

Havering AC Male 2019 Rankings as at 08/05/2019

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	60	Malcolm Oshungbohun	7.59i		2-Feb-19	Essex & Eastern Champs	Lee Valley
U17M	60	Michael Okoro	7.82i		2-Feb-19	Essex & Eastern Champs	Lee Valley
U17M	100	Sam Sanusi	11.57w		5-May-19	YDL UAG R1	Reading
U17M	100	Sam Sanusi	11.74		13-Apr-19	SAL R1	Stevenage
U17M	100	Malcolm Oshungbohun	11.89		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	100	Toby Bishop	12.3		4-May-19	EYAL R2	St Albans
U17M	100	Michael Okoro	12.32		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	100	Daragh Thomas	12.5		14-Apr-19	EYAL R1	Ipswich
U17M	200	Sam Sanusi	23.94		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	200	Kimathi Christie	23.95		5-May-19	YDL UAG R1	Reading
U17M	200	Somto Okpalauko	24.02w		6-Apr-19	Lee Valley Open	Lee Valley
U17M	200	Somto Okpalauko	25.0		4-May-19	EYAL R2	St Albans
U17M	200	Malcolm Oshungbohun	24.44		5-May-19	YDL UAG R1	Reading
U17M	200	Daragh Thomas	25.10		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	200	Michael Okoro	25.12		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	400	Somto Okpalauko	53.32i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U17M	400	Somto Okpalauko	54.8		4-May-19	EYAL R2	St Albans
U17M	400	Somto Okpalauko	55.70		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	400	Toby Bishop	54.9		14-Apr-19	EYAL R1	Ipswich
U17M	400	Daragh Thomas	57.32i		3-Feb-19	Essex & Eastern Champs	Lee Valley
U17M	400	Daragh Thomas	60.07		5-May-19	YDL UAG R1	Reading
U17M	400	Sam Bradley	60.33		5-May-19	YDL UAG R1	Reading
U17M	400	Calum Paget	63.10		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	800	Luke Chester	2:11.0		14-Apr-19	EYAL R1	Ipswich
U17M	800	Sam Bradley	2:17.19		5-May-19	YDL UAG R1	Reading
U17M	800	Calum Paget	2:27.4		4-May-19	EYAL R2	St Albans
U17M	800	Calum Paget	2:35.09		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	800	Timi McDaniel	2:28.13		5-May-19	YDL UAG R1	Reading
U17M	800	Max Georgiou	2:33.8		4-May-19	EYAL R2	St Albans
U17M	1500	Luke Chester	4:33.56		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	1500	Alex Ford	4:34.2		4-May-19	EYAL R2	St Albans
U17M	1500	Timi McDaniel	5:16.2		5-May-19	YDL UAG R1	Reading
U17M	1500	Jack Thomson	5:33.0		14-Apr-19	EYAL R1	Ipswich
U17M	3000	Alex Ford	9:36.54		30-Mar-19	Woodford Open	Woodford
U17M	60HU17M	Toby Bishop	8.54i		2-Feb-19	Essex & Eastern Champs	Lee Valley
U17M	100HU17M	Sam Sanusi	13.64	AT U17M 5th	5-May-19	YDL UAG R1	Reading
U17M	100HU17M	Toby Bishop	14.5		14-Apr-19	EYAL R1	Ipswich
U17M	100HU17M	James With	14.70w		5-May-19	YDL UAG R1	Reading
U17M	100HU17M	James With	15.56		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	100HU17M	Bradley James	15.6		4-May-19	EYAL R2	St Albans
U17M	400HU17M	Bradley James	58.5	AT U17M 5th	5-May-19	YDL UAG R1	Reading
U17M	300HU17M	Toby Bishop	43.18		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	1.5KSC	Alex Ford	5:03.51		5-May-19	YDL UAG R1	Reading

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	HJ	Kimathi Christie	1.80		4-May-19	EYAL R2	St Albans
U17M	HJ	Toby Bishop	1.72		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	HJ	Daragh Thomas	1.60		14-Apr-19	EYAL R1	Ipswich
U17M	HJ	Denzel Achi	1.60		14-Apr-19	EYAL R1	Ipswich
U17M	HJ	Sam Sanusi	1.60		13-Apr-19	SAL R1	Stevenage
U17M	LJ	Sam Sanusi	6.58w	AT U17M W/a	5-May-19	YDL UAG R1	Reading
U17M	LJ	Sam Sanusi	6.34		4-May-19	EYAL R2	St Albans
U17M	LJ	Ashton Thatcher-Gray	5.52		6-Apr-19	Lee Valley Open	Lee Valley
U17M	LJ	Malcolm Oshungbohun	5.46		14-Apr-19	EYAL R1	Ipswich
U17M	TJ	Kimathi Christie	13.03	AT U17M 10th	4-May-19	EYAL R2	St Albans
U17M	TJ	Jed Oni	12.56		5-May-19	YDL UAG R1	Reading
U17M	TJ	CJ Nze	12.20		4-May-19	EYAL R2	St Albans
U17M	TJ	Jed Oni	10.64		14-Apr-19	EYAL R1	Ipswich
U17M	PV	Peter Brinton-Quinn	3.50	AT U17M 5th	7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	PV	Reece Debenham	3.00		14-Apr-19	EYAL R1	Ipswich
U17M	SP5K	Elijah Payne	9.44		14-Apr-19	EYAL R1	Ipswich
U17M	SP5K	Toby Bishop	9.30		14-Apr-19	EYAL R1	Ipswich
U17M	SP5K	Max Georgiou	8.44		14-Apr-19	EYAL R1	Ipswich
U17M	SP5K	Peter Brinton-Quinn	6.72		4-May-19	EYAL R2	St Albans
U17M	DT2K	Peter Brinton-Quinn	22.91		13-Apr-19	SAL R1	Stevenage
U17M	DT1.5K	Elijah Payne	32.89		4-May-19	EYAL R2	St Albans
U17M	DT1.5K	Peter Brinton-Quinn	26.88		14-Apr-19	EYAL R1	Ipswich
U17M	JT700	Bradley James	56.95	AT U17M 6th	6-Apr-19	Lee Valley Open	Lee Valley
U17M	JT700	Peter Brinton-Quinn	50.44		4-May-19	EYAL R2	St Albans
U17M	JT700	Hal Hutton	38.61		7-Apr-19	Havering Spring Warm Up	Hornchuch
U17M	JT700	James With	32.20		5-May-19	YDL UAG R1	Reading
U17M	HT5K	Elijah Payne	22.19		5-May-19	YDL UAG R1	Reading
U17M	HT5K	James With	18.41		5-May-19	YDL UAG R1	Reading