

Havering AC Male 2017 Rankings as at 30-09-17

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20M	60	Kieran Riddell	7.77i		14-Jan-17	SEAA Indoor Champs	Lee Valley
SM	100	Joseph Ramie	10.98	AT SM 15th	03-Jun-17	BAL R2	Chelmsford
SM	100	Josh Olawore	10.99		15-Jul-17	BAL R3	Bedford
U20M	100	Lewis Bailey	11.2		17-Jun-17	SAL R3	Erith
U20M	100	Bailey	11.38		03-Jun-17	BAL R2	Chelmsford
SM	100	Nathan Steele	11.3		17-Jun-17	SAL R3	Erith
SM	100	Steele	11.31		03-Jun-17	BAL R2	Chelmsford
U20M	100	Timi Kuye	11.3		19-Aug-17	SAL R5	Battersea
SM	100	Karl Tucker	11.35		27-May-17	London University Series	Battersea
U20M	100	Matthew Agnimmel	11.4		30-Apr-17	YDL-UAG-R1	Luton
U20M	100	Agnimmel	11.67		28-May-17	YDL-UAG-R2	Stevenage
SM	100	Ayo Akingbehin	11.5		19-Aug-17	SAL R5	Battersea
SM	100	Akingbehin	11.66		23-Apr-17	Medway Open	Gillingham
SM	100	Sydney Conteh	11.7		21-May-17	SAL R2	Hornchurch
SM	100	Conteh	11.72w		24-Jun-17	Eastern Counties Champ	Cambridge
SM	100	Conteh	11.92		29-Apr-17	BUCS Champs	Bedford
U20M	100	Shandell Taylor	11.7		17-Sep-17	Club Championships	Hornchurch
U20M	100	Taylor	11.83		03-Jun-17	BAL R2	Chelmsford
U20M	100	Elliott Addison	11.71		28-May-17	YDL-UAG-R2	Stevenage
SM	100	George Hadler	11.73		08-Apr-17	Lee Valley Open	Lee Valley
U20M	100	Ben Gad	11.80		28-May-17	YDL-UAG-R2	Stevenage
U20M	100	Richard Peel	11.8		02-Apr-17	Danny Mullane, Chelmsfrc	Chelmsford
U20M	100	Michael Duncan	12.0		30-Apr-17	YDL-UAG-R1	Luton
U20M	100	Josh Ajibawo	12.2		19-Aug-17	SAL R5	Battersea
U20M	100	Kieran Riddell	12.3		17-Jun-17	SAL R3	Erith
SM	200	Josh Olawore	22.25		15-Jul-17	BAL R3	Bedford
SM	200	Joseph Ramie	22.4		21-May-17	SAL R2	Hornchurch
SM	200	Ramie	22.52		03-Jun-17	BAL R2	Chelmsford
U20M	200	Lewis Bailey	22.4		17-Jun-17	SAL R3	Erith
U20M	200	Bailey	22.65		03-Jun-17	BAL R2	Chelmsford
U20M	200	Timi Kuye	22.9		19-Aug-17	SAL R5	Battersea
U20M	200	Kuye	24.88		23-Apr-17	Medway Open	Gillingham
SM	200	Karl Tucker	22.91		26-Aug-17	London Inter Club	Hendon
U20M	200	Elliott Addison	23.10		28-May-17	YDL-UAG-R2	Stevenage
SM	200	Nathan Steele	23.22		03-Jun-17	BAL R2	Chelmsford
U20M	200	Shandell Taylor	23.3		23-Jul-17	YDL-UAG-R4	Tonbridge
U20M	200	Matthew Owers	23.35		28-May-17	YDL-UAG-R2	Stevenage
SM	200	Sydney Conteh	23.52w		07-Jun-17	Lee Valley Sprints Evenin	Lee Valley
SM	200	Conteh	23.97		29-Apr-17	BUCS Champs	Bedford
U20M	200	Finn Hutton	23.65		06-May-17	BAL R1	Yeovil
U20M	200	Matthew Agnimmel	23.8		09-Apr-17	Havering AC Spring Open	Hornchurch
U20M	200	Agnimmel	24.11		15-Apr-17	SAL R1	Stevenage
U20M	200	Fraser Boston	23.8		09-Apr-17	Havering AC Spring Open	Hornchurch
U20M	200	Boston	23.83		15-Apr-17	SAL R1	Stevenage
SM	200	Ayo Akingbehin	24.1		21-May-17	SAL R2	Hornchurch
SM	200	Akingbehin	24.22		14-May-17	Essex Champs	Chelmsford
U20M	200	Kieran Riddell	24.7		25-Jun-17	YDL-UAG-R3	Chelmsford
U20M	200	Riddell	25.42i		28-Jan-17	London Indoor Games	Lee Valley
U20M	200	Michael Duncan	24.8		17-Sep-17	Club Championships	Hornchurch
U20M	200	Richard Peel	25.1		09-Apr-17	Havering AC Spring Open	Hornchurch
U20M	200	Josh Ajibawo	25.1		19-Aug-17	SAL R5	Battersea
U20M	400	Tom Pitkin	48.59	AT U20M 2nd	14-May-17	Essex Champs	Chelmsford
U20M	400	Lewis Bailey	50.92		15-Jul-17	BAL R3	Bedford
U20M	400	Matthew Agnimmel	51.5		23-Jul-17	YDL-UAG-R4	Tonbridge
U20M	400	Agnimmel	53.03		28-May-17	YDL-UAG-R2	Stevenage
U20M	400	Fraser Boston	52.3		19-Aug-17	SAL R5	Battersea
U20M	400	Boston	52.66		15-Apr-17	SAL R1	Stevenage
U20M	400	Matthew Owers	52.60		28-May-17	YDL-UAG-R2	Stevenage
SM	400	Karl Tucker	52.69		27-May-17	London University Series	Battersea
U20M	400	Alex McCree	53.2		08-Jul-17	SAL R4	Thurrock
SM	400	Adam McCarthy	53.43i		1-Jan-17	New Year Open	Lee Valley
SM	400	McCarthy	54.51		28-Jun-17	Lee Valley Sprints Evenin	Lee Valley
SM	400	Sydney Conteh	53.5		21-May-17	SAL R2	Hornchurch
U20M	400	Michael Duncan	54.30		06-May-17	BAL R1	Yeovil
U20M	400	Lewis Debenham	54.60		13-Jun-17	Woodford Open	Woodford
U20M	400	Kieran O'Hara T20	55.49		24-Jun-17	MENCAP Champs	Watford
U20M	400	Kieran Riddell	58.3		17-Sep-17	Club Championships	Hornchurch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20M	800	Finn Hutton	1:55.80		03-Jun-17	BAL R2	Chelmsford
SM35	800	Paul Grange	1:56.29		03-Jun-17	BAL R2	Chelmsford
U20M	800	Ben Davis	1:56.59		11-Jun-17	SEAA Champs	Crystal Palace
SM	800	Adam McCarthy	2:04.24		15-Jul-17	BAL R3	Bedford
U20M	800	Kieran O'Hara T20	2:04.94		12-Jul-17	Watford Open	Watford
U20M	800	Lewis Debenham	2:06.2		17-Sep-17	Club Championships	Hornchurch
U20M	800	L. Debenham	2:06.25		04-Jul-17	Woodford Open	Woodford
SM	800	Paul Kavanagh	2:07.87		15-Apr-17	SAL R1	Stevenage
U20M	800	James Stewart	2:08.21		04-Jul-17	Woodford Open	Woodford
U20M	800	Luke Soulsby	2:08.8		17-Jun-17	SAL R3	Erith
SM50	800	Matt Bland	2:15.4	AT M50 1st	22-Jul-17	Eastern Masters	Southend
U20M	800	Michael Duncan	2:16.5		21-May-17	SAL R2	Hornchurch
SM35	1500	Paul Grange	3:57.57		15-Jul-17	BAL R3	Bedford
U20M	1500	Ben Davis	3:58.62		24-Jun-17	BMC Grand Prix	Watford
U20M	1500	James Stewart	4:23.9		17-Sep-17	Club Championships	Hornchurch
U20M	1500	Stewart	4:26.56		14-May-17	Essex Champs	Chelmsford
SM50	1500	Matt Bland	4:27.63	AT M50 2nd	29-Jul-17	European Masters	Aarhus, DEN
U20M	1500	Kieran O'Hara T20	4:29.3		08-Jul-17	SAL R4	Thurrock
U20M	1500	O'Hara T20	4:30.97		29-Jun-17	Watford Open	Woodford
U20M	1500	Luke Soulsby	4:34.3		23-Jul-17	YDL-UAG-R4	Tonbridge
U20M	1500	Soulsby	4:39.92		28-May-17	YDL-UAG-R2	Stevenage
SM35	1500	Ian Anthony	4:49.90		15-Apr-17	SAL R1	Stevenage
U20M	1500	Aidan Elmore	5:03.70		28-May-17	YDL-UAG-R2	Stevenage
U20M	Mile	Kieran O'Hara T20	4:54.18		05-Sep-17	Woodford Open	Woodford
U20M	3000	Ben Davis	8:48.83		06-Sep-17	Watford Open	Watford
SM35	3000	Rob Warner	8:49.30		15-Jul-17	BAL R3	Bedford
SM35	3000	Alfred Waithaka	9:17.1		21-May-17	SAL R2	Hornchurch
SM35	3000	Waithaka	9:21.58		15-Jul-17	BAL R3	Bedford
SM	3000	Jamie Buckley-Stanton	9:21.48		06-May-17	BAL R1	Yeovil
U20M	3000	James Stewart	9:42.5		23-Jul-17	YDL-UAG-R4	Tonbridge
U20M	3000	Stewart	9:54.20		28-May-17	YDL-UAG-R2	Stevenage
SM40	3000	Martin Chester	10:31.7		21-May-17	SAL R2	Hornchurch
SM35	3000	Rob Dickenson	11:00.8		08-Jul-17	SAL R4	Thurrock
U20M	3000	Aidan Elmore	11:14.0		25-Jun-17	YDL-UAG-R3	Chelmsford
SM35	5000	Rob Warner	15:27.75		14-May-17	Essex Champs	Chelmsford
SM35	5000	Alfred Waithaka	16:26.74		03-Jun-17	BAL R2	Chelmsford
SM	5000	Jamie Buckley-Stanton	16:53.71		03-Jun-17	BAL R2	Chelmsford
SM35	5000	Ian Anthony	17:11.8		17-Jun-17	SAL R3	Erith
SM35	5000	Anthony	17:12.60		15-Apr-17	SAL R1	Stevenage
SM50	5000	Matt Bland	17:32.1	AT M50 2nd	17-Jun-17	SAL R3	Erith
SM	5000	Euan Harlow	18:50.6		19-Aug-17	SAL R5	Battersea
SM40	5000	Graham Hogan	19:54.2		19-Aug-17	SAL R5	Battersea
U20M	60HU20M	Kieran Riddell	10.26i		14-Jan-17	SEAA Indoor Champs	Lee Valley
SM	110H	George Hadler	15.86		15-Jul-17	BAL R3	Bedford
SM	110H	Karl Tucker	16.40		03-Jun-17	BAL R2	Chelmsford
SM40	110H	Jason Lendon	26.33		06-May-17	BAL R1	Yeovil
U20M	110H	Kieran Riddell	26.6		21-May-17	SAL R2	Hornchurch
U20M	110HU20M	Kieran Riddell	18.4		30-Apr-17	YDL-UAG-R1	Luton
U20M	400H	Tom Pitkin	55.13	AT U20M 5th	22-Apr-17	Loughborough Trials & C	Loughborough
SM	400H	Karl Tucker	58.4		15-Jul-17	BAL R3	Bedford
SM	400H	Tucker	62.52		03-Jun-17	BAL R2	Chelmsford
SM	400H	Adam McCarthy	58.95		15-Jul-17	BAL R3	Bedford
U20M	400H	Kieran Riddell	64.98		15-Apr-17	SAL R1	Stevenage
SM35	400H	Rob Warner	71.88		06-May-17	BAL R1	Yeovil
U20M	2KSC	Ben Davis	6:06.36	AT U20M 5th	08-Jul-17	English Schools Champs	Birmingham
SM35	2KSC	Rob Warner	6:16.13		14-May-17	Essex Champs	Chelmsford
SM35	3KSC	Rob Warner	9:37.14		29-Jul-17	CAU/EA Champs	Bedford
SM40	3KSC	Jason Lendon	10:26.40		31-Jul-17	European Masters	Aarhus, DEN

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20M	HJ	Shandell Taylor	1.90	AT U20M =9th	21-May-17	SAL R2	Hornchurch
SM	HJ	Karl Tucker	1.73		08-Jul-17	SAL R4	Thurrock
U20M	HJ	Matthew Owers	1.50		28-May-17	YDL-UAG-R2	Stevenage
SM40	HJ	Arron Bonning	1.43		08-Jul-17	SAL R4	Thurrock
SM40	PV	Arron Bonning	3.15		21-May-17	SAL R2	Hornchurch
SM65	PV	Stuart Tufton	3.00		20-Aug-17	BAL R4	Rugby
U20M	PV	Kieran Riddell	1.60		15-Apr-17	SAL R1	Stevenage
SM35	PV	Sam Harrison	1.20		06-May-17	BAL R1	Yeovil
SM	LJ	Josh Olawore	7.29i		19-Feb-17	BUCS Champs	Sheffield
SM	LJ	Olawore	7.14		01-May-17	BUCS Champs	Bedford
SM	LJ	Joseph Ramie	7.18	AT SM 5th	03-Jun-17	BAL R2	Chelmsford
SM	LJ	Jimi Tele	7.12i		21-Jan-17	Liberty Kick Off	Lynchburgh VA
U20M	LJ	Shandell Taylor	6.90	AT U20M 6th	03-Jun-17	BAL R2	Chelmsford
SM	LJ	Alex Law	6.55		09-Apr-17	Havering AC Spring Open	Hornchurch
SM	LJ	Ayo Akingbehin	6.08		21-May-17	SAL R2	Hornchurch
U20M	LJ	Alex McCree	5.28		08-Jul-17	SAL R4	Thurrock
U20M	LJ	Kieran O'Hara T20	4.31		24-Jun-17	MENCAP Champs	Watford
SM	TJ	Jimi Tele	15.33i	AT SM 3rd	21-Jan-17		Staten Island NY
SM	TJ	Joseph Ramie	13.86		20-Aug-17	BAL R4	Rugby
U20M	TJ	Shandell Taylor	13.46	AT SM =17th	25-Jun-17	YDL-UAG-R3	Chelmsford
U20M	TJ	Matthew Agnimel	12.51		21-May-17	SAL R2	Hornchurch
SM40	TJ	Arron Bonning	11.94		19-Aug-17	SAL R5	Battersea
U20M	TJ	Fraser Boston	11.86		15-Apr-17	SAL R1	Stevenage
SM	TJ	Nathan Steele	11.24		17-Jun-17	SAL R3	Erith
SM	TJ	Karl Tucker	10.85		17-Jun-17	SAL R3	Erith
U20M	TJ	James Stewart	9.06		17-Sep-17	Club Championships	Hornchurch
SM	SP7.26K	Laurence Goodacre	14.20		20-Aug-17	BAL R4	Rugby
SM	SP7.26K	Emmanuel Quarshie	13.36		06-May-17	BAL R1	Yeovil
SM	SP7.26K	Duane Jibunoh	11.91		08-Jul-17	SAL R4	Thurrock
SM	SP7.26K	Alex Law	10.87		21-May-17	SAL R2	Hornchurch
SM	SP7.26K	Richard Rowe	8.79		08-Jul-17	SAL R4	Thurrock
U20M	SP7.26K	Michael Duncan	8.08		15-Apr-17	SAL R1	Stevenage
U20M	SP7.26K	Edward Brinton-Quinn	6.90		15-Apr-17	SAL R1	Stevenage
U20M	SP6K	Michael Duncan	8.76		23-Jul-17	YDL-UAG-R4	Tonbridge
U20M	SP6K	Edward Brinton-Quinn	7.97		09-Apr-17	Havering AC Spring Open	Hornchurch
SM	DT2K	Duane Jibunoh	47.14		08-Jul-17	SAL R4	Thurrock
U20M	DT2K	Michael Duncan	33.56	AT U20M 5th	15-Apr-17	SAL R1	Stevenage
SM	DT2K	Emmanuel Quarshie	32.18		17-Jun-17	SAL R3	Erith
SM40	DT2K	Arron Bonning	25.48		08-Jul-17	SAL R4	Thurrock
U20M	DT2K	Edward Brinton-Quinn	25.16		09-Apr-17	Havering AC Spring Open	Hornchurch
U20M	DT1.75K	Michael Duncan	36.55		09-Apr-17	Havering AC Spring Open	Hornchurch
U20M	DT1.75K	Edward Brinton-Quinn	26.97		17-Sep-17	Club Championships	Hornchurch
SM65	HT7.26K	Keith Robinson	30.28	AT M65 1st	08-Jul-17	SAL R4	Thurrock
SM	HT7.26K	Duane Jibunoh	22.58		08-Jul-17	SAL R4	Thurrock
SM	HT7.26K	Emmanuel Quarshie	21.09		06-May-17	BAL R1	Yeovil
U20M	HT7.26K	Edward Brinton-Quinn	20.00		21-May-17	SAL R2	Hornchurch
SM40	HT7.26K	Arron Bonning	19.36		19-Aug-17	SAL R5	Battersea
U20M	HT7.26K	Michael Duncan	18.66		17-Jun-17	SAL R3	Erith
U20M	HT6K	Michael Duncan	24.11		25-Jun-17	YDL-UAG-R3	Chelmsford
U20M	HT6K	Edward Brinton-Quinn	21.37		25-Jun-17	YDL-UAG-R3	Chelmsford
SM	JT800	Duane Jibunoh	47.20		08-Jul-17	SAL R4	Thurrock
SM	JT800	Sam Harrison	44.67		06-May-17	BAL R1	Yeovil
SM	JT800	Alex Law	43.91		21-May-17	SAL R2	Hornchurch
SM	JT800	Patrick Lear	42.98		17-Sep-17	Club Championships	Hornchurch
U20M	JT800	Michael Duncan	40.12		09-Apr-17	Havering AC Spring Open	Hornchurch
SM40	JT800	Arron Bonning	36.25		08-Jul-17	SAL R4	Thurrock
U20M	JT800	Shandell Taylor	35.57		17-Jun-17	SAL R3	Erith
U20M	JT800	Kieran Riddell	31.63		30-Apr-17	YDL-UAG-R1	Luton
SM55	JT700	Paul Berrett	27.55		17-Sep-17	Club Championships	Hornchurch