

## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15W	60	Holly Nash	8.75i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60	Hollie King	9.0i		16-Mar-14	EAN Indoor Open	Chelmsford
U15W	60	H.King	9.23i		11-Jan-14	Lee Valley U13-U15 Open	Lee Valley
U15W	100	Abigail Shipton	13.06		07-Jun-14	Essex Schools Champs	Chelmsford
U15W	100	Holly Nash	13.4		13-Jul-14	EYAL R4	Cambridge
U15W	100	H.Nash	13.82		31-May-14	YDL Lower U13-U15 R2	Croydon
U15W	100	Isobel McDonach	13.5		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	100	McDonach	13.81		31-May-14	YDL Lower U13-U15 R2	Croydon
U15W	100	Josie Waddams	13.8		13-Jul-14	EYAL R4	Cambridge
U15W	100	Waddams	14.84		5-Apr-14	Alpha Trophy	Lee Valley
U15W	100	Hannah Allen	13.8		14-Sep-14	Club Championships	Hornchurch
U15W	100	Jaznial Bolton	14.0		3-Aug-14	EYAL R5	Sandy
U15W	100	Shannon Dooley	14.0		14-Sep-14	Club Championships	Hornchurch
U15W	100	Elizabeth Adams	14.1		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	100	Adams	14.52		12-Apr-14	Lee Valley U13-U15 Open	Lee Valley
U15W	100	Isabella Purdie	14.3		3-May-14	YDL Lower U13-U15	Bournemouth
U15W	100	Alice Mastroianni	14.3		13-Jul-14	EYAL R4	Cambridge
U15W	100	Hollie King	14.7		3-May-14	YDL Lower U13-U15	Bournemouth
U15W	100	H. King	15.15		13-Apr-14	EYAL R1	Woodford
U15W	100	Emily Martin	14.9		13-Jul-14	EYAL R4	Cambridge
U15W	100	Grace McLeod	14.9		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	100	Emily Crown	15.0		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	100	Philippa Gill	15.24		12-Apr-14	Lee Valley U13-U15 Open	Lee Valley
U15W	100	Sophie Taylor	15.25		13-Apr-14	EYAL R1	Woodford
U15W	100	Millie Bullen	15.4		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	100	Aoife O'Sullivan	15.8		13-Jul-14	EYAL R4	Cambridge
U15W	100	Yinka Shokunbi	16.2		30-Mar-14	Havering Open	Hornchurch
U15W	100	Y.Shokunbi	17.02		5-Apr-14	Alpha Trophy	Lee Valley
U15W	200	Holly Nash	27.3		13-Jul-14	EYAL R4	Cambridge
U15W	200	H.Nash	28.33		07-Jun-14	Essex Schools Champs	Chelmsford
U15W	200	Victoria Adebowale	27.3		16-Jun-14	Schools Cup Reg Final	Hendon
U15W	200	Adebowale	27.86i		9-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	200	Abigail Shipton	27.4		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	200	Shipton	27.84		31-May-14	YDL Lower U13-U15 R2	Croydon
U15W	200	Riva Siggins	28.5		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	200	Mayi Hughes	28.85i		9-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	200	Ma. Hughes	30.9		11-May-14	EYAL R2	Southend
U15W	200	Isobel McDonach	29.15		5-Apr-14	Alpha Trophy	Lee Valley
U15W	200	Alice Mastroianni	29.6		13-Jul-14	EYAL R4	Cambridge
U15W	200	Jaznial Bolton	29.8		3-Aug-14	EYAL R5	Sandy
U15W	200	Elysha Thatcher-Gray	30.4		3-Aug-14	EYAL R5	Sandy
U15W	200	Josie Waddams	30.5		30-Mar-14	Havering Open	Hornchurch
U15W	200	Lucy Scrutton	30.6		30-Mar-14	Havering Open	Hornchurch
U15W	200	Hollie King	30.8		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	200	Jaydah Alexander	31.3		11-May-14	EYAL R2	Southend
U15W	200	Emily Martin	31.5		13-Jul-14	EYAL R4	Cambridge
U15W	200	Emily Crown	31.7		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	200	Sophie Rand	34.30		5-May-14	Mile End Open	Mile End
U15W	200	Catherine Barker	35.7		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	300	Becca Brown	45.56		18-May-14	Essex Champs Day 1	Chelmsford
U15W	300	Elysha Thatcher-Gray	46.2		22-Jun-14	YDL Lower U13-U15 R3	Eton
U15W	300	E. Thatcher-Gray	48.13		13-Apr-14	EYAL R1	Woodford
U15W	300	Josie Waddams	46.2		13-Jul-14	EYAL R4	Cambridge
U15W	300	Isobel McDonach	46.29		18-May-14	Essex Champs Day 1	Chelmsford
U15W	300	Katie Mitchell	48.6		11-May-14	EYAL R2	Southend
U15W	300	Riva Siggins	48.6		14-Sep-14	Club Championships	Hornchurch
U15W	300	Jessica Mitchell	49.4		13-Jul-14	EYAL R4	Cambridge
U15W	300	Emily James	52.1		11-May-14	EYAL R2	Southend
U15W	300	Emily Martin	52.9		14-Sep-14	Club Championships	Hornchurch
U15W	300	Amelia Day	60.6		30-Mar-14	Havering Open	Hornchurch
U15W	800	Becca Brown	2:23.37		24-May-14	Essex Champs Day 2	Chelmsford
U15W	800	Katie Mitchell	2:25.44		24-May-14	Essex Champs Day 2	Chelmsford
U15W	800	Emily Marshall	2:29.2		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	800	Marshall	2:29.80		07-Jun-14	Essex Schools Champs	Chelmsford
U15W	800	Jessica Mitchell	2:32.3		3-Aug-14	EYAL R5	Sandy
U15W	800	J.Mitchell	2:36.67		24-May-14	Essex Champs Day 2	Chelmsford
U15W	800	Kate O'Neill	2:35.1		13-May-14	Woodford Open	Woodford
U15W	800	O'Neill	2:35.46mx		8-Jul-14	Woodford Open	Woodford
U15W	800	Sophie Rand	2:39.77		5-May-14	Mile End Open	Mile End
U15W	800	Grace McLeod	2:43.8		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch

## Havering AC Female 2014 Rankings as at 30/09/2014

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15W	800	Catherine Barker	2:47.90		23-Apr-14	Watford Open	Watford
U15W	800	Maria Holloway	2:48.2		30-Mar-14	Havering Open	Hornchurch
U15W	800	Mayi Hughes	2:51.55		21-Sep-14	ESAA Multi Events	Boston
U15W	800	Elysha Thatcher-Gray	2:51.62		13-Apr-14	EYAL R1	Woodford
U15W	800	Emily Martin	2:52.7		13-Jul-14	EYAL R4	Cambridge
U15W	800	Natasha Dowie	3:12.4		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	800	Emily Crane	3:14.1		11-May-14	EYAL R2	Southend
U15W	800	Shannon Dooley	3:15.4		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	800	Amelia Day	3:16.4		30-Mar-14	Havering Open	Hornchurch
U15W	800	Millie Redgrave	3:33.0		11-May-14	EYAL R2	Southend
U15W	1500	Katie Mitchell	4:57.05		30-Jul-14	Watford Open	Watford
U15W	1500	Kate O'Neill	5:08.4		13-Jul-14	EYAL R4	Cambridge
U15W	1500	O'Neill	5:10.36		31-May-14	YDL Lower U13-U15 R2	Croydon
U15W	1500	Becca Brown	5:09.3		22-Jun-14	YDL Lower U13-U15 R3	Eton
U15W	1500	Jessica Mitchell	5:18.32		18-May-14	Essex Champs Day 1	Chelmsford
U15W	1500	Sophie Rand	5:23.65		28-May-14	Cambridge H Open	Eltham
U15W	1500	Catherine Barker	5:40.99		9-Apr-14	Watford Open	Watford
U15W	3000	Kate O'Neill	11:02.85		24-May-14	Essex Champs Day 2	Chelmsford
U15W	3000	Sophie Rand	11:43.73		24-May-14	Essex Champs Day 2	Chelmsford
U15W	60HU15W	Mayi Hughes	9.77i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60HU15W	Shannon Dooley	9.94i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60HU15W	Isabella Purdie	10.20i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60HU15W	Holly Nash	10.51i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	60HU15W	Hollie King	11.0i		16-Mar-14	EAN Indoor Open	Chelmsford
U15W	60HU15W	King	11.23i		11-Jan-14	Lee Valley U13-U15 Open	Lee Valley
U15W	75HU15G	Mayi Hughes	12.0	AT U15W =10th	29-Jun-14	ESAA Multi Events	Corby
U15W	75HU15G	Ma. Hughes	12.20		21-Sep-14	ESAA Multi Events	Boston
U15W	75HU15G	Shannon Dooley	12.1		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	75HU15G	Dooley	12.45		07-Jun-14	Essex Schools Champs	Chelmsford
U15W	75HU15G	Isabella Purdie	12.2		16-Jun-14	Schools Cup Reg Final	Hendon
U15W	75HU15G	Purdie	12.86		31-May-14	YDL Lower U13-U15 R2	Croydon
U15W	75HU15G	Holly Nash	13.4		30-Mar-14	Havering Open	Hornchurch
U15W	75HU15G	Hollie King	13.5		7-Sep-14	EYAL Top 6 Final	Basildon
U15W	75HU15G	King	13.84		13-Apr-14	EYAL R1	Woodford
U15W	80HU17W	Shannon Dooley	12.8	AT U15G 1st	16-Jun-14	Schools Cup Reg Final	Hendon
U15W	HJ	Abigail Sipton	1.46		30-Mar-14	Havering Open	Hornchurch
U15W	HJ	Natasha Dowie	1.46		30-Mar-14	Havering Open	Hornchurch
U15W	HJ	Mayi Hughes	1.45		21-Sep-14	ESAA Multi Events	Boston
U15W	HJ	Elizabeth Adams	1.45		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	HJ	Holly Nash	1.35		30-Mar-14	Havering Open	Hornchurch
U15W	HJ	Shannon Dooley	1.34		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	LJ	Mayi Hughes	5.05		16-Aug-14	SEAA U17 Champs	Crystal Palace
U15W	LJ	Isabella Purdie	4.64		3-May-14	YDL Lower U13-U15	Bournemouth
U15W	LJ	Hollie King	4.38		11-May-14	EYAL R2	Southend
U15W	LJ	Natasha Dowie	4.02		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	LJ	Rochelle Constable	3.77		13-Apr-14	EYAL R1	Woodford
U15W	LJ	Philippa Gill	3.69		12-Apr-14	Lee Valley U13-U15 Open	Lee Valley
U15W	LJ	Shannon Dooley	3.67		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	LJ	Kate O'Neill	3.53		3-Aug-14	EYAL R5	Sandy
U15W	PV	Philippa Gill	1.70	AT U15W =3rd	11-May-14	EYAL R2	Southend
U15W	SP3.25K	Philippa Gill	8.44		30-Mar-14	Havering Open	Hornchurch
U15W	SP3.25K	Elysha Thatcher-Gray	7.99		30-Mar-14	Havering Open	Hornchurch
U15W	SP3.25K	Yinka Shokunbi	6.37i		8-Feb-14	Essex & Eastern Champs	Lee Valley
U15W	SP3.25K	Amelia Owers	6.26		30-Mar-14	Havering Open	Hornchurch
U15W	SP3K	Elysha Thatcher-Gray	10.06	AT U15W 1st	7-Sep-14	EYAL Top 6 Final	Basildon
U15W	SP3K	Philippa Gill	9.64	AT U15W 2nd	3-Aug-14	EYAL R5	Sandy
U15W	SP3K	Mayi Hughes	9.30	AT U15W 3rd	20-Sep-14	ESAA Multi Events	Boston
U15W	SP3K	Isobel McDonach	9.07	AT U15W 4th	14-Sep-14	Club Championships	Hornchurch
U15W	SP3K	Katherine Buckley	8.47		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	SP3K	Sophie Taylor	7.18		13-Apr-14	EYAL R1	Woodford
U15W	SP3K	Kerys Middleton	7.04		13-Jul-14	EYAL R4	Cambridge
U15W	SP3K	Yinka Shokunbi	6.98		03-Aug-14	EYAL R5	Sandy
U15W	SP3K	Grace McLeod	6.39		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	SP3K	Natasha Dowie	6.21		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	SP3K	Amelia Owers	5.82		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	SP3K	Becca Brown	5.54		5-Jul-14	ESAA Track & Field Cup	Bedford
U15W	SP3K	Shannon Dooley	4.84		21-May-14	Essex Schools Pentathlon	Brentwood

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15W	DT1K	Riva Siggins	29.65		14-Sep-14	Club Championships	Hornchurch
U15W	DT1K	Sophie Taylor	24.15		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	DT1K	Yinka Shokunbi	20.70		3-May-14	YDL Lower U13-U15	Bournemouth
U15W	DT1K	Lucy Scrutton	20.68		30-Mar-14	Havering Open	Hornchurch
U15W	DT1K	Isobel McDonach	19.99		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	DT1K	Elysha Thatcher-Gray	19.21		14-Sep-14	Club Championships	Hornchurch
U15W	DT1K	Kerys Middleton	17.63		13-Jul-14	EYAL R4	Cambridge
U15W	DT1K	Rochelle Constable	17.03		30-Mar-14	Havering Open	Hornchurch
U15W	DT1K	Katherine Buckley	15.87		11-May-14	EYAL R2	Southend
U15W	DT1K	Philippa Gill	15.07		14-Sep-14	Club Championships	Hornchurch
U15W	DT1K	Bethany Hillyard	13.52		14-Sep-14	Club Championships	Hornchurch
U15W	DT1K	Amelia Owers	10.40		3-May-14	YDL Lower U13-U15	Bournemouth
U15W	JT600	Lucy Scrutton	18.82		30-Mar-14	Havering Open	Hornchurch
U15W	JT500	Philippa Gill	24.51	AT U15G 1st	3-Aug-14	EYAL R5	Sandy
U15W	JT500	Josie Waddams	16.66		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	JT500	Kerys Middleton	15.73		19-Jul-14	YDL Lower U13-U15 R4	Hornchurch
U15W	JT500	Mayi Hughes	14.43		22-Jun-14	YDL Lower U13-U15 R3	Eton
U15W	JT500	Rochelle Constable	14.22		11-May-14	EYAL R2	Southend
U15W	JT500	Elizabeth Adams	12.58		3-Aug-14	EYAL R5	Sandy
U15W	JT500	Amelia Owers	11.53		13-Jul-14	EYAL R4	Cambridge
U15W	JT500	Yinka Shokunbi	7.69		13-Apr-14	EYAL R1	Woodford
U15W	HT3K	Philippa Gill	23.89	AT U15W 1st	25-Aug-14	Southend Open	Southend
U15W	HT3K	Yinka Shokunbi	17.85		15-Jun-14	EYAL R3	Hemel Hempst'd
U15W	HT3K	Amelia Owers	12.50		13-Jul-14	EYAL R4	Cambridge
U15W	PentU15W	Mayi Hughes	2650		21-Sep-14	ESAA Multi Events	Boston
U15W	PentU15W	Natasha Dowie	1913		21-May-14	Essex Schools Pentathlon	Brentwood
U15W	PentU15W	Shannon Dooley	1747		21-May-14	Essex Schools Pentathlon	Brentwood