

## HMAc Male Summer 2011 Rankings as at 30/09/2011

| Age Group | Event | Name                  | Performance | All Time    | Date      | Meeting                    | Venue        |
|-----------|-------|-----------------------|-------------|-------------|-----------|----------------------------|--------------|
| SM        | 100   | Leo Barker            | 10.94w      | AT SM w/a   | 27-Apr-11 | Lee Valley Sprints         | Lee Valley   |
| SM        | 100   | Barker                | 11.39       |             | 7-May-11  | Woodford Combined events   | Woodford     |
| SM        | 100   | Isaac Ogunlade        | 11.17w      |             | 3-Aug-11  | Lee Valletys Sprints       | Lee Valley   |
| SM        | 100   | Ogunlade              | 11.23       |             | 2-Aug-11  | Woodford Open              | Woodford     |
| U20M      | 100   | Jimi Tele             | 11.19       |             | 24-Jul-11 | National Junior Lge Rd 4   | Peterborough |
| SM        | 100   | Richard Morrissey     | 11.28       |             | 13-Aug-11 | BAL National 3 Rd 3        | Kingston     |
| SM        | 100   | Luke Stott            | 11.31       |             | 23-Apr-11 | Loughboro Open             | Loughborough |
| SM        | 100   | Shaun Stewart         | 11.35       |             | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil       |
| SM        | 100   | Devon Samson          | 11.4        |             | 2-Apr-11  | HMAc Spring Open           | Hornchurch   |
| U20M      | 100   | Richard Holland       | 11.5        |             | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon      |
| SM        | 100   | Ammad Masood          | 11.6        |             | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham       |
| SM        | 100   | Masood                | 11.65       |             | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil       |
| U20M      | 100   | Jordan Brown          | 11.8        |             | 1-May-11  | National Junior Lge Rd 1   | Ware         |
| U20M      | 100   | Jack Edgar-Hill       | 11.8        |             | 1-May-11  | National Junior Lge Rd 1   | Ware         |
| U20M      | 100   | Edgar-Hill            | 12.08w      |             | 24-Jul-11 | National Junior Lge Rd 4   | Peterborough |
| U20M      | 100   | Jimi Tele             | 11.86       |             | 13-Aug-11 | BAL National 3 Rd 3        | Kingston     |
| U20M      | 100   | Adam Samuel           | 11.9        |             | 1-May-11  | National Junior Lge Rd 1   | Ware         |
| SM        | 100   | Adam McCarthy         | 11.91       |             | 8-Jun-11  | Lee Valley Sprints         | Lee Valley   |
| SM        | 100   | Daniel Margiotta      | 11.97       |             | 14-May-11 | Essex Champs Day 2         | Chelmsford   |
| SM40      | 100   | Mark Bishop           | 12.2        | AT M40 1st  | 30-Jul-11 | Southern Athletic Lge Rd 4 | Andover      |
| SM40      | 100   | Bishop                | 12.77       |             | 27-Aug-11 | BAL National 3 Rd 4        | Swansea      |
| SM        | 100   | Philip Groombridge    | 12.3        |             | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon      |
| SM        | 100   | Tomasz Angowski       | 12.5        |             | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon      |
| SM        | 100   | Jeremy Watson         | 12.54       |             | 27-Aug-11 | BAL National 3 Rd 4        | Swansea      |
| U20M      | 100   | Jake Nelson           | 13.1        |             | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham       |
| U20M      | 100   | Emmanuel Quarshie     | 13.7        |             | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea    |
| SM        | 200   | Richard Morrissey     | 21.80       | AT SM =10th | 9-Apr-11  | Lee Valley Open            | Lee Valley   |
| SM        | 200   | Isaac Ogunlade        | 22.42       |             | 2-Aug-11  | Woodford Open              | Woodford     |
| U20M      | 200   | Jimi Tele             | 22.6        |             | 1-May-11  | National Junior Lge Rd 1   | Ware         |
| U20M      | 200   | Tele                  | 23.09       |             | 13-Aug-11 | BAL National 3 Rd 3        | Kingston     |
| SM        | 200   | Shaun Stewart         | 23.1        |             | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon      |
| SM        | 200   | Devon Samson          | 23.3        |             | 2-Apr-11  | HMAc Spring Open           | Hornchurch   |
| SM        | 200   | Ammad Masood          | 23.5        |             | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham       |
| SM        | 200   | Masood                | 23.66       |             | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil       |
| SM        | 200   | Richard Holland       | 23.6        |             | 10-Jul-11 | National Junior Lge Rd 3   | Luton        |
| U20M      | 200   | Jordan Brown          | 23.8        |             | 1-May-11  | National Junior Lge Rd 1   | Ware         |
| U20M      | 200   | Massi Dendani         | 23.9        |             | 29-May-11 | National Junior Lge Rd 2   | Watford      |
| SM        | 200   | Adam McCarthy         | 24.1        |             | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham       |
| SM        | 200   | McCarthy              | 24.55i      |             | 29-Jan-11 | London Indoor Games        | Lee Valley   |
| SM        | 200   | Daniel Margiotta      | 24.4        |             | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea    |
| U20M      | 200   | Jack Edgar-Hill       | 25.24       |             | 24-Jul-11 | National Junior Lge Rd 4   | Peterborough |
| SM        | 200   | Jeremy Watson         | 25.40       |             | 27-Aug-11 | BAL National 3 Rd 4        | Swansea      |
| SM        | 400   | Richard Morrissey     | 47.57       | AT SM 4th   | 25-Jun-11 | EA U23 Champs              | Bedford      |
| SM        | 400   | Leo Barker            | 49.65       | AT SM 16th  | 7-May-11  | Woodford Combined events   | Woodford     |
| SM        | 400   | Isaac Ogunlade        | 49.89       | AT SM 20th  | 16-Apr-11 | Woodford Open              | Woodford     |
| SM        | 400   | Shaun Stewart         | 50.11       |             | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil       |
| SM        | 400   | Paul Adair            | 51.55       |             | 27-Aug-11 | BAL National 3 Rd 4        | Swansea      |
| U20M      | 400   | Massi Dendani         | 51.8        |             | 29-May-11 | National Junior Lge Rd 2   | Watford      |
| SM        | 400   | Adam McCarthy         | 52.17       |             | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil       |
| SM        | 400   | Simon Richards        | 54.2        |             | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham       |
| SM        | 400   | Adam Wileman          | 57.0        |             | 10-Jul-11 | National Junior Lge Rd 3   | Luton        |
| SM        | 400   | Neill Collins         | 60.6        |             | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon      |
| U20M      | 400   | Jon Seekings          | 62.4        |             | 1-May-11  | National Junior Lge Rd 1   | Ware         |
| U20M      | 800   | Massi Dendani         | 1:57.95     |             | 14-May-11 | Essex Champs Day 2         | Chelmsford   |
| SM        | 800   | Paul Adair            | 1:58.05     |             | 11-May-11 | Loughboro v Army           | Loughborough |
| SM        | 800   | Grant Twist           | 1:58.84     |             | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil       |
| SM        | 800   | Leo Barker            | 1:59.36     |             | 18-May-11 | Watford Open               | Watford      |
| U20M      | 800   | Jamie Buckley-Stanton | 2:01.49     |             | 15-Jun-11 | Watford Open               | Watford      |
| SM40      | 800   | Matt Bland            | 2:05.11     |             | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil       |
| SM        | 800   | Rob Warner            | 2:05.2      |             | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon      |
| U20M      | 800   | Simon Richards        | 2:08.0      |             | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon      |
| SM        | 800   | Neill Collins         | 2:08.2      |             | 30-Jul-11 | Southern Athletic Lge Rd 4 | Andover      |
| SM        | 800   | Collins               | 2:11.32     |             | 2-Aug-11  | Woodford Open              | Woodford     |
| SM        | 800   | Anthony Soar          | 2:15.9      |             | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham       |
| U20M      | 800   | Ross Earney           | 2:29.5      |             | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon      |
| U20M      | 800   | Richard Holland       | 2:33.7      |             | 1-May-11  | National Junior Lge Rd 1   | Ware         |
| U20M      | 800   | Jake Nelson           | 2:46.6      |             | 29-May-11 | National Junior Lge Rd 2   | Watford      |
| U20M      | 1500  | Jamie Buckley-Stanton | 4:08.07     |             | 4-Jun-11  | BAL National 3 Rd 1        | Scotstoun    |
| SM        | 1500  | Grant Twist           | 4:09.8      |             | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea    |
| SM        | 1500  | Twist                 | 4:11.09     |             | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil       |
| SM40      | 1500  | Matt Bland            | 4:13.71     |             | 4-Jun-11  | BAL National 3 Rd 1        | Scotstoun    |
| U20M      | 1500  | Massi Dendani         | 4:15.26     |             | 29-Jun-11 | Watford Open               | Watford      |
| SM        | 1500  | Neill Collins         | 4:25.84     |             | 30-Aug-11 | Woodford Open              | Woodford     |
| SM        | 1500  | Leo Barker            | 4:27.20     |             | 8-May-11  | Woodford Combined events   | Woodford     |

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| Age Group | Event    | Name               | Performance | All Time   | Date      | Meeting                    | Venue           |
|-----------|----------|--------------------|-------------|------------|-----------|----------------------------|-----------------|
| SM35      | 1500     | Chris Smith        | 4:33.74     |            | 27-Aug-11 | BAL National 3 Rd 4        | Swansea         |
| SM        | 1500     | Ian Anthony        | 4:48.5      |            | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| U20M      | 1500     | Ross Earney        | 5:00.2      |            | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham          |
| SM        | 3000     | Rob Warner         | 9:03.28     |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| SM        | 3000     | Ian Anthony        | 9:24.2      |            | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| SM        | 3000     | Chris Smith        | 9:36.43     |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| U20M      | 3000     | Massi Dendani      | 9:41.2      |            | 20-Apr-11 | Watford Open               | Watford         |
| SM35      | 3000     | Jason Lendon       | 10:09.78    |            | 13-Aug-11 | BAL National 3 Rd 3        | Kingston        |
| U20M      | 3000     | Ross Earney        | 10:10.5     |            | 30-Jul-11 | Southern Athletic Lge Rd 4 | Andover         |
| SM        | 3000     | Neill Collins      | 11:29.9     |            | 30-Jul-11 | Southern Athletic Lge Rd 4 | Andover         |
| SM40      | 5000     | Matt Bland         | 16:12.0     |            | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham          |
| SM35      | 5000     | Steve Rand         | 16:12.5     |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| SM        | 5000     | Rob Warner         | 16:13.63    |            | 27-Aug-11 | BAL National 3 Rd 4        | Swansea         |
| SM35      | 5000     | Chris Smith        | 16:44.65    |            | 4-Jun-11  | BAL National 3 Rd 1        | Scotstoun       |
| SM45      | 5000     | Simon Hart         | 17:15.2     |            | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon         |
| SM35      | 5000     | Jason Lendon       | 17:35.77    |            | 4-Jun-11  | BAL National 3 Rd 1        | Scotstoun       |
| SM35      | 5000     | Martin Chester     | 17:46.7     |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| SM45      | Marathon | Simon Hart         | 2:43.54     | AT SM 11th | 17-Apr-11 | London Marathon            | London          |
| SM        | Marathon | Glen Hill          | 2:50.46     | AT SM 15th | 17-Apr-11 | London Marathon            | London          |
| SM35      | Marathon | Chris Smith        | 2:55.20     | AT SM 20th | 17-Apr-11 | London Marathon            | London          |
| SM        | Marathon | Ian Anthony        | 2:57.38     |            | 17-Apr-11 | London Marathon            | London          |
| SM35      | Marathon | Steve Rand         | 3:01.59     |            | 17-Apr-11 | London Marathon            | London          |
| SM35      | Marathon | Graham Hogan       | 3:04.45     |            | 17-Apr-11 | London Marathon            | London          |
| SM        | Marathon | Graham Pritchard   | 3:28.58     |            | 17-Apr-11 | London Marathon            | London          |
| SM40      | Marathon | Russ Middleton     | 3:59.18     |            | 17-Apr-11 | London Marathon            | London          |
| SM40      | 110H     | Anthony Williams   | 16.39       |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| SM40      | 110H     | Mark Bishop        | 16.9        |            | 30-Jul-11 | Southern Athletic Lge Rd 4 | Andover         |
| SM40      | 110H     | Bishop             | 17.30       |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| SM        | 110H     | Jeremy Watson      | 18.9        |            | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| SM35      | 110H     | Watson             | 19.13       |            | 13-Aug-11 | BAL National 3 Rd 3        | Kingston        |
| SM        | 110H     | Kieran Nelson      | 19.9        |            | 30-Jul-11 | Southern Athletic Lge Rd 4 | Andover         |
| SM35      | 110H     | Arron Bonning      | 21.1        |            | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon         |
| SM35      | 110H     | Darron Keevil      | 23.2        |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| U20M      | 110HU20M | Jack Edgar-Hill    | 15.1        | AT U20 3rd | 1-May-11  | National Junior Lge Rd 1   | Ware            |
| U20M      | 110HU20M | Edgar-Hill         | 15.11       |            | 14-May-11 | Essex Champs Day 2         | Chelmsford      |
| U20M      | 110HU20M | Adam Wileman       | 19.62       |            | 24-Jul-11 | National Junior Lge Rd 4   | Peterborough    |
| SM        | 300HM    | Adam McCarthy      | 41.2        |            | 2-Apr-11  | HMAC Spring Open           | Hornchurch      |
| SM        | 400HM    | Isaac Ogunlade     | 53.23       | AT SM 3rd  | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| SM        | 400HM    | Adam McCarthy      | 55.57       | AT SM 8th  | 4-Sep-11  | Eastern Inter Counties     | Cambridge       |
| U20M      | 400HM    | Adam Wileman       | 60.7        |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| U20M      | 400HM    | Wileman            | 62.96       |            | 24-Jul-11 | National Junior Lge Rd 4   | Peterborough    |
| U20M      | 400HM    | Jack Edgar-Hill    | 66.3        |            | 10-Jul-11 | National Junior Lge Rd 3   | Luton           |
| U20M      | 400HM    | Jake Nelson        | 67.8        |            | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham          |
| U20M      | 400HM    | Nelson             | 68.65       |            | 15-May-11 | Essex Champs Day 3         | Chelmsford      |
| U20M      | 400HM    | Jon Seekings       | 70.22       |            | 15-May-11 | Essex Champs Day 3         | Chelmsford      |
| SM        | 400HM    | Kieran Nelson      | 70.4        |            | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| SM45      | 400HM    | Paul Berrett       | 75.3        |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| SM        | 2000SC   | Rob Warner         | 6:19.2      |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| SM        | 2000SC   | Grant Twist        | 6:33.5      |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| U20M      | 2000SC   | Jack Edgar-Hill    | 10:44.0     |            | 1-May-11  | National Junior Lge Rd 1   | Ware            |
| SM        | 3000SC   | Rob Warner         | 9:38.68     |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| SM35      | 3000SC   | Jason Lendon       | 9:58.93     |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| SM        | HJ       | Jeremy Watson      | 1.75        |            | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| U20M      | HJ       | Jake Nelson        | 1.70        |            | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| SM40      | HJ       | Mark Bishop        | 1.65        |            | 30-Jul-11 | Southern Athletic Lge Rd 4 | Andover         |
| U20M      | HJ       | Jack Edgar-Hill    | 1.60        |            | 24-Jul-11 | National Junior Lge Rd 4   | Peterborough    |
| SM35      | HJ       | Arron Bonning      | 1.55        |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| SM        | LJ       | Leo Barker         | 6.88        |            | 7-May-11  | Woodford Combined events   | Woodford        |
| SM        | LJ       | Shaun Stewart      | 6.73        |            | 17-Jul-11 | Southern Inter Counties    | Hemel Hempstead |
| U20M      | LJ       | Richard Holland    | 6.67        | AT SM 19th | 1-May-11  | National Junior Lge Rd 1   | Ware            |
| SM        | LJ       | Anthony Williams   | 6.52        |            | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon         |
| SM40      | LJ       | Mark Bishop        | 5.92        |            | 27-Aug-11 | BAL National 3 Rd 4        | Swansea         |
| U20M      | LJ       | Jimi Tele          | 5.85        |            | 24-Jul-11 | National Junior Lge Rd 4   | Peterborough    |
| U20M      | LJ       | Adam Wileman       | 5.78        |            | 2-Apr-11  | HMAC Spring Open           | Hornchurch      |
| SM35      | LJ       | Arron Bonning      | 5.30        |            | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham          |
| U20M      | LJ       | Jake Nelson        | 5.26        |            | 2-Apr-11  | HMAC Spring Open           | Hornchurch      |
| SM        | LJ       | Philip Groombridge | 5.25        |            | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon         |
| U20M      | LJ       | Jordan Brown       | 4.97        |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| U20M      | LJ       | Glenn Wileman      | 4.93        |            | 24-Jul-11 | National Junior Lge Rd 4   | Peterborough    |
| U20M      | TJ       | Jimi Tele          | 14.95w      | AT U20 w/a | 2-Jul-11  | English Schools Champs     | Gateshead       |
| U20M      | TJ       | Tele               | 14.60       |            | 11-Sep-11 | Commonwealth Youth Games   | Douglas, IOM    |
| SM        | TJ       | Anthony Williams   | 13.10       |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| SM40      | TJ       | Mark Bishop        | 12.04       |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| SM        | TJ       | Adam McCarthy      | 12.00       |            | 27-Aug-11 | Bal National 3 Rd 4        | Swansea         |

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| Age Group | Event  | Name              | Performance | All Time   | Date      | Meeting                    | Venue           |
|-----------|--------|-------------------|-------------|------------|-----------|----------------------------|-----------------|
| U20M      | TJ     | Jake Nelson       | 11.94       |            | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| U20M      | TJ     | Glenn Wileman     | 11.93       |            | 10-Jul-11 | National Junior Lge Rd 3   | Luton           |
| U20M      | TJ     | Adam Wileman      | 11.70i      |            | 13-Mar-11 | Essex Indoor Champs        | Lee Valley      |
| U20M      | TJ     | A. Wileman        | 11.69       |            | 10-Jul-11 | National Junior Lge Rd 3   | Luton           |
| SM35      | TJ     | Arron Bonning     | 11.39       |            | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham          |
| SM        | TJ     | Jeremy Watson     | 10.59       |            | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham          |
| U20M      | TJ     | Kieron Nelson     | 10.34       |            | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| SM40      | PV     | Mark Bishop       | 3.80        |            | 13-Aug-11 | BAL National 3 Rd 3        | Kingston        |
| SM60      | PV     | Stuart Tufton     | <b>3.20</b> | AT M60 1st | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| SM35      | PV     | Arron Bonning     | 2.80        |            | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham          |
| SM        | PV     | Adam McCarthy     | 2.20        |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| U20M      | SP     | Emmanuel Quarshie | 13.34       | AT U20 2nd | 17-Jul-11 | Southern Inter Counties    | Hemel Hempstead |
| SM        | SP     | Leo Barker        | 13.33       | AT SM 7th  | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| SM40      | SP     | Mark Bishop       | 11.47       |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| SM35      | SP     | Darron Keevil     | 10.44       |            | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| SM35      | SP     | Arron Bonning     | 9.97        |            | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon         |
| U20M      | SPU20M | Emmanuel Quarshie | 15.05       | AT U20 2nd | 9-Jul-11  | Throws Fest                | Hendon          |
| U20M      | SPU20M | Laurence Goodacre | 14.35       | AT U20 3rd | 2-Jul-11  | English Schools Champs     | Gateshead       |
| SM        | DT     | Leo Barker        | 41.74       |            | 30-Apr-11 | Southern Athletic Lge Rd 1 | Eltham          |
| SM40      | DT     | Mark Bishop       | 34.48       |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| U20M      | DT     | Emmanuel Quarshie | 33.26       |            | 4-Jun-11  | BAL National 3 Rd 1        | Scotstoun       |
| SM35      | DT     | Darron Keevil     | 29.22       |            | 30-Jul-11 | Southern Athletic Lge Rd 4 | Andover         |
| SM35      | DT     | Arron Bonning     | 27.74       |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| SM50      | DT     | Kevin White       | 27.00       |            | 21-May-11 | Southern Athletic Lge Rd 2 | Swindon         |
| U20M      | DTU20M | Laurence Goodacre | 39.85       | AT U20 3rd | 1-May-11  | National Junior Lge Rd 1   | Ware            |
| U20M      | DTU20M | Emmanuel Quarshie | 30.92       |            | 29-May-11 | National Junior Lge Rd 2   | Watford         |
| U20M      | DTU20M | Adam Wileman      | 14.96       |            | 29-May-11 | National Junior Lge Rd 2   | Watford         |
| U20M      | DTU20M | Richard Holland   | 14.94       |            | 1-May-11  | National Junior Lge Rd 1   | Ware            |
| SM        | HT     | Joe Forde         | 44.45       |            | 13-Aug-11 | BAL National 3 Rd 3        | Kingston        |
| SM35      | HT     | Sam Harrison      | 29.79       |            | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon         |
| SM        | HT     | George Bean       | 23.87       |            | 4-Jun-11  | BAL National 3 Rd 1        | Scotstoun       |
| SM35      | HT     | Arron Bonning     | 21.35       |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| SM35      | HT     | Darron Keevil     | 17.63       |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| U20M      | HT     | Emmanuel Quarshie | 15.48       |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| U20M      | HTU20M | Lewis Williams    | 41.99       |            | 29-May-11 | National Junior Lge Rd 2   | Watford         |
| U20M      | HTU20M | Emmanuel Quarshie | 21.48       |            | 29-May-11 | National Junior Lge Rd 2   | Watford         |
| U20M      | HTU20M | Massi Dendani     | 11.41       |            | 1-May-11  | National Junior Lge Rd 1   | Ware            |
| SM        | JT     | Sam Harrison      | 51.06       |            | 30-Jul-11 | Southern Athletic Lge Rd 4 | Andover         |
| SM40      | JT     | Mark Bishop       | 45.37       |            | 2-Jul-11  | BAL National 3 Rd 2        | Yeovil          |
| SM        | JT     | George Bean       | 44.55       |            | 4-Jun-11  | BAL National 3 Rd 1        | Scotstoun       |
| SM35      | JT     | Arron Bonning     | 41.26       |            | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon         |
| SM35      | JT     | Darron Keevil     | 34.48       |            | 9-Jul-11  | Southern Athletic Lge Rd 3 | Croydon         |
| SM45      | JT     | Paul Berrett      | 26.97       |            | 20-Aug-11 | Southern Athletic Lge Rd 5 | Battersea       |
| U20M      | JT     | Jake Nelson       | 24.56       |            | 29-May-11 | National Junior Lge Rd 2   | Watford         |
| U20M      | JT     | Glenn Wileman     | 23.72       |            | 10-Jul-11 | National Junior Lge Rd 3   | Luton           |
| U20M      | JT     | Jack Edgar-Hill   | 9.51        |            | 10-Jul-11 | National Junior Lge Rd 3   | Luton           |