

HMAC Male Summer 2011 Rankings as at 30/09/2011

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	60	Karl Tucker	7.62i		12-Mar-11	Essex Indoor Champs	Lee Valley
U15M	60	Alexander Hewitt	8.27i		12-Mar-11	Essex Indoor Champs	Lee Valley
U17M	60	Oliver Garwandoe	8.13i		12-Mar-11	Essex Indoor Champs	Lee Valley
SM	100	Leo Barker	10.94w	AT SM w/a	27-Apr-11	Lee Valley Sprints	Lee Valley
SM	100	Barker	11.39		7-May-11	Woodford Combined events	Woodford
SM	100	Isaac Ogunlade	11.17w		3-Aug-11	Lee Valletys Sprints	Lee Valley
SM	100	Ogunlade	11.23		2-Aug-11	Woodford Open	Woodford
U20M	100	Jimi Tele	11.19		24-Jul-11	National Junior Lge Rd 4	Peterborough
SM	100	Richard Morrissey	11.28		13-Aug-11	BAL National 3 Rd 3	Kingston
U17M	100	Joshua Olawore	11.3		30-Jul-11	Southern Athletic Lge Rd 4	Andover
SM	100	Luke Stott	11.31		23-Apr-11	Loughboro Open	Loughborough
SM	100	Shaun Stewart	11.35		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM	100	Devon Samson	11.4		2-Apr-11	HMAC Spring Open	Hornchurch
U20M	100	Richard Holland	11.5		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
SM	100	Ammad Masood	11.6		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
SM	100	Masood	11.65		2-Jul-11	BAL National 3 Rd 2	Yeovil
U15M	100	Tobi Adeyemi	11.6		2-Jul-11	London Youth Games	Crystal Palace
U15M	100	Adeyemi	11.86		11-Jun-11	Essex Schools Champs	Chelmsford
U17M	100	George Hadler	11.61		16-Apr-11	Woodford Open	Woodford
U17M	100	Karl Tucker	11.69		3-Aug-11	Lee Valletys Sprints	Lee Valley
U20M	100	Jordan Brown	11.8		1-May-11	National Junior Lge Rd 1	Ware
U20M	100	Jack Edgar-Hill	11.8		1-May-11	National Junior Lge Rd 1	Ware
U20M	100	Edgar-Hill	12.08w		24-Jul-11	National Junior Lge Rd 4	Peterborough
U20M	100	Jimi Tele	11.86		13-Aug-11	BAL National 3 Rd 3	Kingston
U20M	100	Adam Samuel	11.9		1-May-11	National Junior Lge Rd 1	Ware
U15M	100	Alex Law	11.9		12-Jun-11	Eastern YAL Rd 2	Watford
U17M	100	Reece Mathurin	11.9		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	100	Mathurin	11.98		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U17M	100	Dale Marks-Swain	11.9		14-Aug-11	Eastern YAL Rd 5	Braintree
SM	100	Adam McCarthy	11.91		8-Jun-11	Lee Valley Sprints	Lee Valley
SM	100	Daniel Margiotta	11.97		14-May-11	Essex Champs Day 2	Chelmsford
SM40	100	Mark Bishop	12.2	AT M40 1st	30-Jul-11	Southern Athletic Lge Rd 4	Andover
SM40	100	Bishop	12.77		27-Aug-11	BAL National 3 Rd 4	Swansea
U17M	100	Ashley Purnell	12.29		14-May-11	Essex Champs Day 2	Chelmsford
SM	100	Philip Groombridge	12.3		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
U17M	100	Harry Phillips	12.5		12-Jun-11	Eastern YAL Rd 2	Watford
SM	100	Tomasz Angowski	12.5		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
SM	100	Jeremy Watson	12.54		27-Aug-11	BAL National 3 Rd 4	Swansea
U15M	100	Alexander Hewitt	12.74w		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	100	Hewitt	12.94		23-Apr-11	Chelmsford Open	Chelmsford
U13M	100	Benjamin Ellis	13.0	AT U13 =8th	3-Jul-11	Eastern YAL Rd 3	St Albans
U13M	100	Ellis	13.19		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U20M	100	Jake Nelson	13.1		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
U17M	100	Oliver Garwandoe	13.13		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	100	Joshua Norman	13.4		2-Apr-11	HMAC Spring Open	Hornchurch
U20M	100	Emmanuel Quarshie	13.7		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U13M	100	Morgan Seaman	13.76w		11-Jun-11	Essex Schools Champs	Chelmsford
U13M	100	Seaman	13.9		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U17M	100	Lee Jarrold	13.9		11-Sep-11	Eastern YAL Final	Chelmsford
U13M	100	Sam Thompson	14.1		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	100	Liam Norman	14.2		2-Apr-11	HMAC Spring Open	Hornchurch
U13M	100	Matthew Owers	14.59		2-Aug-11	Woodford Open	Woodford
U13M	100	Matthew Agnimell	14.6		24-Jul-11	Eastern YAL Rd 4	Stevenage
U15M	100	Sam Dell	14.9		2-Apr-11	HMAC Spring Open	Hornchurch
U13M	100	Joseph Newson	15.1		24-Jul-11	Eastern YAL Rd 4	Stevenage
U13M	100	Aaron Westwood	15.78		23-Apr-11	Chelmsford Open	Chelmsford
U13M	100	Connor Mills	15.8		14-Aug-11	Eastern YAL Rd 5	Braintree
U13M	100	Mills	15.94w		22-May-11	NYAL Southern Premier Rd 2	Woodford
U13M	100	Callum Wood	15.9		2-Apr-11	HMAC Spring Open	Hornchurch
U15M	100	Elliott Nunn	16.0		1-May-11	Eastern YAL Rd 1	Cambridge
U13M	100	Joshua Stephens	16.3		3-Jul-11	Eastern YAL Rd 3	St Albans
U13M	100	Aaron Westwood	16.8		12-Jun-11	Eastern YAL Rd 2	Watford
U13M	100	Eddie Rudgley	17.3		14-Aug-11	Eastern YAL Rd 5	Braintree
U13M	100	Michael Hollette	17.5		2-Apr-11	HMAC Spring Open	Hornchurch
U13M	100	James Traylen	17.6		24-Jul-11	Eastern YAL Rd 4	Stevenage
U13M	100	Luke Watson	17.7		3-Jul-11	Eastern YAL Rd 3	St Albans
U13M	100	James Stewart	18.0		3-Jul-11	Eastern YAL Rd 3	St Albans
U13M	100	Zak Nerurkar	18.0		1-May-11	Eastern YAL Rd 1	Cambridge
SM	200	Richard Morrissey	21.80	AT SM =10th	9-Apr-11	Lee Valley Open	Lee Valley
SM	200	Isaac Ogunlade	22.42		2-Aug-11	Woodford Open	Woodford
U20M	200	Jimi Tele	22.6		1-May-11	National Junior Lge Rd 1	Ware
U20M	200	Tele	23.09		13-Aug-11	BAL National 3 Rd 3	Kingston
U17M	200	Joshua Olawore	23.0		11-Sep-11	Eastern YAL Final	Chelmsford
SM	200	Shaun Stewart	23.1		21-May-11	Southern Athletic Lge Rd 2	Swindon

HMAc Male Summer 2011 Rankings as at 30/09/2011

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	200	George Hadler	23.2		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U17M	200	Hadler	23.66		23-Apr-11	Chelmsford Open	Chelmsford
SM	200	Devon Samson	23.3		2-Apr-11	HMAc Spring Open	Hornchurch
U17M	200	Danny Wilson	23.44		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
SM	200	Ammad Masood	23.5		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
SM	200	Masood	23.66		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM	200	Richard Holland	23.6		10-Jul-11	National Junior Lge Rd 3	Luton
U15M	200	Alex Law	23.7	AT U15 5th	3-Jul-11	London Youth Games	Crystal Palace
U15M	200	Law	24.35i		13-Mar-11	Essex Indoor Champs	Lee Valley
U17M	200	Dale Marks-Swain	23.79		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U20M	200	Jordan Brown	23.8		1-May-11	National Junior Lge Rd 1	Ware
U20M	200	Massi Dendani	23.9		29-May-11	National Junior Lge Rd 2	Watford
SM	200	Adam McCarthy	24.1		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
SM	200	McCarthy	24.55i		29-Jan-11	London Indoor Games	Lee Valley
SM	200	Daniel Margiotta	24.4		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U17M	200	Reece Mathurin	24.47w		22-May-11	NYAL Southern Premier Rd 2	Woodford
U17M	200	Mathurin	25.3		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	200	Tyler Bennett	24.7		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U15M	200	Tobi Adeyemi	24.9		24-Jul-11	Eastern YAL Rd 4	Stevenage
U15M	200	Adeyemi	25.48w		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	200	Adeyemi	26.28		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U17M	200	Harry Phillips	25.22w		22-May-11	NYAL Southern Premier Rd 2	Woodford
U17M	200	Phillips	26.0		3-Jul-11	Eastern YAL Rd 3	St Albans
U20M	200	Jack Edgar-Hill	25.24		24-Jul-11	National Junior Lge Rd 4	Peterborough
U17M	200	Karl Tucker	25.3		29-Aug-11	Southend Open	Southend
SM	200	Jeremy Watson	25.40		27-Aug-11	BAL National 3 Rd 4	Swansea
U15M	200	Alexander Hewitt	26.13		23-Apr-11	Chelmsford Open	Chelmsford
U13M	200	Benjamin Ellis	26.28	AT U13 6th	22-May-11	NYAL Southern Premier Rd 2	Woodford
U17M	200	Oliver Garwandoe	26.52i		13-Mar-11	Essex Indoor Champs	Lee Valley
U17M	200	Garwandoe	27.0		2-Apr-11	HMAc Spring Open	Hornchurch
U17M	200	Matthew Sturgess	26.7		1-May-11	Eastern YAL Rd 1	Cambridge
U15M	200	Joshua Norman	27.1		2-Apr-11	HMAc Spring Open	Hornchurch
U15M	200	Norman	27.27w		22-May-11	NYAL Southern Premier Rd 2	Woodford
U13M	200	Ryan Green	28.5		24-Jul-11	Eastern YAL Rd 4	Stevenage
U13M	200	Green	28.91		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U13M	200	Morgan Seaman	28.8		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	200	Liam Norman	29.6		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	200	Thomas Pitkin	29.7		12-Jun-11	Eastern YAL Rd 2	Watford
U15M	200	Lewis Middleton	30.08		2-May-11	Essex Champs Day 1	Basilton
U13M	200	Matthew Owers	30.44		2-Aug-11	Woodford Open	Woodford
U13M	200	Matthew Agnimell	31.0		12-Jun-11	Eastern YAL Rd 2	Watford
U13M	200	Connor Mills	32.5		14-Aug-11	Eastern YAL Rd 5	Braintree
U13M	200	Mills	32.89		22-May-11	NYAL Southern Premier Rd 2	Woodford
U13M	200	James Traylen	34.8		1-May-11	Eastern YAL Rd 1	Cambridge
U13M	200	Eddie Rudgeley	35.3		12-Jun-11	Eastern YAL Rd 2	Watford
U13M	200	James Stewart	37.4		3-Jul-11	Eastern YAL Rd 3	St Albans
U13M	200	Luke Watson	37.9		3-Jul-11	Eastern YAL Rd 3	St Albans
SM	400	Richard Morrissey	47.57	AT SM 4th	25-Jun-11	EA U23 Champs	Bedford
SM	400	Leo Barker	49.65	AT SM 16th	7-May-11	Woodford Combined events	Woodford
SM	400	Isaac Ogunlade	49.89	AT SM 20th	16-Apr-11	Woodford Open	Woodford
SM	400	Shaun Stewart	50.11		2-Jul-11	BAL National 3 Rd 2	Yeovil
U17M	400	Danny Wilson	50.92	AT U17M 6th	14-May-11	Essex Champs Day 2	Chelmsford
SM	400	Paul Adair	51.55		27-Aug-11	BAL National 3 Rd 4	Swansea
U17M	400	George Hadler	51.6		3-Jul-11	Eastern YAL Rd 3	St Albans
U17M	400	Hadler	54.03i		23-Jan-11	Lee Valley Open	Lee Valley
U17M	400	Joshua Olawore	51.7		25-Jun-11	ESAA Regional Multi Events	Peterborough
U17M	400	Olawore	52.46		17-Sep-11	ESAA National Multi Events	Exeter
U20M	400	Massi Dendani	51.8		29-May-11	National Junior Lge Rd 2	Watford
U17M	400	Dale Marks-Swain	52.08		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
SM	400	Adam McCarthy	52.17		2-Jul-11	BAL National 3 Rd 2	Yeovil
U17M	400	Tyler Bennett	52.96		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
SM	400	Simon Richards	54.2		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
SM	400	Adam Wileman	57.0		10-Jul-11	National Junior Lge Rd 3	Luton
U17M	400	Finbar Smythe	58.4		12-Jun-11	Eastern YAL Rd 2	Watford
U17M	400	Reece Mathurin	58.8		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U17M	400	Pedro Malungo	58.9		1-May-11	National Junior Lge Rd 1	Ware
U15M	400	Thomas Pitkin	60.2		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	400	Pitkin	61.33		22-May-11	NYAL Southern Premier Rd 2	Woodford
SM	400	Neill Collins	60.6		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
U17M	400	Nick Duffey	60.9		14-Aug-11	Eastern YAL Rd 5	Braintree
U15M	400	Alexander Hewitt	61.3		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	400	Hewitt	62.12		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U20M	400	Jon Seekings	62.4		1-May-11	National Junior Lge Rd 1	Ware
U15M	400	Liam Norman	65.2		24-Jul-11	Eastern YAL Rd 4	Stevenage

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15M	400	Sam Dell	76.2		14-Aug-11	Eastern YAL Rd 5	Braintree
U20M	800	Massi Dendani	1:57.95		14-May-11	Essex Champs Day 2	Chelmsford
SM	800	Paul Adair	1:58.05		11-May-11	Loughboro v Army	Loughborough
SM	800	Grant Twist	1:58.84		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM	800	Leo Barker	1:59.36		18-May-11	Watford Open	Watford
U17M	800	Hoseah Gikungu	2:00.1		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U20M	800	Jamie Buckley-Stanton	2:01.49		15-Jun-11	Watford Open	Watford
U17M	800	Josh Conners	2:03.5		30-Jul-11	Southern Athletic Lge Rd 4	Andover
U17M	800	Ryan O'Mahoney	2:04.2		10-Jul-11	National Junior Lge Rd 3	Luton
SM40	800	Matt Bland	2:05.11		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM	800	Rob Warner	2:05.2		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
U20M	800	Simon Richards	2:08.0		21-May-11	Southern Athletic Lge Rd 2	Swindon
SM	800	Neill Collins	2:08.2		30-Jul-11	Southern Athletic Lge Rd 4	Andover
SM	800	Collins	2:11.32		2-Aug-11	Woodford Open	Woodford
U13M	800	Benjamin Ellis	2:15.3	AT U13 3rd	6-Jul-11	Havering Schools Champs	Hornchurch
U13M	800	Ellis	2:18.75		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U17M	800	Nick Duffey	2:15.46		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
SM	800	Anthony Soar	2:15.9		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
U15M	800	Adam Hill	2:16.3		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	800	Alex Law	2:17.75		17-Sep-11	ESAA National Multi Events	Exeter
U15M	800	Ed Thompson	2:19.9		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	800	Thompson	2:22.43		14-May-11	Essex Champs Day 2	Chelmsford
U15M	800	George Dixon	2:21.8		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U17M	800	Finbar Smythe	2:23.20		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U15M	800	Thomas Pitkin	2:27.1		6-Jul-11	Havering Schools Champs	Hornchurch
U15M	800	Pitkin	2:28.54		14-May-11	Essex Champs Day 2	Chelmsford
U13M	800	Ryan Green	2:28.7		11-Sep-11	Eastern YAL Final	Chelmsford
U13M	800	Green	2:33.80		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U20M	800	Ross Earney	2:29.5		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
U15M	800	Elliott Nunn	2:29.6		6-Jul-11	Havering Schools Champs	Hornchurch
U15M	800	Sean Wilson	2:29.7		12-Jun-11	Eastern YAL Rd 2	Watford
U17M	800	Alexander Wade	2:30.3		1-May-11	Eastern YAL Rd 1	Cambridge
U17M	800	Wade	2:36.95		22-May-11	NYAL Southern Premier Rd 2	Woodford
U20M	800	Richard Holland	2:33.7		1-May-11	National Junior Lge Rd 1	Ware
U15M	800	Ross Moncreiff	2:33.9		3-Jul-11	Eastern YAL Rd 3	St Albans
U13M	800	Sam Thompson	2:33.9		24-Jul-11	Eastern YAL Rd 4	Stevenage
U15M	800	Robert Woodgate	2:36.9		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	800	Alex Wade	2:38.2		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	800	Fraser Scott	2:38.9		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	800	Lee Jarrold	2:40.7		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	800	James Giordmania	2:44.1		3-Jul-11	Eastern YAL Rd 3	St Albans
U20M	800	Jake Nelson	2:46.6		29-May-11	National Junior Lge Rd 2	Watford
U15M	800	William Hart	2:47.26		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U13M	800	Aaron Westwood	2:53.1		2-Apr-11	HMAC Spring Open	Hornchurch
U13M	800	Westwood	2:57.36		23-Apr-11	Chelmsford Open	Chelmsford
U15M	800	Sam Dell	2:53.9		2-Apr-11	HMAC Spring Open	Hornchurch
U13M	800	George Hart	2:55.3		1-May-11	Eastern YAL Rd 1	Cambridge
U13M	800	Michael Hollette	2:57.1		2-Apr-11	HMAC Spring Open	Hornchurch
U13M	800	Eddie Rudgley	2:58.5		14-Aug-11	Eastern YAL Rd 5	Braintree
U13M	800	Michael van der Hook	3:03.0		14-Aug-11	Eastern YAL Rd 5	Braintree
U13M	800	James Traylen	3:03.2		1-May-11	Eastern YAL Rd 1	Cambridge
U13M	800	Traylen	3:40.45		22-May-11	NYAL Southern Premier Rd 2	Woodford
U13M	800	Joshua Stephens	3:15.9		2-Apr-11	HMAC Spring Open	Hornchurch
U13M	800	Zak Nerurkar	3:18.4		1-May-11	Eastern YAL Rd 1	Cambridge
U13M	800	Joshua Stephens	3:18.5		3-Jul-11	Eastern YAL Rd 3	St Albans
U20M	1500	Jamie Buckley-Stanton	4:08.07		4-Jun-11	BAL National 3 Rd 1	Scotstoun
U17M	1500	Hoseah Gikungu	4:08.77		4-Sep-11	Eastern Inter Counties	Cambridge
SM	1500	Grant Twist	4:09.8		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SM	1500	Twist	4:11.09		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM40	1500	Matt Bland	4:13.71		4-Jun-11	BAL National 3 Rd 1	Scotstoun
U20M	1500	Massi Dendani	4:15.26		29-Jun-11	Watford Open	Watford
SM	1500	Neill Collins	4:25.84		30-Aug-11	Woodford Open	Woodford
SM	1500	Leo Barker	4:27.20		8-May-11	Woodford Combined events	Woodford
U17M	1500	Josh Conners	4:29.37		22-May-11	NYAL Southern Premier Rd 2	Woodford
SM35	1500	Chris Smith	4:33.74		27-Aug-11	BAL National 3 Rd 4	Swansea
U15M	1500	Adam Hill	4:42.7		11-Sep-11	Eastern YAL Final	Chelmsford
U15M	1500	Hill	4:50.45		22-May-11	NYAL Southern Premier Rd 2	Woodford
U17M	1500	Nick Shade	4:43.65		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
SM	1500	Ian Anthony	4:48.5		21-May-11	Southern Athletic Lge Rd 2	Swindon
U17M	1500	Chris Hyde	4:51.4		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U15M	1500	Sean Wilson	4:53.2		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	1500	Wilson	5:03.86		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	1500	Ed Thompson	4:56.2		11-Sep-11	Eastern YAL Final	Chelmsford
U20M	1500	Ross Earney	5:00.2		30-Apr-11	Southern Athletic Lge Rd 1	Eltham

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15M	1500	George Dixon	5:01.86		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U17M	1500	Tom Brennan	5:02.7		11-Sep-11	Eastern YAL Final	Chelmsford
U17M	1500	Andrew Holland	5:04.1		1-May-11	Eastern YAL Rd 1	Cambridge
U17M	1500	Joshua Olawore	5:06.1		26-Jun-11	ESAA Regional Multi Events	Peterborough
U17M	1500	Olawore	5:07.33		18-Sep-11	ESAA National Multi Events	Exeter
U15M	1500	Fraser Scott	5:06.3		6-Jul-11	Havering Schools Champs	Cambridge
U15M	1500	Robert Woodgate	5:08.5		2-Apr-11	HMAC Spring Open	Hornchurch
U17M	1500	Finbar Smythe	5:22.7		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U13M	1500	Michael Hollette	5:28.5		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	1500	Elliott Nunn	5:31.9		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U15M	1500	William Hart	5:32.6		12-Jun-11	Eastern YAL Rd 2	Watford
U13M	1500	George Hart	5:34.0		3-Jul-11	Eastern YAL Rd 3	St Albans
U13M	1500	G.Hart	5:46.92		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U17M	1500	Ryan O'Mahoney	5:39.4		10-Jul-11	National Junior Lge Rd 3	Luton
U13M	1500	Matthew Agnimell	5:43.0		24-Jul-11	Eastern YAL Rd 4	Stevenage
U13M	1500	Aaron Westwood	5:51.7		11-Sep-11	Eastern YAL Final	Chelmsford
U13M	1500	Westwood	5:52.43		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	1500	Sam Dell	5:52.2		24-Jul-11	Eastern YAL Rd 4	Stevenage
U13M	1500	Matthew Owers	5:52.2		14-Aug-11	Eastern YAL Rd 5	Braintree
U13M	1500	Morgan Seaman	5:54.7		12-Jun-11	Eastern YAL Rd 2	Watford
U13M	1500	James Traylen	6:15.7		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U17M	3000	Hoseah Gikungu	8:57.46	AT U17 2nd	14-Aug-11	U17 Inter Counties	Kingston
SM	3000	Rob Warner	9:03.28		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM	3000	Ian Anthony	9:24.2		21-May-11	Southern Athletic Lge Rd 2	Swindon
SM	3000	Chris Smith	9:36.43		2-Jul-11	BAL National 3 Rd 2	Yeovil
U20M	3000	Massi Dendani	9:41.2		20-Apr-11	Watford Open	Watford
U17M	3000	Josh Conners	9:49.2		29-May-11	National Junior Lge Rd 2	Watford
U17M	3000	Conners	9:52.43		7-Sep-11	Watford Open	Watford
SM35	3000	Jason Lendon	10:09.78		13-Aug-11	BAL National 3 Rd 3	Kingston
U20M	3000	Ross Earney	10:10.5		30-Jul-11	Southern Athletic Lge Rd 4	Andover
U17M	3000	Tom Davis	10:10.9		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U17M	3000	Nick Shade	10:19.51		22-May-11	NYAL Southern Premier Rd 2	Woodford
U17M	3000	Tom Brennan	10:56.51		22-May-11	NYAL Southern Premier Rd 2	Woodford
SM	3000	Neill Collins	11:29.9		30-Jul-11	Southern Athletic Lge Rd 4	Andover
SM40	5000	Matt Bland	16:12.0		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
SM35	5000	Steve Rand	16:12.5		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SM	5000	Rob Warner	16:13.63		27-Aug-11	BAL National 3 Rd 4	Swansea
SM35	5000	Chris Smith	16:44.65		4-Jun-11	BAL National 3 Rd 1	Scotstoun
SM45	5000	Simon Hart	17:15.2		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
SM35	5000	Jason Lendon	17:35.77		4-Jun-11	BAL National 3 Rd 1	Scotstoun
SM35	5000	Martin Chester	17:46.7		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U17M	5000	Tom Brennan	20:33.2		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
SM45	Marathon	Simon Hart	2:43.54	AT SM 11th	17-Apr-11	London Marathon	London
SM	Marathon	Glen Hill	2:50.46	AT SM 15th	17-Apr-11	London Marathon	London
SM35	Marathon	Chris Smith	2:55.20	AT SM 20th	17-Apr-11	London Marathon	London
SM	Marathon	Ian Anthony	2:57.38		17-Apr-11	London Marathon	London
SM35	Marathon	Steve Rand	3:01.59		17-Apr-11	London Marathon	London
SM35	Marathon	Graham Hogan	3:04.45		17-Apr-11	London Marathon	London
SM	Marathon	Graham Pritchard	3:28.58		17-Apr-11	London Marathon	London
SM40	Marathon	Russ Middleton	3:59.18		17-Apr-11	London Marathon	London
U15M	60HU15M	Alex Law	8.87i	AT U15 1st	6-Mar-11	EA Age Group CE	Sheffield
U17M	60HU17M	Joshua Olawore	8.19i	AT U17 1st	13-Mar-11	Essex Indoor Champs	Lee Valley
U17M	60HU17M	George Hadler	8.75i		8-Jan-11	South of England Indoors	Lee Valley
U17M	60HU17M	Karl Tucker	8.87i		13-Mar-11	Essex Indoor Champs	Lee Valley
U13M	75HU13M	Matthew Owers	14.7		24-Sep-11	Biggleswade Open	Sandy
U13M	75HU13M	Joseph Newson	15.1		11-Sep-11	Eastern YAL Final	Chelmsford
U13M	75HU13M	James Traylen	16.0		11-Sep-11	Eastern YAL Final	Chelmsford
U13M	75HU13M	Traylen	19.18		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U13M	75HU13M	Connor Mills	17.6		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U13M	75HU13M	Mills	21.67w		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	80HU15M	Alex Law	11.25	AT U15 1st	17-Sep-11	ESAA National Multi Events	Exeter
U15M	80HU15M	Thomas Pitkin	13.56w		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	80HU15M	Pitkin	13.9		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	80HU15M	Pitkin	13.93		14-May-11	Essex Champs Day 2	Chelmsford
U15M	80HU15M	Sam Dell	17.9		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	80HU15M	William Hart	19.0		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	100HU17M	Joshua Olawore	13.21w	AT U17M w/a	14-May-11	Essex Champs Day 2	Chelmsford
U17M	100HU17M	Olawore	13.35	AT U17M 1st	21-Aug-11	England Athletics U17 Champs	Bedford
U17M	100HU17M	George Hadler	13.75w	AT U17M w/a	14-May-11	Essex Champs Day 2	Chelmsford
U17M	100HU17M	Hadler	14.03	AT U17 4th	9-Apr-11	Lee Valley Open	Lee Valley
U17M	100HU17M	Karl Tucker	14.28w	AT U17M w/a	22-May-11	NYAL Southern Premier Rd 2	Woodford
U17M	100HU17M	Tucker	14.51		11-Jun-11	Essex Schools Champs	Chelmsford

HMAC Male Summer 2011 Rankings as at 30/09/2011

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SM40	110H	Anthony Williams	16.39		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM40	110H	Mark Bishop	16.9		30-Jul-11	Southern Athletic Lge Rd 4	Andover
SM40	110H	Bishop	17.30		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM	110H	Jeremy Watson	18.9		21-May-11	Southern Athletic Lge Rd 2	Swindon
SM35	110H	Watson	19.13		13-Aug-11	BAL National 3 Rd 3	Kingston
SM	110H	Kieran Nelson	19.9		30-Jul-11	Southern Athletic Lge Rd 4	Andover
SM35	110H	Arron Bonning	21.1		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
SM35	110H	Darron Keevil	23.2		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U20M	110HU20M	Jack Edgar-Hill	15.1	AT U20 3rd	1-May-11	National Junior Lge Rd 1	Ware
U20M	110HU20M	Edgar-Hill	15.11		14-May-11	Essex Champs Day 2	Chelmsford
U17M	110HU20M	Karl Tucker	17.9		10-Jul-11	National Junior Lge Rd 3	Luton
U20M	110HU20M	Adam Wileman	19.62		24-Jul-11	National Junior Lge Rd 4	Peterborough
SM	300HM	Adam McCarthy	41.2		2-Apr-11	HMAC Spring Open	Hornchurch
U17M	300HU17M	George Hadler	42.3	AT U17 1st	2-Apr-11	HMAC Spring Open	Hornchurch
SM	400HM	Isaac Ogunlade	53.23	AT SM 3rd	2-Jul-11	BAL National 3 Rd 2	Yeovil
SM	400HM	Adam McCarthy	55.57	AT SM 8th	4-Sep-11	Eastern Inter Counties	Cambridge
U20M	400HM	Adam Wileman	60.7		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U20M	400HM	Wileman	62.96		24-Jul-11	National Junior Lge Rd 4	Peterborough
U20M	400HM	Jack Edgar-Hill	66.3		10-Jul-11	National Junior Lge Rd 3	Luton
U20M	400HM	Jake Nelson	67.8		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
U20M	400HM	Nelson	68.65		15-May-11	Essex Champs Day 3	Chelmsford
U20M	400HM	Jon Seekings	70.22		15-May-11	Essex Champs Day 3	Chelmsford
SM	400HM	Kieran Nelson	70.4		21-May-11	Southern Athletic Lge Rd 2	Swindon
SM45	400HM	Paul Berrett	75.3		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U17M	400HU17M	George Hadler	57.80	AT U17 3rd	5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U17M	400HU17M	Karl Tucker	68.8		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U17M	400HU17M	Nick Duffey	70.88		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U17M	400HU17M	Finbar Smythe	71.8		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U17M	1500SC	Josh Conners	4:50.6		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U17M	1500SC	Conners	4:55.45		11-Jun-11	Essex Schools Champs	Chelmsford
U17M	1500SC	Andrew Holland	5:35.69		22-May-11	NYAL Southern Premier Rd 2	Woodford
U17M	1500SC	Tom Brennan	5:38.2		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U17M	1500SC	Luke Grieveson	6:06.60		22-May-11	NYAL Southern Premier Rd 2	Woodford
SM	2000SC	Rob Warner	6:19.2		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SM	2000SC	Grant Twist	6:33.5		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U17M	2000SC	Josh Conners	7:04.1		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
U17M	2000SC	Tom Brennan	8:29.4		10-Jul-11	National Junior Lge Rd 3	Luton
U17M	2000SC	Harry Phillips	10:38.6		1-May-11	National Junior Lge Rd 1	Ware
U20M	2000SC	Jack Edgar-Hill	10:44.0		1-May-11	National Junior Lge Rd 1	Ware
SM	3000SC	Rob Warner	9:38.68		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM35	3000SC	Jason Lendon	9:58.93		2-Jul-11	BAL National 3 Rd 2	Yeovil
U17M	HJ	Joshua Olawore	1.85	AT U17 =8th	26-Jun-11	ESAA Regional Multi Events	Peterborough
U15M	HJ	Alex Law	1.78	AT U15 =5th	25-Jun-11	ESAA Regional Multi Events	Peterborough
SM	HJ	Jeremy Watson	1.75		21-May-11	Southern Athletic Lge Rd 2	Swindon
U17M	HJ	Lewis Walker-Dobson	1.75		14-Aug-11	Eastern YAL Rd 5	Braintree
U17M	HJ	Karl Tucker	1.70		3-Jul-11	Eastern YAL Rd 3	St Albans
U20M	HJ	Jake Nelson	1.70		21-May-11	Southern Athletic Lge Rd 2	Swindon
U17M	HJ	Harry Phillips	1.65		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U17M	HJ	Lee Jarrold	1.65		24-Jul-11	Eastern YAL Rd 4	Stevenage
SM40	HJ	Mark Bishop	1.65		30-Jul-11	Southern Athletic Lge Rd 4	Andover
U17M	HJ	Oliver Garwandoe	1.60		14-May-11	Essex Champs Day 2	Chelmsford
U20M	HJ	Jack Edgar-Hill	1.60		24-Jul-11	National Junior Lge Rd 4	Peterborough
SM35	HJ	Arron Bonning	1.55		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U17M	HJ	Finbar Smythe	1.50		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	HJ	Sean Wilson	1.46		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	HJ	Adam Hill	1.45		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	HJ	Ed Thompson	1.30		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U15M	HJ	Joshua Norman	1.30		12-Jun-11	Eastern YAL Rd 2	Watford
U13M	HJ	Matthew Owers	1.30		14-Aug-11	Eastern YAL Rd 5	Braintree
U13M	HJ	Morgan Seaman	1.30		14-Aug-11	Eastern YAL Rd 5	Braintree
U15M	HJ	Lewis Middleton	1.25		11-Sep-11	Eastern YAL Final	Chelmsford
U15M	HJ	Sam Dell	1.20		14-Aug-11	Eastern YAL Rd 5	Braintree
U15M	HJ	Fraser Scott	1.10		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	LJ	Joshua Olawore	7.20	AT U17M 1st	21-Aug-11	England Athletics U17 Champs	Bedford
SM	LJ	Leo Barker	6.88		7-May-11	Woodford Combined events	Woodford
SM	LJ	Shaun Stewart	6.73		17-Jul-11	Southern Inter Counties	Hemel Hempstead
U20M	LJ	Richard Holland	6.67	AT SM 19th	1-May-11	National Junior Lge Rd 1	Ware
U15M	LJ	Alex Law	6.52	AT U15 1st	2-Jul-11	English Schools Champs	Gateshead
SM	LJ	Anthony Williams	6.52		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
U17M	LJ	Dale Marks-Swain	6.11		3-Jul-11	Eastern YAL Rd 3	St Albans
U17M	LJ	Lewis Walker-Dobson	5.95		11-Sep-11	Eastern YAL Final	Chelmsford
SM40	LJ	Mark Bishop	5.92		27-Aug-11	BAL National 3 Rd 4	Swansea
U20M	LJ	Jimi Tele	5.85		24-Jul-11	National Junior Lge Rd 4	Peterborough
U20M	LJ	Adam Wileman	5.78		2-Apr-11	HMAC Spring Open	Hornchurch

HMAC Male Summer 2011 Rankings as at 30/09/2011

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	LJ	Ashley Purnell	5.74		15-May-11	Essex Champs Day 3	Chelmsford
U17M	LJ	Karl Tucker	5.57w		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U17M	LJ	Tucker	5.42		3-Jul-11	Eastern YAL Rd 3	St Albans
U17M	LJ	Pedro Malungo	5.44		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	LJ	Tobi Adeyemi	5.35		11-Sep-11	Eastern YAL Final	Chelmsford
SM35	LJ	Arron Bonning	5.30		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
U20M	LJ	Jake Nelson	5.26		2-Apr-11	HMAC Spring Open	Hornchurch
U17M	LJ	Matthew Sturgess	5.25		1-May-11	Eastern YAL Rd 1	Cambridge
SM	LJ	Philip Groombridge	5.25		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
U17M	LJ	Lee Jarrold	5.19		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	LJ	Oliver Garwandoe	5.17		15-May-11	Essex Champs Day 3	Chelmsford
U20M	LJ	Jordan Brown	4.97		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U20M	LJ	Glenn Wileman	4.93		24-Jul-11	National Junior Lge Rd 4	Peterborough
U13M	LJ	Ryan Green	4.15w		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U13M	LJ	Morgan Seaman	4.15w		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U13M	LJ	Seaman	4.11		11-Sep-11	Eastern YAL Final	Chelmsford
U15M	LJ	Lewis Middleton	4.07		12-Jun-11	Eastern YAL Rd 2	Watford
U15M	LJ	Liam Norman	4.06		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	LJ	Sam Dell	3.96		2-Apr-11	HMAC Spring Open	Hornchurch
U15M	LJ	Robert Woodgate	3.95		14-Aug-11	Eastern YAL Rd 5	Braintree
U15M	LJ	Ross Moncreiff	3.79		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	LJ	Fraser Scott	3.65		1-May-11	Eastern YAL Rd 1	Cambridge
U15M	LJ	Elliott Nunn	3.59		1-May-11	Eastern YAL Rd 1	Cambridge
U13M	LJ	James Traylen	3.50		11-Sep-11	Eastern YAL Final	Chelmsford
U13M	LJ	Joshua Stephens	3.48		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	LJ	James Giordmania	3.40		3-Jul-11	Eastern YAL Rd 3	St Albans
U13M	LJ	Callum Wood	3.39		2-Apr-11	HMAC Spring Open	Hornchurch
U13M	LJ	Aaron Westwood	3.38		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U13M	LJ	George Hart	3.32		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	LJ	Tom Brennan	3.29		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U13M	LJ	Michael Hollette	3.10		14-Aug-11	Eastern YAL Rd 5	Braintree
U15M	LJ	Ryan Crane	2.88		1-May-11	Eastern YAL Rd 1	Cambridge
U13M	LJ	John Nelson	2.64		1-May-11	Eastern YAL Rd 1	Cambridge
U20M	TJ	Jimi Tele	14.95w	AT U20 w/a	2-Jul-11	English Schools Champs	Gateshead
U20M	TJ	Tele	14.60		11-Sep-11	Commonwealth Youth Games	Douglas, IOM
U17M	TJ	Joshua Olawore	14.02i	AT U17 2nd	26-Feb-11	EA Age Group Champs	Birmingham
U17M	TJ	Olawore	13.95		1-Jul-11	English Schools Champs	Gateshead
SM	TJ	Anthony Williams	13.10		2-Jul-11	BAL National 3 Rd 2	Yeovil
U17M	TJ	Pedro Malungo	12.96		3-Jul-11	Eastern YAL Rd 3	St Albans
U17M	TJ	Lewis Walker-Dobson	12.55		1-May-11	Eastern YAL Rd 1	Cambridge
SM40	TJ	Mark Bishop	12.04		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SM	TJ	Adam McCarthy	12.00		27-Aug-11	Bal National 3 Rd 4	Swansea
U20M	TJ	Jake Nelson	11.94		21-May-11	Southern Athletic Lge Rd 2	Swindon
U20M	TJ	Glenn Wileman	11.93		10-Jul-11	National Junior Lge Rd 3	Luton
U20M	TJ	Adam Wileman	11.70i		13-Mar-11	Essex Indoor Champs	Lee Valley
U20M	TJ	A.Wileman	11.69		10-Jul-11	National Junior Lge Rd 3	Luton
U17M	TJ	Karl Tucker	11.48		1-May-11	Eastern YAL Rd 1	Cambridge
U15M	TJ	Alex Law	11.42		2-Apr-11	HMAC Spring Open	Hornchurch
SM35	TJ	Arron Bonning	11.39		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
U17M	TJ	Lee Jarrold	11.21		11-Sep-11	Eastern YAL Final	Chelmsford
SM	TJ	Jeremy Watson	10.59		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
U20M	TJ	Kieron Nelson	10.34		21-May-11	Southern Athletic Lge Rd 2	Swindon
U17M	TJ	Hoseah Gikungu	9.99		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
SM40	PV	Mark Bishop	3.80		13-Aug-11	BAL National 3 Rd 3	Kingston
SM60	PV	Stuart Tufton	3.20	AT M60 1st	21-May-11	Southern Athletic Lge Rd 2	Swindon
U17M	PV	Oliver Garwandoe	3.00		14-Aug-11	Eastern YAL Rd 5	Braintree
SM35	PV	Arron Bonning	2.80		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
U15M	PV	Ed Thompson	2.30	AT U15 8th	19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	PV	Lewis Middleton	2.30	AT U15 8th	11-Sep-11	Eastern YAL Final	Chelmsford
SM	PV	Adam McCarthy	2.20		2-Jul-11	BAL National 3 Rd 2	Yeovil
U20M	SP	Emmanuel Quarshie	13.34	AT U20 2nd	17-Jul-11	Southern Inter Counties	Hemel Hempstead
SM	SP	Leo Barker	13.33	AT SM 7th	21-May-11	Southern Athletic Lge Rd 2	Swindon
SM40	SP	Mark Bishop	11.47		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM35	SP	Darron Keevil	10.44		21-May-11	Southern Athletic Lge Rd 2	Swindon
SM35	SP	Arron Bonning	9.97		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
U20M	SPU20M	Emmanuel Quarshie	15.05	AT U20 2nd	9-Jul-11	Throws Fest	Hendon
U20M	SPU20M	Laurence Goodacre	14.35	AT U20 3rd	2-Jul-11	English Schools Champs	Gateshead
U17M	SPU20M	Harry Phillips	8.28		1-May-11	National Junior Lge Rd 1	Ware
U17M	SPU17M	Joshua Olawore	12.72	AT U17 9th	18-Sep-11	ESAA National Multi Events	Exeter
U17M	SPU17M	Danny Wilson	11.73		11-Sep-11	Eastern YAL Final	Chelmsford
U17M	SPU17M	Ben Thompson	10.89		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U17M	SPU17M	Oliver Garwandoe	8.88		14-Aug-11	Eastern YAL Rd 5	Braintree
U17M	SPU17M	Pedro Malungo	8.82		3-Jul-11	Eastern YAL Rd 3	St Albans
U17M	SPU17M	Harry Phillips	8.01		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge

HMAC Male Summer 2011 Rankings as at 30/09/2011

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	SPU17M	Lewis Walker-Dobson	7.41		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	SPU17M	George Hadler	6.42		1-May-11	Eastern YAL Rd 1	Cambridge
U17M	SPU17M	Tom Brennan	4.23		12-Jun-11	Eastern YAL Rd 2	Watford
U15M	SPU15M	Alex Law	11.85		25-Jun-11	ESAA Regional Multi Events	Peterborough
U15M	SPU15M	Harry Gibbons	9.08		14-Aug-11	Eastern YAL Rd 5	Braintree
U15M	SPU15M	Adam Hill	7.94		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	SPU15M	Lewis Middleton	5.97		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U15M	SPU15M	Robert Woodgate	5.56		24-Jul-11	Eastern YAL Rd 4	Stevenage
U15M	SPU15M	Alexander Hewitt	5.47		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	SPU15M	James Giordmania	5.31		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	SPU15M	Thomas Pitkin	5.30		1-May-11	Eastern YAL Rd 1	Cambridge
U15M	SPU15M	Sean Wilson	5.00		19-Jun-11	NYAL Southern Premier Rd 4	St Albans
U15M	SPU15M	Ryan Crane	4.00		12-Jun-11	Eastern YAL Rd 2	Watford
U13M	SPU13M	John Nelson	7.37		9-Apr-11	Bedfordshire Open	Bedford
U13M	SPU13M	Sam Thompson	7.02		3-Jul-11	Eastern YAL Rd 3	St Albans
U13M	SPU13M	James Traylen	5.26		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U13M	SPU13M	Joseph Hill	5.14		24-Jul-11	Eastern YAL Rd 4	Stevenage
U13M	SPU13M	George Hart	4.50		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
SM	DT	Leo Barker	41.74		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
SM40	DT	Mark Bishop	34.48		2-Jul-11	BAL National 3 Rd 2	Yeovil
U20M	DT	Emmanuel Quarshie	33.26		4-Jun-11	BAL National 3 Rd 1	Scotstoun
SM35	DT	Darron Keevil	29.22		30-Jul-11	Southern Athletic Lge Rd 4	Andover
SM35	DT	Arron Bonning	27.74		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SM50	DT	Kevin White	27.00		21-May-11	Southern Athletic Lge Rd 2	Swindon
U20M	DTU20M	Laurence Goodacre	39.85	AT U20 3rd	1-May-11	National Junior Lge Rd 1	Ware
U20M	DTU20M	Emmanuel Quarshie	30.92		29-May-11	National Junior Lge Rd 2	Watford
U20M	DTU20M	Adam Wileman	14.96		29-May-11	National Junior Lge Rd 2	Watford
U20M	DTU20M	Richard Holland	14.94		1-May-11	National Junior Lge Rd 1	Ware
U17M	DTU17M	Danny Wilson	46.27	AT U17 2nd	3-Sep-11	UK Schools Games	Sheffield
U17M	DTU17M	Ben Thompson	37.05		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	DTU17M	Joshua Olawore	36.42		17-Sep-11	ESAA National Multi Events	Exeter
U17M	DTU17M	Nick Duffey	27.98		14-Aug-11	Eastern YAL Rd 5	Braintree
U17M	DTU17M	Harry Phillips	16.71		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	DTU15M	Alex Law	32.62		12-Jun-11	Eastern YAL Rd 2	Watford
U15M	DTU15M	Edward Thompson	22.39		11-Sep-11	Eastern YAL Final	Chelmsford
U15M	DTU15M	Harry Gibbons	21.43		14-Aug-11	Eastern YAL Rd 5	Braintree
U15M	DTU15M	Lewis Middleton	19.12		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	DTU15M	Robert Woodgate	14.46		12-Jun-11	Eastern YAL Rd 2	Watford
U15M	DTU15M	Ryan Crane	12.50		12-Jun-11	Eastern YAL Rd 2	Watford
U13M	DTU13M	John Nelson	20.75		14-Aug-11	Eastern YAL Rd 5	Braintree
U13M	DTU13M	Joseph Hill	13.89		11-Sep-11	Eastern YAL Final	Chelmsford
U13M	DTU13M	Aaron Westwood	12.41		3-Jul-11	Eastern YAL Rd 3	St Albans
U13M	DTU13M	Michael Hollette	9.12		3-Jul-11	Eastern YAL Rd 3	St Albans
SM	HT	Joe Forde	44.45		13-Aug-11	BAL National 3 Rd 3	Kingston
SM35	HT	Sam Harrison	29.79		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
SM	HT	George Bean	23.87		4-Jun-11	BAL National 3 Rd 1	Scotstoun
SM35	HT	Arron Bonning	21.35		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SM35	HT	Darron Keevil	17.63		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U20M	HT	Emmanuel Quarshie	15.48		2-Jul-11	BAL National 3 Rd 2	Yeovil
U20M	HTU20M	Lewis Williams	41.99		29-May-11	National Junior Lge Rd 2	Watford
U20M	HTU20M	Emmanuel Quarshie	21.48		29-May-11	National Junior Lge Rd 2	Watford
U20M	HTU20M	Massi Dendani	11.41		1-May-11	National Junior Lge Rd 1	Ware
U17M	HTU17M	Ben Thompson	23.24		11-Sep-11	Eastern YAL Final	Chelmsford
U17M	HTU17M	Hoseah Gikungu	11.33		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U17M	HTU17M	Oliver Garwandoe	8.43		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	HTU15M	Lewis Middleton	15.50		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	HTU15M	Edward Thompson	14.78		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U15M	HTU15M	Ryan Crane	5.49		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	HTU15M	William Hart	5.38		24-Jul-11	Eastern YAL Rd 4	Stevenage
SM	JT	Sam Harrison	51.06		30-Jul-11	Southern Athletic Lge Rd 4	Andover
SM40	JT	Mark Bishop	45.37		2-Jul-11	BAL National 3 Rd 2	Yeovil
SM	JT	George Bean	44.55		4-Jun-11	BAL National 3 Rd 1	Scotstoun
U17M	JT	Patrick Lear	43.02		1-May-11	National Junior Lge Rd 1	Ware
SM35	JT	Arron Bonning	41.26		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
SM35	JT	Darron Keevil	34.48		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
U17M	JT	Daniel Bristow	30.06		1-May-11	National Junior Lge Rd 1	Ware
SM45	JT	Paul Berrett	26.97		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U20M	JT	Jake Nelson	24.56		29-May-11	National Junior Lge Rd 2	Watford
U20M	JT	Glenn Wileman	23.72		10-Jul-11	National Junior Lge Rd 3	Luton
U20M	JT	Jack Edgar-Hill	9.51		10-Jul-11	National Junior Lge Rd 3	Luton

HMAC Male Summer 2011 Rankings as at 30/09/2011

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	JTU17M	Patrick Lear	47.96	AT U17 9th	8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U17M	JTU17M	Joshua Olawore	41.14		17-Sep-11	ESAA National Multi Events	Exeter
U17M	JTU17M	Dale Marks-Swain	30.14		1-May-11	Eastern YAL Rd 1	Cambridge
U17M	JTU17M	Ben Thompson	30.13		5-Jun-11	NYAL Southern Premier Rd 3	Tonbridge
U17M	JTU17M	Lee Jarrold	20.61		24-Jul-11	Eastern YAL Rd 4	Stevenage
U17M	JTU17M	Nick Duffey	17.90		14-Aug-11	Eastern YAL Rd 5	Braintree
U17M	JTU17M	Finbar Smythe	12.42		12-Jun-11	Eastern YAL Rd 2	Watford
U15M	JTU15M	Harry Gibbons	21.54		11-Sep-11	Eastern YAL Final	Chelmsford
U13M	JTU15M	John Nelson	20.50		12-Jun-11	Eastern YAL Rd 2	Watford
U15M	JTU15M	Joshua Norman	20.30		12-Jun-11	Eastern YAL Rd 2	Watford
U15M	JTU15M	Lewis Middleton	19.39		11-Sep-11	Eastern YAL Final	Chelmsford
U15M	JTU15M	Thomas Pitkin	15.48		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	JTU15M	Sean Wilson	12.01		22-May-11	NYAL Southern Premier Rd 2	Woodford
U15M	JTU15M	Adam Hill	11.98		8-May-11	NYAL Southern Premier Rd 1	Lee Valley
U15M	JTU15M	Ryan Crane	10.36		3-Jul-11	Eastern YAL Rd 3	St Albans
U15M	JTU15M	Fraser Scott	8.92		24-Jul-11	Eastern YAL Rd 4	Stevenage
U13M	JTU13M	John Nelson	25.51	AT U13 4th	31-Jul-11	Southern U13 Inter Counties	Kingston
U15M	PenU15M	Alex Law	3040	AT U15 1st	17-Sep-11	ESAA National Multi Events	Exeter
U17M	OctU15M	Joshua Olawore	5200w	AT U17 1st	18-Sep-11	ESAA National Multi Events	Exeter
U17M	OctU15M	Olawore	5179		18-Sep-11	ESAA National Multi Events	Exeter