

HMAC Female rankings as at 09/10/2006

Age Group	Event	Name	Performance	Date	Meeting	Venue
U15	80	Rebecca Clements	11.1	5-Apr-06	Spring Warm up 1	Hornchurch
U15	80	Kike Oniwinde	12.0	19-Mar-06	Spring Warm up 1	Hornchurch
U15	80	Nicole Dalton	12.1	19-Mar-06	Spring Warm up 1	Hornchurch
U15	100	Rebecca Clements	13.6	7-May-06	EYAL Rd 1	St Albans
U15	100	Alex Edwards	13.8	4-Jun-06	NYAL Rd 3	Bromley
U15	100	Lilla Jacks	14.1	4-Jun-06	NYAL Rd 3	Bromley
U15	100	Lucy Newman	14.3	30-Jul-06	EYAL Rd 4	Braintree
U15	100	Nicole Dalton	14.6	15-Jul-06	SWL Rd 4	Barking
U15	100	Samantha Hill	14.7	20-May-06	SWL Rd 2	Southampton
U15	100	Kike Oniwinde	14.8	30-Jul-06	EYAL Rd 4	Braintree
U15	100	Kelly Jarrold	15.3	9-Apr-06	Spring Warm up 2	Barking
U15	100	Prescilla Nyemba	16.0	9-Apr-06	Spring Warm up 2	Barking
U15	100	Michelle Lovell	16.6	30-Jul-06	EYAL Rd 4	Braintree
U15	150	Rebecca Clements	20.6	19-Mar-06	Spring Warm up 1	Hornchurch
U15	150	Kike Oniwinde	22.5	19-Mar-06	Spring Warm up 1	Hornchurch
U15	200	Rebecca Clements	27.9	4-Jun-06	NYAL Rd 3	Bromley
U15	200	Leah Summers	28.2	4-Jun-06	NYAL Rd 3	Bromley
U15	200	Alex Edwards	28.2	10-Jun-06	Essex Schools Champs	Chelmsford
U15	200	Nicole Dalton	28.7	18-Jun-06	EYAL Rd 2	St Ives
U15	200	Lucy Newman	28.9	21-May-06	NYAL Rd 2	Croydon
U15	200	Lilla Jacks	29.2	2-Jul-06	EYAL Rd 3	Bedford
U15	200	Emma Fox	30.6	24-Jun-06	SWL Rd 3	Eton
U15	200	Jessica Humpheryes	30.9	12-Jun-06	Schools Cup E Reg Final	Bedford
U15	200	Kike Oniwinde	32.4	20-May-06	SWL Rd 2	Southampton
U15	200	Paris Westfield	40.9	9-Apr-06	Spring Warm up 2	Barking
U15	300	Leah Summers	46.2	30-Jul-06	EYAL Rd 4	Braintree
U15	300	Nicole Dalton	47.3	30-Jul-06	EYAL Rd 4	Braintree
U15	300	Lucy Newman	47.3	30-Jul-06	EYAL Rd 4	Braintree
U15	300	Rebecca Clements	47.9	20-Aug-06	EYAL Rd 5	Thurrock
U15	300	Alex Edwards	48.04	10-Sep-06	EYAL Final	Bedford
U15	300	Georgia Davies	51.3	7-May-06	EYAL Rd 1	St Albans
U15	300	Michelle Lovell	54.0	30-Jul-06	EYAL Rd 4	Braintree
U15	600	Georgia Davies	1:56.0	19-Mar-06	Spring Warm up 1	Hornchurch
U15	600	Nicole Dalton	2:03.1	19-Mar-06	Spring Warm up 1	Hornchurch
U15	800	Jennifer Holland	2:32.4	2-Jul-06	EYAL Rd 3	Bedford
U15	800	Emma Fox	2:33.1	18-Jun-06	EYAL Rd 2	St Ives
U15	800	Rebecca Luck	2:44.08	31-May-06	Watford Open	Watford
U15	800	Jade Timothy	2:44.3	2-Sep-06	SWL Rd 6	Stevenage
U15	800	Sidnie Sales	2:44.78	14-May-06	Essex Champs Day 3	Chelmsford
U15	800	Georgia Davies	2:45.9	30-Apr-06	NYAL Rd 1	Reading
U15	800	Nicole Dalton	2:49.9	9-Apr-06	Spring Warm up 2	Barking
U15	800	Rebecca Clements	2:52.2	2-Jul-06	EYAL Rd 3	Bedford
U15	800	Sam Hill	3:00.0	24-Sep-06	Essex Pentathlon	Thurrock
U15	1200	Emma Fox	4:18.6	19-Mar-06	Spring Warm up 1	Hornchurch
U15	1500	Zoey Littlechild	5:05.1	23-Jul-06	NYAL Rd 5	Tonbridge
U15	1500	Emma Fox	5:10.7	2-Jul-06	EYAL Rd 3	Bedford
U15	1500	Jennifer Holland	5:13.1	23-Jul-06	NYAL Rd 5	Tonbridge
U15	1500	Sidnie Sales	5:15.0	16-May-06	Schools Cup	Thurrock
U15	1500	Rebecca Luck	5:33.0	14-Jun-06	Schools Cup E Reg Final	Chelmsford
U15	1500	Jade Timothy	5:43.1	9-Apr-06	Spring Warm up 2	Barking
U15	75H	Angela James	13.0	10-Sep-06	EYAL Final	Bedford
U15	75H	Samantha Hill	14.6	24-Sep-06	Essex Pentathlon	Thurrock
U15	75H	Nicola Peachey (U13)	15.3	24-Sep-06	Essex Pentathlon	Thurrock
U15	75H	Emma Fox	16.0	24-Jun-06	SWL Rd 3	Eton
U15	75H	Rebecca Luck	16.5	20-Aug-06	EYAL Rd 5	Thurrock
U15	75H	Kelly Jarrold	16.7	20-Aug-06	EYAL Rd 5	Thurrock
U15	75H	Nicole Dalton	17.5	30-Apr-06	NYAL Rd 1	Reading

HMAC Female rankings as at 09/10/2006

Age Group	Event	Name	Performance	Date	Meeting	Venue
U15	DT	Jessica Humpheryes	28.66	26-Aug-06	Southern Inter Counties	Eton
U15	DT	Samantha Hill	25.12	15-Jul-06	SWL Rd 4	Barking
U15	DT	Rebecca Luck	24.22	14-Jun-06	Schools Cup E Reg Final	Chelmsford
U15	DT	Katherine Knight	18.62	1-May-06	Essex Champs Day 1	Ilford
U15	DT	Nicole Dalton	15.51	20-May-06	SWL Rd 2	Southampton
U15	DT	Amy Cox	13.79	24-Jun-06	SWL Rd 3	Eton
U15	DT	Sidnie Sales	13.10	20-Aug-06	EYAL Rd 5	Thurrock
U15	HJ	Angela James	1.55	10-Sep-06	EYAL Final	Bedford
U15	HJ	Jennifer Holland	1.45	24-Jun-06	SWL Rd 3	Eton
U15	HJ	Sam Hill	1.28	24-Sep-06	Essex Pentathlon	Thurrock
U15	HJ	Rebecca Clements	1.25	4-Jun-06	NYAL Rd 3	Bromley
U15	HJ	Nicole Dalton	1.25	24-Jun-06	SWL Rd 3	Eton
U15	HJ	Kike Oniwinde	1.15	30-Apr-06	NYAL Rd 1	Reading
U15	JT	Kike Oniwinde	30.57	9-Apr-06	Spring Warm up 2	Barking
U15	JT	Sidnie Sales	24.17	1-Jul-06	Schools Cup Final	Bournemouth
U15	JT	Jessica Humpheryes	20.50	30-Apr-06	NYAL Rd 1	Reading
U15	JT	Jennifer Holland	19.47	2-Sep-06	SWL Rd 6	Stevenage
U15	JT	Nicole Dalton	17.83	18-Jun-06	EYAL Rd 2	St Ives
U15	JT	Samantha Hill	15.63	1-May-06	Essex Champs Day 1	Ilford
U15	JT	Nicole Dalton	13.79	23-Jul-06	NYAL Rd 5	Tonbridge
U15	JT	Georgia Davies	13.16	20-May-06	SWL Rd 2	Southampton
U15	JT	Katherine Knight	12.50	30-Jul-06	EYAL Rd 4	Braintree
U15	LJ	Samantha Hill	4.10w	24-Sep-06	Essex Pentathlon	Thurrock
U15	LJ	Samantha Hill	3.57	30-Apr-06	NYAL Rd 1	Reading
U15	LJ	Nicole Dalton	4.08	30-Jul-06	EYAL Rd 4	Braintree
U15	LJ	Lucy Newman	4.04	12-Jun-06	Schools Cup E Reg Final	Bedford
U15	LJ	Kike Oniwinde	3.90	2-Jul-06	EYAL Rd 3	Bedford
U15	LJ	Jessica Humpheryes	3.82	23-Jul-06	NYAL Rd 5	Tonbridge
U15	LJ	Kelly Jarrod	3.82	30-Jul-06	EYAL Rd 4	Braintree
U15	LJ	Rebecca Clements	3.79	24-Jun-06	SWL Rd 3	Eton
U15	LJ	Jennifer Holland	3.61	21-May-06	NYAL Rd 2	Croydon
U15	LJ	Lilla Jacks	3.49	18-Jun-06	EYAL Rd 2	St Ives
U15	SPG	Samantha Hill	8.68	15-Jul-06	SWL Rd 4	Barking
U15	SPG	Kike Oniwinde	8.19	10-Sep-06	EYAL Final	Bedford
U15	SPG	Nicole Dalton	7.35	30-Jul-06	EYAL Rd 4	Braintree
U15	SPG	Becky Luck	6.75	15-Jul-06	SWL Rd 4	Barking
U15	SPG	Georgia Davies	6.41	20-May-06	SWL Rd 2	Southampton
U15	SPG	Nicola Peachey (U13)	5.99	24-Sep-06	Essex Pentathlon	Thurrock
U15	SPG	Amy Cox	5.94	24-Jun-06	SWL Rd 3	Eton
U15	SPG	Alex Edwards	5.25	25-Jun-06	NYAL Rd 4	Barking