

## HMAC Male Rankings as at 09/10/2006

Age Group	Event	Name	Performance	Date	Meeting	Venue
U17	80	Eugene Ayanful	9.2	19-Mar-06	Spring Warm up 1	Hornchurch
U17	80	Gary Tonks	9.9	19-Mar-06	Spring Warm up 1	Hornchurch
U17	80	Marlon Moseley	10.4	19-Mar-06	Spring Warm up 1	Hornchurch
U17	80	Joseph Ramie	10.5	19-Mar-06	Spring Warm up 1	Hornchurch
U17	100	Eugene Ayanful	10.73	5-Aug-06	AAAs U17 Champs	Birmingham
U17	100	Daniel McDowall	11.9	23-Jul-06	NYAL Rd 5	Tonbridge
U17	100	Gary Tonks	12.2	07-May-06	EYAL Rd 1	St Albans
U17	100	Alan Vardon	12.2	18-Jun-06	EYAL Rd 2	St Ives
U17	100	Bonne Buwembo	12.2	30-Jul-06	EYAL Rd 4	Braintree
U17	100	Craig Moore	12.5	5-Aug-06	SML Div 3N Rd 5	Barking
U17	100	Vincente Lazaro	12.8	09-Apr-06	Spring Warm up 2	Barking
U17	100	Joseph Ramie	12.8	04-Jun-06	NYAL Rd 3	Bromley
U17	100	Marlon Moseley	12.8	30-Jul-06	EYAL Rd 4	Braintree
U17	150	Eugene Ayanful	16.5	19-Mar-06	Spring Warm up 1	Hornchurch
U17	150	Gary Tonks	18.2	19-Mar-06	Spring Warm up 1	Hornchurch
U17	150	Craig Moore	19.3	19-Mar-06	Spring Warm up 1	Hornchurch
U17	200	Eugene Ayanful	21.91	28-Jul-06	London Grand Prix	Crystal Palace
U17	200	Alan Vardon	24.1	23-Jul-06	NYAL Rd 5	Tonbridge
U17	200	Daniel McDowall	24.6	30-Apr-06	NYAL Rd 1	Reading
U17	200	Craig Moore	24.9	5-Aug-06	SML Div 3N Rd 5	Barking
U17	200	Gary Tonks	25.2	30-Apr-06	NYAL Rd 1	Reading
U17	200	David Creedon	25.6	2-Jul-06	EYAL Rd 3	Bedford
U17	200	Grant Twist	26.4	04-Jun-06	NYAL Rd 3	Bromley
U17	400	Alan Vardon	52.7	23-Jul-06	NYAL Rd 5	Tonbridge
U17	400	Paul Adair	52.78	13-May-06	Essex Champs Day 2	Chelmsford
U17	400	Matt Bloy	53.6	2-Jul-06	EYAL Rd 3	Bedford
U17	400	Daniel Loynes	56.02	10-Sep-06	EYAL Final	Bedford
U17	400	Grant Twist	56.8	5-Aug-06	SML Div 3N Rd 5	Barking
U17	400	Craig Moore	57.0	25-Jun-06	NJAL Rd 4	Barking
U17	400	Ben Warden	57.2	09-Apr-06	NYAL Rd 1	Reading
U17	400	Daniel Winters	59.3	04-Jun-06	NYAL Rd 3	Bromley
U17	800	Matt Bloy	1:55.31	31-May-06	Watford Open	Watford
U17	800	Paul Adair	2:04.6	23-Jul-06	NYAL Rd 5	Tonbridge
U17	800	Grant Twist	2:06.74	10-Sep-06	EYAL Final	Bedford
U17	800	Daniel Winters	2:09.7	04-Jun-06	NYAL Rd 3	Bromley
U17	800	Daniel Loynes	2:11.6	30-Apr-06	NYAL Rd 1	Reading
U17	800	Robert Jones	2:13.1	30-Jul-06	EYAL Rd 4	Braintree
U17	800	Joe Webster	2:19.7	30-Apr-06	NYAL Rd 1	Reading
U17	800	William Truman	2:22.5	30-Jul-06	EYAL Rd 4	Braintree
U17	800	Robbie Kidd	2:25.7	20-Aug-06	EYAL Rd 5	Thurrock
U17	1200	Lenny Swain	4:09.4	19-Mar-06	Spring Warm up 1	Hornchurch
U17	1500	Matt Bloy	4:01.5	10-Jun-06	Essex Schools Champs	Chelmsford
U17	1500	Grant Twist	4:22.3	5-Aug-06	SML Div 3N Rd 5	Barking
U17	1500	Daniel Winters	4:26.56	10-Sep-06	EYAL Final	Bedford
U17	1500	Robert Jones	4:28.5	18-Jun-06	EYAL Rd 2	St Ives
U17	1500	Steve McLachlan	4:39.1	07-May-06	EYAL Rd 1	St Albans
U17	1500	Robbie Kidd	4:51.0	20-Aug-06	EYAL Rd 5	Thurrock
U17	1500	Daniel Loynes	4:58.9	23-Jul-06	NYAL Rd 5	Tonbridge
U17	1500	Lenny Swain	5:11.53	01-May-06	Essex Champs Day 1	Ilford
U17	3000	Matt Bloy	9:03.60	09-Aug-06	Watford Open	Watford
U17	3000	Bradley Tungatt	9:33.2	30-Apr-06	NYAL Rd 1	Reading
U17	3000	Grant Twist	9:33.2	21-May-06	NYAL Rd 2	Croydon
U17	3000	Robert Jones	9:46.2	23-Jul-06	NYAL Rd 5	Tonbridge
U17	3000	Steve McLachlan	9:52.6	30-Apr-06	NYAL Rd 1	Reading
U17	100H	Chris Warden	14.4	13-May-06	Essex Champs Day 2	Chelmsford
U17	100H	David Creedon	14.8	23-Jul-06	NYAL Rd 5	Tonbridge
U17	100H	Daniel Loynes	15.9	20-Aug-06	EYAL Rd 5	Thurrock
U17	100H	Kieron Nelson (U15)	20.3	20-Aug-06	EYAL Rd 5	Thurrock
U17	400HI	Chris Warden	58.83	27-May-06	South of England Champs	Chelmsford
U17	400HI	Daniel Loynes	62.6	25-Jun-06	NJAL Rd 4	Barking
U17	400HI	David Creedon	64.0	23-Jul-06	NYAL Rd 5	Tonbridge
U17	1500 SC	Grant Twist	5:05.9	23-Jul-06	NYAL Rd 5	Tonbridge
U17	1500 SC	Daniel Winters	5:11.4	23-Jul-06	NYAL Rd 5	Tonbridge
U17	1500 SC	Joe Webster	5:19.3	30-Apr-06	NYAL Rd 1	Reading
U17	1500 SC	Daniel Loynes	5:45.1	04-Jun-06	NYAL Rd 3	Bromley
U17	2000SC	Daniel Winters	7:03.1	11-Jun-06	NJAL Rd 2	Haringey
U17	2000SC	Daniel Loynes	7:54.4	11-Jun-06	NJAL Rd 2	Haringey

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Age Group	Event	Name	Performance	Date	Meeting	Venue
U17	HJ	Chris Warden	1.68	04-Jun-06	NYAL Rd 3	Bromley
U17	HJ	Grant Twist	1.55	10-Sep-06	EYAL Final	Bedford
U17	HJ	Craig Moore	1.50	10-Sep-06	EYAL Final	Bedford
U17	HJ	Cafer Gunay	1.35	2-Jul-06	EYAL Rd 3	Bedford
U17	LJ	Vincente Lazaro	6.53	10-Jun-06	Essex Schools Champs	Chelmsford
U17	LJ	Alan Vardon	5.67	2-Jul-06	EYAL Rd 3	Bedford
U17	LJ	Joseph Ramie	5.57	18-Jun-06	EYAL Rd 2	St Ives
U17	LJ	Cafer Gunay	5.21	18-Jun-06	EYAL Rd 2	St Ives
U17	LJ	Chris Warden	5.10i	08-Jan-06	SEAA Indoor Pentathlon	Carshalton
U17	LJ	Daniel Winters	4.90	20-Aug-06	EYAL Rd 5	Thurrock
U17	LJ	Craig Moore	4.70	09-Apr-06	Spring Warm up 2	Barking
U17	TJ	Vincente Lazaro	12.57	20-Aug-06	Southern Inter Counties	Ashford
U17	TJ	Joseph Ramie	11.73	30-Jul-06	EYAL Rd 4	Braintree
U17	TJ	Chris Warden	11.07	18-Jun-06	EYAL Rd 2	St Ives
U17	TJ	Daniel Loynes	10.67	20-Aug-06	EYAL Rd 5	Thurrock
U17	SPI	Cafer Gunay	10.71	18-Jun-06	EYAL Rd 2	St Ives
U17	SPI	Gary Tonks	10.39	23-Jul-06	NYAL Rd 5	Tonbridge
U17	SPI	Chris Warden	10.26i	08-Jan-06	SEAA Indoor Pentathlon	Carshalton
U17	SPI	Bradley Reece	10.13	2-Jul-06	EYAL Rd 3	Bedford
U17	SPI	Ben Warden	10.08	07-May-06	EYAL Rd 1	St Albans
U17	SPI	Craig Moore	7.99	30-Jul-06	EYAL Rd 4	Braintree
U17	SPI	Matt Bloy	7.52	04-Jun-06	NYAL Rd 3	Bromley
U17	SPI	Robbie Kidd	5.20	20-Aug-06	EYAL Rd 5	Thurrock
U17	DTJ	Cafer Gunay	28.23	13-Aug-06	NJAL Rd 4	Eton
U17	DTI	Craig Moore	34.25	10-Sep-06	EYAL Final	Bedford
U17	DTI	Bradley Reece	34.12	2-Jul-06	EYAL Rd 3	Bedford
U17	DTI	Cafer Gunay	32.45	20-Aug-06	EYAL Rd 5	Thurrock
U17	HTJ	Grant Twist	8.05	11-Jun-06	NJAL Rd 2	Haringey
U17	HTI	Bradley Reece	42.54	09-Aug-06	Watford Open	Watford
U17	HTI	Cafer Gunay	23.91	21-May-06	NYAL Rd2	Croydon
U17	HTI	Vincente Lazaro	19.53	30-Apr-06	NYAL Rd 1	Reading
U17	JT	Bonne Buwembo	59.24	30-Sep-06	Biggleswade Open	Sandy
U17	JT	Cafer Gunay	48.15	16-Jul-06	NJAL Rd 3	Stevenage
U17	JTI	Bonne Buwembo	66.54	03-Sep-06	Eastern Inter Counties	Sandy
U17	JTI	Cafer Gunay	51.20	10-Sep-06	EYAL Final	Bedford
U17	JTI	Georgie Bean (U15)	50.39	28-Aug-06	Marshall Peugeot Games	Peterborough
U17	JTI	Louis Devine	42.87	02-Aug-06	Thurrock Open	Thurrock
U17	JTI	Craig Moore	28.25	30-Apr-06	NYAL Rd 1	Reading
U17	JTI	Bradley Reece	27.70	18-Jun-06	EYAL Rd 2	St Ives
U17	JTI	Grant Twist	11.10	04-Jun-06	NYAL Rd 3	Bromley