

## Havering AC Female 2019 Rankings as at 08/05/2019

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17W	60	Aaliyah Payne	8.08i		27-Feb-19	Newham Sprints	Newham
U17W	60	Shalom Gbadebo	8.20i		16-Jan-19	Essex & Eastern Champs	Newham
U17W	60	Isabella Smith	8.26i		5-Jan-19	Lee Valley Open	Lee Valley
U15G	60	Olivia Sorae	8.27i		2-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	60	Uche Okpalauko	8.37i		6-Jan-19	Lee Valley Open	Lee Valley
U15G	60	Paige Robinson	8.39i		12-Jan-19	SEAA Indoor Champs	Lee Valley
U15G	60	Paris King	8.46i		24-Mar-19	Lee Valley Open	Lee Valley
U17W	60	Aisha Marenah	8.55i		2-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	60	Rania Richards	8.74i		2-Mar-19	Lee Valley Open	Lee Valley
U13G	75	Cassie Campbell	10.7		27-Apr-19	YDL LAG R1	Tooting
U13G	75	Precious Fagbadegun	11.3		27-Apr-19	YDL LAG R1	Tooting
U13G	75	Maisie Lee	13.8		27-Apr-19	YDL LAG R1	Tooting
U17W	100	Poppy Ellis	12.83		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	100	Esther Agnimel	12.84		13-Apr-19	SAL R1	Stevenage
U17W	100	Aaliyah Payne	13.20		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Paige Robinson	13.26		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Uche Okpalauko	13.34w		6-Apr-19	Lee Valley Open	Lee Valley
U15G	100	Uche Okpalauko	13.59		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	100	Shalom Gbadebo	13.42		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	100	Bella Smith	13.42w		24-Apr-19	Lee Valley Sprints	Lee Valley
U15G	100	Paris King	13.62		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	100	Alice Atkins	13.65		30-Mar-19	Woodford Open	Woodford
U15G	100	Stephanie Okoro	13.7		14-Apr-19	EYAL R1	Ipswich
U15G	100	Rhys Cole	13.7		27-Apr-19	YDL LAG R1	Tooting
U17W	100	Aisha Marenah	13.79		5-May-19	YDL UAG R1	Reading
U15G	100	Isabel O'Connor	13.93		7-Apr-19	Havering Spring Warm Up	Hornchuch
U20W	100	Charlotte Wright	13.98		5-May-19	YDL UAG R1	Reading
U17W	100	Temitope Ajayi	14.0		14-Apr-19	EYAL R1	Ipswich
U15G	100	Rania Richards	14.15		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Dara Otitoju	14.2		4-May-19	EYAL R2	St Albans
U15G	100	Dara Otitoju	14.26		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Cassie Campbell	14.3		4-May-19	EYAL R2	St Albans
U13G	100	Cassie Campbell	14.36		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Olivia Purdie	14.45		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Precious Fagbadegun	14.49		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Beth Jarret	14.53		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Isabelle Bradley	14.55		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Zarah McDaniel	14.66		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Clara Odoch	14.66		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Shante Roserie	14.70		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Man Man Chau	15.17		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Eloise Sillett	15.18		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Brianna Ofori	15.2		4-May-19	EYAL R2	St Albans
U13G	100	Brianna Ofori	15.57		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Eliza Poulson	15.23		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Hannah Evans	15.32		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Lois Gable	15.54		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Mya Burton	15.79		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	100	Megan Cook	16.41		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Ella Natrass	17.6		4-May-19	EYAL R2	St Albans
U13G	100	Ella Natrass	17.92		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Amelia Patchett	17.61		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Lucy Lendon	18.46		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	100	Maisie Lee	18.83		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	150	Cassie Campbell	21.0		27-Apr-19	YDL LAG R1	Tooting
U13G	150	Precious Fagbadegun	22.5		27-Apr-19	YDL LAG R1	Tooting
U17W	200	Poppy Ellis	25.68		7-Apr-19	Havering Spring Warm Up	Hornchuch
U20W	200	Jade Kavanagh	25.82		5-May-19	YDL UAG R1	Reading
U17W	200	Tayllah Barton-Conde	26.11i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U17W	200	Tayllah Barton-Conde	27.3		14-Apr-19	EYAL R1	Ipswich
U15G	200	Olivia Sorrell	27.32		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	200	Shalom Gbadebo	27.47		5-May-19	YDL UAG R1	Reading
U17W	200	Emma Ramsden	27.65i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	200	Uche Okpalauko	27.85i		6-Jan-19	Lee Valley Open	Lee Valley
U15G	200	Rhys Cole	27.87i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	200	Rhys Cole	28.5		4-May-19	EYAL R2	St Albans
U15G	200	Rhys Cole	28.54		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	200	Alice Atkins	28.26		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Freya Higginbottom	28.65i		6-Jan-19	Lee Valley Open	Lee Valley
U15G	200	Freya Higginbottom	29.5		27-Apr-19	YDL LAG R1	Tooting
U17W	200	Aisha Marenah	28.68		7-Apr-19	Havering Spring Warm Up	Hornchuch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15G	200	Isabel O'Connor	28.69i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	200	Isabel O'Connor	29.7		4-May-19	EYAL R2	St Albans
U15G	200	Clara Odoch	28.69		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Paris King	28.76i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	200	Paris King	32.6		4-May-19	EYAL R2	St Albans
U15G	200	Dara Otitoju	28.9		4-May-19	EYAL R2	St Albans
U15G	200	Dara Otitoju	29.47		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Lucy Nattrass	29.03		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	200	Cassie Campbell	29.05		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	200	Lottie Courtney	29.45		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Lola Kane	29.60		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Cynthia Asiegbu	29.6		14-Apr-19	EYAL R1	Ipswich
U15G	200	Holly Bradley	29.7		4-May-19	EYAL R2	St Albans
U17W	200	Eden Aboim	30.14i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	200	Rania Richards	30.14		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Sophia Stephanou	30.23		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Maddie Barker	30.35		30-Mar-19	Woodford Open	Woodford
U13G	200	Precious Fagbadegun	30.53		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Ruby Higgins	30.6		14-Apr-19	EYAL R1	Ipswich
SW	200	Rachel Kerr	30.83		13-Apr-19	SAL R1	Stevenage
U15G	200	Olivia Purdie	31.6		4-May-19	EYAL R2	St Albans
U13G	200	Brianna Ofori	31.81		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Man Man Chau	31.97		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Lucy Gagen	34.48		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	200	Winnie Taylor	36.09		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	200	Amelia Patchett	36.46		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	200	Molly Brooker	37.72		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	200	Erin Chester	38.2		14-Apr-19	EYAL R1	Ipswich
U13G	200	Tilly Bunn	39.9		14-Apr-19	EYAL R1	Ipswich
U17W	300	Mali Grant	41.58i	AT U17W 8th	3-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	300	Olivia Boachie	43.07		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	300	Uche Okpalauko	43.30		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	300	Sydney Foley	44.9		5-May-19	YDL UAG R1	Reading
U17W	300	Emma Ramsden	44.99i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U17W	300	Alice Atkins	45.08		5-May-19	YDL UAG R1	Reading
U15G	300	Freya Higginbottom	45.56i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	300	Freya Higginbottom	46.3		27-Apr-19	YDL LAG R1	Tooting
U17W	300	Gabriella Browne	46.8		14-Apr-19	EYAL R1	Ipswich
U15G	300	Lucy Nattrass	46.87		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	300	Madeline Barker	47.44		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	300	Lola Kane	48.0		4-May-19	EYAL R2	St Albans
U15G	300	Freya Long	48.08		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	300	Claudia Attewell	51.85		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	300	Ruby Guynan	54.6		14-Apr-19	EYAL R1	Ipswich
U20W	400	Jade Kavanagh	58.73		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	400	Olivia Boachie	61.15		6-Apr-19	Lee Valley Open	Lee Valley
U17W	400	Alice Brown	62.10		7-Apr-19	Havering Spring Warm Up	Hornchuch
SW	400	Nina Brennan	66.00		13-Apr-19	SAL R1	Stevenage
U17W	400	Rebecca O'Rourke	76.62		6-Apr-19	Surrey Disability Champs	Kingston
U15G	800	Stephanie Okoro	2:20.36i		20-Feb-19	Middle Distance Open	Lee Valley
U15G	800	Stephanie Okoro	2:23.3		14-Apr-19	EYAL R1	Ipswich
U15G	800	Stephanie Okoro	2:26.86		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	800	Natalie Sewell	2:25.0		4-May-19	EYAL R2	St Albans
U17W	800	Sydney Foley	2:26.3		4-May-19	EYAL R2	St Albans
U17W	800	Alice Atkins	2:29.24i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U17W	800	Alice Atkins	2:31.2		4-May-19	EYAL R2	St Albans
U15G	800	Tilly Canty	2:31.27i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	800	Maddie Barker	2:31.60		30-Mar-19	Woodford Open	Woodford
U20W	800	Sophie Rand	2:33.80		13-Apr-19	SAL R1	Stevenage
U15G	800	Hannah Yexley	2:34.12		7-Apr-19	Havering Spring Warm Up	Hornchuch
SW	800	Amy Baggs	2:34.82		13-Apr-19	SAL R1	Stevenage
U13G	800	Ruby Tillson	2:36.37		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	800	Amy Kilner	2:38.96		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	800	Freya Long	2:39.54		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	800	Holly Bradley	2:39.9		4-May-19	EYAL R2	St Albans
U15G	800	Isobelle O'Connor	2:44.73		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	800	Rosie Warner	2:45.5		4-May-19	EYAL R2	St Albans
U15G	800	Alexia Arizi	2:46.2		14-Apr-19	EYAL R1	Ipswich
U15G	800	Alexia Arizi	2:50.66		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	800	Hannah Evans	2:49.58		7-Apr-19	Havering Spring Warm Up	Hornchuch
U20W	800	Charlotte Wright	2:52.9		5-May-19	YDL UAG R1	Reading
U15G	800	Heidi Aylen	2:55.54		7-Apr-19	Havering Spring Warm Up	Hornchuch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17W	800	Rebecca O'Rourke	2:55.8		14-Apr-19	EYAL R1	Ipswich
U13G	800	Lucia Ward	2:59.72		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	800	Ruby Guynan	3:00.9		14-Apr-19	EYAL R1	Ipswich
U13G	800	Erin Chester	3:01.1		14-Apr-19	EYAL R1	Ipswich
U13G	800	Erin Chester	3:06.65		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	800	Ruby Lendon	3:05.69		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	800	Lois Gable	3:14.8		27-Apr-19	YDL LAG R1	Tooting
U13G	800	Lucy Lendon	3:30.7		27-Apr-19	YDL LAG R1	Tooting
U13G	1200	Rosie Warner	4:23.2		27-Apr-19	YDL LAG R1	Tooting
U20W	1500	Kate O'Neill	4:41.2		5-May-19	YDL UAG R1	Reading
U20W	1500	Kate O'Neill	4:46.66		13-Apr-19	SAL R1	Stevenage
U17W	1500	Sydney Foley	4:44.4		5-May-19	YDL UAG R1	Reading
U15G	1500	Natalie Sewell	4:50.19		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	1500	Alice Brown	4:57.08i		3-Feb-19	Essex & Eastern Champs	Lee Valley
SW	1500	Ginte Bailey	4:59.21		20-Apr-19	LICC	Lee Valley
U15G	1500	Tilly Canty	5:07.83		30-Mar-19	Woodford Open	Woodford
U15G	1500	Maddie Barker	5:07.85		1-May-19	Watford Open	Watford
U15G	1500	Chloe Rand	5:08.20		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	1500	Ruby Higgins	5:10.8		4-May-19	EYAL R2	St Albans
U15G	1500	Ruby Higgins	5:12.61		7-Apr-19	Havering Spring Warm Up	Hornchuch
SW	1500	Isabella Woods	5:15.71		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	1500	Charlotte Evans	5:23.2		14-Apr-19	EYAL R1	Ipswich
U13G	1500	Charlotte Evans	5:26.05		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	1500	Freya Long	5:23.7		4-May-19	EYAL R2	St Albans
U13G	1500	Hannah Evans	5:29.1		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	1500	Rebecca O'Rourke	5:44.7		4-May-19	EYAL R2	St Albans
U17W	1500	Rebecca O'Rourke	6:01.22i		20-Feb-19	Middle Distance Open	Lee Valley
U17W	1500	Rebecca O'Rourke	6:05.00		6-Apr-19	Surrey Disability Champs	Kingston
U20W	3000	Jessica Mitchell	10:05.84		5-May-19	YDL UAG R1	Reading
SW	3000	Vicky Smith	10:51.64		13-Apr-19	SAL R1	Stevenage
SW	3000	Morgan Campbell	11:08.29		13-Apr-19	SAL R1	Stevenage
U17W	3000	Annie Grannell	12:45.94		5-May-19	YDL UAG R1	Reading
U15G	60HU15W	Paige Robinson	9.51i		24-Feb-19	EA Age Group Champs	Sheffield
U15G	60HU15W	Paris King	9.57i		5-Jan-19	London Indoor Games	Lee Valley
U13G	70HU13G	Eliza Poulson	12.18		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	70HU13G	Beth Jarret	12.25		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	70HU13G	Ruby Tillson	13.09		28-Apr-19	Essex County Pentathlon	Thurrock
U13G	70HU13G	Charlotte Evans	14.9		14-Apr-19	EYAL R1	Ipswich
U13G	70HU13G	Charlotte Evans	15.13		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	70HU13G	Lois Gable	15.7		27-Apr-19	YDL LAG R1	Tooting
U13G	70HU13G	Amelia Patchett	20.55		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	75HU15G	Paige Robinson	12.09		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	75HU15G	Paris King	12.50		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	75HU15G	Isabel O'Connor	12.60		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	75HU15G	Tallulah Brown	13.78		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	75HU15G	Heidi Aylen	13.82		28-Apr-19	Essex County Pentathlon	Thurrock
U15G	75HU15G	Gabrielle Purdie	14.28		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	75HU15G	Freya Higginbottom	14.65		28-Apr-19	Essex County Pentathlon	Thurrock
SW	100HW	Felicity Clarke	16.53		13-Apr-19	SAL R1	Stevenage
W35	300HW	Claire Brennan	48.94		7-Apr-19	Havering Spring Warm Up	Hornchuch
SW	400HW	Felicity Clarke	63.83		13-Apr-19	SAL R1	Stevenage
SW	400HW	Rachel Kerr	96.67		13-Apr-19	SAL R1	Stevenage
U15G	HJ	Cynthia Asiegbu	1.55i	AT U15G =8th	3-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	HJ	Cynthia Asiegbu	1.50		27-Apr-19	YDL LAG R1	Tooting
U17W	HJ	Alice Brown	1.45		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	HJ	Uche Okpalauko	1.45		4-May-19	EYAL R2	St Albans
U15G	HJ	Olivia Sorrell	1.40		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	HJ	Tayllah Barton-Conde	1.40		14-Apr-19	EYAL R1	Ipswich
SW	HJ	Ellie Watson	1.30		13-Apr-19	SAL R1	Stevenage
U17W	HJ	Aaliyah Payne	1.30		4-May-19	EYAL R2	St Albans
U15G	HJ	Isabelle Bartlett	1.25		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	HJ	Dara Otitoju	1.25		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	HJ	Lucy Natrass	1.25		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	HJ	Megan Cook	1.25		14-Apr-19	EYAL R1	Ipswich
U17W	HJ	Sydney Foley	1.25		4-May-19	EYAL R2	St Albans
U13G	HJ	Eliza Poulson	1.25		4-May-19	EYAL R2	St Albans
U13G	HJ	Cassie Campbell	1.25		4-May-19	EYAL R2	St Albans
U13G	HJ	Lucia Ward	1.25		4-May-19	EYAL R2	St Albans
U15G	HJ	Heidi Aylen	1.22		28-Apr-19	Essex County Pentathlon	Thurrock
U13G	HJ	Ruby Tillson	1.15		28-Apr-19	Essex County Pentathlon	Thurrock
SW	HJ	Rachel Kerr	1.10		13-Apr-19	SAL R1	Stevenage
U13G	HJ	Lois Gable	1.10		27-Apr-19	YDL LAG R1	Tooting

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	HJ	Precious Fagbadegun	1.00		7-Apr-19	Havering Spring Warm Up	Hornchuch
U20W	LJ	Mayi Hughes	5.72	AT U20W 5th	13-Apr-19	SAL R1	Stevenage
U15G	LJ	Freya Higginbottom	4.85		4-May-19	EYAL R2	St Albans
U20W	LJ	Jade Kavanagh	4.82		5-May-19	YDL UAG R1	Reading
U15G	LJ	Stephanie Okoro	4.66		4-May-19	EYAL R2	St Albans
U17W	LJ	Tayllah Barton-Conde	4.65		14-Apr-19	EYAL R1	Ipswich
U15G	LJ	Uche Okpalauko	4.34		14-Apr-19	EYAL R1	Ipswich
U17W	LJ	Lottie Courtney	4.13		4-May-19	EYAL R2	St Albans
U15G	LJ	Paris King	4.11i		2-Feb-19	Essex & Eastern Champs	Lee Valley
U15G	LJ	Paris King	4.08		14-Apr-19	EYAL R1	Ipswich
U15G	LJ	Olivia Boachie	4.09		4-May-19	EYAL R2	St Albans
SW	LJ	Ellie Watson	4.03		13-Apr-19	SAL R1	Stevenage
U13G	LJ	Ruby Tillson	3.92		14-Apr-19	EYAL R1	Ipswich
U15G	LJ	Clara Odoch	3.80		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	LJ	Temitope Ajayi	3.70		5-May-19	YDL UAG R1	Reading
U13G	LJ	Eliza Poulson	3.59		28-Apr-19	Essex County Pentathlon	Thurrock
U15G	LJ	Heidi Ayles	3.54		28-Apr-19	Essex County Pentathlon	Thurrock
U13G	LJ	Lois Gable	3.50		27-Apr-19	YDL LAG R1	Tooting
U15G	LJ	Megan Cook	2.84		14-Apr-19	EYAL R1	Ipswich
U13G	LJ	Tilly Bunn	2.72		27-Apr-19	YDL LAG R1	Tooting
U20W	TJ	Mayi Hughes	12.52	AT U20W 1st	13-Apr-19	SAL R1	Stevenage
U20W	TJ	Olatomiwa Sanwo	10.56	AT U20W 7th	13-Apr-19	SAL R1	Stevenage
U17W	TJ	Alice Atkins	9.49		5-May-19	YDL UAG R1	Reading
U17W	PV	Jessie Collier	2.60i		2-Feb-19	Lee Valley Open	Lee Valley
U17W	PV	Jessie Collier	2.40		7-Apr-19	Havering Spring Warm Up	Hornchuch
W35	PV	Claire Brennan	2.40		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	PV	Katie Ennis	1.70	AT U15G =6th	30-Mar-19	Woodford Open	Woodford
U15G	PV	Freya Long	1.70	AT U15G =6th	4-May-19	EYAL R2	St Albans
U20W	PV	Charlotte Wright	1.70		5-May-19	YDL UAG R1	Reading
U17W	PV	Annie Grannell	1.70		5-May-19	YDL UAG R1	Reading
SW	SP4K	Zoe Hughes	12.04		23-Mar-19	Victor Lopez Classic	Houston TX USA
U20W	SP4K	Chimdi Okpalauko	11.37		10-Apr-19	Highgate Open	Parliament Hill
U20W	SP4K	Philippa Gill	10.64i	AT SW 16th	2-Feb-19	Essex & Eastern Champs	Lee Valley
U20W	SP4K	Philippa Gill	9.83		7-Apr-19	Havering Spring Warm Up	Hornchuch
U20W	SP4K	Elysha Thatcher-Gray	9.30		13-Apr-19	SAL R1	Stevenage
U17W	SP3K	Anne-Prisca Djondo	10.54		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	SP3K	Freya Killilea	9.56		5-May-19	YDL UAG R1	Reading
U15G	SP3K	Isabella Uzal	8.66		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	SP3K	Faith Reilly	7.60		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	SP3K	Isabelle Bradley	7.59		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	SP3K	Claudia Attewell	7.23		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	SP3K	Heidi Ayles	6.98		28-Apr-19	Essex County Pentathlon	Thurrock
U15G	SP3K	Isabelle Bartlett	6.73		4-May-19	EYAL R2	St Albans
U15G	SP3K	Lucy Nattrass	6.00		4-May-19	EYAL R2	St Albans
U15G	SP3K	Man Man Chau	5.60		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17W	SP3K	Aaliyah Payne	5.35		14-Apr-19	EYAL R1	Ipswich
U13G	SP2.72K	Zikora Ezeonwuka	7.92		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	SP2.72K	Ruby Tillson	6.34		28-Apr-19	Essex County Pentathlon	Thurrock
U13G	SP2.72K	Brianna Ofori	5.71		4-May-19	EYAL R2	St Albans
U13G	SP2.72K	Lucia Ward	5.48		4-May-19	EYAL R2	St Albans
U13G	SP2.72K	Beth Jarret	5.06		7-Apr-19	Havering Spring Warm Up	Hornchuch
U13G	SP2.72K	Ella Nattrass	4.60		14-Apr-19	EYAL R1	Ipswich
U13G	SP2.72K	Maisie Lee	4.51		14-Apr-19	EYAL R1	Ipswich

## Havering AC Female 2019 Rankings as at 08/05/2019

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	DT1K	Rachel Forder	38.45		5-May-19	Atlantic 10 Champs	Amhurst, MA, USA
U17W	DT1K	Freya Killilea	30.75		5-May-19	YDL UAG R1	Reading
U20W	DT1K	Chimdi Okpalauko	29.28		10-Apr-19	Highgate Open	Parliament Hill
U17W	DT1K	Jessie Collier	27.48		5-May-19	YDL UAG R1	Reading
U15G	DT1K	Hannah Yexley	25.88		27-Apr-19	YDL LAG R1	Tooting
U15G	DT1K	Katie Ennis	23.62		30-Mar-19	Woodford Open	Woodford
U17W	DT1K	Alice Atkins	21.71		4-May-19	EYAL R2	St Albans
SW	DT1K	Nina Brennan	20.93		13-Apr-19	SAL R1	Stevenage
U17W	DT1K	Sydney Foley	19.75		5-May-19	YDL UAG R1	Reading
U15G	DT1K	Faith Reilly	18.52		14-Apr-19	EYAL R1	Ipswich
U15G	DT1K	Isabelle Bartlett	17.64		4-May-19	EYAL R2	St Albans
U13G	DT0.75K	Zikora Ezeonwuka	21.26		4-May-19	EYAL R2	St Albans
U13G	DT0.75K	Tilly Bunn	12.70		14-Apr-19	EYAL R1	Ipswich
U13G	DT0.75K	Ella Natrass	9.94		4-May-19	EYAL R2	St Albans
SW	JT600	Louise Lacy	42.18		13-Apr-19	SAL R1	Stevenage
U20W	JT600	Philippa Gill	27.57		7-Apr-19	Havering Spring Warm Up	Hornchuch
SW	JT600	Elysha Thatcher-Gray	22.81		13-Apr-19	SAL R1	Stevenage
U20W	JT600	Charlotte Wright	12.87		5-May-19	YDL UAG R1	Reading
U17W	JT500	Adelaide Thatcher-Gray	38.96		14-Apr-19	EYAL R1	Ipswich
U15G	JT500	Faith Reilly	26.19	AT U15G 8th	7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	JT500	Isobelle O'Connor	23.47		4-May-19	EYAL R2	St Albans
U15G	JT500	Natalie Sewell	20.48		7-Apr-19	Havering Spring Warm Up	Hornchuch
U15G	JT500	Katie Ennis	18.93		30-Mar-19	Woodford Open	Woodford
U17W	JT500	Aisha Marenah	15.64		14-Apr-19	EYAL R1	Ipswich
U17W	JT500	Emma Ramsden	14.74		4-May-19	EYAL R2	St Albans
U15G	JT500	Rania Richards	12.85		14-Apr-19	EYAL R1	Ipswich
U13G	JT400	Lucia Ward	17.18		4-May-19	EYAL R2	St Albans
U13G	JT400	Charlotte Evans	10.41		4-May-19	EYAL R2	St Albans
U13G	JT400	Zikora Ezeonwuka	7.34		14-Apr-19	EYAL R1	Ipswich
U13G	JT400	Tilly Bunn	5.99		14-Apr-19	EYAL R1	Ipswich
SW	HT4K	Nina Brennan	19.02		13-Apr-19	SAL R1	Stevenage
U20W	HT4K	Chimdi Okpalauko	11.65		13-Apr-19	SAL R1	Stevenage
U15G	HT3K	Claudia Attewell	18.00		27-Apr-19	YDL LAG R1	Tooting
U15G	HT3K	Katie Ennis	15.73		14-Apr-19	EYAL R1	Ipswich
U15G	HT3K	Hannah Yexley	14.55		4-May-19	EYAL R2	St Albans
U15G	PenU15G	Heidi Ayles	1701		28-Apr-19	Essex County Pentathlon	Thurrock
U13G	PenU13G	Ruby Tillson	1764		28-Apr-19	Essex County Pentathlon	Thurrock
U13G	PenU13G	Eliza Poulson	1525		28-Apr-19	Essex County Pentathlon	Thurrock