

Havering AC Female 2016 Rankings as at 21-09-16

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17W	60	Abigail Shipton	8.7i		13-Mar-16	EAN Indoor Open	Chelmsford
U13G	60	Isabella Smith	8.77i	AT U13G 1st	27-Mar-16	Lee Valley Open	Lee Valley
U20W	60	Georgia Woodburn	8.83i		1-Jan-16	New Year Open	Lee Valley
U15G	60	Ayesha Anderson	8.94i		6-Feb-16	Essex & Eastern Champs	Lee Valley
U15G	60	Chloe Chapman	9.2i		13-Mar-16	EAN Indoor Open	Chelmsford
U15G	60	Chapman	9.25i		13-Feb-16	Lee Valley Open	Lee Valley
U13G	60	Alice Atkins	9.5i		13-Mar-16	EAN Indoor Open	Chelmsford
U13G	60	A. Atkins	9.74i		13-Feb-16	Lee Valley Open	Lee Valley
U13G	75	Paige Robinson	10.5	AT U13G =7th	21-May-16	YDL LAG R2	Tooting Bec
U13G	75	Isabella Smith	10.5	AT U13G =7th	19-Jun-16	YDL LAG R3	Hornchurch
U13G	75	Freya Higginbottom	10.9		21-May-16	YDL LAG R2	Tooting Bec
U13G	75	Lilly Hadrava	11.0		16-Jul-16	YDL LAG R4	Croydon
U13G	75	Nike Esho	11.1		23-Apr-16	YDL LAG R1	Harrow
U13G	75	Olivia Boachie	11.1		16-Jul-16	YDL LAG R4	Croydon
U13G	75	Lola Kuponiyi	11.2		21-May-16	YDL LAG R2	Tooting Bec
U13G	75	Alice Atkins	11.3		21-May-16	YDL LAG R2	Tooting Bec
U13G	75	May Lee	12.2		19-Jun-16	YDL LAG R3	Hornchurch
U13G	75	Angel Burchfield	12.2		19-Jun-16	YDL LAG R3	Hornchurch
U15G	100	Jade Kavanagh	12.9		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	100	Kavanagh	13.03		11-Jun-16	Essex Schools Championship	Chelmsford
U17W	100	Abigail Shipton	13.0		18-Sep-16	Havering Club Champs	Hornchurch
U17W	100	Shipton	13.03		11-Jun-16	Essex Schools Championship	Chelmsford
U17W	100	Holly Nash	13.1		08-May-16	EYAL R2	St Albans
U17W	100	H.Nash	13.38w		29-May-16	YDL UAG R2	Eltham
U17W	100	H.Nash	13.56		26-Jun-16	YDL UAG R3	Eltham
U17W	100	Millie Redgrave	13.1		18-Sep-16	Havering Club Champs	Hornchurch
U17W	100	Redgrave	13.58w		29-May-16	YDL UAG R2	Eltham
SW	100	Zoe Young	13.3		09-Jul-16	SAL R4	Bury St Edmunds
SW	100	Young	13.35		08-Aug-16	UKWAL R3	Manchester
U20W	100	Lucy Bailey	13.35		05-Jun-16	UKWAL R1	Chelmsford
U15G	100	Charlotte Fransham	13.4		19-Jun-16	YDL LAG R3	Hornchurch
U15G	100	Ayesha Anderson	13.5		08-May-16	EYAL R2	St Albans
U13G	100	Isabella Smith	13.60	AT U13G 9th=	14-May-16	Essex Championships	Chelmsford
U17W	100	Isobel McDonach	13.6		05-Jun-16	EYAL R3	Peterborough
U15G	100	Caitlin Saggars	13.7		19-Jun-16	YDL LAG R3	Hornchurch
U15G	100	Saggars	14.33		04-Sep-16	EYAL Top 6 Final	Stevenage
U17W	100	Tomiwa Sanwo	13.7		18-Sep-16	Havering Club Champs	Hornchurch
U17W	100	Sanwo	13.74w		29-May-16	YDL UAG R2	Eltham
U17W	100	Sanwo	14.03		01-May-16	YDL UAG R1	Ashford
U13G	100	Lilly Hadrava	13.8		08-May-16	EYAL R2	St Albans
U13G	100	Hadrava	14.40		14-May-16	Essex Championships	Chelmsford
U15G	100	Elize Bonning	13.8		19-Jun-16	YDL LAG R3	Hornchurch
U15G	100	Bonning	14.04		11-Jun-16	Essex Schools Championship	Chelmsford
U15G	100	Rebecca Banjo	13.8		19-Jun-16	YDL LAG R3	Hornchurch
U15G	100	Ella King	13.9		19-Jun-16	YDL LAG R3	Hornchurch
U15G	100	King	14.76		04-Sep-16	EYAL Top 6 Final	Stevenage
U13G	100	Paige Robinson	13.9		18-Sep-16	Havering Club Champs	Hornchurch
U13G	100	Robinson	14.99		04-Sep-16	EYAL Top 6 Final	Stevenage
U17W	100	Shannon Dooley	13.99		26-Jun-16	YDL UAG R3	Eltham
U15G	100	Holly Nicholls	14.0		21-May-16	YDL LAG R2	Tooting Bec
U15G	100	Charlotte Bradley	14.0		18-Sep-16	Havering Club Champs	Hornchurch
U13G	100	Uche Okpalauko	14.1		05-Jun-16	EYAL R3	Peterborough
U15G	100	Millie Hodges	14.1		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	100	Ayesha Anderson	14.2		05-Jun-16	EYAL R3	Peterborough
SW	100	Rachel Kerr	14.3		18-Jun-16	SAL R3	Welwyn GC
U15G	100	Teshanne Esho	14.3		07-Aug-16	EYAL R5	Chelmsford
U15G	100	Rachel Akinola	14.3		16-Aug-16	Woodford Open	Woodford
U17W	100	Hannah Allen	14.4		03-Apr-16	Havering Spring Open	Hornchurch
U15G	100	Chloe Chapman	14.4		08-May-16	EYAL R2	St Albans
U15G	100	C.Chapman	14.64w		15-May-16	Essex Championships	Chelmsford
U13G	100	Karina Hudson	14.4		08-May-16	EYAL R2	St Albans
U13G	100	Ruby Mace	14.44		31-Jul-16	Derek Crookes U13s Inter Co:	Kingsmeadow
U17W	100	Collette Browne	14.6		18-Sep-16	Havering Club Champs	Hornchurch
U13G	100	Alice Atkins	14.7		08-May-16	EYAL R2	St Albans
U13G	100	Atkins	14.94		19-Jul-16	Woodford Open	Woodford
U15G	100	Jessie Gower	14.7		08-May-16	EYAL R2	St Albans
U13G	100	Lola Kuponiyi	14.7		02-Jul-16	ESAA Cup Final	Bedford
U13G	100	Tiana Smith	14.7		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	100	Alice Wright	14.7		18-Sep-16	Havering Club Champs	Hornchurch
U13G	100	Nike Esho	14.8		05-Jun-16	EYAL R3	Peterborough
U13G	100	Olivia Boachie	14.8		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	100	Gabriella Browne	15.0		18-Sep-16	Havering Club Champs	Hornchurch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15G	100	Chloe Ingram	15.1		17-Apr-16	EYAL R1	Stevenage
U15G	100	Mogana Anbarasu	15.1		07-Aug-16	EYAL R5	Chelmsford
U17W	100	Aoife O'Sullivan	15.2		03-Apr-16	Havering Spring Open	Hornchurch
U13G	100	Freya Higginbottom	15.25		04-Sep-16	EYAL Top 6 Final	Stevenage
U15G	100	Milli Lewis	15.3		19-Jun-16	YDL LAG R3	Hornchurch
U13G	100	Karina Hudson	15.4		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	100	Frankie Lucas	15.4		18-Sep-16	Havering Club Champs	Hornchurch
U13G	100	Lottie Courtney	15.4		18-Sep-16	Havering Club Champs	Hornchurch
U13G	100	Olivia Kebbell	15.5		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	100	Mia Price	15.6		03-Apr-16	Havering Spring Open	Hornchurch
U15G	100	Paris Avers	15.7		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	100	May Lee	16.1		08-May-16	EYAL R2	St Albans
U13G	100	Grace Rees	16.1		05-Jun-16	EYAL R3	Peterborough
U13G	100	Sophie Crane	16.2		03-Apr-16	Havering Spring Open	Hornchurch
U13G	100	Rose Mears	16.4		17-Apr-16	EYAL R1	Stevenage
U13G	100	Angel Burchfield	17.4		07-Aug-16	EYAL R5	Chelmsford
U13G	100	Arabella Boon	17.8		03-Apr-16	Havering Spring Open	Hornchurch
U13G	150	Isabella Smith	20.5	AT U13G 3rd	21-May-16	YDL LAG R2	Tooting Bec
U13G	150	Nike Esho	21.2		21-May-16	YDL LAG R2	Tooting Bec
U13G	150	Ruby Mace	21.3		16-Jul-16	YDL LAG R4	Croydon
U13G	150	Mali Grant	21.4		23-Apr-16	YDL LAG R1	Harrow
U13G	150	Lilly Hadrava	22.0		16-Jul-16	YDL LAG R4	Croydon
U20W	200	Michelle Hughes	25.7		24-Jul-16	YDL UAG R4	Medway Park
U20W	200	Michelle Hughes	25.77		4-Jun-16	Arona Combined Events	Arona, ESP
U15G	200	Jade Kavanagh	26.6		21-May-16	YDL LAG R2	Tooting Bec
U17W	200	Mayi Hughes	26.98		17-Sep-16	ESAA Combined Events	Exeter
U20W	200	Katie Dawson	27.02		05-Jun-16	UKWAL R1	Chelmsford
U17W	200	Holly Nash	27.1		05-Jun-16	EYAL R3	Peterborough
U17W	200	H.Nash	27.23		11-Jun-16	Essex Schools Championship	Chelmsford
U17W	200	Abigail Shipton	27.1		09-Jul-16	SAL R4	Bury St Edmunds
U17W	200	Shipton	27.63		26-Jun-16	YDL UAG R3	Eltham
U17W	200	Millie Redgrave	27.52		11-Jun-16	Essex Schools Championship	Chelmsford
U15G	200	Rosie Brown	27.71		27-Jul-16	Watford Open	Watford
SW	200	Zoe Young	27.88		08-Aug-16	UKWAL R3	Manchester
U15G	200	Caitlin Saggars	28.0		16-Jul-16	YDL LAG R4	Croydon
U15G	200	Saggars	28.03		11-Jun-16	Essex Schools Championship	Chelmsford
U20W	200	Lucy Bailey	28.6		16-Apr-16	SAL R1	Cambridge
U20W	200	Bailey	28.82		03-Jul-16	UKWAL R2	Southampton
U15G	200	Sophie White	28.8		18-Sep-16	Havering Club Champs	Hornchurch
SW	200	Rachel Kerr	29.0		22-May-16	SAL R2	Hornchurch
U15G	200	Ella King	29.1		21-May-16	YDL LAG R2	Tooting Bec
U15G	200	King	30.36		04-Sep-16	EYAL Top 6 Final	Stevenage
U15G	200	Elize Bonning	29.2		05-Jun-16	EYAL R3	Peterborough
U13G	200	Mali Grant	29.2		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	200	Grant	29.31		04-Sep-16	EYAL Top 6 Final	Stevenage
U13G	200	Alice Brown	29.4		08-May-16	EYAL R2	St Albans
U13G	200	Isabella Smith	29.4		05-Jun-16	EYAL R3	Peterborough
U17W	200	Tomiwa Sanwo	29.6		17-Apr-16	EYAL R1	Stevenage
U15G	200	Freya Duffy	29.6		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	200	Lilly Hadrava	29.7		05-Jun-16	EYAL R3	Peterborough
U13G	200	Hadrava	29.86		15-May-16	Essex Championships	Chelmsford
U13G	200	Paige Robinson	29.8		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	200	Nike Esho	30.4		17-Apr-16	EYAL R1	Stevenage
U13G	200	Alice Atkins	30.40w		15-May-16	Essex Championships	Chelmsford
U13G	200	A. Atkins	30.76		15-May-16	Essex Championships	Chelmsford
U15G	200	Chloe Chapman	30.6		08-May-16	EYAL R2	St Albans
U15G	200	C.Chapman	30.60w		15-May-16	Essex Championships	Chelmsford
U13G	200	Uche Okpalauko	30.6		07-Aug-16	EYAL R5	Chelmsford
U13G	200	Freya Higginbottom	30.7		08-May-16	EYAL R2	St Albans
U15G	200	Teshanne Esho	30.7		05-Jun-16	EYAL R3	Peterborough
U15G	200	Alice Wright	30.8		18-Sep-16	Havering Club Champs	Hornchurch
U15G	200	Charlotte Rushworth	30.9		05-Jun-16	EYAL R3	Peterborough
U17W	200	Sophie Rand	30.9		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	200	Robyn Moody	30.94i		1-Jan-16	New Year Open	Lee Valley
U13G	200	Lily-Rose Birch	30.94w		15-May-16	Essex Championships	Chelmsford
U13G	200	Sydney Foley	31.1		07-Aug-16	EYAL R5	Chelmsford
U15G	200	Charlotte Wright	31.5		07-Aug-16	EYAL R5	Chelmsford
U15G	200	Charlotte Bradley	31.6		17-Apr-16	EYAL R1	Stevenage
U15G	200	Mary Carter	32.6		17-Apr-16	EYAL R1	Stevenage
U17W	200	Catherine Barker	32.9		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	200	Rose Mears	32.9		07-Aug-16	EYAL R5	Chelmsford
U13G	200	Frankie Lucas	33.0		18-Sep-16	Havering Club Champs	Hornchurch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17W	200	Pelumi Oloko	33.1		08-May-16	EYAL R2	St Albans
U13G	200	Olivia Boachie	33.1		18-Sep-16	Havering Club Champs	Hornchurch
U15G	200	Mogana Anbarasu	33.2		03-Apr-16	Havering Spring Open	Hornchurch
U13G	200	Claudia Attewell	33.4		05-Jun-16	EYAL R3	Peterborough
U13G	200	Hannah Yexley	33.6		03-Apr-16	Havering Spring Open	Hornchurch
U17W	200	Anna Osborn	33.7		03-Apr-16	Havering Spring Open	Hornchurch
U13G	200	Madeline Barker	34.6		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	300	Jade Kavanagh	43.6	AT U15G =6th	18-Sep-16	Havering Club Champs	Hornchurch
U15G	300	Rosie Brown	43.9	AT U15G 9th	19-Jun-16	YDL LAG R3	Hornchurch
U15G	300	R. Brown	43.92		29-Aug-16	Southend Open	Southend
U17W	300	Abigail Shipton	45.1		18-Sep-16	Havering Club Champs	Hornchurch
U17W	300	Shipton	45.89		04-Sep-16	EYAL Top 6 Final	Stevenage
U17W	300	Jessica Mitchell	45.4		05-Jun-16	EYAL R3	Peterborough
U15G	300	Molly Sweetman	45.5		07-Aug-16	EYAL R5	Chelmsford
U15G	300	Sweetman	46.13		04-Sep-16	EYAL Top 6 Final	Stevenage
U15G	300	Caitlin Sagers	45.6		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	300	Hannah Panchal	45.8		19-Jun-16	YDL LAG R3	Hornchurch
U17W	300	Isobel McDonach	46.2		05-Jun-16	EYAL R3	Peterborough
U17W	300	McDonach	46.37		11-Jun-16	Essex Schools Championship	Chelmsford
U17W	300	Holly Nash	46.3		17-Apr-16	EYAL R1	Stevenage
U15G	300	Freya Duffy	46.7		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	300	Duffy	48.38		04-Sep-16	EYAL Top 6 Final	Stevenage
U15G	300	Grace Newson	47.0		07-Aug-16	EYAL R5	Chelmsford
U15G	300	Charlotte Rushworth	47.7		07-Aug-16	EYAL R5	Chelmsford
U15G	300	Holly Nicholls	48.6		18-Sep-16	Havering Club Champs	Hornchurch
U15G	300	Charlotte Wright	48.7		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	300	Chloe Chapman	48.9		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	300	Poppy Ellis	47.9		08-May-16	EYAL R2	St Albans
U17W	300	Emily Marshall	50.8		08-May-16	EYAL R2	St Albans
U17W	300	Emily James	52.10		26-Jun-16	YDL UAG R3	Eltham
U15G	300	Poppi-Redd Cracknell	52.1		18-Sep-16	Havering Club Champs	Hornchurch
U15G	300	Adelaide Thatcher-Gray	52.3		17-Apr-16	EYAL R1	Stevenage
U17W	300	Emily Crane	52.3		18-Sep-16	Havering Club Champs	Hornchurch
U20W	400	Katie Dawson	61.10		14-May-16	Essex Championships	Chelmsford
U20W	400	Amy Baggs	63.01		26-Jun-16	YDL UAG R3	Eltham
SW	400	Nina Brennan	66.13		08-Aug-16	UKWAL R3	Manchester
SW35	400	Claire Brennan	66.60		08-Aug-16	UKWAL R3	Manchester
SW	400	Rachel Kerr	88.8		18-Jun-16	SAL R3	Welwyn GC
SW	800	Faye Fullerton	2:13.93		08-Aug-16	UKWAL R3	Manchester
U20W	800	Lydia Hallam	2:15.88i		20-Feb-16	BUCS Champs	Sheffield EIS
U20W	800	Hallam	2:16.15		01-May-16	BUCS Champs	Bedford
U17W	800	Jessica Mitchell	2:16.13		17-Jul-16	Southern Inter Counties	Bromley
U15G	800	Molly Sweetman	2:18.8		07-Aug-16	EYAL R5	Chelmsford
U15G	800	Sweetman	2:20.50		11-Jun-16	Essex Schools Championship	Chelmsford
U20W	800	Michelle Hughes	2:22.65		15-May-16	EA U20 Heptathlon Champs	Bedford
U17W	800	Kate O'Neill	2:24.2		24-Jul-16	YDL UAG R4	Medway Park
U17W	800	O'Neill	2:24.37		26-Jun-16	YDL UAG R3	Eltham
SW	800	Vicky Smith	2:27.41		05-Jun-16	UKWAL R1	Chelmsford
U15G	800	Rosie Brown	2:27.8		08-May-16	EYAL R2	St Albans
U15G	800	R. Brown	2:31.58i		7-Feb-16	Essex & Eastern Champs	Lee Valley
U13G	800	Alice Brown	2:32.1		05-Jun-16	EYAL R3	Peterborough
U13G	800	A. Brown	2:33.99		04-Sep-16	EYAL Top 6 Final	Stevenage
U15G	800	Hannah Panchal	2:32.5		20-Jun-16	ESAA Regional Final	Watford
U15G	800	Panchal	2:34.78		15-May-16	Essex Championships	Chelmsford
U17W	800	Sophie Rand	2:33.5		18-Sep-16	Havering Club Champs	Hornchurch
U17W	800	S. Rand	2:35.52		26-Jun-16	YDL UAG R3	Eltham
U13G	800	Sydney Foley	2:36.0		07-Aug-16	EYAL R5	Chelmsford
SW	800	Clare Davies	2:36.2		09-Jul-16	SAL R4	Bury St Edmunds
U20W	800	Amy Baggs	2:38.06		26-Jun-16	YDL UAG R3	Eltham
U17W	800	Emily Marshall	2:40.1		08-May-16	EYAL R2	St Albans
U17W	800	Catherine Barker	2:40.83		13-Jul-16	Watford Open	Watford
U17W	800	Mayi Hughes	2:41.02		18-Sep-16	ESAA Combined Events	Exeter
U15G	800	Charlotte Wright	2:41.5		07-Aug-16	EYAL R5	Chelmsford
U15G	800	Emily Davies	2:42.4		19-Jun-16	YDL LAG R3	Hornchurch
U15G	800	Holly Nicholls	2:42.4		16-Jul-16	YDL LAG R4	Croydon
U13G	800	Ruby Mace	2:43.6		23-Apr-16	YDL LAG R1	Harrow
U15G	800	Poppy Ellis	2:44.9		08-May-16	EYAL R2	St Albans
U15G	800	Ellis	2:47.86		15-May-16	Essex Championships	Chelmsford
U13G	800	Olivia Witton	2:44.9		18-Sep-16	Havering Club Champs	Hornchurch
U20W	800	Georgia Phillips	2:45.89		26-Jun-16	YDL UAG R3	Eltham
U13G	800	Alice Atkins	2:47.2		07-Aug-16	EYAL R5	Chelmsford
U13G	800	A. Atkins	2:55.31i		27-Mar-16	Lee Valley Pentathlon	Lee Valley

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15G	800	Ann Cooper	2:48.0		17-Apr-16	EYAL R1	Stevenage
U13G	800	Rose Mears	2:48.5		18-Sep-16	Havering Club Champs	Hornchurch
U13G	800	Mears	3:05.64		14-May-16	Essex Championships	Chelmsford
U13G	800	Mali Grant	2:48.9		19-Jun-16	YDL LAG R3	Hornchurch
U13G	800	Rebecca O'Rourke	2:49.3		21-May-16	YDL LAG R2	Tooting Bec
U13G	800	O'Rourke	3:02.74		04-Sep-16	EYAL Top 6 Final	Stevenage
U15G	800	Katie Rafferty	2:49.7		19-Jun-16	YDL LAG R3	Hornchurch
U15G	800	Mary Carter	2:49.7		19-Jun-16	YDL LAG R3	Hornchurch
U13G	800	Claudia Attewell	2:50.2		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	800	Maddie Barker	2:50.8		19-Jun-16	YDL LAG R3	Hornchurch
U13G	800	M. Barker	2:55.24		13-Jul-16	Watford Open	Watford
U13G	800	Hannah Yexley	2:50.9		19-Jun-16	YDL LAG R3	Hornchurch
U13G	800	Chloe Rand	2:53.5		19-Jun-16	YDL LAG R3	Hornchurch
U13G	800	Hannah Johnson	2:54.8		19-Jun-16	YDL LAG R3	Hornchurch
U13G	800	Erin Gibson	2:55.9		16-Jul-16	YDL LAG R4	Croydon
U17W	800	Emily Martin	2:56.0		05-Jun-16	EYAL R3	Peterborough
U13G	800	Freya Higginbottom	2:58.4		05-Jun-16	EYAL R3	Peterborough
U17W	800	Emily Crane	2:59.0		03-Apr-16	Havering Spring Open	Hornchurch
U17W	800	Amelia Day	2:59.3		05-Jun-16	EYAL R3	Peterborough
U13G	800	Lily-Rose Birch	2:59.4		02-May-16	Essex Pentathlon Champs	Thurrock
U13G	800	Mary Lammas	3:00.1		03-Apr-16	Havering Spring Open	Hornchurch
U13G	800	Isobelle O'Connor	3:00.5		18-Sep-16	Havering Club Champs	Hornchurch
U13G	800	Jessie Collier	3:02.1		19-Jun-16	YDL LAG R3	Hornchurch
U13G	800	Mia Price	3:03.4		03-Apr-16	Havering Spring Open	Hornchurch
U13G	800	Gabriella Browne	3:03.5		17-Apr-16	EYAL R1	Stevenage
U15G	800	Lucy Priestley	3:05.4		18-Sep-16	Havering Club Champs	Hornchurch
U17W	800	Emily James	3:08.9		29-May-16	YDL UAG R2	Eltham
U17W	800	Amelia Owers	3:11.28i		1-Jan-16	New Year Open	Lee Valley
U17W	800	Owers	3:23.96		29-May-16	YDL UAG R2	Eltham
U13G	800	Karina Hudson	3:24.3		02-May-16	Essex Pentathlon Champs	Thurrock
U13G	1200	Sydney Foley	4:04.7		19-Jun-16	YDL LAG R3	Hornchurch
U13G	1200	Alice Brown	4:12.4		19-Jun-16	YDL LAG R3	Hornchurch
U13G	1200	Hannah Yexley	4:28.3		16-Jul-16	YDL LAG R4	Croydon
U13G	1200	Rebecca O'Rourke	4:42.5		23-Apr-16	YDL LAG R1	Harrow
SW	1500	Lauren Deadman	4:20.03		03-Jul-16	UKWAL R2	Southampton
SW	1500	Faye Fullerton	4:23.1		15-Jun-16	BMC Gold Standard	Watford
SW	1500	Fullerton	4:25.41		08-Aug-16	UKWAL R3	Manchester
U20W	1500	Lydia Hallam	4:36.8		02-Apr-16	Yale Multi Team	New Haven USA
U20W	1500	Hallam	4:52.53		08-Aug-16	UKWAL R3	Manchester
U17W	1500	Jessica Mitchell	4:41.38		27-Jul-16	Watford Open	Watford
SW	1500	Alexa Joel	4:47.87		15-May-16	Essex Championships	Chelmsford
U15G	1500	Molly Sweetman	4:50.6		19-Jun-16	YDL LAG R3	Hornchurch
U15G	1500	Sweetman	4:50.77		21-Aug-16	Southern Inter Counties	Oxford
U17W	1500	Kate O'Neill	4:52.27		27-Jul-16	Watford Open	Watford
U17W	1500	O'Neill	4:57.28		14-May-16	Essex Championships	Chelmsford
SW	1500	Vicky Smith	5:03.0		16-Apr-16	SAL R1	Cambridge
SW	1500	V. Smith	5:23.12		05-Jun-16	UKWAL R1	Chelmsford
U13G	1500	Sydney Foley	5:12.74		31-Jul-16	Derek Crookes U13s Inter Co:	Kingsmeadow
SW	1500	Isabella Woods	5:15.5		03-Apr-16	Havering Spring Open	Hornchurch
U15G	1500	Grace Dukelow	5:16.6		21-May-16	YDL LAG R2	Tooting Bec
U15G	1500	Dukelow	5:22.48		11-Jun-16	Essex Schools Championship	Chelmsford
U17W	1500	Sophie Rand	5:16.8		05-Jun-16	EYAL R3	Peterborough
U17W	1500	S. Rand	5:17.10		04-Sep-16	EYAL Top 6 Final	Stevenage
U13G	1500	Alice Brown	5:19.13		27-Jul-16	Watford Open	Watford
SW	1500	Clare Davies	5:35.3		18-Jun-16	SAL R3	Welwyn GC
U15G	1500	Charlotte Wright	5:35.7		18-Sep-16	Havering Club Champs	Hornchurch
U15G	1500	C. Wright	5:47.14		04-Sep-16	EYAL Top 6 Final	Stevenage
U13G	1500	Hannah Yexley	5:35.9		05-Jun-16	EYAL R3	Peterborough
U13G	1500	Yexley	5:37.44		15-May-16	Essex Championships	Chelmsford
U15G	1500	Chloe Morter	5:41.9		21-May-16	YDL LAG R2	Tooting Bec
U17W	1500	Catherine Barker	5:46.08		26-Jun-16	YDL UAG R3	Eltham
U13G	1500	Annie Grannell	5:47.4		03-Jul-16	EYAL R4	Hemel Hempstead
SW	1500	Robyn Matson	5:49.19		05-Jun-16	UKWAL R1	Chelmsford
U13G	1500	Chloe Rand	5:49.5		05-Jun-16	EYAL R3	Peterborough
U13G	1500	C. Rand	5:55.05		15-May-16	Essex Championships	Chelmsford
U13G	1500	Madeline Barker	5:52.2		03-Jul-16	EYAL R4	Hemel Hempstead
U20W	1500	Georgia Phillips	6:03.47		26-Jun-16	YDL UAG R3	Eltham
U13G	1500	Rose Mears	6:05.5		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	1500	Rebecca O'Rourke	6:08.2		17-Apr-16	EYAL R1	Stevenage
U15G	1500	Kate Walker	6:13.0		07-Aug-16	EYAL R5	Chelmsford
U20W	1500	Lois Wyatt	6:17.98		26-Jun-16	YDL UAG R3	Eltham

Havering AC Female 2016 Rankings as at 21-09-16

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15G	1500	Katie Rafferty	6:20.3		07-Aug-16	EYAL R5	Chelmsford
U15G	1500	Freya Duffy	6:23.2		23-Apr-16	YDL LAG R1	Harrow
U15G	1500	Lucy Priestley	6:28.2		03-Jul-16	EYAL R4	Hemel Hempstead
U17W	1500	Emily James	6:38.6		29-May-16	YDL UAG R2	Eltham
U15G	1500	Charlotte Bradley	8:29.8		05-Jun-16	EYAL R3	Peterborough
SW	Mile	Faye Fullerton	4:38.88		3-Feb-16	"Dream Mile"	Lee Valley
SW	3000	Lauren Deadman	9:06.54mx		30-Jun-16	Watford Open	Watford
SW	3000	Deadman	9:15.6		03-Jul-16	UKWAL R2	Southampton
SW	3000	Faye Fullerton	9:11.73mx		9-Aug-16	Trafford Grand Prix	Stretford
SW	3000	Alexa Joel	9:58.70mx		4-May-16	Watford Open	Watford
SW	3000	Joel	10:13.39		15-May-16	Essex Championships	Chelmsford
U17W	3000	Kate O'Neill	10:30.40		15-May-16	Essex Championships	Chelmsford
SW	3000	Vicky Smith	11:05.0		03-Jul-16	UKWAL R2	Southampton
SW	3000	V. Smith	11:17.45		05-Jun-16	UKWAL R1	Chelmsford
SW	3000	Isabella Woods	11:23.82		14-May-16	Essex Championships	Chelmsford
U17W	3000	Sophie Rand	11:41.70		01-May-16	YDL UAG R1	Ashford
SW	3000	Robyn Matson	12:01.27		05-Jun-16	UKWAL R1	Chelmsford
U17W	3000	Catherine Barker	12:32.65		26-Jun-16	YDL UAG R3	Eltham
SW	5000	Lauren Deadman	16:00.16		26-Jun-16	British Champs	Birmingham
SW	5000	Alexa Joel	17:57.8		22-May-16	SAL R2	Hornchurch
SW	5000	Vicky Smith	19:04.1	AT SW 5th	22-May-16	SAL R2	Hornchurch
SW	10000	Lauren Deadman	33:05.55	AT SW 1st	21-May-16	Night of 100,00 PBs	Parliament Hill
SW	60HSW	Chloe Van Wulven	8.91i		6-Feb-16	Essex & Eastern Champs	Lee Valley
U20W	60HSW	Michelle Hughes	8.99i		09-Jan-16	EA Indoor Pentathlon Champs	Sheffield EIS
U20W	60HSW	Lucy Bailey	9.29i		6-Feb-16	Essex & Eastern Champs	Lee Valley
U13G	60HU13G	Alice Atkins	10.9i		13-Mar-16	EAN Indoor Open	Chelmsford
U13G	60HU13G	A. Atkins	11.12i		27-Mar-16	Lee Valley Pentathlon	Lee Valley
U15G	60HU15G	Grace Newson	9.66i		13-Feb-16	Lee Valley Open	Lee Valley
U15G	60HU15G	Millie Hodges	9.88i		10-Jan-16	SEAA Indoor Champs	Lee Valley
U15G	60HU15G	Elize Bonning	9.9i		13-Mar-16	EAN Indoor Open	Chelmsford
U15G	60HU15G	Bonning	10.07i		13-Feb-16	Lee Valley Open	Lee Valley
U17W	60HU17W	Mayi Hughes	9.37i		6-Feb-16	Essex & Eastern Champs	Lee Valley
U17W	60HU17W	Shannon Dooley	9.50i		10-Jan-16	SEAA Indoor Champs	Lee Valley
U17W	60HU17W	Isabella Purdie	9.70i		6-Feb-16	Essex & Eastern Champs	Lee Valley
U13G	70HU13G	Ruby Mace	11.5	AT U13G =1st	03-Jul-16	EYAL R4	Hemel Hempstead
U13G	70HU13G	Mace	11.86w	AT U13G w/a	14-May-16	Essex Championships	Chelmsford
U13G	70HU13G	Alice Atkins	12.6		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	70HU13G	A. Atkins	12.64w		14-May-16	Essex Championships	Chelmsford
U13G	70HU13G	A. Atkins	13.19		29-Aug-16	Southend Open	Southend
U13G	70HU13G	Nike Esho	13.5		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	70HU13G	N. Esho	13.55		04-Sep-16	EYAL Top 6 Final	Stevenage
U13G	70HU13G	Lily-Rose Birch	14.99w		14-May-16	Essex Championships	Chelmsford
U13G	70HU13G	Birch	15.6		02-May-16	Essex Pentathlon Champs	Thurrock
U13G	70HU13G	Karina Hudson	15.2		08-May-16	EYAL R2	St Albans
U13G	70HU13G	Jessie Collier	16.0		02-May-16	Essex Pentathlon Champs	Thurrock
U15G	75HU15G	Millie Hodges	11.44	AT U15G 2nd	11-Jun-16	Essex Schools Championship	Chelmsford
U15G	75HU15G	Grace Newson	11.63	AT U15G 6th	11-Jun-16	Essex Schools Championship	Chelmsford
U13G	75HU15G	Ruby Mace	12.3	AT U13G 1st=	02-Jul-16	ESAA Cup Final	Bedford
U15G	75HU15G	Elize Bonning	12.6		05-Jun-16	EYAL R3	Peterborough
U15G	75HU15G	Bonning	12.91		09-Apr-16	Lee Valley Open	Lee Valley
U15G	75HU15G	Grace Griffiths	13.5		08-May-16	EYAL R2	St Albans
U17W	80HU17W	Mayi Hughes	11.86	AT U17W 7th	14-Aug-16	SEAA Champs	Ashford
U17W	80HU17W	Isabella Purdie	12.35w		14-May-16	Essex Championships	Chelmsford
U17W	80HU17W	Purdie	12.43		11-Jun-16	Essex Schools Championship	Chelmsford
U15G	80HU17W	Millie Hodges	12.6	AT U15G 1st	20-Jun-16	ESAA Regional Final	Watford
U17W	80HU17W	Shannon Dooley	12.65w		14-May-16	Essex Championships	Chelmsford
U17W	80HU17W	Dooley	12.8		17-Apr-16	EYAL R1	Stevenage
U17W	80HU17W	Dooley	12.98		26-Jun-16	YDL UAG R3	Eltham
U20W	100HW	Michelle Hughes	14.43	AT U20W 1st	08-Aug-16	UKWAL R3	Manchester
SW	100HW	Chloe Van Wulven	14.98		05-Jun-16	UKWAL R1	Chelmsford
U20W	100HW	Lucy Bailey	15.73	AT U20W 8th	14-May-16	Essex Championships	Chelmsford
SW35	100HW	Claire Brennan	17.6	AT SW35 1st	18-Jun-16	SAL R3	Welwyn GC
SW	100HW	C.Brennan	17.67		03-Jul-16	UKWAL R2	Southampton
SW	100HW	Bethan Siddons	18.20		03-Jul-16	UKWAL R2	Southampton
SW	100HW	Kate Cowley	18.7		22-May-16	SAL R2	Hornchurch

Havering AC Female 2016 Rankings as at 21-09-16

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17W	300HW	Mayi Hughes	46.31	AT U17W 8th	11-Jun-16	Essex Schools Championship	Chelmsford
SW	300HW	Isabella Woods	50.5		03-Apr-16	Havering Spring Open	Hornchurch
U20W	400HW	Michelle Hughes	62.70		03-Jul-16	UKWAL R2	Southampton
SW35	400HW	Claire Brennan	68.56	AT SW35 1st	03-Jul-16	UKWAL R2	Southampton
SW	400HW	Bella Woods	68.9		01-May-16	YDL UAG R1	Ashford
SW	400HW	Woods	70.22		05-Jun-16	UKWAL R1	Chelmsford
SW	400HW	Chloe Van Wulven	72.8		18-Jun-16	SAL R3	Welwyn GC
SW	400HW	Rachel Kerr	2:17.8		09-Jul-16	SAL R4	Bury St Edmunds
SW	2000SC	Vicky Smith	8:00.3		16-Apr-16	SAL R1	Cambridge
SW	2000SC	Bella Woods	8:04.25		05-Jun-16	UKWAL R1	Chelmsford
SW	HJ	Bethan Siddons	1.74	AT SW 1st	28-May-16	BIG-ish Jumps	Bedford
U20W	HJ	Michelle Hughes	1.68		04-Jun-16	Arona Combined Events	Arona, ESP
U17W	HJ	Mayi Hughes	1.62	AT U17W =8th	18-Sep-16	ESAA Combined Events	Exeter
SW	HJ	Chloe Van Wulven	1.55		05-Jun-16	UKWAL R1	Chelmsford
SW	HJ	Kate Cowley	1.53		09-Jul-16	SAL R4	Bury St Edmunds
U15G	HJ	Sophie White	1.50		18-Sep-16	Havering Club Champs	Hornchurch
U13G	HJ	Ruby Mace	1.48	AT U13G 2nd	08-May-16	EYAL R2	St Albans
U13G	HJ	Nike Esho	1.46	AT U13G 3rd	18-Sep-16	Havering Club Champs	Hornchurch
U20W	HJ	Lucy Bailey	1.45		24-Jul-16	YDL UAG R4	Medway Park
U20W	HJ	Katie Dawson	1.40		01-May-16	YDL UAG R1	Ashford
U17W	HJ	Holly Nash	1.40		08-May-16	EYAL R2	St Albans
SW35	HJ	Claire Brennan	1.40	AT SW35 1st	03-Jul-16	UKWAL R2	Southampton
U15G	HJ	Elize Bonning	1.35i		13-Feb-16	Lee Valley Open	Lee Valley
U15G	HJ	Bonning	1.20		23-Apr-16	YDL LAG R1	Harrow
U17W	HJ	Abigail Shipton	1.35		17-Apr-16	EYAL R1	Stevenage
U15G	HJ	Hannah Paton	1.35		15-May-16	Essex Championships	Chelmsford
U13G	HJ	Lola Kuponiyi	1.35		19-Jun-16	YDL LAG R3	Hornchurch
U20W	HJ	Amy Baggs	1.35		26-Jun-16	YDL UAG R3	Eltham
U15G	HJ	Holly Nicholls	1.35		03-Jul-16	EYAL R4	Hemel Hempstead
U17W	HJ	Millie Redgrave	1.35		07-Aug-16	EYAL R5	Chelmsford
SW	HJ	Zoe Young	1.30		29-May-16	YDL UAG R2	Eltham
U15G	HJ	Charlotte Wright	1.30		18-Sep-16	Havering Club Champs	Hornchurch
U17W	HJ	Rochelle Constable	1.30		18-Sep-16	Havering Club Champs	Hornchurch
U13G	HJ	Alice Atkins	1.25		05-Jun-16	EYAL R3	Peterborough
U15G	HJ	Mary Carter	1.25		07-Aug-16	EYAL R5	Chelmsford
U13G	HJ	Isabella Smith	1.20		03-Apr-16	Havering Spring Open	Hornchurch
U15G	HJ	Teshanne Esho	1.20		08-May-16	EYAL R2	St Albans
U15G	HJ	Charlotte Fransham	1.10		05-Jun-16	EYAL R3	Peterborough
U13G	HJ	May Lee	1.10		18-Sep-16	Havering Club Champs	Hornchurch
U13G	HJ	Karina Hudson	1.07		02-May-16	Essex Pentathlon Champs	Thurrock
U13G	HJ	Jessie Collier	1.07		02-May-16	Essex Pentathlon Champs	Thurrock
U20W	LJ	Michelle Hughes	5.86	AT U20W 1st	05-Jun-16	Arona Combined Events	Arona, ESP
SW	LJ	Kate Cowley	5.41		09-Jul-16	SAL R4	Bury St Edmunds
U17W	LJ	Mayi Hughes	5.22		14-Aug-16	SEAA Champs	Ashford
SW	LJ	Zoe Young	5.15		03-Jul-16	UKWAL R2	Southampton
SW	LJ	Bethan Siddons	4.82		22-May-16	SAL R2	Hornchurch
U15G	LJ	Charlotte Fransham	4.77		11-Jun-16	Essex Schools Championship	Chelmsford
U15G	LJ	Jade Kavanagh	4.76		18-Sep-16	Havering Club Champs	Hornchurch
U17W	LJ	Isabella Purdie	4.72		02-Jul-16	ESAA Cup Final	Bedford
U20W	LJ	Beth James	4.53i		7-Feb-16	Essex & Eastern Champs	Lee Valley
U20W	LJ	James	4.39		24-Jul-16	YDL UAG R4	Medway Park
U15G	LJ	Elize Bonning	4.51		03-Apr-16	Havering Spring Open	Hornchurch
U15G	LJ	Grace Newson	4.51		04-Sep-16	EYAL Top 6 Final	Stevenage
U15G	LJ	Poppy Ellis	4.25		03-Apr-16	Havering Spring Open	Hornchurch
U13G	LJ	Nike Esho	4.23		18-Sep-16	Havering Club Champs	Hornchurch
U15G	LJ	Ayesha Anderson	4.22		03-Apr-16	Havering Spring Open	Hornchurch
U13G	LJ	Freya Higginbottom	4.16		16-Jul-16	YDL LAG R4	Croydon
U15G	LJ	Millie Hodges	4.11		04-Sep-16	EYAL Top 6 Final	Stevenage
U17W	LJ	Isobel McDonach	4.07		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	LJ	Milli Lewis	4.01		03-Jul-16	EYAL R4	Hemel Hempstead
SW	LJ	Hannah Connor	4.01		22-May-16	SAL R2	Hornchurch
U20W	LJ	Lucy Bailey	4.00		26-Jun-16	YDL UAG R3	Eltham
U15G	LJ	Jessie Gower	3.98		08-May-16	EYAL R2	St Albans
U13G	LJ	Isabella Smith	3.92		08-May-16	EYAL R2	St Albans
U13G	LJ	Paige Robinson	3.91		18-Sep-16	Havering Club Champs	Hornchurch
U20W	LJ	Georgia Woodburn	3.83		01-May-16	YDL UAG R1	Ashford
U15G	LJ	Poppi-Redd Cracknell	3.82		18-Sep-16	Havering Club Champs	Hornchurch
U17W	LJ	Tomiwa Sanwo	3.81		01-May-16	YDL UAG R1	Ashford
U13G	LJ	Mali Grant	3.78		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	LJ	Megan Kendrick	3.70		03-Apr-16	Havering Spring Open	Hornchurch
U13G	LJ	Alice Atkins	3.68		03-Apr-16	Havering Spring Open	Hornchurch
SW	LJ	Rachel Kerr	3.65		18-Sep-16	Havering Club Champs	Hornchurch

Havering AC Female 2016 Rankings as at 21-09-16

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	LJ	Lily-Rose Birch	3.59		15-May-16	Essex Championships	Chelmsford
U13G	LJ	Erin Gibson	3.58		17-Apr-16	EYAL R1	Stevenage
U13G	LJ	Olivia Boachie	3.55		18-Sep-16	Havering Club Champs	Hornchurch
U13G	LJ	Jessie Collier	3.54		02-May-16	Essex Pentathlon Champs	Thurrock
U13G	LJ	Isabelle O'Connor	3.54		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	LJ	Nicole Emeka-Ugwuadu	3.46		03-Apr-16	Havering Spring Open	Hornchurch
U15G	LJ	Mary Carter	3.46		03-Apr-16	Havering Spring Open	Hornchurch
U17W	LJ	Amelia Owers	3.45		08-May-16	EYAL R2	St Albans
U13G	LJ	Olivia Witton	3.37		18-Sep-16	Havering Club Champs	Hornchurch
U17W	LJ	Chimdi Okpalauko	3.33		07-Aug-16	EYAL R5	Chelmsford
U13G	LJ	Gabriella Browne	3.22		18-Sep-16	Havering Club Champs	Hornchurch
U13G	LJ	Nike Esho	3.20		17-Apr-16	EYAL R1	Stevenage
U13G	LJ	Lily-Rose Birch	3.20		02-May-16	Essex Pentathlon Champs	Thurrock
U13G	LJ	Karina Hudson	3.19		02-May-16	Essex Pentathlon Champs	Thurrock
U13G	LJ	Frankie Lucas	3.15		18-Sep-16	Havering Club Champs	Hornchurch
U13G	LJ	Grace Rees	3.15		18-Sep-16	Havering Club Champs	Hornchurch
U13G	LJ	Uche Okpalauko	3.07		07-Aug-16	EYAL R5	Chelmsford
U13G	LJ	Lottie Courtney	3.06		08-May-16	EYAL R2	St Albans
U13G	LJ	May Lee	2.78		18-Sep-16	Havering Club Champs	Hornchurch
U17W	TJ	Mayi Hughes	11.25	AT U17W 1st	29-May-16	YDL UAG R2	Eltham
SW	TJ	Kate Cowley	11.22		22-May-16	SAL R2	Hornchurch
SW	TJ	Bethan Siddons	10.74	AT SW =8th	03-Jul-16	UKWAL R2	Southampton
U20W	TJ	Beth James	9.79i		7-Feb-16	Essex & Eastern Champs	Lee Valley
U20W	TJ	James	9.74		24-Jul-16	YDL UAG R4	Medway Park
U20W	TJ	Katie Dawson	9.54		29-May-16	YDL UAG R2	Eltham
U17W	TJ	Tomiwa Sanwo	9.54		04-Sep-16	EYAL Top 6 Final	Stevenage
U15G	TJ	Charlotte Fransham	9.37	AT U15G 2nd	18-Sep-16	Havering Club Champs	Hornchurch
U17W	TJ	Isabella Purdie	9.43		05-Jun-16	EYAL R3	Peterborough
U17W	TJ	Elysha Thatcher-Gray	8.75		07-Aug-16	EYAL R5	Chelmsford
SW	TJ	Chloe Van Wulven	8.21		05-Jun-16	UKWAL R1	Chelmsford
U17W	TJ	Emily Marshall	8.17		08-May-16	EYAL R2	St Albans
U15G	TJ	Elize Bonning	7.56		15-May-16	Essex Championships	Chelmsford
SW35	PV	Tina Quinlivan	2.90i	AT W35 1st	6-Feb-16	Essex & Eastern Champs	Lee Valley
SW35	PV	Quinlivan	2.80		18-Sep-16	Havering Club Champs	Hornchurch
SW35	PV	Claire Brennan	2.50	AT W35 2nd	18-Sep-16	Havering Club Champs	Hornchurch
SW	PV	Emma Selby	2.10	AT SW 11th	18-Sep-16	Havering Club Champs	Hornchurch
SW	PV	Zoe Young	1.32		18-Jun-16	SAL R3	Welwyn GC
SW	DTW	Georgie Taylor	46.23		09-Jul-16	SAL R4	Bury St Edmunds
SW	DTW	Rachel Forder	46.22	AT SW 3rd	19-Mar-16	Rams Invitational	Richmond VA
SW	DTW	Rachel Evans	35.96	AT SW 12th	20-Aug-16	SAL R5	Colchester
U15G	DTW	Rosie Brown	32.25	AT U15G 7th	21-Aug-16	Southern Inter Counties	Oxford
U15G	DTW	Robyn Moody	29.80		05-Jun-16	EYAL R3	Peterborough
U15G	DTW	Millie Hodges	27.12		02-Jul-16	ESAA Cup Final	Bedford
U13G	DTW	Alice Brown	26.69		18-Sep-16	Havering Club Champs	Hornchurch
U17W	DTW	Katherine Buckley	24.32		03-Apr-16	Havering Spring Open	Hornchurch
SW	DTW	Nina Brennan	24.31		18-Jun-16	SAL R3	Welwyn GC
SW35	DTW	Claire Brennan	21.52		16-Apr-16	SAL R1	Cambridge
U15G	DTW	Eloise McAuliffe	21.44		15-May-16	Essex Championships	Chelmsford
U17W	DTW	Isobel McDonach	21.31		29-May-16	YDL UAG R2	Eltham
U17W	DTW	Chimdi Okpalauko	20.58		05-Jun-16	EYAL R3	Peterborough
U17W	DTW	Pelumi Oloko	20.01		04-Sep-16	EYAL Top 6 Final	Stevenage
U17W	DTW	Elysha Thatcher-Gray	19.99		17-Apr-16	EYAL R1	Stevenage
U20W	DTW	Lucy Bailey	19.79		24-Jul-16	YDL UAG R4	Medway Park
U15G	DTW	Grace Griffiths	17.72		05-Jun-16	EYAL R3	Peterborough
U17W	DTW	Kerys Middleton	17.05		08-May-16	EYAL R2	St Albans
U17W	DTW	Philippa Gill	15.62		03-Apr-16	Havering Spring Open	Hornchurch
U15G	DTW	Adelaide Thatcher-Gray	15.58		03-Jul-16	EYAL R4	Hemel Hempstead
U15G	DTW	Lucy Priestley	15.08		18-Sep-16	Havering Club Champs	Hornchurch
U17W	DTW	Sophie Rand	14.50		18-Sep-16	Havering Club Champs	Hornchurch
U20W	DTW	Georgia Woodburn	13.54		01-May-16	YDL UAG R1	Ashford
U13G	DT0.75K	Alice Brown	32.80	AT U13G 1st	29-Aug-16	Southend Open	Southend
U13G	DT0.75K	Jessie Collier	25.30		18-Sep-16	Havering Club Champs	Hornchurch
U13G	DT0.75K	Maddie Georgiou	21.50		03-Jul-16	EYAL R4	Hemel Hempstead
U13G	DT0.75K	Hannah Yexley	20.28		04-Sep-16	EYAL Top 6 Final	Stevenage
U13G	DT0.75K	Lola Kuponiyi	18.75		07-Aug-16	EYAL R5	Chelmsford
U13G	DT0.75K	Sydney Foley	16.40		07-Aug-16	EYAL R5	Chelmsford
U13G	DT0.75K	Chloe Rand	11.65		18-Sep-16	Havering Club Champs	Hornchurch

Havering AC Female 2016 Rankings as at 21-09-16

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	HT4K	Rachel Forder	38.12	AT SW 3rd	07-May-16	Atlantic 10 Champs	Fairfax, VA USA
SW	HT4K	Georgie Taylor	25.75	AT SW 8th	20-Aug-16	SAL R5	Colchester
SW	HT4K	Rachel Evans	24.78	AT SW 10th	20-Aug-16	SAL R5	Colchester
SW	HT4K	Nina Brennan	20.65		22-May-16	SAL R2	Hornchurch
U17W	HT3K	Philippa Gill	35.07	AT U17W 1st	24-Jul-16	YDL UAG R4	Medway Park
U15G	HT3K	Robyn Moody	21.80	AT U15G 3rd	05-Jun-16	EYAL R3	Peterborough
U17W	HT3K	Katherine Buckley	21.23		01-May-16	YDL UAG R1	Ashford
U17W	HT3K	Amelia Owers	19.62	AT U17W 5th	05-Jun-16	EYAL R3	Peterborough
U15G	HT3K	Paris Avers	18.84	AT U15G 4th	03-Jul-16	EYAL R4	Hemel Hempstead
U15G	HT3K	Adelaide Thatcher-Gray	16.86	AT U15G 6th	23-Apr-16	YDL LAG R1	Harrow
SW	JT600	Louise Lacy	46.33		08-Aug-16	UKWAL R3	Manchester
SW	JT600	Emma Christmas	40.50		20-Aug-16	SAL R5	Colchester
U20W	JT600	Emma Sharp	33.89	AT U20W 5th	18-Sep-16	Havering Club Champs	Hornchurch
SW	JT600	Kate Cowley	32.96		22-May-16	SAL R2	Hornchurch
SW	JT600	Rachel Evans	30.42	AT SW 10th	20-Aug-16	SAL R5	Colchester
U20W	JT600	Michelle Hughes	30.13	AT U20W 8th	29-May-16	YDL UAG R2	Eltham
U17W	JT600	Mayi Hughes	30.01	AT U17W 6th	18-Jun-16	SAL R3	Welwyn GC
U20W	JT600	Georgia Woodburn	23.72		03-Apr-16	Havering Spring Open	Hornchurch
SW	JT600	Zoe Young	22.60		16-Apr-16	SAL R1	Cambridge
U20W	JT600	Lois Wyatt	9.00		26-Jun-16	YDL UAG R3	Eltham
U15G	JT500	Adelaide Thatcher-Gray	33.06	AT U15G 1st	14-Aug-16	SEAA Champs	Ashford
U17W	JT500	Mayi Hughes	32.30	AT U17W 3rd	18-Sep-16	ESAA Combined Events	Exeter
U17W	JT500	Philippa Gill	31.42	AT U17W 2nd	24-Jul-16	YDL UAG R4	Medway Park
U15G	JT500	Amy Nash	22.38	AT U15G 4th	18-Sep-16	Havering Club Champs	Hornchurch
U17W	JT500	Elysha Thatcher-Gray	22.01	AT U17W 8th	07-Aug-16	EYAL R5	Chelmsford
U15G	JT500	Robyn Moody	17.77	AT U15G 7th	17-Apr-16	EYAL R1	Stevenage
U15G	JT500	Millie Hodges	16.66		23-Apr-16	YDL LAG R1	Stevenage
U15G	JT500	Teshanne Esho	15.77		07-Aug-16	EYAL R5	Chelmsford
U17W	JT500	Kerys Middleton	15.61		08-May-16	EYAL R2	St Albans
U15G	JT500	Paris Avers	13.23		21-May-16	YDL LAG R2	Tooting Bec
U15G	JT500	Holly Nicholls	12.73		16-Jul-16	YDL LAG R4	Croydon
U17W	JT500	Emily James	6.66		26-Jun-16	YDL UAG R3	Eltham
U13G	JT400	Ruby Mace	28.74	AT U13G 1st	07-Aug-16	EYAL R5	Chelmsford
U13G	JT400	Jessie Collier	24.59	AT U13G 4th	18-Sep-16	Havering Club Champs	Hornchurch
U13G	JT400	Erin Gibson	22.52	AT U13G 5th	16-Jul-16	YDL LAG R4	Croydon
U13G	JT400	Alice Brown	19.86	AT U13G 10th	19-Jun-16	YDL LAG R3	Hornchurch
U13G	JT400	Maddie Georgiou	15.87		07-Aug-16	EYAL R5	Chelmsford
U13G	JT400	Lola Kuponiyi	15.40		05-Jun-16	EYAL R3	Peterborough
U13G	JT400	Paige Robinson	13.07		03-Apr-16	Havering Spring Open	Hornchurch
U13G	JT400	Maddison Ruston	11.91		08-May-16	EYAL R2	St Albans
SW	SP4K	Georgie Taylor	10.99		20-Aug-16	SAL R5	Colchester
U20W	SP4K	Michelle Hughes	10.70	AT U20W 6th	24-Jul-16	YDL UAG R4	Medway Park
SW	SP4K	Rachel Forder	10.66i		21-Feb-16	Atlantic 10 Indoor	Kingston RI, USA
SW	SP4K	Kate Cowley	10.60		09-Jul-16	SAL R4	Bury St Edmunds
SW	SP4K	Rachel Evans	10.11	AT SW 18th	18-Jun-16	SAL R3	Welwyn GC
U17W	SP4K	Elysha Thatcher-Gray	9.91	AT U17W 9th	22-May-16	SAL R2	Hornchurch
U17W	SP4K	Mayi Hughes	9.33		18-Jun-16	SAL R3	Welwyn GC
U17W	SP4K	Elysha Thatcher-Gray	8.82		18-Sep-16	Havering Club Champs	Hornchurch
U17W	SP4K	Katherine Buckley	8.33		26-Jun-16	YDL UAG R3	Eltham
SW35	SP4K	Claire Brennan	7.90		18-Sep-16	Havering Club Champs	Hornchurch
SW	SP4K	Nina Brennan	7.85		18-Sep-16	Havering Club Champs	Hornchurch
U17W	SP3K	Elysha Thatcher-Gray	11.95	AT U17W 1st	15-May-16	Essex Championships	Chelmsford
U17W	SP3K	Philippa Gill	10.92		17-Apr-16	EYAL R1	Stevenage
U17W	SP3K	Isobel McDonach	10.61		29-May-16	YDL UAG R2	Eltham
U17W	SP3K	Mayi Hughes	10.57i		6-Feb-16	Essex & Eastern Champs	Lee Valley
U17W	SP3K	Mayi Hughes	9.94		25-Jun-16	Anglia Schools CE	Peterborough
U17W	SP3K	Katherine Buckley	10.32		01-May-16	YDL UAG R1	Ashford
U13G	SP3K	Lola Kuponiyi	9.96		18-Sep-16	Havering Club Champs	Hornchurch
U17W	SP3K	Chimdi Okpalauko	9.84	AT U17W =7th	07-Aug-16	EYAL R5	Chelmsford
U15G	SP3K	Robyn Moody	9.40i		6-Feb-16	Essex & Eastern Champs	Lee Valley
U15G	SP3K	Moody	9.04		21-May-16	YDL LAG R2	Tooting Bec
U17W	SP3K	Tomiwa Sanwo	8.85		11-Jun-16	Essex Schools Championship	Chelmsford
U15G	SP3K	Teshanne Esho	8.24		07-Aug-16	EYAL R5	Chelmsford
U15G	SP3K	Grace Griffiths	8.22		08-May-16	EYAL R2	St Albans
U17W	SP3K	Kerys Middleton	7.60		08-May-16	EYAL R2	St Albans
U15G	SP3K	Adelaide Thatcher-Gray	7.31		07-Aug-16	EYAL R5	Chelmsford
U15G	SP3K	Holly Nicholls	7.20		17-Apr-16	EYAL R1	Stevenage
U15G	SP3K	Paris Avers	6.92		08-May-16	EYAL R2	St Albans
U15G	SP3K	Ayesha Anderson	6.91		07-Aug-16	EYAL R5	Chelmsford
U15G	SP3K	Chloe Ingram	6.81		17-Apr-16	EYAL R1	Stevenage
U15G	SP3K	Rebecca Stanley	5.66		08-May-16	EYAL R2	St Albans

Havering AC Female 2016 Rankings as at 21-09-16

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	SP2.72K	Lola Kuponiyi	10.62	AT U13G 1st	18-Sep-16	Havering Club Champs	Hornchurch
U13G	SP2.72K	Ruby Mace	9.23	AT U13G 4th	18-Sep-16	Havering Club Champs	Hornchurch
U13G	SP2.72K	Erin Gibson	6.55		21-May-16	YDL LAG R2	Tooting Bec
U13G	SP2.72K	Jessie Collier	6.22		04-Sep-16	EYAL Top 6 Final	Stevenage
U13G	SP2.72K	Maddison Ruston	5.62		08-May-16	EYAL R2	St Albans
U13G	SP2.72K	Alice Atkins	5.49i		27-Mar-16	Lee Valley Pentathlon	Lee Valley
U13G	SP2.72K	A. Atkins	4.99		17-Apr-16	EYAL R1	Stevenage
U13G	SP2.72K	Lily-Rose Birch	4.71		02-May-16	Essex Pentathlon Champs	Thurrock
U13G	SP2.72K	Grace Rees	4.71		07-Aug-16	EYAL R5	Chelmsford
U13G	SP2.72K	Karina Hudson	3.91		02-May-16	Essex Pentathlon Champs	Thurrock
U13G	PenU13G	Alice Atkins	1544i		27-Mar-16	Lee Valley Pentathlon	Lee Valley
U13G	PenU13G	Jessie Collier	1186		02-May-16	Essex Pentathlon Champs	Thurrock
U13G	PenU13G	Karina Hudson	958		02-May-16	Essex Pentathlon Champs	Thurrock
U20W	HeptW	Michelle Hughes	4971	AT U20W 1st	05-Jun-16	Arona Combined Events	Arona, ESP
U17W	HeptU17W	Mayi Hughes	4355	AT U17W 2nd	18-Sep-16	ESAA Combined Events	Exeter
U20W	PenW	Michelle Hughes	3577i		09-Jan-16	EA Indoor Pentathlon Champs	Sheffield EIS