

Havering AC Female 2020 Rankings as at 30th September 2020

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17W	60	Karis Thomas	7.85i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	60	Aaliyah Payne	7.95i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U20W	60	Esther Agnimel	8.03i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	60	Uche Okpalauko	8.09i		1-Dec-19	Lee Valley Open	Lee Valley
U15G	60	Olivia Sorae	8.15i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U15G	60	Paris King	8.20i		26-Jan-20	London Indoor Games	Lee Valley
U15G	60	Rhys Cole	8.28i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U15G	60	Precious Fagbadegun	8.61i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U15G	60	Cassie Campbell	8.65i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U20W	60	Lydia Mwanza	8.69i		1-Jan-20	Lee Valley Open	Lee Valley
U15G	60	Briana Ofori	9.21i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U13G	60	Oluwafisola Fagbadegun	9.21i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U13G	60	Leila Jones	9.28i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	100	Karis Thomas	12.33	AT U17W 8th	9-Sep-20	Chelmsford Sprints	Chelmsford
U17W	100	Aaliyah Payne	12.37w	AT U17W w/a	19-Aug-20	Chelmsford Sprints	Chelmsford
U17W	100	Uche Okpalauko	12.62w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U17W	100	Uche Okpalauko	12.91		23-Aug-20	BFTTA Open	Dagenham
U15G	100	Rhys Cole	12.69w		23-Aug-20	BFTTA Open	Dagenham
U15G	100	Rhys Cole	13.01		9-Sep-20	Chelmsford Sprints	Chelmsford
U17W	100	Paige Robinson	12.77w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U17W	100	Paige Robinson	13.24		23-Aug-20	BFTTA Open	Dagenham
U15G	100	Paris King	12.78w		29-Aug-20	Covid Games	Chelmsford
U15G	100	Paris King	12.83		29-Aug-20	Covid Games	Chelmsford
U20W	100	Esther Agnimel	12.78w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U20W	100	Esther Agnimel	12.87		30-Aug-20	Covid Games	Chelmsford
U20W	100	Emma Ramsden	12.78w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U20W	100	Emma Ramsden	12.90		9-Sep-20	Chelmsford Sprints	Chelmsford
U17W	100	Olivia Boachie	12.85		6-Sep-20	LICC Open R3	Lee Valley
U15G	100	Amyna Willock	12.93w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	100	Amyna Willock	13.23		1-Aug-20	LICC Open R1	Lee Valley
U15G	100	Stephanie Okoro	12.97w		29-Aug-20	Covid Games	Chelmsford
U15G	100	Cassie Campbell	13.19w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	100	Cassie Campbell	13.50		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	100	Shalom Gbadebo	13.22		13-Sep-20	Club Closed Meeting 1	Hornchurch
U20W	100	TemiTope Ajayi	13.32		20-Sep-20	Club Closed Meeting 2	Hornchurch
U17W	100	Alice Atkins	13.47		9-Sep-20	Chelmsford Sprints	Chelmsford
U17W	100	Isabel O'Connor	13.53		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	100	Precious Fagbadegun	13.73		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	100	Lucy Nattrass	13.85		9-Sep-20	Chelmsford Sprints	Chelmsford
U20W	100	Charlotte Wright	13.99		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Oluwafisola Fagbadegun	14.23		13-Sep-20	Club Closed Meeting 1	Hornchurch
SW	100	Rachel Kerr	14.42		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	100	Mya Burton	14.53		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Niamh Donovan	14.79		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Charlotte Casey-Sweeney	14.83		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Grace Tilson	14.85		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	100	Man Man Chau	14.96		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	100	Briana Ofori	15.03		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	100	Isabelle Bradley	15.17		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	100	Cassie Rutter	15.30		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Amber Maher	15.42		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Poppy Smith	15.42		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	100	Heidi Ayles	15.49		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Ellie Bradley	15.54		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	100	Megan Cook	15.96		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Amelia Patchett	16.18		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Amelia Hynes	16.37		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Lexi Attewell	16.60		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Lucy Lendon	17.21		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	100	Naomi Hand	17.51		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	200	Karis Thomas	25.26w	AT U17W w/a	20-Sep-20	Club Closed Meeting 2	Hornchurch
U17W	200	Karis Thomas	25.97		15-Aug-20	LICC Open R2	Lee Valley
U17W	200	Olivia Boachie	25.48w	AT U17W w/a	20-Sep-20	Club Closed Meeting 2	Hornchurch
SW	200	Zoe Hughes	25.74i		25-Jan-20	Dr Sander Columbia Challenge	New York NY
U17W	200	Uche Okpalauko	26.31w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U17W	200	Uche Okpalauko	26.67i		12-Jan-20	SEAA Champs	Lee Valley
U17W	200	Uche Okpalauko	27.54		15-Aug-20	LICC Open R2	Lee Valley
U20W	200	Emma Ramsden	26.67w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U20W	200	Emma Ramsden	26.87		16-Aug-20	LICC Open R2	Lee Valley
U15G	200	Stephanie Okoro	26.73		15-Aug-20	LICC Open R2	Lee Valley
U15G	200	Paris King	26.86w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U17W	200	Aaliyah Payne	26.92i		9-Feb-20	Essex & Eastern Champs	Lee Valley

Havering AC Female 2020 Rankings as at 30th September 2020

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15G	200	Rhys Cole	27.17w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	200	Rhys Cole	27.67i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	200	Shalom Gbadebo	27.53w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	200	Paris King	27.75i		26-Jan-20	London Indoor Games	Lee Valley
U15G	200	Cassie Campbell	27.80w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	200	Cassie Campbell	28.29i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U15G	200	Cassie Campbell	28.54		15-Aug-20	LICC Open R2	Lee Valley
U17W	200	Freya Higginbottom	27.9i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	200	Freya Higginbottom	28.26i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	200	Isabel O'Connor	27.94w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U17W	200	Isabel O'Connor	28.0i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U15G	200	Lucy Natrass	28.03		15-Aug-20	LICC Open R2	Lee Valley
U15G	200	Alice Atkins	28.20		9-Sep-20	Chelmsford Sprints	Chelmsford
U15G	200	Ruby Tillson	28.23		15-Aug-20	LICC Open R2	Lee Valley
U15G	200	Precious Fagbadegun	28.67		20-Sep-20	Club Closed Meeting 2	Hornchurch
SW35	200	Nina Brennan	29.08w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	200	Dara Otitoju	29.81		20-Sep-20	Club Closed Meeting 2	Hornchurch
SW	200	Rachel Kerr	29.92w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U17W	200	Olivia Purdie	30.71w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	200	Mya Burton	30.76		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	200	Oluwafisola Fagbadegun	30.76w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	200	Niamh Donovan	30.88w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	200	Briana Ofori	31.70i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U13G	200	Grace Tilson	32.27w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	200	Amber Maher	32.31w		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	200	Amelia Patchett	33.35		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	200	Lexi Attewell	34.44		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	200	Scarlett Woods	35.35i		26-Jan-20	London Indoor Games	Lee Valley
SW	300	Zoe Hughes	39.81i		18-Jan-20	Boston Multi Team	Boston MA
U17W	300	Olivia Boachie	40.55	AT U17W 3rd	13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	300	Stephanie Okoro	40.86	AT U15G 1st	20-Sep-20	Midland Open	Nuneaton
U17W	300	Uche Okpalauko	42.27i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	300	Uche Okpalauko	42.40		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	300	Alice Brown	42.76i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	300	Alice Brown	43.74		23-Aug-20	BFTTA Open	Dagenham
U15G	300	Ruby Tillson	43.79i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U15G	300	Ruby Tillson	43.89		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	300	Sydney Foley	44.27		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	300	Cassie Campbell	44.64		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	300	Lucy Natrass	44.91i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U15G	300	Lucy Natrass	45.86		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	300	Ruby Higgins	45.34i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	300	Alice Atkins	45.71i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	300	Alice Atkins	46.57		23-Aug-20	BFTTA Open	Dagenham
U15G	300	Lucia Ward	48.31		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	300	Faith Wicks	48.91		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	300	Jessica Wright	48.94		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	300	Ruby Gynan	50.58		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	300	Chloe Ward	52.58		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	300	Tilly Bunn	54.49		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	300	Morgan Romain	54.63		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	300	Winnie Taylor	58.26		13-Sep-20	Club Closed Meeting 1	Hornchurch
U20W	400	Jade Kavanagh	59.38i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	400	Olivia Boachie	59.58		30-Aug-20	Covid Games	Chelmsford
U17W	400	Alice Brown	62.39		30-Aug-20	Covid Games	Chelmsford
SW35	400	Nina Brennan	64.64	AT W35 3rd	13-Sep-20	Club Closed Meeting 1	Hornchurch
SW	400	Ginte Bailey	67.49		13-Sep-20	Club Closed Meeting 1	Hornchurch
SW	400	Emily James	72.84		13-Sep-20	Club Closed Meeting 1	Hornchurch

Havering AC Female 2020 Rankings as at 30th September 2020

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	800	Lydia Hallam	2:14.82iA		25-Jan-20	Martin Luther King Invitational	Albuquerque NM
U17W	800	Natalie Sewell	2:20.30i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	800	Natalie Sewell	2:21.16		12-Sep-20	BFTTA Open	Dagenham
U15G	800	Stephanie Okoro	2:20.75i		15-Dec-19	SEAA Pentathlon	Lee Valley
U17W	800	Alice Brown	2:24.70i		14-Dec-19	SEAA Pentathlon	Lee Valley
U17W	800	Maddie Barker	2:23.53		20-Sep-20	Club Closed Meeting 2	Hornchurch
SW	800	Ginte Bailey	2:25.13		6-Sep-20	LICC Open R3	Lee Valley
U15G	800	Tilly Canty	2:26.11		20-Sep-20	Club Closed Meeting 2	Hornchurch
U17W	800	Sydney Foley	2:26.37		20-Sep-20	Club Closed Meeting 2	Hornchurch
SW	800	Zoe Hughes	2:26.98i		29-Feb-20	Ivy League Heps	Ithaca, NY
U15G	800	Ruby Higgins	2:28.08i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U17W	800	Hannah Yexley	2:29.27		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	800	Freya Long	2:30.76		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	800	Abigail Swan	2:31.71		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	800	Charlotte Evans	2:31.80		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	800	Ruby Tillson	2:33.40		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	800	Leila Jones	2:36.5i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U13G	800	Leila Jones	2:39.73i		22-Feb-20	Lee Valley Open	Lee Valley
U15G	800	Faith Wicks	2:37.84		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	800	Lucy Bacon	2:37.85		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	800	Hannah Evans	2:39.97		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	800	Rosie Warner	2:44.89		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	800	Maggie Smith	2:49.04		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	800	Charlotte Casey-Sweeney	2:53.22		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	800	Grace Tilson	2:56.78		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	800	Abigail Rogers	3:00.79		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	800	Scarlett Woods	3:06.94		20-Sep-20	Club Closed Meeting 2	Hornchurch
SW	1500	Ginte Bailey	4:53.59		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	1500	Maddie Barker	4:55.68		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	1500	Ruby Higgins	5:10.02		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	1500	Tilly Canty	5:15.24		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	1500	Abigail Swan	5:19.07		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	1500	Charlotte Evans	5:20.33		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	1500	Hannah Evans	5:24.94		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	1500	Freya Long	5:33.85		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	1500	Maggie Smith	5:46.67		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	1500	Lily Blackwell	5:53.78		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	1500	Abigail Rogers	6:05.07		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	1500	Scarlett Woods	6:09.96		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	1500	Grace Tilson	6:10.74		13-Sep-20	Club Closed Meeting 1	Hornchurch
SW	Mile	Lydia Hallam	4:53.13i		1-Feb-20	New Mexico Open	Albuquerque NM
U20W	3000	Kate O'Neill	10:02.98		21-Aug-20	Bromley Twilight Meeting	Bromley
SW	60HSW	Zoe Hughes	8.66i		14-Feb-20	Tiger Paw Open	Clemson SC
SW	60HSW	Chloe Williams	8.97i		8-Feb-20	Essex & Eastern Champs	Lee Valley
SW	100HSW	Chloe Williams	14.77		2-Aug-20	LICC Open L1	Lee Valley
U17W	60HU17W	Alice Brown	10.14i		14-Dec-19	SEAA Pentathlon	Lee Valley
U17W	80HU17W	Paige Robinson	12.45		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	60HU15W	Paris King	9.02i	AT U15G 1st	23-Feb-20	EA U15_17_20 Champs	Sheffield
U15G	60HU15W	Stephanie Okoro	9.49i		15-Mar-20	EA Pentathlon	Sheffield
U15G	60HU15W	Ruby Tillson	9.93i		15-Dec-19	SEAA Pentathlon	Lee Valley
U15G	60HU15W	Bethan Jarret	10.16i		11-Jan-20	SEAA Champs	Lee Valley
U15G	60HU15W	Eliza Poulson	10.51i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U15G	75HU15W	Paris King	11.61		1-Aug-20	LICC Open R1	Lee Valley
U15G	75HU15W	Stephanie Okoro	11.61	AT U15G 8th	13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	75HU15W	Bethan Jarret	11.99		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	75HU15W	Ruby Tillson	12.25		5-Sep-20	LICC Hurdles	Lee Valley
U15G	75HU15W	Eliza Poulson	12.68		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	75HU15W	Kayla Wyatt	13.25		5-Sep-20	LICC Hurdles	Lee Valley
U15G	75HU15W	Bethan Jarret	11.99		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	70HU13G	Maggie Smith	12.96		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	70HU13G	Oluwafisola Fagbadegun	13.75		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	70HU13G	Scarlett Woods	16.66		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	300HU17W	Alice Atkins	51.60		15-Aug-20	LICC Open R2	Lee Valley
SW35	400HW	Claire Brennan	69.98		20-Sep-20	Club Closed Meeting 2	Hornchurch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	LJ	Zoe Hughes	5.84i		29-Feb-20	Ivy League Heps	Ithaca, NY
SW	LJ	Mayi Hughes	5.56i		11-Jan-20	Beantown Challenge	Cambridge MA
U15G	LJ	Stephanie Okoro	5.03i		15-Dec-19	SEAA Pentathlon	Lee Valley
U20W	LJ	Tomi Sanwo	4.54i		29-Jan-20	Inter Varsity	Sheffield
U15G	LJ	Paris King	4.43		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	LJ	Ruby Tillson	4.43		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	LJ	Lucia Ward	4.40		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	LJ	Charlotte Casey-Sweeney	4.29		20-Sep-20	Club Closed Meeting 2	Hornchurch
U17W	LJ	Alice Brown	4.17i		14-Dec-19	SEAA Pentathlon	Lee Valley
U15G	LJ	Ruby Lendon	3.92		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	LJ	Maggie Smith	3.73		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	LJ	Abigail Rogers	3.12		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	LJ	Precious Fagbadegun	3.36i		8-Feb-20	Essex & Eastern Champs	Lee Valley
U15G	LJ	Precious Fagbadegun	2.94		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	LJ	Leila Jones	3.42i		8-Feb-20	Essex & Eastern Champs	Lee Valley
SW	TJ	Mayi Hughes	12.40i		18-Jan-20	Clemson Invitational	Clemson SC
U20W	TJ	Tomi Sanwo	10.25i		29-Jan-20	Steel Cup	Sheffield
U20W	TJ	Lydia Mwanza	9.12i		29-Jan-20	Association of College Champs	Lee Valley
SW35	PV	Claire Brennan	2.50		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	PV	Katie Ennis	2.20i	AT U15G 3rd	8-Feb-20	Essex & Eastern Champs	Lee Valley
SW	HJ	Zoe Hughes	1.58i		29-Feb-20	Ivy League Heps	Ithaca, NY
U17W	HJ	Paige Robinson	1.55		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	HJ	Dara Otitoju	1.52		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	HJ	Ruby Tillson	1.50i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U15G	HJ	Ruby Tillson	1.40		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	HJ	Alice Brown	1.44i		14-Dec-19	SEAA Pentathlon	Lee Valley
U15G	HJ	Stephanie Okoro	1.39i		15-Dec-19	SEAA Pentathlon	Lee Valley
U13G	HJ	Charlotte Casey-Sweeney	1.38		13-Sep-20	Club Closed Meeting 1	Hornchurch
U15G	HJ	Lucia Ward	1.40		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	HJ	Lucy Natrass	1.40		20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	HJ	Sophia Willson	1.30i		9-Feb-20	Essex & Eastern Champs	Lee Valley
U13G	HJ	Sophia Willson	1.25		13-Sep-20	Club Closed Meeting 1	Hornchurch
SW	SP4K	Zoe Hughes	12.81i		29-Feb-20	Ivy League Heps	Ithaca, NY
U20W	SP4K	Philippa Gill	10.28i		20-Nov-20	Cardiff Uni Dual Meet	Cardiff
U17W	SP3K	Alice Brown	10.61i		14-Dec-19	SEAA Pentathlon	Lee Valley
U15G	SP3K	Zikora Ezonwuka	10.34		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	SP3K	Stephanie Okoro	8.62i		15-Mar-20	EA Pentathlon	Sheffield
U15G	SP3K	Ruby Tillson	7.10i		15-Dec-19	SEAA Pentathlon	Lee Valley
U17W	DT1K	Alice Brown	41.91	AT U17W 3rd	13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	DT1K	Hannah Yexley	28.80		30-Aug-20	Covid Games	Chelmsford
U15G	DT1K	Katie Ennis	28.18		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	DT1K	Emily Peckett	27.30		13-Sep-20	Club Closed Meeting 1	Hornchurch
U17W	DT1K	Kemi Olofinjana	24.29		13-Sep-20	Club Closed Meeting 1	Hornchurch
SW35	DT1K	Nina Brennan	22.90		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	DT1K	Tilly Bunn	23.19		20-Sep-20	Club Closed Meeting 2	Hornchurch
U15G	DT1K	Isabelle Bartlett	20.92		20-Sep-20	Club Closed Meeting 2	Hornchurch
U20W	JT600	Adelaide Thatcher-Gray	39.06	AT U20W 4th	30-Aug-20	UK Javelin Comp	Lee Valley
U15G	JT500	Faith Reilly	30.41	AT U15G 4th	20-Sep-20	Club Closed Meeting 2	Hornchurch
U13G	JT400	Ella Natrass	15.50		13-Sep-20	Club Closed Meeting 1	Hornchurch
U13G	JT400	Scarlett Woods	14.69		20-Sep-20	Club Closed Meeting 2	Hornchurch
SW	PenISW	Zoe Hughes	3933i		29-Feb-20	Ivy League Heps	Ithaca, NY
U17W	PenIU17W	Alice Brown	2918i		14-Dec-19	SEAA Pentathlon	Lee Valley
U15G	PenIU15G	Stephanie Okoro	3071i	AT U15G 1st	15-Dec-19	SEAA Pentathlon	Lee Valley
U15G	PenIU15G	Ruby Tillson	2459i		15-Dec-19	SEAA Pentathlon	Lee Valley
U20W	4x100R	Okpalauko, Agnimel, Wright, Kavanagh	51.20		5-Sep-20	London Club: Connect Relays	Lee Valley
U17W	4x100R	Gbadebo, Thomas, Robinson, Payne	48.87	AT U17W 1st	5-Sep-20	London Club: Connect Relays	Lee Valley
U15G	4x100R	Campbell, King, Okoro, Cole	50.50		5-Sep-20	London Club: Connect Relays	Lee Valley
U13G	4x100R	Rogers, Woods, Smith, Casey-Sweeney	61.51		5-Sep-20	London Club: Connect Relays	Lee Valley