

HMAC Female rankings as at 09/10/2006

Age Group	Event	Name	Performance	Date	Meeting	Venue
U13	75	Emma Washbourne	11.0	25-Jun-06	NYAL Rd 4	Barking
U13	75	Simbiat Salami	11.0	23-Jul-06	NYAL Rd 5	Tonbridge
U13	75	Chelsey Walker	11.4	4-Jun-06	NYAL Rd 3	Bromley
U13	75	Rebecca O'Neill	11.5	23-Jul-06	NYAL Rd 5	Tonbridge
U13	75	Rhea Randhawa	12.4	30-Apr-06	NYAL Rd 1	Reading
U13	80	Emma Washbourne	11.6	19-Mar-06	Spring Warm up 1	Hornchurch
U13	80	Holly Donald	11.7	19-Mar-06	Spring Warm up 1	Hornchurch
U13	80	Chelsey Walker	12.2	19-Mar-06	Spring Warm up 1	Hornchurch
U13	80	Kate Hanshaw	12.3	19-Mar-06	Spring Warm up 1	Hornchurch
U13	80	Moli Geng	12.4	19-Mar-06	Spring Warm up 1	Hornchurch
U13	80	Loren Richards	12.5	19-Mar-06	Spring Warm up 1	Hornchurch
U13	80	Laura Drew	14.0	19-Mar-06	Spring Warm up 1	Hornchurch
U13	100	Simbiat Salami	14.4	24-Jun-06	SWL Rd 3	Eton
U13	100	Emma Washbourne	14.5	18-Jun-06	EYAL Rd 2	St Ives
U13	100	Holly Donald	14.6	14-Jun-06	Schools Cup Regional Final	Chelmsford
U13	100	Deborah Knight	14.9	2-Aug-06	Thurrock Open	Thurrock
U13	100	Tia Crane	15.1	20-Aug-06	EYAL Rd 5	Thurrock
U13	100	Chelsey Walker	15.4	9-Apr-06	Spring Warm up 2	Barking
U13	100	Rebecca O'Neill	15.4	9-Apr-06	Spring Warm up 2	Barking
U13	100	Deborah Knight	15.4	15-Apr-06	Chelmsford Open	Chelmsford
U13	100	Alicia Ewin	15.9	20-Aug-06	EYAL Rd 5	Thurrock
U13	100	Georgia Shields	16.7	9-Apr-06	Spring Warm up 2	Barking
U13	100	Tianna Blake	17.6	9-Apr-06	Spring Warm up 2	Barking
U13	150	Emma Washbourne	21.7	4-Jun-06	NYAL Rd 3	Bromley
U13	150	Simbiat Salami	22.3	23-Jul-06	NYAL Rd 5	Tonbridge
U13	150	Holly Donald	22.5	19-Mar-06	Spring Warm up 1	Hornchurch
U13	150	Rebecca O'Neill	22.5	4-Jun-06	NYAL Rd 3	Bromley
U13	150	Chelsey Walker	23.3	19-Mar-06	Spring Warm up 1	Hornchurch
U13	150	Kate Hanshaw	23.6	19-Mar-06	Spring Warm up 1	Hornchurch
U13	150	Loren Richards	23.9	19-Mar-06	Spring Warm up 1	Hornchurch
U13	150	Jessica Seekings	24.0	23-Jul-06	NYAL Rd 5	Tonbridge
U13	150	Laura Drew	27.5	19-Mar-06	Spring Warm up 1	Hornchurch
U13	200	Emma Washbourne	30.0	18-Jun-06	EYAL Rd 2	St Ives
U13	200	Nicola Peachey	30.7	9-Apr-06	Spring Warm up 2	Barking
U13	200	Rebecca O'Neill	30.79	10-Sep-06	EYAL Final	Bedford
U13	200	Simbiat Salami	31.0	7-May-06	EYAL Rd 1	St Albans
U13	200	Loren Richards	31.4	2-Jul-06	EYAL Rd 3	Bedford
U13	200	Chelsey Walker	32.4	9-Apr-06	Spring Warm up 2	Barking
U13	200	Deborah Knight	32.7	15-Apr-06	Chelmsford Open	Chelmsford
U13	200	Amanda Blaxland	33.5	2-Aug-06	Thurrock Open	Thurrock
U13	200	M Phillips	35.8	20-Aug-06	EYAL Rd 5	Thurrock
U13	200	P Ramsey	36.0	20-Aug-06	EYAL Rd 5	Thurrock
U13	200	Tianna Blake	37.5	9-Apr-06	Spring Warm up 2	Barking
U13	600	Eleanor Bounds	1:44.0	10-Jun-06	Essex Schools Champs	Chelmsford
U13	600	Rebecca O'Neill	1:46.1	10-Jun-06	Essex Schools Champs	Chelmsford
U13	600	Laura Drew	2:34.0	19-Mar-06	Spring Warm up 1	Hornchurch
U13	800	Eleanor Bounds	2:24.52	14-May-06	Essex Champs Day 3	Chelmsford
U13	800	Rebecca O'Neill	2:28.31	14-May-06	Essex Champs Day 3	Chelmsford
U13	800	Nicola Peachey	2:36.4	23-Jul-06	NYAL Rd 5	Tonbridge
U13	800	Amanda Blaxland	2:52.4	20-Aug-06	EYAL Rd 5	Thurrock
U13	800	Deborah Knight	2:54.49	14-May-06	Essex Champs Day 3	Chelmsford
U13	800	Shamila Golan	3:00.9	20-Aug-06	EYAL Rd 5	Thurrock
U13	800	Jennifer Harries	3:15.3	20-Aug-06	EYAL Rd 5	Thurrock
U13	1200	Eleanor Bounds	3:59.86	1-May-06	Essex Champs Day 1	Ilford
U13	1200	Rebecca O'Neill	4:01.35	1-May-06	Essex Champs Day 1	Ilford
U13	1200	Rebecca Stanley	4:21.1	25-Jun-06	NYAL Rd 4	Barking
U13	1200	Emma McAuliffe	4:21.44	1-May-06	Essex Champs Day 1	Ilford
U13	1200	Nicola Peachey	4:31.22	1-May-06	Essex Champs Day 1	Ilford
U13	1200	Deborah Knight	4:47.67	1-May-06	Essex Champs Day 1	Ilford
U13	1200	Jessica Seekings	4:57.8	21-May-06	NYAL Rd 2	Croydon
U13	1200	Rebecca Murphy	5:19.93	1-May-06	Essex Champs day 1	Ilford
U13	1500	Eleanor Bounds	4:59.2	1-Jul-06	Schools Cup Final	Bournemouth
U13	1500	Emma McAuliffe	5:18.0	16-May-06	Schools Cup	Thurrock
U13	1500	Nicola Peachey	5:31.2	1-Jul-06	Schools Cup Final	Bournemouth
U13	1500	Rebecca Stanley	5:32.4	20-Aug-06	EYAL Rd 5	Thurrock
U13	1500	Deborah Knight	6:02.9	18-Jun-06	EYAL Rd 2	St Ives
U13	1500	Hannah Bloy	6:15.0	30-Jul-06	EYAL Rd 4	Braintree
U13	70H	Nicola Peachey	12.8	25-Jun-06	NYAL Rd 4	Barking

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Age Group	Event	Name	Performance	Date	Meeting	Venue
U13	70H	Jessica Seekings	13.4	25-Jun-06	NYAL Rd 4	Barking
U13	70H	Sophie Baggs	14.3	30-Sep-06	Biggleswade Open	Sandy
U13	70H	P Ramsey	16.5	20-Aug-06	EYAL Rd 5	Thurrock
U13	70H	M Phillips	16.8	20-Aug-06	EYAL Rd 5	Thurrock
U13	DT	Sophie Baggs	20.74	1-Jul-06	Schools Cup Final	Bournemouth
U13	DTM	Lannahn Leary-Kiernan	28.52	19-Jul-06	Open meeting	Crawley
U13	DTM	Sophie Baggs	26.41?	27-Aug-06	Tate & Lyle Open	Newham
U13	DTM	Rebecca O'Neill	19.60	30-Sep-06	Biggleswade Open	Sandy
U13	DTM	Jessica Seekings	14.98	30-Jul-06	EYAL Rd 4	Braintree
U13	DTM	Erin Baggs	12.23	2-Aug-06	Thurrock Open	Thurrock
U13	DTM	Laura Drew	11.82	30-Jul-06	EYAL Rd 4	Braintree
U13	HJ	Sophie Baggs	1.30	1-May-06	Essex Champs Day 1	Ilford
U13	HJ	Nicola Peachey	1.28	24-Sep-06	Essex Pentathlon	Thurrock
U13	HJ	Simbiat Salami	1.25	2-Jul-06	EYAL Rd 3	Bedford
U13	HJ	Jessica Seekings	1.10	4-Jun-06	NYAL Rd 3	Bromley
U13	JTM	Deborah Knight	17.16	2-Aug-06	Thurrock Open	Thurrock
U13	JTM	Rebecca O'Neill	16.30	30-Jul-06	U13 Inter Counties	Kingston
U13	LJ	Nicola Peachey	4.19w	24-Sep-06	Essex Pentathlon	Thurrock
U13	LJ	Nicola Peachey	4.04	2-Jul-06	EYAL Rd 3	Bedford
U13	LJ	Holly Donald	4.07	10-Jun-06	Essex Schools Champs	Chelmsford
U13	LJ	Chelsey Walker	3.89	4-Jun-06	NYAL Rd 3	Bromley
U13	LJ	Georgia Shields	3.35	9-Apr-06	Spring Warm up 2	Barking
U13	LJ	Lannahn Leary-Kiernan	3.33	02-Aug-06	Thurrock Open	Thurrock
U13	LJ	Jessica Seekings	3.31	7-May-06	EYAL Rd 1	St Albans
U13	LJ	Rhea Randhawa	3.30	30-Apr-06	NYAL Rd 1	Reading
U13	LJ	Laura Drew	3.05	9-Apr-06	Spring Warm up 2	Barking
U13	LJ	Shamila Golan	2.99	30-Jul-06	EYAL Rd 4	Braintree
U13	LJ	Deborah Knight	2.80	30-Jul-06	EYAL Rd 4	Braintree
U13	LJ	Tianna Blake	2.67	9-Apr-06	Spring Warm up 2	Barking
U13	SPM	Lannahn Leary-Kiernan	7.54	10-Sep-06	EYAL Final	Bedford
U13	SPM	Sophie Baggs	6.97	20-Aug-06	EYAL Rd 5	Thurrock
U13	SPM	Deborah Knight	6.22	18-Jun-06	EYAL Rd 2	St Ives
U13	SPM	Jessica Seekings	6.07	20-Aug-06	EYAL Rd 5	Thurrock
U13	SPM	Rebecca O'Neill	5.62	4-Jun-06	NYAL Rd 3	Bromley
U13	SPM	Eleanor Bounds	5.33	30-Apr-06	NYAL Rd 1	Reading
U13	SPM	Laura Drew	4.98	30-Jul-06	EYAL Rd 4	Braintree