

## Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	60	Aaron Freshwater	8.10		1-Jan-18	New Year Open	Lee Valley
U17M	100	Richard Akinyebo	11.14	AT U17M 7th	9-Jun-18	Essex Schools Championships	Chelmsford
U17M	100	Tobi Idowu	11.6		5-Aug-18	EYAL R5	St Albans
U17M	100	Tobi Idowu	11.89		8-Jul-18	EYAL R4	Hendon
U17M	100	Reece Harriott	11.7		16-Sep-18	Havering Club Championships	Hornchurch
U17M	100	Success Arriyibi	11.8		5-Aug-18	EYAL R5	St Albans
U17M	100	Tayo Harry	11.9		5-Aug-18	EYAL R5	St Albans
U17M	100	Tayo Harry	12.52		29-Apr-18	YDL UAG R1	Hornchurch
U17M	100	Udo Abazie	12.0		18-Aug-18	SAL R5	St Albans
U17M	100	Aaron Freshwater	12.3		8-Apr-18	Havering Spring Warm Up	Hornchurch
U17M	100	Aaron Freshwater	12.41w		29-Apr-18	YDL UAG R1	Hornchurch
U17M	100	Aaron Freshwater	12.48		27-May-18	YDL UAG R2	Stevenage
U17M	100	Jamal Thomas	12.3		23-Jun-18	SAL R3	Chelmsford
U17M	100	Jamal Thomas	12.34		8-Jul-18	EYAL R4	Hendon
U17M	100	Louis Berrett	12.8		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	200	Richard Akinyebo	22.9	AT U17M =10th	5-Aug-18	EYAL R5	St Albans
U17M	200	Richard Akinyebo	23.22w		8-Jul-18	EYAL R4	Hendon
U17M	200	Richard Akinyebo	23.78i		20-Jan-18	London Indoor Games	Lee Valley
U17M	200	Richard Akinyebo	23.92		29-Apr-18	YDL UAG R1	Hornchurch
U17M	200	Reece Harriott	23.39		1-Jul-18	YDL UAG R3	Croydon
U17M	200	Kimathi Christie	23.79		27-May-18	YDL UAG R2	Stevenage
U17M	200	Somto Okpalauko	24.1		5-Aug-18	EYAL R5	St Albans
U17M	200	Somto Okpalauko	24.20		1-Jul-18	YDL UAG R3	Croydon
U17M	200	Success Arriyibi	24.4		5-Aug-18	EYAL R5	St Albans
U17M	200	Udo Abazie	24.8		18-Aug-18	SAL R5	St Albans
U17M	200	Louis Berrett	25.06		25-Jul-18	Dartford Open	Dartford
U17M	200	Tayo Harry	25.4		6-May-18	EYAL R2	Ipswich
U17M	200	Aaron Freshwater	25.5		8-Apr-18	Havering Spring Warm Up	Hornchurch
U17M	200	Aaron Freshwater	26.05		27-Aug-18	Southend Open	Southend
U17M	200	Tobi Idowu	26.2		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	400	Reece Harriott	50.50	AT U17M 3rd	9-Jun-18	Essex Schools Championships	Chelmsford
U17M	400	Somto Okpalauko	53.7		5-Aug-18	EYAL R5	St Albans
U17M	400	Somto Okpalauko	54.24		1-Jul-18	YDL UAG R3	Croydon
U17M	400	Kimathi Christie	54.5		29-Jul-18	YDL UAG R4	Ashford
U17M	400	Kimathi Christie	59.23		29-Apr-18	YDL UAG R1	Hornchurch
U17M	400	Alex Friend	54.8		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	400	Louis Berrett	57.0		3-Jun-18	EYAL R3	Colchester
U17M	400	Calum Paget	60.8		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	800	Alex Friend	1:59.36		13-May-18	Essex Championships	Chelmsford
U17M	800	Reece Harriott	2:01.0		5-Aug-18	EYAL R5	St Albans
U17M	800	Reece Harriott	2:04.31i		04-Feb-18	Essex & Eastern Champs	Lee Valley
U17M	800	Louis Berrett	2:05.51		25-Jul-18	Dartford Open	Dartford
U17M	800	Oliver Ray	2:06.88		27-May-18	YDL UAG R2	Stevenage
U17M	800	Luke Chester	2:22.4		6-May-18	EYAL R2	Ipswich
U17M	800	Kimathi Christie	2:25.9		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	800	Calum Paget	2:26.25		8-Jul-18	EYAL R4	Hendon
U17M	800	Samuel Odotei	2:39.0		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	800	Billy Fox	2:49.1		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	1500	Alex Friend	4:18.82		12-May-18	Essex Championships	Chelmsford
U17M	1500	Harry Jones	4:22.1		5-Aug-18	EYAL R5	St Albans
U17M	1500	George Barnacle	4:25.62		8-Jul-18	EYAL R4	Hendon
U17M	1500	Louis Berrett	4:27.5		2-Sep-18	EYAL Top 6 Final	Ipswich
U17M	1500	Louis Berrett	4:28.67		12-May-18	Essex Championships	Chelmsford
U17M	1500	Luke Chester	4:36.6		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	1500	Luke Chester	5:02.94		29-Apr-18	YDL UAG R1	Hornchurch
U17M	1500	Henry Lay	5:03.9		3-Jun-18	EYAL R3	Colchester
U17M	3000	Harry Jones	9:41.5		29-Jul-18	YDL UAG R4	Ashford
U17M	3000	Harry Jones	9:47.25		1-Jul-18	YDL UAG R3	Croydon
U17M	3000	Luke Chester	10:21.08		27-May-18	YDL UAG R2	Stevenage
U17M	3000	Henry Lay	11:08.61		27-May-18	YDL UAG R2	Stevenage
U17M	1.5KSC	Louis Berrett	5:04.8		29-Apr-18	YDL UAG R1	Hornchurch
U17M	1.5KSC	Harry Jones	5:07.49		1-Jul-18	YDL UAG R3	Croydon
U17M	1.5KSC	Oliver Woods	5:15.3		29-Apr-18	YDL UAG R1	Hornchurch
U17M	1.5KSC	Luke Chester	5:56.43		27-May-18	YDL UAG R2	Stevenage
U17M	2KSC	George Barnacle	7:27.6		29-Apr-18	YDL UAG R1	Hornchurch
U17M	100HU17M	Louis Berrett	20.5		2-Sep-18	EYAL Top 6 Final	Ipswich
U17M	400HU17M	Luke Chester	78.4		29-Jul-18	YDL UAG R4	Ashford

## Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	PV	Peter Brinton-Quinn	3.30	AT U17M =8th	8-Jul-18	EYAL R4	Hendon
U17M	PV	Reece Debenham	2.80		16-Sep-18	Havering Club Championships	Hornchurch
U17M	HJ	Jamal Thomas	1.87	AT U17M 7th	06-May-18	EYAL R2	Ipswich
U17M	HJ	Kimathi Christie	1.83		3-Jun-18	EYAL R3	Colchester
U17M	HJ	Nathanael Adeniran	1.70i		20-Jan-18	London Indoor Games	Lee Valley
U17M	HJ	Reece Harriott	1.65		27-May-18	YDL UAG R2	Stevenage
U17M	HJ	Oliver Ray	1.60		06-May-18	EYAL R2	Ipswich
U17M	HJ	Richard Akinyebo	1.60		14-Jul-18	SAL R4	Croydon
U17M	HJ	Aaron Freshwater	1.60		14-Jul-18	SAL R4	Croydon
U17M	LJ	Tobi Idowu	6.37		9-Jun-18	Essex Schools Championships	Chelmsford
U17M	LJ	Ben Olusesan	5.97		23-Jun-18	SAL R3	Chelmsford
U17M	LJ	Jamal Thomas	5.79		16-Sep-18	Havering Club Championships	Hornchurch
U17M	LJ	Kimathi Christie	5.58		3-Jun-18	EYAL R3	Colchester
U17M	LJ	Somto Okpalauko	5.55		05-Aug-18	EYAL R5	St Albans
U17M	LJ	Louis Berrett	5.00		8-Jul-18	EYAL R4	Hendon
U17M	LJ	Oliver Ray	4.75		29-Jul-18	YDL UAG R4	Ashford
U17M	LJ	Luke Chester	4.27		8-Jul-18	EYAL R4	Hendon
U17M	TJ	Ben Olusesan	12.84		18-Aug-18	SAL R5	St Albans
U17M	TJ	Kimathi Christie	12.64		27-May-18	YDL UAG R2	Stevenage
U17M	TJ	Success Arriyibi	12.32		16-Sep-18	Havering Club Championships	Hornchurch
U17M	TJ	Kester Tomy	10.90		06-May-18	EYAL R2	Ipswich
U17M	TJ	Aaron Freshwater	10.52		14-Jul-18	SAL R4	Croydon
U17M	TJ	Oliver Ray	9.66		8-Jul-18	EYAL R4	Hendon
U17M	SP5K	Jamal Thomas	9.85		29-Jul-18	YDL UAG R4	Ashford
U17M	SP5K	Charlie Savill	8.56		5-Aug-18	EYAL R5	St Albans
U17M	SP5K	Aaron Freshwater	8.24		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	SP5K	Peter Brinton-Quinn	6.46		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	SP5K	Hal Hutton	5.28		2-Sep-18	EYAL Top 6 Final	Ipswich
U17M	DT1.5K	Peter Brinton-Quinn	28.41		8-Jul-18	EYAL R4	Hendon
U17M	DT1.5K	Hal Hutton	25.01		27-May-18	YDL UAG R2	Stevenage
U17M	DT1.5K	Charlie Savill	18.95		5-Aug-18	EYAL R5	St Albans
U17M	JT800	Max Law	64.38	AT U17M 1st	16-Sep-18	Havering Club Championships	Hornchurch
U17M	JT800	Peter Brinton-Quinn	42.75		18-Aug-18	SAL R5	St Albans
U17M	JT700	Max Law	75.30	AT U17M 1st	7-Jul-18	European U18 Champs	Gyor, HUN
U17M	JT700	Oliver Woods	50.51	AT U17M 9th	9-Jun-18	Essex Schools Championships	Chelmsford
U17M	JT700	Charlie Savill	50.28	AT U17M 10th	16-Sep-18	Havering Club Championships	Hornchurch
U17M	JT700	Peter Brinton-Quinn	49.33		16-Sep-18	Havering Club Championships	Hornchurch
U17M	JT700	Hal Hutton	37.44		16-Sep-18	Havering Club Championships	Hornchurch
U17M	JT700	Luke Chester	33.56		3-Jun-18	EYAL R3	Colchester
U17M	HT6K	Jamal Thomas	20.93		1-Jul-18	YDL UAG R3	Croydon
U17M	HT5K	Jamal Thomas	21.63		29-Jul-18	YDL UAG R4	Ashford
U17M	HT5K	Aaron Freshwater	21.50		3-Jun-18	EYAL R3	Colchester