

Havering AC Female 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	75	Stephanie Okoro	10.16w	AT U13G w/a	19-May-18	YDL LAG R2	Bromley
U13G	75	Stephanie Okoro	10.5	AT U13G =9th	21-Jul-18	YDL LAG R4	Hornchurch
U13G	75	Stephanie Okoro	10.51		17-Jun-18	YDL LAG R3	Reading
U13G	75	Paris King	10.40	AT U13G =5th	19-May-18	YDL LAG R2	Bromley
U13G	75	Rania Richards	10.84		19-May-18	YDL LAG R2	Bromley
U13G	75	Lucy Natrass	11.53		17-Jun-18	YDL LAG R3	Reading
U13G	75	Heidi Aylen	11.59		21-Apr-18	YDL LAG R1	Bracknell
U13G	75	Isabelle Bradley	11.72		21-Apr-18	YDL LAG R1	Bracknell
U13G	75	Isabelle Bartlett	11.95		19-May-18	YDL LAG R2	Bromley
U13G	100	Paris King	13.35	AT U13G 8th	21-Aug-18	Woodford Open	Woodford
U13G	100	Stephanie Okoro	13.4	AT U13G =9th	5-Aug-18	EYAL R5	St Albans
U13G	100	Stephanie Okoro	13.66		8-Aug-18	Watford Open	Watford
U13G	100	Rania Richards	14.0		16-Sep-18	Havering Club Championships	Hornchurch
U13G	100	Rania Richards	14.52		8-Jul-18	EYAL R4	Hendon
U13G	100	Cassie Campbell	14.4		5-Aug-18	EYAL R5	St Albans
U13G	100	Cassie Campbell	14.50w		8-Jul-18	EYAL R4	Hendon
U13G	100	Isabelle Bradley	14.6		5-Aug-18	EYAL R5	St Albans
U13G	100	Lucy Natrass	14.61w		8-Jul-18	EYAL R4	Hendon
U13G	100	Lucy Natrass	15.4		5-Aug-18	EYAL R5	St Albans
U13G	100	Heidi Aylen	14.63w		8-Jul-18	EYAL R4	Hendon
U13G	100	Heidi Aylen	14.8		3-Jun-18	EYAL R3	Colchester
U13G	100	Lucy Boys	15.0		3-Jun-18	EYAL R3	Colchester
U13G	100	Ruby Tillson	15.12w		8-Jul-18	EYAL R4	Hendon
U13G	100	Lucy Gilham	15.4		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13G	100	Isabelle Bartlett	15.5		16-Sep-18	Havering Club Championships	Hornchurch
U13G	100	Mya Burton	15.5		16-Sep-18	Havering Club Championships	Hornchurch
U13G	100	Gabrielle Purdie	15.6		6-May-18	EYAL R2	Ipswich
U13G	100	Precious Fagbadegun	15.8		6-May-18	EYAL R2	Ipswich
U13G	100	Man Man Chau	16.2		16-Sep-18	Havering Club Championships	Hornchurch
U13G	100	Zikora Ezeonwuka	16.3		16-Sep-18	Havering Club Championships	Hornchurch
U13G	100	Hannah Evans	16.7		16-Sep-18	Havering Club Championships	Hornchurch
U13G	100	Emily Wapshott	17.2		16-Sep-18	Havering Club Championships	Hornchurch
U13G	100	Jessie Rees	17.36w		8-Jul-18	EYAL R4	Hendon
U13G	100	Jessie Rees	17.5		5-Aug-18	EYAL R5	St Albans
U13G	100	Megan Cook	17.4		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13G	100	Emily Wapshott	17.5		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13G	150	Stephanie Okoro	20.2	AT U13G 3rd	21-Jul-18	YDL LAG R4	Hornchurch
U13G	150	Paris King	20.5	AT U13G =5th	21-Jul-18	YDL LAG R4	Hornchurch
U13G	150	Ruby Higgins	21.52		17-Jun-18	YDL LAG R3	Reading
U13G	150	Rania Richards	21.81		19-May-18	YDL LAG R2	Bromley
U13G	150	Heidi Aylen	22.28		19-May-18	YDL LAG R2	Bromley
U13G	200	Stephanie Okoro	28.0		3-Jun-18	EYAL R3	Colchester
U13G	200	Stephanie Okoro	28.15		22-Aug-18	Watford Open	Watford
U13G	200	Paris King	28.48w		8-Jul-18	EYAL R4	Hendon
U13G	200	Paris King	28.61		21-Aug-18	Woodford Open	Woodford
U13G	200	Ruby Higgins	28.98		8-Jul-18	EYAL R4	Hendon
U13G	200	Lucy Natrass	29.72w		8-Jul-18	EYAL R4	Hendon
U13G	200	Lucy Natrass	30.2		3-Jun-18	EYAL R3	Colchester
U13G	200	Cassie Campbell	30.07w		8-Jul-18	EYAL R4	Hendon
U13G	200	Cassie Campbell	30.6		5-Aug-18	EYAL R5	St Albans
U13G	200	Rania Richards	30.2		5-Aug-18	EYAL R5	St Albans
U13G	200	Rania Richards	30.55w		8-Jul-18	EYAL R4	Hendon
U13G	200	Rania Richards	31.92		13-May-18	Essex Championships	Chelmsford
U13G	200	Sophia Stephanou	30.7		16-Sep-18	Havering Club Championships	Hornchurch
U13G	200	Heidi Aylen	30.8		3-Jun-18	EYAL R3	Colchester
U13G	200	Heidi Aylen	31.80		11-Aug-18	SEAA U13/U15/U17 Champs	Lee Valley
U13G	200	Isabelle Bradley	31.3		5-Aug-18	EYAL R5	St Albans
U13G	200	Lucy Boys	31.5		6-May-18	EYAL R2	Ipswich
U13G	200	Gabrielle Purdie	31.6		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13G	200	Mya Burton	31.6		16-Sep-18	Havering Club Championships	Hornchurch
U13G	200	Cassie Campbell	32.0		16-Sep-18	Havering Club Championships	Hornchurch
U13G	200	Callie Bovill	32.7		6-May-18	EYAL R2	Ipswich
U13G	200	Precious Fagbadegun	32.7		16-Sep-18	Havering Club Championships	Hornchurch
U13G	200	Eliza Poulson	33.1		16-Sep-18	Havering Club Championships	Hornchurch
U13G	200	Isabelle Bartlett	34.3		15-Apr-18	EYAL R1	Bury St Edmunds
U13G	200	Emily Wapshott	35.9		8-Apr-18	Havering Spring Warm Up	Hornchurch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	600	Stephanie Okoro	1:45.59	AT U13G 6th	20-Aug-18	Blackheath & Bromley Open	Bromley
U13G	800	Stephanie Okoro	2:21.6		3-Jun-18	EYAL R3	Colchester
U13G	800	Stephanie Okoro	2:22.03		13-May-18	Essex Championships	Chelmsford
U13G	800	Ruby Higgins	2:27.10		8-Jul-18	EYAL R4	Hendon
U13G	800	Freya Long	2:34.3		5-Aug-18	EYAL R5	St Albans
U13G	800	Freya Long	2:34.43		17-Jun-18	YDL LAG R3	Reading
U13G	800	Ruby Tillson	2:37.4		21-Jul-18	YDL LAG R4	Hornchurch
U13G	800	Ruby Tillson	2:46.88		8-Jul-18	EYAL R4	Hendon
U13G	800	Heidi Aylen	2:42.7		21-Jul-18	YDL LAG R4	Hornchurch
U13G	800	Heidi Aylen	2:50.76		28-Apr-18	Essex Pentathlon Champs	Thurrock
U13G	800	Emily Wapshott	2:45.3		21-Jul-18	YDL LAG R4	Hornchurch
U13G	800	Emily Wapshott	2:49.93		19-May-18	YDL LAG R2	Bromley
U13G	800	Gabrielle Purdie	2:45.4		5-Aug-18	EYAL R5	St Albans
U13G	800	Charlotte Evans	2:48.8		16-Sep-18	Havering Club Championships	Hornchurch
U13G	800	Hannah Evans	2:50.81		8-Jul-18	EYAL R4	Hendon
U13G	800	Lucy Nattrass	2:51.70		21-Apr-18	YDL LAG R1	Bracknell
U13G	800	Georgina Moran	2:51.8		6-May-18	EYAL R2	Ipswich
U13G	800	Kate Ruane	2:53.2		3-Jun-18	EYAL R3	Colchester
U13G	800	Callie Bovill	2:55.1		15-Apr-18	EYAL R1	Bury St Edmunds
U13G	800	Ruby Lendon	2:59.7		5-Aug-18	EYAL R5	St Albans
U13G	800	Ruby Lendon	3:00.25		19-May-18	YDL LAG R2	Bromley
U13G	800	Charlotte Grundy	3:01.26		28-Apr-18	Essex Pentathlon Champs	Thurrock
U13G	800	Isabelle Bartlett	3:14.18		27-Aug-18	Kent Pentathlon Champs	Dartford
U13G	1200	Stephanie Okoro	3:55.6	AT U13G 4th	21-Jul-18	YDL LAG R4	Hornchurch
U13G	1200	Ruby Higgins	3:56.98	AT U13G 6th	17-Jun-18	YDL LAG R3	Reading
U13G	1200	Tilly Canty	4:01.00	AT U13G 10th	19-May-18	YDL LAG R2	Bromley
U13G	1200	Freya Long	4:04.56		19-May-18	YDL LAG R2	Bromley
U13G	1200	Emily Wapshott	4:36.89		21-Apr-18	YDL LAG R1	Bracknell
U13G	1500	Stephanie Okoro	5:01.97	AT U13G 6th	8-Jul-18	EYAL R4	Hendon
U13G	1500	Ruby Higgins	5:02.1	AT U13G 7th	16-Sep-18	Havering Club Championships	Hornchurch
U13G	1500	Ruby Higgins	5:05.59mx		5-Sep-18	Watford Open	Watford
U13G	1500	Ruby Higgins	5:14.15		13-May-18	Essex Championships	Chelmsford
U13G	1500	Freya Long	5:15.2		7-Jul-18	ESAA Track & Field Cup	Gateshead
U13G	1500	Tilly Canty	5:16.6		6-May-18	EYAL R2	Ipswich
U13G	1500	Tilly Canty	5:22.50		13-May-18	Essex Championships	Chelmsford
U13G	1500	Hannah Evans	5:39.5		16-Sep-18	Havering Club Championships	Hornchurch
U13G	1500	Charlotte Evans	5:42.94		8-Jul-18	EYAL R4	Hendon
U13G	Mile	Tilly Canty	6:05.75		4-Sep-18	Woodford Open	Woodford
U13G	70HU13G	Paris King	11.78	AT U13G 6th	8-Jul-18	EYAL R4	Hendon
U13G	70HU13G	Heidi Aylen	12.48		19-May-18	YDL LAG R2	Bromley
U13G	70HU13G	Freya Long	12.9		5-Aug-18	EYAL R5	St Albans
U13G	70HU13G	Freya Long	13.13		17-Jun-18	YDL LAG R3	Reading
U13G	70HU13G	Gabrielle Purdie	13.1		2-Sep-18	EYAL Top 6 Final	Ipswich
U13G	70HU13G	Charlotte Grundy	14.0		15-Apr-18	EYAL R1	Bury St Edmunds
U13G	70HU13G	Charlotte Grundy	14.34		28-Apr-18	Essex Pentathlon Champs	Thurrock
U13G	70HU13G	Isabelle Bartlett	15.18		27-Aug-18	Kent Pentathlon Champs	Dartford
U13G	70HU13G	Lucy Nattrass	15.79		27-Aug-18	Kent Pentathlon Champs	Dartford
U13G	70HU13G	Ruby Lendon	19.2		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13G	HJ	Stephanie Okoro	1.38		17-Jun-18	YDL LAG R3	Reading
U13G	HJ	Charlotte Grundy	1.35		15-Apr-18	EYAL R1	Bury St Edmunds
U13G	HJ	Isabelle Bartlett	1.30		21-Apr-18	YDL LAG R1	Bracknell
U13G	HJ	Lucy Nattrass	1.24		27-Aug-18	Kent Pentathlon Champs	Dartford
U13G	HJ	Megan Cook	1.20		3-Jun-18	EYAL R3	Colchester
U13G	HJ	Heidi Aylen	1.20		8-Jul-18	EYAL R4	Hendon
U13G	HJ	Lucy Gilham	1.20		16-Sep-18	Havering Club Championships	Hornchurch
U13G	HJ	Gabrielle Purdie	1.15		6-May-18	EYAL R2	Ipswich
U13G	HJ	Isabelle Bradley	1.10		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13G	HJ	Precious Fagbadegun	1.10		6-May-18	EYAL R2	Ipswich
U13G	HJ	Freya Long	1.05		28-Apr-18	Essex Pentathlon Champs	Thurrock
U13G	LJ	Stephanie Okoro	4.83	AT U13G 3rd	16-Sep-18	Havering Club Championships	Hornchurch
U13G	LJ	Paris King	4.57	AT U13G 9th	16-Sep-18	Havering Club Championships	Hornchurch
U13G	LJ	Charlotte Grundy	3.93		5-Aug-18	EYAL R5	St Albans
U13G	LJ	Freya Long	3.88		5-Aug-18	EYAL R5	St Albans
U13G	LJ	Lucy Nattrass	3.63		8-Jul-18	EYAL R4	Hendon
U13G	LJ	Isabelle Bartlett	3.58		15-Apr-18	EYAL R1	Bury St Edmunds
U13G	LJ	Mya Burton	3.57		16-Sep-18	Havering Club Championships	Hornchurch
U13G	LJ	Heidi Aylen	3.19		27-Aug-18	Kent Pentathlon Champs	Dartford
U13G	LJ	Ruby Tillson	3.10		16-Sep-18	Havering Club Championships	Hornchurch
U13G	LJ	Georgina Moran	3.09		6-May-18	EYAL R2	Ipswich
U13G	LJ	Katie Ennis	2.92		5-Aug-18	EYAL R5	St Albans
U13G	LJ	Jessie Rees	2.78		5-Aug-18	EYAL R5	St Albans
U13G	LJ	Megan Cook	2.32		8-Apr-18	Havering Spring Warm Up	Hornchurch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13G	SP2.72K	Isabella Uzal	8.79	AT U13G 7th	16-Sep-18	Havering Club Championships	Hornchurch
U13G	SP2.72K	Zikora Ezeonwuka	8.18		16-Sep-18	Havering Club Championships	Hornchurch
U13G	SP2.72K	Heidi Aylen	6.70		27-Aug-18	Kent Pentathlon Champs	Dartford
U13G	SP2.72K	Isabelle Bartlett	6.69		8-Jul-18	EYAL R4	Colchester
U13G	SP2.72K	Faith Reilly	6.54		5-Aug-18	EYAL R5	St Albans
U13G	SP2.72K	Paris King	6.39		3-Jun-18	EYAL R3	Colchester
U13G	SP2.72K	Katie Ennis	6.18		15-Apr-18	EYAL R1	Bury St Edmunds
U13G	SP2.72K	Charlotte Grundy	5.76		28-Apr-18	Essex Pentathlon Champs	Thurrock
U13G	SP2.72K	Man Man Chau	5.61		16-Sep-18	Havering Club Championships	Hornchurch
U13G	SP2.72K	Lucy Nattrass	5.10		27-Aug-18	Kent Pentathlon Champs	Dartford
U13G	SP2.72K	Freya Long	4.99		28-Apr-18	Essex Pentathlon Champs	Thurrock
U13G	SP2.72K	Ruby Brown	3.70		15-Apr-18	EYAL R1	Bury St Edmunds
U13G	DT0.75K	Katie Ennis	30.58	AT U13G 3rd	16-Sep-18	Havering Club Championships	Hornchurch
U13G	DT0.75K	Faith Reilly	23.40		16-Sep-18	Havering Club Championships	Hornchurch
U13G	DT0.75K	Zikora Ezeonwuka	20.39		16-Sep-18	Havering Club Championships	Hornchurch
U13G	DT0.75K	Isabella Uzal	19.64		16-Sep-18	Havering Club Championships	Hornchurch
U13G	DT0.75K	Ruby Brown	16.69		15-Apr-18	EYAL R1	Bury St Edmunds
U13G	DT0.75K	Isabelle Bartlett	15.34		8-Jul-18	EYAL R4	Hendon
U13G	DT0.75K	Katy Mitchell	14.73		15-Apr-18	EYAL R1	Bury St Edmunds
U13G	JT400	Faith Reilly	26.06	AT U13G 4th	5-Aug-18	EYAL R5	St Albans
U13G	JT400	Katie Ennis	19.83		16-Sep-18	Havering Club Championships	Hornchurch
U13G	JT400	Rania Richards	15.86		17-Jun-18	YDL LAG R3	Reading
U13G	JT400	Charlotte Grundy	10.02		3-Jun-18	EYAL R3	Colchester
U13G	JT400	Ruby Brown	8.79		15-Apr-18	EYAL R1	Bury St Edmunds
U13G	HT3K	Katie Ennis	18.37	AT U13W 1st	12-May-18	Essex Championships	Chelmsford
U13G	PenU13G	Heidi Aylen	1703		27-Aug-18	Kent Pentathlon Champs	Dartford
U13G	PenU13G	Charlotte Grundy	1527		28-Apr-18	Essex Pentathlon Champs	Thurrock
U13G	PenU13G	Freya Long	1474		28-Apr-18	Essex Pentathlon Champs	Thurrock
U13G	PenU13G	Isabelle Bartlett	1384		27-Aug-18	Kent Pentathlon Champs	Dartford
U13G	PenU13G	Lucy Nattrass	1351		27-Aug-18	Kent Pentathlon Champs	Dartford