

HMAC Male Summer 2008 Rankings as at 13/05/2008

Age Group	Event	Name	Performance	Date	Meeting	Venue
U15M	80	Ashley Purnell	10.8	30-Mar	Spring Open 1	Hornchurch
U13M	80	Lee Jarrold	12.4	30-Mar	Spring Open 1	Hornchurch
SM	100	Luke Stott	11.14	26-Apr	Loughboro Open	Loughboro
U20M	100	Joseph Ramie	11.4	27-Apr	NJAL Rd 1	Ipswich
U20M	100	Toma Davies	11.8	05-Apr	Spring Open 2	Mayesbrook
SM	100	Matt Russell	11.8	03-May	SML Rd 1	Peterboro
U17M	100	Sam Boateng	11.86	04-May	NYAL Rd 1	Hendon
U15M	100	Jimi Tele	11.91	10-May	Essex Champs Day 2	Basildon
U20M	100	Vincent Lazaro	12.1	27-Apr	NJAL Rd 1	Ipswich
U17M	100	Jordan Brown	12.2	05-Apr	Spring Open 2	Mayesbrook
U17M	100			10-May	Essex Champs Day 2	Basildon
U20M	100	Tom Foskett	12.2	03-May	SML 3N Rd1	Hemel H
U17M	100	Kelechi Dyke	12.3	05-Apr	Spring Open 2	Mayesbrook
U17M	100	Jack Edgar-Hill	12.40	12-Apr	Lee Valley Open	Lee Valley
U17M	100	James Lammin	12.7	27-Apr	EYAL Rd 1	Lee Valley
U17M	100			10-May	Essex Champs Day 2	Basildon
U17M	100	Harry Hughes	13.4	05-Apr	Spring Open 2	Mayesbrook
U15M	100	Jake Nelson	13.43	04-May	NYAL Rd 1	Hendon
U15M	100	Frederick Mokoso	13.6	05-Apr	Spring Open 2	Mayesbrook
U17M	100	Harry Hughes	13.6	27-Apr	EYAL Rd 1	Lee Valley
U15M	100	Ryan Blake	14.3	05-Apr	Spring Open 2	Mayesbrook
U13M	100	Jason Akwenuke	14.43	04-May	NYAL Rd 1	Hendon
U15M	100	Ross Earney	16.2	27-Apr	EYAL Rd 1	Lee Valley
U13M	100	Lee Jarrold	17.01	04-May	NYAL Rd 1	Hendon
U13M	100	Jack Mahoney	18.0	27-Apr	EYAL Rd 1	Lee Valley
U20M	150	Joseph Ramie	17.7	30-Mar	Spring Open 1	Hornchurch
SM	150	James Murphy	18.3	30-Mar	Spring Open 1	Hornchurch
U17M	150	Jack Edgar-Hill	18.7	30-Mar	Spring Open 1	Hornchurch
U17M	150	Kelechi Dyke	18.9	30-Mar	Spring Open 1	Hornchurch
U20M	150	Toma Davies	19.0	30-Mar	Spring Open 1	Hornchurch
U17M	150	Jamie Buckley-Stanton	22.6	30-Mar	Spring Open 1	Hornchurch
U13M	150	Albert Stokes	27.6	30-Mar	Spring Open 1	Hornchurch
SM	200	Luke Stott	22.58	26-Apr	Loughboro Open	Loughboro
U20M	200	Joseph Ramie	23.4	03-May	SML Rd 1	Peterboro
U17M	200	Kelechi Dyke	24.43	04-May	NYAL Rd 1	Hendon
SM	200	Matt Russell	24.5	03-May	SML Rd 1	Peterboro
U20M	200	Toma Davies	24.7	05-Apr	Spring Open 2	Mayesbrook
U17M	200	Jordan Brown	24.7	05-May	Essex Champs Day 1	Thurrock
U17M	200	Sam Boateng	24.84	04-May	NYAL Rd 1	Hendon
U20M	200	Vincent Lazaro	25.0	27-Apr	NJAL Rd 1	Ipswich
U17M	200	Jack Edgar-Hill	25.2	05-Apr	Spring Open 2	Mayesbrook
U20M	200	Craig Moore	25.4	05-Apr	Spring Open 2	Mayesbrook
SM	200	Arron Bonning	28.6	03-May	SML 3N Rd1	Hemel H
U15M	200	Matt Lattimer	28.7	27-Apr	EYAL Rd 1	Lee Valley
U15M	200	Frederick Mokoso	28.85	04-May	NYAL Rd 1	Hendon
U15M	200	Tyler Bennett	29.02	04-May	NYAL Rd 1	Hendon
U13M	200	Jordan Fox	28.39	04-May	NYAL Rd 1	Hendon
U20M	200	Tom Foskett	29.5	03-May	SML 3N Rd1	Hemel H
U13M	200	Jason Akwenuke	29.69	04-May	NYAL Rd 1	Hendon
U15M	200	Glenn Wileman	31.2	27-Apr	EYAL Rd 1	Lee Valley
SM	300	James Murphy	37.7	30-Mar	Spring Open 1	Hornchurch
SM	300	Luchien Anderson	40.2	30-Mar	Spring Open 1	Hornchurch
U17M	300	Jack Edgar-Hill	42.0	30-Mar	Spring Open 1	Hornchurch
U20M	300	Toma Davies	42.2	30-Mar	Spring Open 1	Hornchurch
SM	400	Luke Stott	49.93	10-May	Essex Champs Day 2	Basildon
U17M	400	Andrew Lewis	50.76	10-May	Essex Champs Day 2	Basildon
SM	400	Scott Spencer	52.06	10-May	Essex Champs Day 2	Basildon
SM	400	James Murphy	53.3	03-May	SML Rd 1	Peterboro
SM40	400	Mark Bishop	53.36	10-May	Essex Champs Day 2	Basildon
U20M	400	Tom Foskett	54.3	27-Apr	NJAL Rd 1	Ipswich
U17M	400	Adam McCarthy	55.03	10-May	Essex Champs Day 2	Basildon
SM	400	Matt Russell	57.1	03-May	SML Rd 1	Peterboro
U17M	400	Kieran Nelson	58.1	27-Apr	EYAL Rd 1	Lee Valley
U17M	400			04-May	NYAL Rd 1	Hendon
U15M	400	Jake Nelson	60.8	27-Apr	EYAL Rd 1	Lee Valley
U15M	400			04-May	NYAL Rd 1	Hendon
SM	400	Neill Collins	62.6	03-May	SML 3N Rd1	Hemel H
U17M	400	Dean Leftley	68.0	27-Apr	EYAL Rd 1	Lee Valley
U15M	400	Thomas Davies	69.7	27-Apr	EYAL Rd 1	Lee Valley
U15M	400	Ross Earney	69.93	04-May	NYAL Rd 1	Hendon
U20M	600	Craig Moore	1:36.1	30-Mar	Spring Open 1	Hornchurch
U17M	600	Jamie Buckley-Stanton	1:39.6	30-Mar	Spring Open 1	Hornchurch
U13M	600	Nicholas Duffey	1:50.8	30-Mar	Spring Open 1	Hornchurch
U13M	600	Freddy Keefe	1:56.7	30-Mar	Spring Open 1	Hornchurch
U15M	600	Ross Earney	1:59.6	30-Mar	Spring Open 1	Hornchurch
U15M	600	Christopher Hyde	2:01.3	30-Mar	Spring Open 1	Hornchurch
U13M	600	George Dixon	2:13.7	30-Mar	Spring Open 1	Hornchurch
SM	800	Ross Clarke	1:55.2	03-May	SML Rd 1	Peterboro
U20M	800	Grant Twist	2:03.5	03-May	SML Rd 1	Peterboro
SM	800	Neill Collins	2:08.2	03-May	SML 3N Rd1	Hemel H
U17M	800	Daniel Shanney	2:10.6	27-Apr	EYAL Rd 1	Lee Valley
U17M	800	Simon Brown	2:12.6	27-Apr	EYAL Rd 1	Lee Valley
U17M	800			04-May	NYAL Rd 1	Hendon
U17M	400	Jamie Buckley-Stanton	2:16.61	10-May	Essex Champs Day 2	Basildon

## HMAC Male Summer 2008 Rankings as at 13/05/2008

Age Group	Event	Name	Performance	Date	Meeting	Venue
U17M	800	Dean Leftly	2:22.55	04-May	NYAL Rd 1	Hendon
U15M	800	Ryan O'Mahoney	2:23.15	10-May	Essex Champs Day 2	Basildon
U15M	800	Charlie Turner	2:26.81	10-May	Essex Champs Day 2	Basildon
U15M	800	Tyler Bennett	2:29.6	27-Apr	EYAL Rd 1	Lee Valley
U15M	800	Cameron Fazakerley	2:30.2	27-Apr	EYAL Rd 1	Lee Valley
U15M	800	Jake Nelson	2:30.42	05-May	Essex Champs Day 1	Thurrock
U13M	800	Finbar Smyth	2:35.2	27-Apr	EYAL Rd 1	Lee Valley
U13M	800	Freddy Keefe	2:38.3	05-Apr	Spring Open 2	Mayesbrook
U15M	800	Matt Lattimer	2:38.?	27-Apr	EYAL Rd 1	Lee Valley
U15M	800	Ross Earney	2:40.?	27-Apr	EYAL Rd 1	Lee Valley
U13M	800	Nicholas Shade	2:43.2	27-Apr	EYAL Rd 1	Lee Valley
U15M	800	Jonathan Seekings	2:45.31	04-May	NYAL Rd 1	Hendon
U15M	800	Massi Denami	2:50.?	27-Apr	EYAL Rd 1	Lee Valley
U13M	800	Mitchell Chesterton	2:51.6	05-Apr	Spring Open 2	Mayesbrook
SM	800	Martin Chester	2:56.9	03-May	SML 3N Rd1	Hemel H
U13M	800	Joe Brett	3:14.6	27-Apr	EYAL Rd 1	Lee Valley
SM	1500	Ross Clarke	4:02.1	03-May	SML Rd 1	Peterboro
U20M	1500	Grant Twist	4:13.10	11-May	Essex Champs Day 3	Basildon
SM40	1500	Matt Bland	4:14.5	03-May	SML Rd 1	Peterboro
SM40	1500	Bland	4:15.56	11-May	Essex Champs Day 3	Basildon
SM40	1500	Paul Berrett	4:24.48	11-May	Essex Champs Day 3	Basildon
SM	1500	Neill Collins	4:25.58	11-May	Essex Champs Day 3	Basildon
U17M	1500	Thomas Shanney	4:27.92	05-May	Essex Champs Day 1	Thurrock
SM	1500	Tony Collins	4:28.72	23-Apr	Watford Open	Watford
U17M	1500	Daniel Shanney	4:29.63	05-May	Essex Champs Day 1	Thurrock
SM40	1500	Russ Middleton	4:30.83	11-May	Essex Champs Day 3	Basildon
U17M	1500	Jamie Buckley-Stanton	4:33.38	05-May	Essex Champs Day 1	Thurrock
U17M	1500	Joseph Waked	4:42.5	27-Apr	EYAL Rd 1	Lee Valley
U20M	1500	Anthony Soar	4:48.8	27-Apr	NJAL Rd 1	Ipswich
SM	1500	Martin Chester	4:54.9	03-May	SML 3N Rd1	Hemel H
U17M	1500	Ozan Kiani	5:06.9	27-Apr	EYAL Rd 1	Lee Valley
U13M	1500	Freddy Keefe	5:07.92	05-May	Essex Champs Day 1	Thurrock
U15M	1500	Thomas Davies	5:08.49	04-May	NYAL Rd 1	Hendon
U15M	1500	Adam Wileman	5:09.50	04-May	NYAL Rd 1	Hendon
U13M	1500	Nicholas Shade	5:19.17	04-May	NYAL Rd 1	Hendon
U13M	1500	Nicholas Duffey	5:27.9	27-Apr	EYAL Rd 1	Lee Valley
U15M	1500	Christopher Hyde	5:32.?	27-Apr	EYAL Rd 1	Lee Valley
U13M	1500	Jordan Fox	5:37.4	04-May	NYAL Rd 1	Hendon
U13M	1500	Andrew Holland	5:58.1	27-Apr	EYAL Rd 1	Lee Valley
U17M	3000	Ozan Kiani	11:01.4	05-Apr	Spring Open 2	Mayesbrook
SM	5000	Ross Clarke	15:08.?	10-Jan	Essex Champs Day 2	Basildon
SM	5000	Rob Dickenson	17:01.9	03-May	SML Rd 1	Peterboro
SM	5000	Tony Collins	17:15.7	03-May	SML Rd 1	Peterboro
SM	5000	Martin Chester	17:44.9	03-May	SML 3N Rd1	Hemel H
SM	3000SC	Rob Warner	9:43.69	11-May	Essex Champs Day 3	Basildon
U20M	3000SC	Grant Twist	10:14.3	03-May	SML Rd 1	Peterboro
SM	3000SC	Martin Chester	11:23.0	03-May	SML 3N Rd1	Hemel H
U15M	80H	Jake Nelson	12.7	05-Apr	Spring Open 2	Mayesbrook
U17M	80H	Nelson	13.08	10-May	Essex Champs Day 2	Basildon
U15M	80H	Danny Wilson	15.8	27-Apr	EYAL Rd 1	Lee Valley
U15M	80H	Wilson	15.98	04-May	NYAL Rd 1	Hendon
U15M	80H	Glenn Wileman	16.5	27-Apr	EYAL Rd 1	Lee Valley
U15M	80H	Adam Wileman	17.1	27-Apr	EYAL Rd 1	Lee Valley
U17M	100H	Jack Edgar-Hill	14.16	10-May	Essex Champs Day 2	Basildon
U17M	100H	Kieran Nelson	19.1	27-Apr	EYAL Rd 1	Lee Valley
U17M	100H	Nelson	19.50	04-May	NYAL Rd 1	Hendon
SM	110H	Anthony Williams	16.93	04-May	BUSA Champs	Bedford
SM40	110H	Mark Bishop	17.6	03-May	SML Rd 1	Peterboro
SM	110H	Arron Bonning	20.1	03-May	SML 3N Rd1	Hemel H
SM	110H	Darron Keevil	23.7	03-May	SML 3N Rd1	Hemel H
U20M	110HJ	Anthony Williams	15.4	27-Apr	NJAL Rd 1	Ipswich
U17M	300H	Adam McCarthy	43.4	30-Mar	Spring Open 1	Hornchurch
U17M	300H	Jack Edgar-Hill	44.1	30-Mar	Spring Open 1	Hornchurch
SM40	400H	Mark Bishop	60.9	03-May	SML Rd 1	Peterboro
SM	400H	Rob Warner	66.9	03-May	SML Rd 1	Peterboro
U17M	400HY	Adam McCarthy	62.39	11-May	Essex Champs Day 3	Basildon
U17M	400HY	Kieran Nelson	62.75	11-May	Essex Champs Day 3	Basildon
U17M	400HY	Jack Edgar-Hill	68.01	04-May	NYAL Rd 1	Hendon
U20M	HJ	Jay Ryan	1.85	03-May	SML Rd 1	Peterboro
SM40	HJ	Mark Bishop	1.70	03-May	SML Rd 1	Peterboro
U20M	HJ	Craig Moore	1.63	30-Mar	Spring Open 1	Hornchurch
U20M	HJ	Grant Twist	1.55	30-Mar	Spring Open 1	Hornchurch
SM	HJ	Arron Bonning	1.55	03-May	SML 3N Rd1	Hemel H
U17M	HJ	James Lammin	1.50	04-May	NYAL Rd 1	Hendon
U17M	HJ	Gabriel Makinwa	1.50	04-May	NYAL Rd 1	Hendon
SM	HJ	Darron Keevil	1.40	03-May	SML 3N Rd1	Hemel H
U17M	HJ	Georgie Bean	1.40	27-Apr	EYAL Rd 1	Lee Valley
U17M	HJ	Jamie Buckley-Stanton	1.35	27-Apr	EYAL Rd 1	Lee Valley
U13M	HJ	Lee Jarrold	1.33	27-Apr	EYAL Rd 1	Lee Valley

## HMAC Male Summer 2008 Rankings as at 13/05/2008

Age Group	Event	Name	Performance	Date	Meeting	Venue
U20M	LJ	Joseph Ramie	6.43	30-Mar	Spring Open 1	Hornchurch
U20M	LJ	Vincent Lazaro	6.41	11-May	Essex Champs Day 3	Basildon
U20M	LJ	Anthony Williams	6.29	03-May	SML Rd 1	Peterboro
U17M	LJ	Kelechi Dyke	5.86	04-May	NYAL Rd 1	Hendon
SM	LJ	Arron Bonning	5.76	03-May	SML 3N Rd1	Hemel H
U15M	LJ	Jimi Tele	5.69?	10-May	Essex Champs Day 2	Basildon
U17M	LJ	Gabriel Makinwa	5.45	04-May	NYAL Rd 1	Hendon
U17M	LJ	Kelechi Dyke	5.36	30-Mar	Spring Open 1	Hornchurch
U17M	LJ	Terry Hughes	5.34	27-Apr	EYAL Rd 1	Lee Valley
U17M	LJ	Harry Hughes	5.25	05-Apr	Spring Open 2	Mayesbrook
U15M	LJ	Ashley Purnell	5.16	30-Mar	Spring Open 1	Hornchurch
U17M	LJ	James Lammin	4.95	27-Apr	EYAL Rd 1	Lee Valley
U15M	LJ	Jake Nelson	4.83	05-May	Essex Champs Day 1	Thurrock
U20M	LJ	Mitch White	4.74	05-Apr	Spring Open 2	Mayesbrook
SM	LJ	Darron Keevil	4.48	03-May	SML 3N Rd1	Hemel H
U15M	LJ	Frederick Mokoso	4.35	04-May	NYAL Rd 1	Hendon
U15M	LJ	Ryan Blake	4.26	05-Apr	Spring Open 2	Mayesbrook
U15M	LJ	Tyler Bennett	4.02	27-Apr	EYAL Rd 1	Lee Valley
U13M	LJ	Jason Akwenuke	4.00	04-May	NYAL Rd 1	Hendon
U13M	LJ	Jack Lawrence	3.85	30-Mar	Spring Open 1	Hornchurch
U15M	LJ	Adam Wileman	3.76	04-May	NYAL Rd 1	Hendon
U13M	LJ	Nicholas Duffey	3.58	27-Apr	EYAL Rd 1	Lee Valley
U13M	LJ	Lee Jarrold	3.55	27-Apr	EYAL Rd 1	Lee Valley
U13M	LJ	Andrew Holland	3.07	27-Apr	EYAL Rd 1	Lee Valley
U20M	TJ	Joseph Ramie	13.34	11-May	Essex Champs Day 3	Basildon
U15M	TJ	Jimi Tele	13.06	10-May	Essex Champs Day 2	Basildon
U17M	TJ	Gabriel Makinwa	12.44	05-Apr	Spring Open 2	Mayesbrook
U20M	TJ	Anthony Williams	12.19	27-Apr	NJAL Rd 1	Ipswich
SM	TJ	Arron Bonning	11.54	03-May	SML 3N Rd1	Hemel H
U17M	TJ	James Lammin	10.85	04-May	NYAL Rd 1	Hendon
U20M	TJ	Vincent Lazaro	10.57	03-May	SML Rd 1	Peterboro
SM	TJ	Darron Keevil	8.54	03-May	SML 3N Rd1	Hemel H
SM	PV	Stuart Tufton	3.20	03-May	SML 3N Rd1	Hemel H
SM	PV	Arron Bonning	2.80	03-May	SML 3N Rd1	Hemel H
U15M	PV	Andrew Kerr	2.60	04-May	NYAL Rd 1	Hendon
SM40	DT	Mark Bishop	32.20	03-May	SML Rd 1	Peterboro
SM	DT	Darron Keevil	29.31	03-May	SML 3N Rd1	Hemel H
SM	DT	Daniel Gamester	28.85	03-May	SML Rd 1	Peterboro
SM	DT	Arron Bonning	28.27	03-May	SML 3N Rd1	Hemel H
U20M	DTJ	Bradley Reece	32.13	11-May	Essex Champs Day 3	Basildon
U20M	DTJ	Craig Moore	31.13	05-Apr	Spring Open 2	Mayesbrook
U17M	DTI	Laurence Goodacre	33.61	05-Apr	Spring Open 2	Mayesbrook
U17M	DTI	Georgie Bean	31.77	27-Apr	EYAL Rd 1	Lee Valley
U17M	DTI	Emmanuel Quarshie	27.98	04-May	NYAL Rd 1	Hendon
U15M	DTB	Danny Wilson	25.14	04-May	NYAL Rd 1	Hendon
U15M	DTB	Luke Overton	22.49	04-May	NYAL Rd 1	Hendon
U13M	DTC	Patrick Leary-Kiernan	14.87	05-May	Essex Champs Day 1	Thurrock
U13M	DTC	Finbar Smyth	10.50	27-Apr	EYAL Rd 1	Lee Valley
U13M	DTC	Nicholas Duffey	10.02	27-Apr	EYAL Rd 1	Lee Valley
SM	HT	Daniel Gamester	45.97	03-May	SML Rd 1	Peterboro
U20M	HT	Bradley Reece	37.56	05-Apr	Spring Open 2	Mayesbrook
SM	HT	Darron Keevil	20.49	03-May	SML 3N Rd1	Hemel H
SM	HT	Arron Bonning	19.93	03-May	SML 3N Rd1	Hemel H
U20M	HTJ	Bradley Reece	45.90	05-Apr	Spring Open 2	Mayesbrook
U17M	HTI	Lewis Williams	27.42	05-Apr	Spring Open 2	Mayesbrook
U17M	HTI	Georgie Bean	25.52	04-May	NYAL Rd 1	Hendon
U17M	HTI	Bradley Burr	21.41	04-May	NYAL Rd 1	Hendon
U15M	HTB	Andrew Kerr	40.37	04-May	NYAL Rd 1	Hendon
U20M	JT	Bonne Buwembo	66.71	03-May	SML Rd 1	Peterboro
U17M	JT	Georgie Bean	51.70	05-Apr	Spring Open 2	Mayesbrook
U17M	JT	Bradley Burr	49.38	19-Apr	JavFest	Milton Keynes
SM	JT	Sam Harrison	48.62	10-Jan	Essex Champs Day 2	Basildon
SM	JT	Arron Bonning	41.87	03-May	SML 3N Rd1	Hemel H
SM	JT	Darron Keevil	37.39	03-May	SML 3N Rd1	Hemel H
U20M	JT	Joseph Ramie	29.33	27-Apr	NJAL Rd 1	Ipswich
U17M	JTI	Bradley Burr	60.75	27-Apr	EYAL Rd 1	Lee Valley
U17M	JTI	Georgie Bean	59.39	30-Mar	East Region Throws	Lee Valley
U15M	JTB	Danny Wilson	23.42	27-Apr	EYAL Rd 1	Lee Valley
U15M	JTB	Luke Overton	17.72	27-Apr	EYAL Rd 1	Lee Valley
U20M	SP	Jay Ryan	11.42	03-May	SML Rd 1	Peterboro
SM40	SP	Mark Bishop	10.52	03-May	SML Rd 1	Peterboro
SM	SP	Darron Keevil	10.26	03-May	SML 3N Rd1	Hemel H
SM	SP	Arron Bonning	9.55	03-May	SML 3N Rd1	Hemel H
U20M	SPJ	Anthony Williams	9.58	27-Apr	NJAL Rd 1	Ipswich
U17M	SPI	Emmanuel Quarshie	13.81	27-Apr	EYAL Rd 1	Lee Valley
U17M	SPI	Laurence Goodacre	13.62	04-May	NYAL Rd 1	Hendon
U17M	SPI	Adam McCarthy	9.19	05-Apr	Spring Open 2	Mayesbrook
U17M	SPI	Harry Hughes	7.53	27-Apr	EYAL Rd 1	Lee Valley
U15M	SPB	Danny Wilson	8.63	31-Mar	Herts Phoenic Open	Welwyn
U15M	SPB	Jake Nelson	8.03	05-May	Essex Champs Day 1	Thurrock
U15M	SPB	Andrew Kerr	7.40	27-Apr	EYAL Rd 1	Lee Valley
U15M	SPB	Luke Overton	7.05	27-Apr	EYAL Rd 1	Lee Valley
U15M	SPB	Glenn Wileman	6.16	27-Apr	EYAL Rd 1	Lee Valley
U13M	SPC	Lee Jarrold	5.68	04-May	NYAL Rd 1	Hendon
U13M	SPC	Finbar Smyth	5.25	27-Apr	EYAL Rd 1	Lee Valley