apr-14	SAL R1	Norwich
U17W	SP4K	Michelle Hughes	9.35i		12-Jan-14	SEAA Indoor Pentathlon	Lee Valley
SW	SP4K	Louise Lockwood	9.32		02-Aug-14	SAL R5	Portsmouth
SW	SP4K	Zoe Young	8.43		21-Jun-14	SAL R3	Hornchurch
SW	SP4K	Nina Brennan	8.12		12-Jul-14	SAL R4	Basingstoke
SW	SP4K	Claire Brennan	7.78		17-May-14	SAL R2	Croydon
U17W	SP4K	Freya Gutteridge	7.67		27-Apr-14	YDL Upper U17-U20	Mile End
U17W	SP4K	Alice Martin	7.53		01-Jun-14	YDL Upper U17-U20 R2	Sandy
U15W	SP3.25K	Philippa Gill	8.44		30-Mar-14	Havering Open	Hornchurch
U15W	SP3.25K	Elysha Thatcher-Gray	7.99		30-Mar-14	Havering Open	Hornchurch
U15W	SP3.25K	Yinka Shokunbi	6.37i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	SP3.25K	Amelia Owers	6.26		30-Mar-14	Havering Open	Hornchurch

## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17W	SP3K	Michelle Hughes	10.78	AT U17W 1st	27-Apr-14	YDL Upper U17-U20	Mile End
U15W	SP3K	Elysha Thatcher-Gray	10.06	AT U15W 1st	7-Sep-14	EYAL Top 6 Final	Basildon
U15W	SP3K	Philippa Gill	9.64	AT U15W 2nd	3-Aug-14	EYAL R5	Sandy
U15W	SP3K	Mayi Hughes	9.30	AT U15W 3rd	20-Sep-14	ESAA Multi Events	Boston
U17W	SP3K	Freya Gutteridge	9.13	AT U17W 2nd	13-Apr-14	EYAL R1	Woodford
U15W	SP3K	Isobel McDonach	9.07	AT U15W 4th	14-Sep-14	Club Championships	Hornchurch
U17W	SP3K	Alice Martin	8.62		13-Jul-14	EYAL R4	Cambridge
U15W	SP3K	Katherine Buckley	8.47		5-Jul-14	ESAA Track & Field Cup	Bedford
U17W	SP3K	Louise Lear	8.36		15-Jun-14	EYAL R3	Hemel Hempst'd
U17W	SP3K	Tolu Akingbade	8.33		03-Aug-14	EYAL R5	Sandy
U17W	SP3K	Amy Baggs	7.64		03-Aug-14	EYAL R5	Sandy
U15W	SP3K	Sophie Taylor	7.18		13-Apr-14	EYAL R1	Woodford
U15W	SP3K	Kerys Middleton	7.04		13-Jul-14	EYAL R4	Cambridge
U15W	SP3K	Yinka Shokunbi	6.98		03-Aug-14	EYAL R5	Sandy
U15W	SP3K	Grace McLeod	6.39		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	SP3K	Natasha Dowie	6.21		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	SP3K	Amelia Owers	5.82		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	SP3K	Becca Brown	5.54		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	SP3K	Shannon Dooley	4.84		21-May-14	Essex Schools Pentathlon	Brentwood
U13G	SP2.72K	Mia Skipper	7.71		14-Sep-14	Club Championships	Hornchurch
U13G	SP2.72K	Millie Hodges	6.57		15-Jun-14	EYAL R3	Hemel Hempst'd
U13G	SP2.72K	Robyn Moody	6.50		7-Sep-14	EYAL Top 6 Final	Basildon
U13G	SP2.72K	Adelaide Thatcher-Gray	5.73		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	SP2.72K	Charlotte Fransham	5.05		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	SP2.72K	Hannah Paton	4.63		11-May-14	EYAL R2	Southend
U13G	SP2.72K	Rebecca Stanley	4.50		14-Sep-14	Club Championships	Hornchurch
U13G	SP2.72K	Olivia Searle	4.18		30-Mar-14	Havering Open	Hornchurch
U20W	DT1K	Georgie Taylor	45.94		31-May-14	Bedford Internat'nl Games	Bedford
U20W	DT1K	Rachel Forder	44.50	AT U20W 3rd	19-Apr-14	SAL R1	Norwich
U17W	DT1K	Freya Gutteridge	35.89	AT U17W 8th	01-Jun-14	YDL Upper U17-U20 R2	Sandy
SW	DT1K	Sophie Baggs	32.43		21-Jun-14	SAL R3	Hornchurch
U15W	DT1K	Riva Siggins	29.65		14-Sep-14	Club Championships	Hornchurch
SW	DT1K	Samantha Hill	26.20		10-May-14	UKWAL R1	Cardiff
U15W	DT1K	Sophie Taylor	24.15		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
SW	DT1K	Nina Brennan	24.02		12-Jul-14	SAL R4	Basingstoke
U17W	DT1K	Amy Baggs	21.90		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	DT1K	Yinka Shokunbi	20.70		3-May-14	YDL Lower U13-U15	Bournemouth
U15W	DT1K	Lucy Scrutton	20.68		30-Mar-14	Havering Open	Hornchurch
U15W	DT1K	Isobel McDonach	19.99		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	DT1K	Elysha Thatcher-Gray	19.21		14-Sep-14	Club Championships	Hornchurch
U13G	DT1K	Millie Hodges	18.19		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	DT1K	Kerys Middleton	17.63		13-Jul-14	EYAL R4	Cambridge
U15W	DT1K	Rochelle Constable	17.03		30-Mar-14	Havering Open	Hornchurch
U15W	DT1K	Katherine Buckley	15.87		11-May-14	EYAL R2	Southend
U17W	DT1K	Georgia Woodburn	15.20		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U15W	DT1K	Philippa Gill	15.07		14-Sep-14	Club Championships	Hornchurch
U17W	DT1K	Heidi Surman-Wells	15.14		13-Jul-14	EYAL R4	Cambridge
U17W	DT1K	Alice Martin	14.82		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	DT1K	Bethany Hillyard	13.52		14-Sep-14	Club Championships	Hornchurch
U15W	DT1K	Amelia Owers	10.40		3-May-14	YDL Lower U13-U15	Bournemouth
U13G	DT0.75K	Mia Skipper	24.89		14-Sep-14	Club Championships	Hornchurch
U13G	DT0.75K	Millie Hodges	24.73		3-Aug-14	EYAL R5	Sandy
U13G	DT0.75K	Alice Brown	20.02		14-Sep-14	Club Championships	Hornchurch
U13G	DT0.75K	Rosie Brown	19.09		14-Sep-14	Club Championships	Hornchurch
U13G	DT0.75K	Adelaide Thatcher-Gray	16.14		11-May-14	EYAL R2	Southend



## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	JT600	Louise Lockwood	45.01	AT SW 3rd	29-Mar-14	Throws Day	Hendon
SW	JT600	Emma Christmas	41.45		12-Jul-14	SAL R4	Basingstoke
U17W	JT600	Alice Martin	29.19	AT U17W 6th	30-Mar-14	Havering Open	Hornchurch
SW	JT600	Zoe Young	27.63		12-Jul-14	SAL R4	Basingstoke
U17W	JT600	Georgia Woodburn	24.68		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U17W	JT600	Michelle Hughes	22.05		19-Apr-14	SAL R1	Norwich
U17W	JT600	Louise Lear	19.80		27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U15W	JT600	Lucy Scrutton	18.82		30-Mar-14	Havering Open	Hornchurch
U20W	JT600	Georgie Taylor	16.85		27-Apr-14	YDL Upper U17-U20	Mile End
U20W	JT600	Mercy Gutteridge	12.92		01-Jun-14	YDL Upper U17-U20 R2	Sandy
U17W	JT500	Michelle Hughes	32.19	AT U17W 1st	28-Jun-14	ESAA Multi Events	Corby
U17W	JT500	Alice Martin	29.52	AT U17W 2nd	07-Jun-14	Essex Schools Champs	Chelmsford
U17W	JT500	Georgia Woodburn	27.27	AT U17W 3rd	14-Sep-14	Club Championships	Hornchurch
U15W	JT500	Philippa Gill	24.51	AT U15G 1st	3-Aug-14	EYAL R5	Sandy
U17W	JT500	Louise Lear	18.73		13-Jul-14	EYAL R4	Cambridge
U15W	JT500	Josie Waddams	16.66		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	JT500	Kerys Middleton	15.73		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	JT500	Mayi Hughes	14.43		22-Jun-14	YDL Lower U13-U15 R3	Eton
U15W	JT500	Rochelle Constable	14.22		11-May-14	EYAL R2	Southend
U15W	JT500	Elizabeth Adams	12.58		3-Aug-14	EYAL R5	Sandy
U15W	JT500	Amelia Owers	11.53		13-Jul-14	EYAL R4	Cambridge
U15W	JT500	Yinka Shokunbi	7.69		13-Apr-14	EYAL R1	Woodford
U13G	JT400	Adelaide Thatcher-Gray	20.65	AT U13 4th	13-Jul-14	EYAL R4	Cambridge
U13G	JT400	Amy Nash	14.75		7-Sep-14	EYAL Top 6 Final	Basildon
U13G	JT400	Robyn Moody	13.58		13-Apr-14	EYAL R1	Woodford
U13G	JT400	Ellie Darkins	9.01		22-Jun-14	YDL Lower U13-U15 R3	Eton
U13G	JT400	Chloe Morter	7.42		31-May-14	YDL Lower U13-U15 R2	Croydon
SW	HT4K	Nina Brennan	19.36		19-Apr-14	SAL R1	Norwich
SW	HT4K	Emma Christmas	18.88		10-May-14	UKWAL R1	Cardiff
U17W	HT4K	Freya Gutteridge	16.71		02-Aug-14	SAL R5	Portsmouth
SW	HT4K	Rachel Kerr	9.28		19-Apr-14	SAL R1	Norwich
U15W	HT3K	Philippa Gill	23.89	AT U15W 1st	25-Aug-14	Southend Open	Southend
U17W	HT3K	Freya Gutteridge	23.17	AT U17W 2nd	27-Jul-14	YDL Upper U17-U20 R4	Walthamstow
U15W	HT3K	Yinka Shokunbi	17.85		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	HT3K	Amelia Owers	12.50		13-Jul-14	EYAL R4	Cambridge
U17W	HT3K	Michelle Hughes	6.08		13-Jul-14	EYAL R4	Cambridge
U17W	PentU17WInc	Michelle Hughes	3106		12-Jan-14	SEAA Indoor Pentathlon	Lee Valley
U15W	HeptU17W	Michelle Hughes	4841w	AT U17W w/a	21-Sep-14	ESAA Multi Events	Boston
U15W	HeptU17W	Mi.Hughes	4814	AT U17W 1st	29-Aug-14	ESAA Multi Events	Corby
U15W	PentU15W	Mayi Hughes	2650		21-Sep-14	ESAA Multi Events	Boston
U15W	PentU15W	Natasha Dowie	1913		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	PentU15W	Shannon Dooley	1747		21-May-14	Essex Schools Pentathlon	Brentwood