

Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SM	60	Ayo Akingbehin	7.22		3-Feb-18	Essex & Eastern Champs	Lee Valley
SM	60	Karl Tucker	7.30		13-Jan-18	SEAA Indoor Champs	Lee Valley
U15B	60	Malcolm Oshungbohun	7.84		25-Mar-18	Lee Valley Open	Lee Valley
U15B	60	Toby Bishop	7.93		25-Mar-18	Lee Valley Open	Lee Valley
U17M	60	Aaron Freshwater	8.10		1-Jan-18	New Year Open	Lee Valley
U15B	60	Jacob Blanc	8.21		1-Jan-18	New Year Open	Lee Valley
U13B	60	Dominic Alexandru	8.67		24-Feb-18	Lee Valley Open	Lee Valley
U13B	60	Sebastian Alexandru	9.35		25-Mar-18	Lee Valley Open	Lee Valley
U13B	75	Dominic Alexandru	10.05		13-Aug-18	Blackheath & Bromley Open	Bromley
SM	100	Lewis Bailey	10.93	AT SM 15th	2-Jun-18	BAL R2	Nuneaton
SM	100	Ayo Akingbehin	11.0	AT SM 17th	23-Jun-18	SAL R3	Chelmsford
SM	100	Ayo Akingbehin	11.20		18-Jul-18	Lee Valley Sprints	Lee Valley
SM	100	Shandell Taylor	11.12		5-May-18	BAL R1	Yeovil
U17M	100	Richard Akinyebo	11.14	AT U17M 7th	9-Jun-18	Essex Schools Championships	Chelmsford
SM	100	Karl Tucker	11.28w		2-Jun-18	BAL R2	Nuneaton
SM	100	Karl Tucker	11.4		14-Apr-18	SAL R1	Ipswich
SM	100	Karl Tucker	11.76		12-May-18	Essex Championships	Chelmsford
U20M	100	Matthew Agnimel	11.37		27-May-18	YDL UAG R2	Stevenage
U17M	100	Tobi Idowu	11.6		5-Aug-18	EYAL R5	St Albans
U17M	100	Tobi Idowu	11.89		8-Jul-18	EYAL R4	Hendon
U15B	100	Sam Sanusi	11.6	AT U15B 7th	2-Sep-18	EYAL Top 6 Final	Ipswich
U15B	100	Sam Sanusi	11.64w		8-Jul-18	EYAL R4	Hendon
U17M	100	Reece Harriott	11.7		16-Sep-18	Havering Club Championships	Hornchurch
U15B	100	Malcolm Oshungbohun	11.8		5-Aug-18	EYAL R5	St Albans
U15B	100	Malcolm Oshungbohun	11.98		9-Jun-18	Essex Schools Championships	Chelmsford
U17M	100	Success Arriyibi	11.8		5-Aug-18	EYAL R5	St Albans
U17M	100	Tayo Harry	11.9		5-Aug-18	EYAL R5	St Albans
U17M	100	Tayo Harry	12.52		29-Apr-18	YDL UAG R1	Hornchurch
U15B	100	Oscar Osuala	11.91		9-Jun-18	Essex Schools Championships	Chelmsford
U15B	100	Denzil Achi	12.0		7-Jul-18	ESAA Track & Field Cup	Gateshead
U15B	100	Denzil Achi	12.41		17-Jun-18	YDL LAG R3	Reading
U17M	100	Udo Abazie	12.0		18-Aug-18	SAL R5	St Albans
U20M	100	Kieran Riddell	12.08		27-May-18	YDL UAG R2	Stevenage
U15B	100	Jacob Blanc	12.11w		1-Aug-18	Lee Valley Sprints	Lee Valley
U15B	100	Jacob Blanc	12.3		5-Aug-18	EYAL R5	St Albans
U15B	100	Jacob Blanc	12.77		17-Jun-18	YDL LAG R3	Reading
U20M	100	Elliott Addison	12.12		1-Jul-18	YDL UAG R3	Croydon
U15B	100	Michael Okoro	12.19		8-Jul-18	EYAL R4	Hendon
SM	100	Ben Gad	12.2		14-Jul-18	SAL R4	Croydon
U15B	100	Aaron Eweka	12.2		21-Jul-18	YDL LAG R4	Hornchurch
U15B	100	Daragh Thomas	12.2		5-Aug-18	EYAL R5	St Albans
U15B	100	Daragh Thomas	12.23		8-Jul-18	EYAL R4	Hendon
U17M	100	Aaron Freshwater	12.3		8-Apr-18	Havering Spring Warm Up	Hornchurch
U17M	100	Aaron Freshwater	12.41w		29-Apr-18	YDL UAG R1	Hornchurch
U17M	100	Aaron Freshwater	12.48		27-May-18	YDL UAG R2	Stevenage
U17M	100	Jamal Thomas	12.3		23-Jun-18	SAL R3	Chelmsford
U17M	100	Jamal Thomas	12.34		8-Jul-18	EYAL R4	Hendon
U15B	100	Toby Bishop	12.49		21-Apr-18	YDL LAG R1	Bracknell
U15B	100	Jedidiah Oni	12.5		3-Jun-18	EYAL R3	Colchester
U15B	100	Jedidiah Oni	12.52		19-May-18	YDL LAG R2	Bromley
U17M	100	Louis Berrett	12.8		15-Apr-18	EYAL R1	Bury St Edmunds
U15B	100	Jack Botha	13.0		3-Jun-18	EYAL R3	Colchester
U15B	100	Jack Botha	13.09		8-Jul-18	EYAL R4	Hendon
U15B	100	Charlie Black	13.0		5-Aug-18	EYAL R5	St Albans
U13B	100	Dominic Alexandru	13.14		30-Jun-18	Eastern Counties Champs	Peterborough
U13B	100	Lewis Dixon	13.43w		1-Aug-18	Lee Valley Sprints	Lee Valley
U13B	100	Lewis Dixon	13.7		5-Aug-18	EYAL R5	St Albans
U13B	100	Lewis Dixon	14.13		17-Jun-18	YDL LAG R3	Reading
U20M	100	James Stewart	13.6		16-Sep-18	Havering Club Championships	Hornchurch
U13B	100	Daniel Lammass	13.63		1-Aug-18	Lee Valley Sprints	Lee Valley
U13B	100	Denzel Bilson	13.67w		8-Jul-18	EYAL R4	Hendon
U13B	100	Thomas Greening	14.0		5-Aug-18	EYAL R5	St Albans
U15B	100	Harley Douglas	14.0		16-Sep-18	Havering Club Championships	Hornchurch
U15B	100	Harley Douglas	14.83		12-Jun-18	Woodford Open	Woodford
U13B	100	Reece Malcolm	14.1		5-Aug-18	EYAL R5	St Albans
U13B	100	Reece Malcolm	14.31		8-Jul-18	EYAL R4	Hendon
U13B	100	Teddy Matthews	14.37		19-May-18	YDL LAG R2	Bromley
U13B	100	Sebastian Alexandru	14.39w		6-Jun-18	Lee Valley Sprints	Lee Valley
U13B	100	Sebastian Alexandru	14.47		20-Aug-18	Blackheath & Bromley Open	Bromley

Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15B	100	Calvin Sanni	14.8		16-Sep-18	Havering Club Championships	Hornchurch
U13B	100	Rocco Barwick	14.89		4-Jul-18	Lee Valley Sprints	Lee Valley
U13B	100	Matthew Davies	15.00		19-May-18	YDL LAG R2	Hornchurch
U13B	100	Charlie Burgess	15.08		8-Jul-18	EYAL R4	Hendon
U13B	100	Sam Ellis	15.1		5-Aug-18	EYAL R5	St Albans
U13B	100	Archie Winney	15.2		16-Sep-18	Havering Club Championships	Hornchurch
U13B	100	Jonathan Pearson	15.5		16-Sep-18	Havering Club Championships	Hornchurch
U13B	100	Alex Rawle	15.6		5-Aug-18	EYAL R5	St Albans
U13B	100	Alex Rawle	15.88		21-Apr-18	YDL LAG R1	Bracknell
U13B	100	Elija Browne	15.6		16-Sep-18	Havering Club Championships	Hornchurch
U13B	100	Michael Tesi	15.69		29-Aug-18	Lee Valley Sprints	Lee Valley
U13B	100	Retief Kumar	15.8		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	100	Max Robbins	16.0		3-Jun-18	EYAL R3	Colchester
U13B	100	James Brinton-Quinn	16.6		16-Sep-18	Havering Club Championships	Hornchurch
U13B	150	Oscar Shearing	22.58		25-Jul-18	Dartford Open	Dartford
SM	200	Lewis Bailey	22.10		13-May-18	Essex Championships	Chelmsford
SM	200	Ayo Akingbehin	22.61		2-Jun-18	BAL R2	Nuneaton
U17M	200	Richard Akinyebo	22.9	AT U17M =10th	5-Aug-18	EYAL R5	St Albans
U17M	200	Richard Akinyebo	23.22w		8-Jul-18	EYAL R4	Hendon
U17M	200	Richard Akinyebo	23.78i		20-Jan-18	London Indoor Games	Lee Valley
U17M	200	Richard Akinyebo	23.92		29-Apr-18	YDL UAG R1	Hornchurch
SM	200	Fraser Boston	23.1		23-Jun-18	SAL R3	Chelmsford
SM	200	Fraser Boston	23.53		6-May-18	BUCS Champs	Bedford
U20M	200	Jordon Duncan	23.15		31-Mar-18	Woodford Open	Woodford
SM	200	Karl Tucker	23.15		5-May-18	BAL R1	Yeovil
SM	200	Timi Kuye	23.16i		18-Feb-18	BUCS Indoor	Sheffield
U20M	200	Shandell Taylor	23.25		29-Apr-18	YDL UAG R1	Hornchurch
U17M	200	Reece Harriott	23.39		1-Jul-18	YDL UAG R3	Croydon
U20M	200	Elliott Addison	23.42		1-Jul-18	YDL UAG R3	Croydon
U17M	200	Kimathi Christie	23.79		27-May-18	YDL UAG R2	Stevenage
U17M	200	Somto Okpalauko	24.1		5-Aug-18	EYAL R5	St Albans
U17M	200	Somto Okpalauko	24.20		1-Jul-18	YDL UAG R3	Croydon
U15B	200	Malcolm Oshungbohun	24.3		5-Aug-18	EYAL R5	St Albans
U15B	200	Malcolm Oshungbohun	24.71		19-May-18	YDL LAG R2	Bromley
U15B	200	Jedidiah Oni	24.4		21-Jul-18	YDL LAG R4	Hornchurch
U15B	200	Jedidiah Oni	24.78		19-May-18	YDL LAG R2	Bromley
U17M	200	Success Arriyibi	24.4		5-Aug-18	EYAL R5	St Albans
U15B	200	Michael Okoro	24.8		5-Aug-18	EYAL R5	St Albans
U15B	200	Michael Okoro	25.01		13-May-18	Essex Championships	Chelmsford
U17M	200	Udo Abazie	24.8		18-Aug-18	SAL R5	St Albans
U17M	200	Louis Berrett	25.06		25-Jul-18	Dartford Open	Dartford
U15B	200	Denzel Achi	25.1		16-Sep-18	Havering Club Championships	Hornchurch
U15B	200	Jacob Blanc	25.2		30-Jun-18	Eastern Counties Champs	Peterborough
U15B	200	Jacob Blanc	25.33w		01-Aug-18	Lee Valley Sprints	Lee Valley
U15B	200	Jacob Blanc	27.11i		21-Jan-18	London Indoor Games	Lee Valley
U17M	200	Tayo Harry	25.4		6-May-18	EYAL R2	Ipswich
U17M	200	Aaron Freshwater	25.5		8-Apr-18	Havering Spring Warm Up	Hornchurch
U17M	200	Aaron Freshwater	26.05		27-Aug-18	Southend Open	Southend
U15B	200	Daragh Thomas	25.9		25-Mar-18	Danny Mullane Open	Chelmsford
U15B	200	Charlie Black	26.07		17-Jun-18	YDL LAG R3	Reading
U17M	200	Tobi Idowu	26.2		15-Apr-18	EYAL R1	Bury St Edmunds
U15B	200	Matthew Blacklock	27.1		5-Aug-18	EYAL R5	St Albans
U20M	200	James Stewart	27.56		27-May-18	YDL UAG R2	Stevenage
U15B	200	Ashton Thatcher-Gray	27.7		3-Jun-18	EYAL R3	Colchester
U13B	200	Daniel Lammas	27.71		13-May-18	Essex Championships	Chelmsford
U13B	200	Dominic Alexandru	27.95		30-Jun-18	Eastern Counties Champs	Peterborough
U13B	200	Lewis Dixon	28.17		01-Aug-18	Lee Valley Sprints	Lee Valley
U13B	200	Denzel Bilson	28.2		5-Aug-18	EYAL R5	St Albans
U13B	200	Reece Malcolm	28.4		21-Jul-18	YDL LAG R4	Hornchurch
U13B	200	Reece Malcolm	28.65w		8-Jul-18	EYAL R4	Hendon
U13B	200	Thomas Greening	28.8		21-Jul-18	YDL LAG R4	Hornchurch
U13B	200	Thomas Greening	29.76		21-Apr-18	YDL LAG R1	Bracknell
U13B	200	Teddy Matthews	29.24		13-May-18	Essex Championships	Chelmsford
SM55	200	Paul Berrett	29.45		25-Jul-18	Dartford Open	Dartford
U15B	200	Calvin Sanni	29.5		16-Sep-18	Havering Club Championships	Hornchurch
U13B	200	Sebastian Alexandru	29.88w		01-Aug-18	Lee Valley Sprints	Lee Valley
U13B	200	Sebastian Alexandru	30.09		6-Jun-18	Lee Valley Sprints	Lee Valley
U13B	200	James Radden	30.2		5-Aug-18	EYAL R5	St Albans

Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13B	200	Rocco Barwick	31.40w		8-Jul-18	EYAL R4	Hendon
U13B	200	Rocco Barwick	32.6		3-Jun-18	EYAL R3	Colchester
U13B	200	Rocco Barwick	34.11		4-Jul-18	Lee Valley Sprints	Lee Valley
U13B	200	Jonathan Pearson	31.8		16-Sep-18	Havering Club Championships	Hornchurch
U13B	200	Elija Browne	31.9		5-Aug-18	EYAL R5	St Albans
U13B	200	Sam Ellis	31.9		5-Aug-18	EYAL R5	St Albans
U13B	200	Oscar Shearing	31.97w		8-Jul-18	EYAL R4	Hendon
U13B	200	Oscar Shearing	32.29		25-Jul-18	Dartford Open	Dartford
U13B	200	Vincent James	32.5		16-Sep-18	Havering Club Championships	Hornchurch
U13B	200	Toby Johnson	32.6		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	200	Alex Rawle	33.0		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	200	Max Robbins	33.0		6-May-18	EYAL R2	Ipswich
U13B	200	Callum Basinger	33.1		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	200	Alfie Emery	33.3		16-Sep-18	Havering Club Championships	Hornchurch
U13B	200	Retief Kumar	33.4		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	200	Matthew Page	33.8		15-Apr-18	EYAL R1	Bury St Edmunds
U13B	200	Sam Wilkins	34.2		16-Sep-18	Havering Club Championships	Hornchurch
U15B	200	Ben Osborn	34.7		16-Sep-18	Havering Club Championships	Hornchurch
U13B	200	Robbie Brown	34.8		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	200	Kyle Hewson	34.9		8-Apr-18	Havering Spring Warm Up	Hornchurch
U15B	300	Daragh Thomas	39.1	AT U15B 4th	5-Aug-18	EYAL R5	St Albans
U15B	300	Daragh Thomas	39.22		8-Jul-18	EYAL R4	Hendon
U15B	300	Bradley James	39.19	AT U15B 5th	19-May-18	YDL LAG R2	Bromley
SM45	300	Steve Rand	40.10		13-May-18	Essex Championships	Chelmsford
U15B	300	Jacob Blanc	40.1	AT U15B =10th	5-Aug-18	EYAL R5	St Albans
U15B	300	Jacob Blanc	40.32		8-Jul-18	EYAL R4	Hendon
U15B	300	Matthew Blacklock	40.6		16-Sep-18	Havering Club Championships	Hornchurch
U15B	300	Charlie Black	40.7		21-Jul-18	YDL LAG R4	Hornchurch
U15B	300	Charlie Black	42.50		21-Apr-18	YDL LAG R1	Bracknell
U15B	300	Oliver Yexley	41.91		8-Jul-18	EYAL R4	Hendon
U15B	300	Lenny Houston	42.9		3-Jun-18	EYAL R3	Colchester
U15B	300	Timi McDaniel	43.7		5-Aug-18	EYAL R5	St Albans
U15B	300	Alex Ford	44.47		8-Jul-18	EYAL R4	Hendon
U15B	300	Timi McDaniel	45.56		8-Jul-18	EYAL R4	Hendon
U15B	300	Shane Hart	46.0		3-Jun-18	EYAL R3	Colchester
U15B	300	Jack Botha	46.7		3-Jun-18	EYAL R3	Colchester
U15B	300	Calvin Sanni	46.7		16-Sep-18	Havering Club Championships	Hornchurch
U15B	300	Lewis Edwards	49.6		8-Apr-18	Havering Spring Warm Up	Hornchurch
SM	400	Tom Pitkin	49.14		11-Jul-18	Watford Open	Watford
U17M	400	Reece Harriott	50.50	AT U17M 3rd	9-Jun-18	Essex Schools Championships	Chelmsford
U20M	400	Fraser Boston	50.9		23-Jun-18	SAL R3	Chelmsford
U20M	400	Fraser Boston	52.78		4-Aug-18	BAL R4	Bournemouth
SM	400	Finn Hutton	51.32		2-Jun-18	BAL R2	Nuneaton
U20M	400	Matthew Agnimel	51.41		7-Jul-18	BAL R3	Bedford
SM	400	Lewis Bailey	51.9		18-Aug-18	SAL R5	St Albans
U20M	400	Shandell Taylor	53.2		16-Sep-18	Havering Club Championships	Hornchurch
U17M	400	Somto Okpalauko	53.7		5-Aug-18	EYAL R5	St Albans
U17M	400	Somto Okpalauko	54.24		1-Jul-18	YDL UAG R3	Croydon
U20M	400	Lewis Debenham	53.96		27-May-18	YDL UAG R2	Stevenage
U20M	400	Kieran O'Hara	54.12		28-Jul-18	EA Disability Champs	Manchester
SM	400	Adam McCarthy	54.44i		31-Jan-18	Varsity	Sheffield
U20M	400	Tom Keevil	54.50		5-May-18	BAL R1	Yeovil
U17M	400	Kimathi Christie	54.5		29-Jul-18	YDL UAG R4	Ashford
U17M	400	Kimathi Christie	59.23		29-Apr-18	YDL UAG R1	Hornchurch
U17M	400	Alex Friend	54.8		15-Apr-18	EYAL R1	Bury St Edmunds
SM	400	Freddy Keefe	56.8		16-Sep-18	Havering Club Championships	Hornchurch
U17M	400	Louis Berrett	57.0		3-Jun-18	EYAL R3	Colchester
U20M	400	Sam Atkins	58.1		20-May-18	SAL R2	Eastbourne
U17M	400	Calum Paget	60.8		15-Apr-18	EYAL R1	Bury St Edmunds
SM55	400	Paul Berrett	62.36	AT SM55 1st	20-Jun-18	Dartford Open	Dartford
U20M	400	James Stewart	62.9		14-Jul-18	SAL R4	Croydon
SM	800	Finn Hutton	1:53.81	AT SM 13th	2-Jun-18	BAL R2	Nuneaton
U20M	800	Tom Keevil	1:54.33	AT U20M 5th	15-Aug-18	BMC Regional	Eltham
SM35	800	Paul Grange	1:55.72		26-May-18	BMC Grand Prix	Watford
SM	800	Grant Twist	1:58.6		14-Jul-18	SAL R2	Croydon
U20M	800	Elliot Cordery	1:59.1		23-Jun-18	SAL R3	Chelmsford
U20M	800	Elliot Cordery	1:59.71		7-Jul-18	BAL R3	Bedford
U20M	800	Ben Davis	1:59.29		15-Aug-18	BMC Regional	Eltham

Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	800	Alex Friend	1:59.36		13-May-18	Essex Championships	Chelmsford
U17M	800	Reece Harriott	2:01.0		5-Aug-18	EYAL R5	St Albans
U17M	800	Reece Harriott	2:04.31i		04-Feb-18	Essex & Eastern Champs	Lee Valley
U20M	800	Kieran O'Hara	2:01.9		14-Jul-18	SAL R4	Croydon
U20M	800	Kieran O'Hara	2:05.18		12-May-18	Essex Championships	Chelmsford
SM	800	Adam McCarthy	2:03.21i		31-Jan-18	Steel City	Sheffield
U20M	800	James Stewart	2:04.98		21-Aug-18	Woodford Open	Woodford
U17M	800	Louis Berrett	2:05.51		25-Jul-18	Dartford Open	Dartford
U20M	800	Sam Atkins	2:06.7		20-May-18	SAL R2	Eastbourne
U17M	800	Oliver Ray	2:06.88		27-May-18	YDL UAG R2	Stevenage
U20M	800	Lewis Debenham	2:07.04		12-May-18	Essex Championships	Chelmsford
SM	800	Gavin Watts	2:09.4		20-May-18	SAL R2	Eastbourne
U15B	800	Matthew Blacklock	2:09.47		8-Aug-18	Watford Open	Watford
SM35	800	Rob Warner	2:10.3		14-Jul-18	SAL R2	Croydon
SM	800	Freddy Keefe	2:10.8		18-Aug-18	SAL R5	St Albans
U15B	800	Sam Bradley	2:15.6		21-Jul-18	YDL LAG R4	Hornchurch
U15B	800	Sam Bradley	2:17.14		8-Jul-18	EYAL R4	Hendon
U15B	800	Alex Ford	2:15.65		8-Jul-18	EYAL R4	Hendon
U15B	800	Denzil Achi	2:18.1		23-May-18	Essex Schools Combined Event	Brentwood
U15B	800	Bradley James	2:18.73		15-Sep-18	ESAA Pentathlon Champs	Bedford
U15B	800	Jacob Blanc	2:19.3		23-May-18	Essex Schools Combined Event	Brentwood
U15B	800	Jacob Blanc	2:24.45		28-Apr-18	Essex Pentathlon Champs	Thurrock
SM55	800	Paul Berrett	2:19.44	SM55 1st	25-Jul-18	Dartford Open	Dartford
U15B	800	Sam Sanusi	2:19.77		15-Sep-18	ESAA Pentathlon Champs	Bedford
U15B	800	Toby Bishop	2:21.47		15-Sep-18	ESAA Pentathlon Champs	Bedford
U17M	800	Luke Chester	2:22.4		6-May-18	EYAL R2	Ipswich
U15B	800	Timi McDaniel	2:22.9		16-Sep-18	Havering Club Championships	Hornchurch
U15B	800	Timi McDaniel	2:25.69		8-Jul-18	EYAL R4	Hendon
U15B	800	Charlie Black	2:23.4		6-May-18	EYAL R2	Ipswich
U15B	800	Charlie Howell	2:23.8		6-May-18	EYAL R2	Ipswich
U15B	800	Charlie Howell	2:25.17		17-Jun-18	YDL LAG R3	Reading
U17M	800	Kimathi Christie	2:25.9		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	800	Calum Paget	2:26.25		8-Jul-18	EYAL R4	Hendon
U15B	800	Shane Hart	2:26.35		9-Jun-18	Essex Schools Championships	Chelmsford
U15B	800	Ashton Hall	2:26.49		8-Jul-18	EYAL R4	Hendon
U15B	800	Lewis Edwards	2:28.17		8-Jul-18	EYAL R4	Hendon
U15B	800	Patrick McLean-Tattan	2:28.7		7-Jul-18	ESAA Track & Field Cup	Gateshead
U15B	800	Max Georgiou	2:29.6		16-Sep-18	Havering Club Championships	Hornchurch
U13B	800	Lewis Dixon	2:30.2		21-Jul-18	YDL LAG R4	Hornchurch
U13B	800	Joshua Lee-Prime	2:31.1		5-Aug-18	EYAL R5	St Albans
U13B	800	Joshua Lee-Prime	2:32.86		21-Apr-18	YDL LAG R1	Bracknell
U13B	800	Daniel Lammas	2:33.52		29-Aug-18	Dartford Open	Dartford
U13B	800	Freddie Harris	2:36.1		21-Jul-18	YDL LAG R4	Hornchurch
U17M	800	Samuel Odotei	2:39.0		15-Apr-18	EYAL R1	Bury St Edmunds
U13B	800	Sebastian Alexandru	2:39.98		13-Aug-18	Blackheath & Bromley Open	Bromley
U15B	800	Alex Kerr	2:40.5		3-Jun-18	EYAL R3	Colchester
U13B	800	Callum Basinger	2:40.6		15-Apr-18	EYAL R1	Bury St Edmunds
U15B	800	Freddie Barnacle	2:42.8		16-Sep-18	Havering Club Championships	Hornchurch
U13B	800	Michael Tesi	2:43.29		13-Aug-18	Blackheath & Bromley Open	Bromley
U13B	800	Matthew Page	2:43.46		19-May-18	YDL LAG R2	Bromley
U13B	800	Teddy Matthews	2:44.4		21-Jul-18	YDL LAG R4	Hornchurch
U13B	800	Max Robbins	2:44.8		6-May-18	EYAL R2	Ipswich
U13B	800	Oscar Shearing	2:46.8		16-Sep-18	Havering Club Championships	Hornchurch
U13B	800	Oscar Shearing	2:50.47		29-Aug-18	Dartford Open	Dartford
U13B	800	Archie Winney	2:47.0		5-Aug-18	EYAL R5	St Albans
U13B	800	Toby Johnson	2:47.40		17-Jun-18	YDL LAG R3	Reading
U13B	800	James Radden	2:47.7		5-Aug-18	EYAL R5	St Albans
U17M	800	Billy Fox	2:49.1		15-Apr-18	EYAL R1	Bury St Edmunds
U13B	800	Alex Cordery-Smith	2:49.2		16-Sep-18	Havering Club Championships	Hornchurch
U13B	800	Alex Rawle	2:51.15		21-Apr-18	YDL LAG R1	Bracknell
U13B	800	Jonathan Pearson	2:51.5		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	800	Oliver Jarvis	2:53.1		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	800	Dominic Alexandru	2:54.50		13-Aug-18	Blackheath & Bromley Open	Bromley
U13B	800	James Tudor	2:56.5		16-Sep-18	Havering Club Championships	Hornchurch
U13B	800	Elija Browne	2:57.65		30-Jun-18	Eastern Counties Champs	Peterborough

Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20M	1500	Elliot Cordery	3:58.83	AT U20 7th	25-Jul-18	Watford Open	Watford
U20M	1500	Tom Keevil	3:59.09	AT U20 9th	2-Jun-18	BAL R2	Nuneaton
U20M	1500	Ben Davis	3:59.59		18-Jul-18	BMC Regional	Eltham
SM	1500	Grant Twist	4:06.60		7-Jul-18	BAL R3	Bedford
SM35	1500	Paul Grange	4:06.80		14-Apr-18	Lee Valley Open	Lee Valley
SM	1500	Jamie Buckley-Stanton	4:08.9		23-Jun-18	SAL R3	Chelmsford
U20M	1500	Sam Atkins	4:13.3		16-Sep-18	Havering Club Championships	Hornchurch
U20M	1500	Sam Atkins	4:18.21		27-May-18	YDL UAG R2	Stevenage
U20M	1500	James Stewart	4:18.1		16-Sep-18	Havering Club Championships	Hornchurch
U20M	1500	James Stewart	4:20.14		12-May-18	Essex Championships	Chelmsford
U20M	1500	Kieran O'Hara	4:18.4		16-Sep-18	Havering Club Championships	Hornchurch
U20M	1500	Kieran O'Hara	4:20.85		10-Jul-18	Woodford Open	Woodford
U17M	1500	Alex Friend	4:18.82		12-May-18	Essex Championships	Chelmsford
U17M	1500	Harry Jones	4:22.1		5-Aug-18	EYAL R5	St Albans
U17M	1500	George Barnacle	4:25.62		8-Jul-18	EYAL R4	Hendon
U15B	1500	Matthew Blacklock	4:26.74		30-Jun-18	Essex Counties Champs	Peterborough
SM	1500	John Whitehead	4:27.1		8-Apr-18	Havering Spring Warm Up	Hornchurch
U17M	1500	Louis Berrett	4:27.5		2-Sep-18	EYAL Top 6 Final	Ipswich
U17M	1500	Louis Berrett	4:28.67		12-May-18	Essex Championships	Chelmsford
U15B	1500	Alex Ford	4:28.71		9-Jun-18	Essex Schools Championships	Chelmsford
SM40	1500	Gavin Maley	4:29.0	AT SM40 7th	18-Aug-18	SAL R5	St Albans
SM	1500	Freddy Keefe	4:34.88		5-Sep-18	Watford Open	Watford
U15B	1500	Charlie Howell	4:35.4		21-Jul-18	YDL LAG R4	Hornchurch
U15B	1500	Charlie Howell	4:49.34		19-May-18	YDL LAG R2	Bromley
U17M	1500	Luke Chester	4:36.6		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	1500	Luke Chester	5:02.94		29-Apr-18	YDL UAG R1	Hornchurch
U15B	1500	Sam Bradley	4:50.53		9-Jun-18	Essex Schools Championships	Chelmsford
U15B	1500	Shane Hart	4:51.75		17-Jun-18	YDL LAG R3	Reading
SM55	1500	Paul Berrett	4:54.00	SM55 1st	27-Aug-18	Dartford Open	Dartford
U17M	1500	Henry Lay	5:03.9		3-Jun-18	EYAL R3	Colchester
U13B	1500	Charlie Burgess	5:09.1		21-Jul-18	YDL LAG R4	Hornchurch
U13B	1500	Charlie Burgess	5:19.46		19-May-18	YDL LAG R2	Bromley
U13B	1500	Toby Johnson	5:10.6		16-Sep-18	Havering Club Championships	Hornchurch
U13B	1500	Toby Johnson	5:25.89		21-Apr-18	YDL LAG R1	Bracknell
U13B	1500	Ryan Carroll	5:11.9		16-Sep-18	Havering Club Championships	Hornchurch
U13B	1500	Owen Fisher	5:12.7		21-Jul-18	YDL LAG R4	Hornchurch
U13B	1500	Owen Fisher	5:21.49		21-Apr-18	YDL LAG R1	Bracknell
U15B	1500	Lenny Houston	5:17.86		21-Apr-18	YDL LAG R1	Bracknell
U13B	1500	Nathan Hart	5:21.2		16-Sep-18	Havering Club Championships	Hornchurch
U13B	1500	Nathan Hart	5:21.71		19-May-18	YDL LAG R2	Bromley
U13B	1500	Michael Tesi	5:22.7		16-Sep-18	Havering Club Championships	Hornchurch
U13B	1500	Daniel Lammas	5:23.40		8-Jul-18	EYAL R4	Hendon
U13B	1500	Freddie Harris	5:28.53		8-Jul-18	EYAL R4	Hendon
U13B	1500	Matthew Page	5:41.39		13-May-18	Essex Championships	Chelmsford
U13B	1500	Jonathan Pearson	5:50.7		15-Apr-18	EYAL R1	Bury St Edmunds
U13B	1500	James Tudor	5:59.3		3-Jun-18	EYAL R3	Colchester
U13B	1500	Archie Winney	6:00.4		8-Apr-18	Havering Spring Warm Up	Hornchurch
U20M	One Mile	Kieran O'Hara	4:57.80		29-Jul-18	EA Disability Champs	Manchester
SM	3000	Grant Twist	8:35.58		5-May-18	BAL R1	Yeovil
U20M	3000	Ben Davis	8:40.48		7-Jul-18	BAL R3	Bedford
SM	3000	Jamie Buckley-Stanton	8:49.06		5-May-18	BAL R1	Yeovil
U20M	3000	Elliot Cordery	9:10.8		29-Jul-18	YDL UAG R4	Ashford
U20M	3000	Sam Atkins	9:13.94		12-May-18	Essex Championships	Chelmsford
SM	3000	Gavin Watts	9:31.2		20-May-18	SAL R2	Eastbourne
SM	3000	Robbie Cooman	9:31.7		14-Jul-18	SAL R4	Croydon
SM35	3000	Paul Grange	9:32.14		20-May-18	SAL R2	Perivale
U20M	3000	James Stewart	9:34.07		29-Apr-18	YDL UAG R1	Hornchurch
U17M	3000	Harry Jones	9:41.5		29-Jul-18	YDL UAG R4	Ashford
U17M	3000	Harry Jones	9:47.25		1-Jul-18	YDL UAG R3	Croydon
U15B	3000	Alex Ford	9:52.13		13-May-18	Essex Championships	Chelmsford
SM45	3000	Steve Rand	9:54.4		14-Jul-18	SAL R4	Croydon
U17M	3000	Luke Chester	10:21.08		27-May-18	YDL UAG R2	Stevenage
U15B	3000	Shane Hart	10:36.95		13-May-18	Essex Championships	Chelmsford
SM55	3000	Paul Berrett	10:43.64	SM55 1st	10-Jul-18	Woodford Open	Woodford
SM45	3000	Graham Hogan	10:52.9		20-May-18	SAL R2	Eastbourne
U17M	3000	Henry Lay	11:08.61		27-May-18	YDL UAG R2	Stevenage

Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SM	5000	Grant Twist	14:50.78	AT SM 9th	10-Jun-18	SEEA U20/Senior Champs	Bedford
SM35	5000	Rob Warner	15:46.81		13-May-18	Essex Championships	Chelmsford
U20M	5000	Elliot Cordery	15:50.45		4-Aug-18	BAL R4	Bournemouth
SM	5000	Jamie Buckley-Stanton	16:20.37		2-Jun-18	BAL R2	Nuneaton
SM	5000	Gavin Watts	16:21.5		18-Aug-18	SAL R5	St Albans
SM	5000	Robbie Cooman	16:23.3		18-Aug-18	SAL R5	St Albans
SM45	5000	Steve Rand	17:03.8	AT M45 3rd	14-Apr-18	SAL R1	Ipswich
SM55	5000	Paul Berrett	19:05.82		5-Jul-18	London Heathside Open	Finsbury Park
SM35	5000	Tony Collins	20:16.2		14-Apr-18	SAL R1	Ipswich
SM	10,000	Grant Twist	31:29.38	AT SM 6th	19-May-18	Night of 10,000 PBs	Parliament Hill
SM35	10,000	Rob Warner	33:03.6	AT SM 14th	11-Jul-18	Essex 10,000m Champs	Braintree
U17M	1.5KSC	Louis Berrett	5:04.8		29-Apr-18	YDL UAG R1	Hornchurch
U17M	1.5KSC	Harry Jones	5:07.49		1-Jul-18	YDL UAG R3	Croydon
U17M	1.5KSC	Oliver Woods	5:15.3		29-Apr-18	YDL UAG R1	Hornchurch
U17M	1.5KSC	Luke Chester	5:56.43		27-May-18	YDL UAG R2	Stevenage
SM35	2KSC	Rob Warner	6:17.8		23-Jun-18	SAL R3	Chelmsford
SM35	2KSC	Rob Warner	6:23.82		13-May-18	Essex Championships	Chelmsford
SM	2KSC	Grant Twist	6:19.5		18-Aug-18	SAL R5	St Albans
U20M	2KSC	Sam Atkins	6:29.2		23-Jun-18	SAL R3	Chelmsford
U20M	2KSC	Sam Atkins	6:40.94		13-May-18	Essex Championships	Chelmsford
U20M	2KSC	Tom Keevil	7:19.84		29-Apr-18	YDL UAG R1	Hornchurch
U17M	2KSC	George Barnacle	7:27.6		29-Apr-18	YDL UAG R1	Hornchurch
SM35	3KSC	Rob Warner	9:43.38		2-Jun-18	BAL R2	Nuneaton
U20M	3KSC	Ben Davis	9:44.38	AT U20M 5th	4-Aug-18	BAL R4	Bournemouth
SM	3KSC	Grant Twist	9:48.8	AT SM 20th	14-Jul-18	SAL R4	Croydon
SM40	3KSC	Jason Lendon	10:25.03		5-May-18	BAL R1	Yeovil
U13B	75HU13B	Dominic Alexandru	11.74	AT U13B 1st	12-May-18	Essex Championships	Chelmsford
U13B	75HU13B	Denzel Bilson	13.60		8-Jul-18	EYAL R4	Hendon
U13B	75HU13B	Sebastian Alexandru	14.4		5-Aug-18	EYAL R5	St Albans
U13B	75HU13B	Sebastian Alexandru	14.53		8-Jul-18	EYAL R4	Hendon
U13B	75HU13B	Teddy Matthews	15.24		8-Jul-18	EYAL R4	Hendon
U13B	75HU13B	Elija Browne	17.1		16-Sep-18	Havering Club Championships	Hornchurch
U13B	75HU13B	Alex Rawle	17.65		28-Apr-18	Essex Pentathlon Champs	Thurrock
U15B	80HU15B	Toby Bishop	11.24	AT U15B 1st	26-Aug-18	England Athletics U15/17 Cham	Bedford
U15B	80HU15B	Sam Sanusi	11.32	AT U15B 3rd	15-Sep-18	ESAA Pentathlon Champs	Bedford
U15B	80HU15B	Bradley James	11.64	AT U15B 6th	17-Jun-18	YDL LAG R3	Reading
U15B	80HU15B	Jacob Blanc	11.7	AT U15B 7th	16-Sep-18	Havering Club Championships	Hornchurch
U15B	80HU15B	Jacob Blanc	11.76		9-Jun-18	Essex Schools Championships	Chelmsford
U15B	80HU15B	Denzil Achi	15.8		23-May-18	Essex Schools Combined Event	Brentwood
U17M	100HU17M	Louis Berrett	20.5		2-Sep-18	EYAL Top 6 Final	Ipswich
SM	110HM	Karl Tucker	16.00w	AT SM w/a	2-Jun-18	BAL R2	Nuneaton
SM	110HM	Karl Tucker	16.14	AT SM 16th	4-Aug-18	BAL R4	Bournemouth
U20M	300HM	Kieran Riddell	46.9		8-Apr-18	Havering Spring Warm Up	Hornchurch
U17M	400HU17M	Luke Chester	78.4		29-Jul-18	YDL UAG R4	Ashford
SM	400HM	Adam McCarthy	59.39		4-Aug-18	BAL R4	Bournemouth
SM	400HM	Fraser Boston	65.07		4-Aug-18	BAL R4	Bournemouth
U20M	400HM	Kieran Riddell	67.1		20-May-18	SAL R2	Eastbourne
U20M	400HM	Kieran Riddell	67.34		29-Apr-18	YDL UAG R1	Hornchurch
SM40	400HM	Jason :Lendon	67.33		5-May-18	BAL R1	Yeovil
SM35	400HM	Rob Warner	71.8		14-Jul-18	SAL R4	Croydon
U17M	PV	Peter Brinton-Quinn	3.30	AT U17M =8th	8-Jul-18	EYAL R4	Hendon
SM40	PV	Arron Bonning	3.00		23-Aug-00	SAL R3	Chelmsford
SM65	PV	Stuart Tufton	2.90		18-Aug-18	SAL R5	St Albans
U17M	PV	Reece Debenham	2.80		16-Sep-18	Havering Club Championships	Hornchurch
U15B	PV	Toby Bishop	2.40	AT U15B =8th	2-Sep-18	EYAL Top 6 Final	Ipswich
U15B	PV	Jonny Cavanagh	2.30	AT U15B =10th	8-Jul-18	EYAL R4	Hendon
U15B	PV	Ashton Thatcher-Gray	2.00		21-Jul-18	YDL LAG R4	Hornchurch
U20M	HJ	Shandell Taylor	1.93	AT U20M =3rd	4-Aug-18	BAL R4	Bournemouth
SM45	HJ	Gintaras Varanauskas	1.90i		19-Mar-18	Euro Vets	Madrid, SPA
U17M	HJ	Jamal Thomas	1.87	AT U17M 7th	06-May-18	EYAL R2	Ipswich
U15B	HJ	Aaron Eweka	1.84	AT U15B 1st	14-Jul-18	ESAA Champs	Birmingham
U17M	HJ	Kimathi Christie	1.83		3-Jun-18	EYAL R3	Colchester
U15B	HJ	Sam Sanusi	1.77	AT U15B 8th	15-Sep-18	ESAA Pentathlon Champs	Bedford
U15B	HJ	Toby Bishop	1.71		15-Sep-18	ESAA Pentathlon Champs	Bedford
U17M	HJ	Nathanael Adeniran	1.70i		20-Jan-18	London Indoor Games	Lee Valley
SM	HJ	Karl Tucker	1.70		7-Jul-18	BAL R3	Bedford

Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	HJ	Reece Harriott	1.65		27-May-18	YDL UAG R2	Stevenage
U15B	HJ	Daragh Thomas	1.65		17-Jun-18	YDL LAG R3	Reading
U15B	HJ	Jacob Blanc	1.60		06-May-18	EYAL R2	Ipswich
U17M	HJ	Oliver Ray	1.60		06-May-18	EYAL R2	Ipswich
U20M	HJ	Kieran Riddell	1.60		20-May-18	SAL R2	Eastbourne
U15B	HJ	Bradley James	1.60		23-May-18	Essex Schools Combined Event	Brentwood
U17M	HJ	Richard Akinyebo	1.60		14-Jul-18	SAL R4	Croydon
U17M	HJ	Aaron Freshwater	1.60		14-Jul-18	SAL R4	Croydon
U15B	HJ	Ashton Thatcher-Gray	1.60		5-Aug-18	EYAL R5	St Albans
U20M	HJ	Ben Davis	1.53		2-Jun-18	BAL R2	Nuneaton
U13B	HJ	Dominic Alexandru	1.52	AT U13B 3rd	21-Apr-18	YDL LAG R1	Bracknell
U15B	HJ	Denzil Achi	1.45		23-May-18	Essex Schools Combined Event	Brentwood
U15B	HJ	CJ Nze	1.45		16-Sep-18	Havering Club Championships	Hornchurch
U13B	HJ	Sebastian Alexandru	1.30		5-Aug-18	EYAL R5	St Albans
U13B	HJ	Oscar Shearing	1.25		5-Aug-18	EYAL R5	St Albans
U13B	HJ	Thomas Greening	1.15		15-Apr-18	EYAL R1	Bury St Edmunds
U13B	HJ	Lewis Dixon	1.05		19-May-18	YDL LAG R2	Bromley
U20M	LJ	Shandell Taylor	7.78	AT U20/Snr 1st	13-Jul-18	ESAA Champs	Birmingham
SM	LJ	Ayo Akingbehin	6.56i		17-Feb-18	Varsity	Sheffield
SM	LJ	Ayo Akingbehin	6.42		2-Jun-18	BAL R2	Nuneaton
U15B	LJ	Sam Sanusi	6.43	AT U15B 2nd	1-Sep-18	South U15 Inter Counties	Oxford
U17M	LJ	Tobi Idowu	6.37		9-Jun-18	Essex Schools Championships	Chelmsford
U17M	LJ	Ben Olusesan	5.97		23-Jun-18	SAL R3	Chelmsford
U20M	LJ	Matthew Agnimel	5.79		27-May-18	YDL UAG R2	Stevenage
U17M	LJ	Jamal Thomas	5.79		16-Sep-18	Havering Club Championships	Hornchurch
SM	LJ	Karl Tucker	5.70		2-Jun-18	BAL R2	Nuneaton
U17M	LJ	Kimathi Christie	5.58		3-Jun-18	EYAL R3	Colchester
U17M	LJ	Somto Okpalauko	5.55		05-Aug-18	EYAL R5	St Albans
U15B	LJ	Toby Bishop	5.52		23-May-18	Essex Schools Combined Event	Brentwood
U15B	LJ	Jedidiah Oni	5.51		21-Apr-18	YDL LAG R1	Bracknell
U15B	LJ	Malcolm Oshungbohun	5.40		16-Sep-18	Havering Club Championships	Hornchurch
U15B	LJ	Bradley James	5.38		23-May-18	Essex Schools Combined Event	Brentwood
U15B	LJ	Ashton Thatcher-Gray	5.34w		12-Aug-18	SEAA U13/U15 & U17 Champs	Lee Valley
U15B	LJ	Ashton Thatcher-Gray	5.13i		3-Feb-18	Essex & Eastern Champs	Lee Valley
U15B	LJ	Ashton Thatcher-Gray	5.10		9-Jun-18	Essex Schools Championships	Chelmsford
U15B	LJ	Denzil Achi	5.02		23-May-18	Essex Schools Combined Event	Brentwood
U17M	LJ	Louis Berrett	5.00		8-Jul-18	EYAL R4	Hendon
U15B	LJ	Jacob Blanc	4.90		28-Apr-18	Essex Pentathlon Champs	Thurrock
U15B	LJ	Patrick McLean-Tattan	4.77		16-Sep-18	Havering Club Championships	Hornchurch
U17M	LJ	Oliver Ray	4.75		29-Jul-18	YDL UAG R4	Ashford
U13B	LJ	Dominic Alexandru	4.71		27-Aug-18	Kent Penthalon Champs	Dartford
U15B	LJ	Kester Tomy	4.68		6-May-18	EYAL R2	Ipswich
U13B	LJ	Reece Malcolm	4.55		21-Jul-18	YDL LAG R4	Hornchurch
U13B	LJ	Denzel Bilson	4.51		05-Aug-18	EYAL R5	St Albans
U13B	LJ	Lewis Dixon	4.38		05-Aug-18	EYAL R5	St Albans
U17M	LJ	Luke Chester	4.27		8-Jul-18	EYAL R4	Hendon
U13B	LJ	Daniel Lammas	4.25		12-Aug-18	SEAA U13/U15 & U17 Champs	Lee Valley
U15B	LJ	Michael Okoro	4.08		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	LJ	Rocco Barwick	4.04		8-Jul-18	EYAL R4	Hendon
U13B	LJ	Sebastian Alexandru	3.99		13-Aug-18	Blackheath & Bromley Open	Bromley
U15B	LJ	Alex Kerr	3.98		3-Jun-18	EYAL R3	Colchester
U13B	LJ	Charlie Burgess	3.98		3-Jun-18	EYAL R3	Colchester
U13B	LJ	James Radden	3.92		16-Sep-18	Havering Club Championships	Hornchurch
U13B	LJ	Teddy Matthews	3.88		17-Jun-18	YDL LAG R3	Reading
U15B	LJ	Matthew Blacklock	3.76		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	LJ	Michael Tesi	3.75		27-May-18	Dartford Open	Dartford
U13B	LJ	Toby Johnson	3.66		6-May-18	EYAL R2	Ipswich
U13B	LJ	Alex Rawle	3.73		16-Sep-18	Havering Club Championships	Hornchurch
U13B	LJ	Kyle Hewson	3.48		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	LJ	Elija Browne	3.44		30-Jun-18	Esatern Counties Champs	Peterborough
U13B	LJ	Charlie Burgess	3.37		6-May-18	EYAL R2	Ipswich
U13B	LJ	Sam Wilkins	3.08		16-Sep-18	Havering Club Championships	Hornchurch
U13B	LJ	Max Robbins	3.04		6-May-18	EYAL R2	Ipswich

Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20M	TJ	Shandell Taylor	13.71	AT SM 15th	1-Jul-18	YDL UAG R3	Croydon
U20M	TJ	Matthew Agnimel	13.57	AT SM 16th	27-May-18	YDL UAG R2	Stevenage
U17M	TJ	Ben Olusesan	12.84		18-Aug-18	SAL R5	St Albans
U17M	TJ	Kimathi Christie	12.64		27-May-18	YDL UAG R2	Stevenage
U15B	TJ	Jedidiah Oni	12.57w	AT U15B w/a	13-Jul-18	ESAA Champs	Birmingham
U15B	TJ	Jedidiah Oni	12.33	AT U15B 6th	9-Jun-18	Essex Schools Championships	Chelmsford
U17M	TJ	Success Arriyibi	12.32		16-Sep-18	Havering Club Championships	Hornchurch
U15B	TJ	CJ Nze	12.04	AT U15B 9th	16-Sep-18	Havering Club Championships	Hornchurch
SM	TJ	Adam McCarthy	11.41		2-Jun-18	BAL R2	Nuneaton
SM	TJ	Fraser Boston	11.28		14-Apr-18	SAL R1	Ipswich
U17M	TJ	Kester Tomy	10.90		06-May-18	EYAL R2	Ipswich
U17M	TJ	Aaron Freshwater	10.52		14-Jul-18	SAL R4	Croydon
U15B	TJ	Jacob Blanc	9.71		8-Apr-18	Havering Spring Warm Up	Hornchurch
SM	TJ	Karl Tucker	9.70		20-May-18	SAL R2	Eastbourne
U17M	TJ	Oliver Ray	9.66		8-Jul-18	EYAL R4	Hendon
SM	SP7.26k	Laurence Goodacre	14.92		5-May-18	BAL R1	Yeovil
SM	SP7.26k	Emmanuel Quarshie	13.77		7-Jul-18	BAL R3	Bedford
SM	SP7.26k	Duane Jibunoh	12.80	AT SM 12th	23-Jun-18	SAL R3	Chelmsford
SM40	SP7.26k	Arron Bonning	9.21		14-Apr-18	SAL R1	Ipswich
SM	SP7.26k	Karl Tucker	7.97		14-Apr-18	SAL R1	Ipswich
SM	SP7.26k	Edward Brinton-Quinn	7.80		20-May-18	SAL R2	Eastbourne
U20M	SP6K	Sam Atkins	6.25		27-May-18	YDL UAG R2	Stevenage
U20M	SP6K	Tom Keevil	5.17		29-Apr-18	YDL UAG R1	Hornchurch
U17M	SP5K	Jamal Thomas	9.85		29-Jul-18	YDL UAG R4	Ashford
U17M	SP5K	Charlie Savill	8.56		5-Aug-18	EYAL R5	St Albans
U17M	SP5K	Aaron Freshwater	8.24		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	SP5K	Peter Brinton-Quinn	6.46		15-Apr-18	EYAL R1	Bury St Edmunds
U17M	SP5K	Hal Hutton	5.28		2-Sep-18	EYAL Top 6 Final	Ipswich
U15B	SP4K	Sam Sanusi	12.97	AT U15B 5th	15-Sep-18	ESAA Pentathlon Champs	Bedford
U15B	SP4K	Ejiro Akpotor	12.93	AT U15B 6th	5-Aug-18	EYAL R5	St Albans
U15B	SP4K	Toby Bishop	11.20		23-May-18	Essex Schools Combined Event	Brentwood
U15B	SP4K	Bradley James	9.82		15-Sep-18	ESAA Pentathlon Champs	Bedford
U15B	SP4K	Max Georgiou	9.80		16-Sep-18	Havering Club Championships	Hornchurch
U15B	SP4K	Oliver Yexley	9.60		19-May-18	YDL LAG R2	Bromley
U15B	SP4K	Charlie Black	8.78		17-Jun-18	YDL LAG R3	Reading
U15B	SP4K	Denzil Achi	8.77		23-May-18	Essex Schools Combined Event	Brentwood
U15B	SP4K	Patrick McLean-Tattan	8.40		15-Apr-18	EYAL R1	Bury St Edmunds
U15B	SP4K	Jacob Blanc	8.07		28-Apr-18	Essex Pentathlon Champs	Thurrock
U15B	SP4K	Lewis Edwards	6.78		8-Jul-18	EYAL R4	Hendon
U13B	SP3K	Matthew Davies	8.22		8-Jul-18	EYAL R4	Hendon
U13B	SP3K	Matthew Page	7.83		25-Aug-18	London Inter Club Challenge	Hendon
U13B	SP3K	Dominic Alexandru	6.27		27-Aug-18	Kent Pentathlon Champs	Dartford
U13B	SP3K	Oscar Shearing	6.27		16-Sep-18	Havering Club Championships	Hornchurch
U13B	SP3K	Harrison Mayhew	5.85		8-Jul-18	EYAL R4	Hendon
U13B	SP3K	Charlie Burgess	5.69		05-Aug-18	EYAL R5	St Albans
U13B	SP3K	Joel Hutton	5.56		16-Apr-18	EYAL R2	Bury St Edmunds
U13B	SP3K	Robbie Brown	4.94		6-May-18	EYAL R2	Ipswich
U13B	SP3K	Daniel Lammas	4.87		17-Jun-18	YDL LAG R3	Reading
U13B	SP3K	Alex Rawle	4.40		28-Apr-18	Essex Pentathlon Champs	Thurrock
U13B	SP3K	Louis Mayhew	3.82		3-Jun-18	EYAL R3	Colchester
U13B	SP3K	Sebastian Alexandru	3.69		28-Apr-18	Essex Pentathlon Champs	Thurrock
SM	DT2K	Duane Jibunoh	46.60		20-May-18	SAL R2	Eastbourne
SM	DT2K	Laurence Goodacre	41.13	AT SM 9th	4-Aug-18	BAL R4	Bournemouth
SM40	DT2K	Arron Bonning	26.54		14-Jul-18	SAL R4	Croydon
SM	DT2K	Edward Brinton-Quinn	25.55		8-Apr-18	Havering Spring Warm Up	Hornchurch
SM60	DT2K	Kevin White	22.65		18-Aug-18	SAL R5	St Albans
SM65	DT2K	Keith Robinson	19.05		14-Jul-18	SAL R4	Croydon
SM	DT2K	Karl Tucker	17.83		18-Aug-18	SAL R5	St Albans
U20M	DT1.75K	Kieran Riddell	17.37		27-May-18	YDL UAG R2	Stevenage
U20M	DT1.75K	Ben Davis	14.23		1-Jul-18	YDL UAG R3	Croydon
SM50	DT1.5K	Mark Bishop	29.22		16-Sep-18	Havering Club Championships	Hornchurch
U17M	DT1.5K	Peter Brinton-Quinn	28.41		8-Jul-18	EYAL R4	Hendon
U17M	DT1.5K	Hal Hutton	25.01		27-May-18	YDL UAG R2	Stevenage
U17M	DT1.5K	Charlie Savill	18.95		5-Aug-18	EYAL R5	St Albans

Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15B	DT1.25K	Ejoro Akpotor	37.61	AT U15B 6th	1-Sep-18	South U15 Inter Counties	Oxford
U15B	DT1.25K	Toby Bishop	31.75		16-Sep-18	Havering Club Championships	Hornchurch
U15B	DT1.25K	Oliver Yexley	29.86		21-Jul-18	YDL LAG R4	Hornchurch
U15B	DT1.25K	Patrick McLean-Tattan	29.07		16-Sep-18	Havering Club Championships	Hornchurch
U15B	DT1.25K	Lewis Edwards	25.10		8-Jul-18	EYAL R4	Hendon
U15B	DT1.25K	Mason Smith	23.63		05-Aug-18	EYAL R5	St Albans
U13B	DT1K	Matthew Davies	21.07		12-May-18	Essex Championships	Chelmsford
U13B	DT1K	Matthew Page	20.70		28-Jul-18	Derek Crookes U13 Inter Counti	Kingston
U13B	DT1K	Joel Hutton	13.86		8-Jul-18	EYAL R4	Hendon
U13B	DT1K	Harrison Mayhew	12.47		8-Jul-18	EYAL R4	Hendon
U13B	DT1K	Robbie Brown	12.53		15-Apr-18	EYAL R1	Bury St Edmunds
U13B	DT1K	Sam Wilkins	11.49		16-Sep-18	Havering Club Championships	Hornchurch
U13B	DT1K	James Brinton-Quinn	11.18		16-Sep-18	Havering Club Championships	Hornchurch
U13B	DT1K	Louie Mayhew	10.47		6-May-18	EYAL R2	Ipswich
U13B	DT1K	Thomas Greening	9.87		05-Aug-18	EYAL R5	St Albans
U17M	JT800	Max Law	64.38	AT U17M 1st	16-Sep-18	Havering Club Championships	Hornchurch
SM	JT800	Duane Jibunoh	48.49		20-May-18	SAL R2	Eastbourne
SM35	JT800	Sam Harrison	45.46		14-Apr-18	SAL R1	Ipswich
U17M	JT800	Peter Brinton-Quinn	42.75		18-Aug-18	SAL R5	St Albans
SM40	JT800	Arron Bonning	36.00		14-Jul-18	SAL R4	Croydon
U20M	JT800	Kieran Riddell	24.21		29-Apr-18	YDL UAG R1	Hornchurch
U20M	JT800	Tom Keevil	23.73		1-Jul-18	YDL UAG R3	Croydon
SM	JT800	Edward Brinton-Quinn	14.99		14-Jul-18	SAL R4	Croydon
U17M	JT700	Max Law	75.30	AT U17M 1st	7-Jul-18	European U18 Champs	Gyor, HUN
U17M	JT700	Oliver Woods	50.51	AT U17M 9th	9-Jun-18	Essex Schools Championships	Chelmsford
U17M	JT700	Charlie Savill	50.28	AT U17M 10th	16-Sep-18	Havering Club Championships	Hornchurch
U17M	JT700	Peter Brinton-Quinn	49.33		16-Sep-18	Havering Club Championships	Hornchurch
U15B	JT700	Bradley James	45.98		16-Sep-18	Havering Club Championships	Hornchurch
U17M	JT700	Hal Hutton	37.44		16-Sep-18	Havering Club Championships	Hornchurch
U17M	JT700	Luke Chester	33.56		3-Jun-18	EYAL R3	Colchester
U15B	JT600	Bradley James	61.25	AT U15B 2nd	14-Jul-18	ESAA Champs	Birmingham
U15B	JT600	Oliver Yexley	42.98		21-Apr-18	YDL LAG R1	Bracknell
U15B	JT600	Patrick McLean-Tattan	34.47		5-Aug-18	EYAL R5	St Albans
U15B	JT600	Jonny Cavanagh	29.52		3-Jun-18	EYAL R3	Colchester
U15B	JT600	Shane Hart	25.53		3-Jun-18	EYAL R3	Colchester
U15B	JT600	Michael Okoro	13.32		8-Apr-18	Havering Spring Warm Up	Hornchurch
U13B	JT400	Matthew Page	30.16	AT U13B 7th	10-Jul-18	Woodford Open	Woodford
U13B	JT400	Joel Hutton	28.16	AT U13B 9th	16-Sep-18	Havering Club Championships	Hornchurch
U13B	JT400	Harrison Mayhew	27.71		3-Jun-18	EYAL R3	Colchester
U13B	JT400	Robbie Brown	26.11		16-Sep-18	Havering Club Championships	Hornchurch
U13B	JT400	Lewis Dixon	20.35		10-Jul-18	Woodford Open	Woodford
U13B	JT400	Teddy Matthews	24.53		16-Sep-18	Havering Club Championships	Hornchurch
U13B	JT400	James Brinton-Quinn	12.25		16-Sep-18	Havering Club Championships	Hornchurch
U13B	JT400	Sam Ellis	9.97		6-May-18	EYAL R2	Ipswich
SM65	HT7.26K	Keith Robinson	30.72	AT M65 1st	14-Apr-18	SAL R1	Ipswich
SM	HT7.26K	Sam Harrison	26.92		18-Aug-18	SAL R5	St Albans
SM	HT7.26K	Laurence Goodacre	22.61		7-Jul-18	BAL R3	Bedford
SM40	HT7.26K	Arron Bonning	19.96		23-Jun-18	SAL R3	Chelmsford
SM	HT7.26K	Edward Brinton-Quinn	17.98		20-May-18	SAL R2	Eastbourne
SM	HT7.26K	Karl Tucker	13.50		18-Aug-18	SAL R5	St Albans
U17M	HT6K	Jamal Thomas	20.93		1-Jul-18	YDL UAG R3	Croydon
U20M	HT6K	Elliot Cordery	12.45		29-Jul-18	YDL UAG R4	Ashford
U17M	HT5K	Jamal Thomas	21.63		29-Jul-18	YDL UAG R4	Ashford
U17M	HT5K	Aaron Freshwater	21.50		3-Jun-18	EYAL R3	Colchester
U15B	HT4K	Ejoro Akpotor	27.82		21-Apr-18	YDL LAG R1	Bracknell
U15B	HT4K	Charlie Black	27.29		21-Jul-18	YDL LAG R4	Hornchurch
U15B	HT4K	Patrick McLean-Tattan	23.17		21-Jul-18	YDL LAG R4	Hornchurch
U15B	PenU15M	Sam Sanusi	3058	AT U15B 1st	15-Sep-18	ESAA Pentathlon Champs	Bedford
U15B	PenU15M	Toby Bishop	2778	AT U15B 4th	15-Sep-18	ESAA Pentathlon Champs	Bedford
U15B	PenU15M	Bradley James	2537		15-Sep-18	ESAA Pentathlon Champs	Bedford
U15B	PenU15M	Jacob Blanc	2284		23-May-18	Essex Schools Combined Event	Brentwood
U15B	PenU15M	Denzil Achi	1960		23-May-18	Essex Schools Combined Event	Brentwood
U13B	PenU13B	Dominic Alexandru	1590	AT U13B 1st	27-Aug-18	Kent Penthalon Champs	Dartford
U13B	PenU13B	Sebastian Alexandru	904		28-Apr-18	Essex Pentathlon Champs	Thurrock

Havering AC Male 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
-----------	-------	------	-------------	----------	------	---------	-------