

Junior / Under 20 Men (as at 30th September 2018)

100 Metres

1		Eugene Ayanful	10.73	U17	6 th August 2006
2		Matthew Russell	10.76		31 st August 1998
3		Ross Bacchus	10.8		9 th May 1998
4		Joshua Olawore	10.84		9 th August 2014
5	=	Mo Marenah	10.9		27 th May 1989
5	=	Luke Stott	10.9		22 nd April 2006
			(11.02)		29 th April 2006)
7		Kevin Farrell	10.96		13 th May 1995
8		Lewis Bailey	11.04		14 th May 2016
9		Richard Morrissey	11.06		1 st August 2009
10	=	Eric Robinson	11.1y		28 th May 1958
10	=	Edward Hawkins	11.1y		27 th June 1959
10	=	Hudson McClean	11.1		31 st May 1975
10	=	Alan Leeder	11.1		20 th May 1978
10	=	Brendan Lawlor	11.1		26 th April 1986
10	=	David Burke	11.1		30 th August 1986
10	=	Charlie Moss	11.1	U17	27 th July 2008
10	=	Joseph Ramie	11.1		4 th April 2009
10	=	John Adekoya	11.1		14 th September 2014
10	=	Ayo Akingbehin	11.1		24 th July 2016

Wind Assisted Marks

		Matthew Russell	10.6		9 th May 1998
			(10.63)		4 th July 1998)
		Richard Morrissey	10.87		29 th August 2010
		Lewis Bailey	10.90		6 th June 2015
		Charlie Moss	11.0	U17	28 th June 2008
		Stuart Wells	11.1		9 th May 1998

200 Metres

1		Kevin Farrell	21.63		12 th July 1996
2		Brendan Lawlor	21.7		3 rd August 1986
3		Joshua Olawore	21.76		9 th August 2014
4		Eugene Ayanful	21.91	U17	28 th July 2006
5		Mo Marenah	22.0		5 th August 1989
6		Richard Morrissey	22.04		20 th June 2010
7	=	Matthew Russell	22.20	U17	12 th July 1996
7	=	David Burke	22.2		30 th August 1986
7	=	Charlie Moss	22.2	U17	27 th July 2008
10		Luke Stott	22.22		4 th Sept 2005

Wind Assisted Marks

		Kevin Farrell	21.51		13 th July 1996
		Matthew Russell	21.89	U17	13 th July 1996
		Richard Morrissey	21.94		29 th August 2010
		Luke Stott	22.09		28 th Aug 2005
		Lewis Bailey	22.15		2 nd July 2016

400 Metres

1		Richard Morrissey	48.01		31 st July 2010
2		Thomas Pitkin	48.59		14th May 2017
3		Kevin Lidlow	48.72		30 th August 1980
4		Ian Chambers	49.09		17 th June 1989
5		Mark Bishop	49.1		16 th August 1986
6		Graham Healy	49.4		15 th August 1987
7		Andrew Lewis	49.40		4 th July 2009
8		Philip Sadler	49.49		27 th May 1995
9		Peter Winch	49.6y		28 th July 1968
10		Sid Purkis	49.7y		29 th June 1957

800 Metres

1		Gary Robbins	1:52.2		19 th July 1987
2		Keith Evans	1:53.8		15 th July 1978
3		Michael Boxall	1:54.2		31 st August 1968
4		Glen Coppin	1:54.25		7 th July 2000
5		Thomas Keevil	1:54.33		15th August 2018
6		Russell Bailey	1:54.6	U17	15 th July 1978
7		Russell Middleton	1:54.8		19 th September 1987
8	=	Douglas Speer	1:55.0y		5 th September 1962
8	=	Ian Berrett	1:55.0		August 1978
8	=	Mark Blackburn	1:55.0		30 th June 1979

1500 Metres

1		Richard Bolam	3:51.8		15 th June 1974
2		Gary Robbins	3:52.1		19 th September 1986
3		Adrian Murphy	3:54.4		7 th August 1975
4		Ross Clarke	3:56.45		21 st July 2007
5		Glen Coppin	3:57.9		24 th June 2000
6		Ben Davis	3:58.62		24th June 2017
7		Elliott Cordery	3:58.83		25th July 2018
8		Pat Gahagan	3:58.?		August 1980
9		Thomas Keevil	3:59.09		2nd June 2018
10		Colin Tilley	3:59.2		24 th August 1969

110 Metres Hurdles – 3ft 6ins

1		Peter Akwaboah	15.3		5 th August 1989
2		George Hadler	15.55		5 th July 2014
3		Brett Heath	15.68		21 st August 1994
4		Bill Peaty	15.8y		29 th June 1957
5		Kevin Lidlow	15.9 ?w		5 th May 1980
6		Mark Bishop	16.2		28 th September 1986
7	=	Paul Dunston	16.3		1 st May 1982
7	=	Michael Sampson	16.3		22 nd August 1993
9		Anthony Williams	16.4		17 th May 2008
10		Kevin Benton	16.8		25 th July 1998

110 Metres Hurdles - 3ft 3ins

1		Robbie Clarricoats	14.19		16 th June 2013
2		Isaac Ogunlade	14.53		29 th August 2010
3		Joshua Olawore	14.7		1 st July 2012
			(15.35		22 nd September 2013)
4		Leo Barker	14.71		3 rd August 1997
5		George Hadler	14.89		28 th May 2014
6		Jack Edgar-Hill	14.90		8 th July 2012
7		Anthony Williams	15.18		15 th June 2008
8		Kevin Lidlow	15.2		17 th May 1980
9		Richard Demko	15.4		11 th June 2006
10		Paul Dunston	15.6		15 th May 1982

Wind Assisted Marks

		Isaac Ogunlade	14.37		25 th July 2010
		George Hadler	14.50		25 th May 2013
		Joshua Olawore	14.5		24 th June 2012
		Jack Edgar-Hill	14.6		24 th June 2012
			(14.65		20 th June 2010)

400 Metres Hurdles – 3 ft

1		Kevin Lidlow	52.81		24 th May 1981
2		Isaac Ogunlade	54.71		3 rd July 2010
3		George Hadler	55.11		26 th May 2013
4		Leroy Groves	55.12		15 th June 1988
5		Thomas Pitkin	55.13		22nd April 2017
6		Darren Matthews	56.0		18 th May 1985
7		Robbie Clarricoats	56.58		26 th May 2013
8		David Troup	56.6		12 th August 1972
9	=	Paul Dunston	56.90		26 th June 1982
9	=	Adam McCarthy	56.9		26 th April 2009

2,000 Metres Steeplechase

1	Paul Bettridge	5:58.8		22 nd August 1976
2	Richard Fisher	6:02.8		6 th August 1965
3	William Bullock	6:03.8		10 th July 1981
4	Gavin Maley	6:05.2		11 th May 1996
5	Ben Davis	6:06.36		8th July 2017
6	Keith Berrett	6:08.2		?
7	Paul Berrett	6:08.9		18 th April 1979
8	Daniel Belbeck	6:15.57		7 th July 1991
9	Jason Lendon	6:18.8		26 th May 1993
10	Robert Day	6:20.8		1965

3,000 Metres Steeplechase

1	Paul Bettridge	9:26.8		24 th July 1976
2	Richard Fisher	9:36.0		4 th May 1966
3	William Bullock	9:36.4		30 th May 1981
4	Jason Lendon	9:40.0		2 nd July 1994
5	Ben Davis	9:44.38		4th August 2018
6	Stephen Harrison	9:45.4		11 th August 1965
7	= Roy Young	9:47.0		11 th August 1965
7	= Robert Day	9:47.0		15 th May 1965
9	Wesley Hawes	9:55.5		19 th July 1998
10	Stuart Campbell	10:03.5		17 th Sept 1988

High Jump

1	= Steve Thornett	1.95m		16th July 1983
1	= Steven Prady	1.95m	U17	18 th August 2001
3	= Alan Murrell	1.93m		7 th August 1965
3	= Steve Nadin	1.93m		7 th July 1986
3	= Dean Tompkins	1.93m	U17	5 th May 1990
3	= Brett Heath	1.93m		23 rd January 1994
3	= Richard Brown	1.93m		5 th July 1999
8	Tony Freeman	1.91m		7 th July 1990
9	= Michael Dunn	1.90m		24 th May 1986
9	= David Stringer	1.90m	U17	21 st July 1990
9	= Scott Keating	1.90m	U17	8 th August 2002
9	= Shandell Taylor	1.90m	U17	4 th September 2016

Long Jump

1	Shandell Taylor	7.78m		13th July 2018
2	Stuart Wells	7.56m		11 th July 1997
3	Joshua Olawore	7.20m	U17	18 th August 2011
4	Peter Akwaboah	7.08m		21 st May 1988
5	Hudson McClean	7.00m		8 th September 1974
6	Alex Law	6.92m		16 th May 2015
7	Joseph Ramie	6.89m		16 th May 2009
8	Lorne Gutteridge	6.81m		28 th May 1984
9	Richard Holland	6.78m		12 th August 2012
10	Leo Barker	6.76m		2 nd August 1997

Wind Assisted Marks

	Joshua Olawore	7.28m		9 th August 2014
	Peter Akwaboah	7.18m		28 th May 1988
	Hudson McClean	7.13m		7 th September 1974
	John Davies	6.96m	U17	15 th August 1999
	Alan Hardy	6.95m		15 th May 1976
	Joseph Ramie	6.95m		28 th June 2008

Triple Jump

1	Peter Akwaboah	15.60m		7 th August 1988
2	Jimi Tele	15.01m		7 th July 2012
3	Eric Robinson	14.39m		31 st May 1958
4	Fred Alsop	14.15m		27 th July 1957
5	Lorne Gutteridge	14.10m		9 th June 1984
6	Ray Harwood	14.08m		30 th May 1964
7	Joshua Olawore	14.02m indoor	U17	26 th Feb 2011
		(13.94m)	U17	11 th June 2011)
8	Joseph Ramie	13.98m		24 th May 2009

9	John Davies	13.88m	U17	12 th June 1999
10	Kieron Keevil	13.86m		12 th June 1993
Wind Assisted Marks				
	Jimi Tele	15.33m		12 th May 2013
Pole Vault				
1	Ed Thompson	4.40m		19 th April 2014
2	= Brett Heath	4.20m		17 th April 1994
2	= Kevin Tufon	4.20m		22 nd August 1999
4	John Woodberry	3.75m		14 th April 1976
5	= Dean Tompkins	3.70m	U17	24 th June 1990
5	= Richard Gray	3.70m	U17	20 th July 1993
7	= Arron Bonning	3.60m		5 th May 1993
7	= Jay Ryan	3.60m		27 th July 2008
9	Peter Dukelow	3.58m		23 rd July 1966
10	Mark Bishop	3.40m		29 th September 1986
Shot Putt 6.00 kg (in use from 1 January 2002)				
1	Scott Hayes	16.77m *		1 st September 1991
2	Emmanuel Quarshie	15.05m		9 th July 2011
3	Duane Jibunoh	14.46m		27 th April 2014
4	Laurence Goodacre	14.35m		2 nd July 2011
5	Joshua Olawore	14.34m		30 th June 2013
6	Terry Kent	13.63m *		21 st May 1983
7	Brett Heath	13.43m *		23 rd January 1994
8	Alex Law	12.54m		13 th September 2015
9	Danny Wilson	12.37m		15 th September 2012
10	Jay Ryan	12.36m		29 th June 2008
* 6.25 kg (in use until 31 December 2001)				
Shot Putt 7.26kg				
1	Scott Hayes	15.35m		7 th July 1991
2	Emmanuel Quarshie	13.34m		17 th July 2011
3	Duane Jibunoh	12.57m		19 th April 2014
4	Brett Heath	11.65m		29 th April 1994
5	Andy Woolgar	11.59m		1 st May 1982
6	Jay Ryan	11.42m		3 rd May 2008
7	Dean Tompkins	11.26m	U17	1 st April 1990
8	Mark Bishop	10.59m		7 th September 1986
9	Alex Law	10.52m		8 th August 2015
10	Kevin Deacon	10.22m		3 rd May 2003
Discus 1.75kg				
1	Scott Hayes	51.46m		1 st April 1991
2	Duane Jibunoh	50.52m		15 th June 2014
3	Leo Barker	40.90m		3 rd August 1997
4	Laurence Goodacre	39.85m		11 st May 2011
5	Bradley Reece	38.65m		10 th May 2009
6	Danny Wilson	38.03m		16 th September 2012
7	Darron Keevil	37.54m		15 th May 1993
8	Michael Duncan	36.96m		26 th March 2016
9	Andrew Tierney	34.25m		27 th July 2003
10	Jay Ryan	34.29m		27 th July 2008
Discus 2.0kg				
1	Scott Hayes	47.42m		22 nd June 1991
2	Duane Jibunoh	46.51m		19 th April 2014
3	Brett Heath	36.80m		1 st May 1994
4	Bradley Reece	35.91m		16 th May 2009
5	Andy Woolgar	35.14m		1 st May 1982
6	Michael Duncan	33.56m		15th April 2017
7	Emmanuel Quarshie	33.26m		4 th June 2011
8	Danny Wilson	33.06m		20 th April 2013
9	Andrew Tierney	30.83m		8 th June 2002
10	Luke Overton	30.00m		14 th July 2012

Hammer 6.00 kg (in use from 1 January 2002)

1	Kevin Deacon	52.89m	17 th September 2003
2	Bradley Reece	50.75m	23 rd May 2010
3	Joe Forde	49.91m	18 th June 2006
4	Daniel Gamester	45.28m *	14 th June 1997
5	Lewis Williams	41.99m	29 th May 2011
6	Terry O'Leary	32.32m	29 th Aug 2004
7	Andrew Tierney	29.85m	27 th July 2003
8	Christian Newton	28.23m	24 th April 2005
9	Jay Ryan	27.33m	27 th July 2008
10	Dean Tompkins	24.46m *	4 th May 1992

* 6.25 kg (in use until 31 December 2001)

Hammer 7.26kg

1	Kevin Deacon	47.64m	18 th April 2003
2	Joe Forde	43.14m	5 th August 2006
3	Bradley Reece	45.58m	5 th June 2010
4	Daniel Gamester	39.84m	3 rd May 1997
5	Andrew Tierney	25.13m	4 th August 2001
6	Christian Newton	24.63m	9 th July 2005
7	Duane Jibunoh	23.12m	7 th June 2014
8	Emmanuel Quarshie	22.18m	31 st July 2010
9	Georgie Bean	20.67m	21 st Aug 2010

Javelin 800g New Model Only

1	Bonne Buwembo	70.80m		13 th September 2008
2	Max Law	64.38m	U17	16th September 2018
3	Bradley Burr	60.19m		17 th April 2010
4	Georgie Bean	54.22m	U17	15 th June 2008
5	Mark Bishop	53.80m		8 th June 1986
6	Patrick Lear	51.20m		12 th August 2012
7	Duane Jibunoh	50.15m		19 th April 2014
8	Leo Barker	49.32m		3 rd August 1997
9	Cafer Gunay	48.15m	U17	16 th July 2006
10	Sam Harrison	47.71m		27 th May 2000

Decathlon**(100m, Long Jump, Shot, High Jump, 400m, 110m hurdles, Discus, Pole Vault, Javelin, 1500m)**

1	Brett Heath	6579 E Points (11.83w, 6.41m, 11.65m, 1.88m, 52.04, 15.88, 36.80m, 4.20m, 39.78m, 4.28.37)		30 th April / 1 st May 1994
2	Mark Bishop	6070 H Points 11.5, 6.41m, 10.59m, 1.79m, 50.2, 16.7, 28.70m, 3.30m, 52.86m (Old Style) 4.50.0		6 th /7 th September 1986
3	Greg Archer	5437 H Points 12.0, 6.39m, 9.48m, 1.79m, 53.2, 18.1, 29.86m, 2.60m, 38.20m (Old Style) 5.03.9		29 th /30 th September 1984
4	Mark Bird	4663 Points		27 th /28 th September 1980
5	Kieron Keevil	4348 Points		27 th /28 th August 1993

Decathlon Junior Implements

1	Leo Barker	6384 E Points 11.37, 6.76m, 12.10m, 1.77m, 53.24, 14.71, 40.90m, 2.90m, 49.32m, 5:13.96	2 nd /3 rd August 1997
2	Joshua Olawore	6269 E Points 11.05, 7.18m, 12.81m, 1.76m, 50.62; 15.35, 29.15m, 2.60m, 41.99m, 5:07.75	21 st / 22 nd September 2013
3	Aaron Bonning	5334 H Points 12.2, 5.94m, 10.80m, 1.66m, 55.6; 16.9, 31.22m, 3.40m, 41.84m, 5:01.0	25 th /26 th June 1994
4	Danny Wilson	5197 E Points 11.93, 5.33m, 12.37m, 1.63m, 52.09; 18.63, 38.03m, 2.20m, 33.13m, 4:47.23	15 th /16 th September 2012
5	Darron Keevil	5065 H Points 12.7, 5.96m, 9.96m, 1.80m, 56.8, 16.8, 31.58m, 2.90m, 39.04m, 5:10.8	26 th /27 th June 1993
6	Bradley Burr	4978 H Points 12.3, 5.62m, 10.79m, 1.74m, 56.8, 16.7, 28.34m, 2.60m, 54.45m, 5:49.7	26 th /27 th June 2010

H = Hand Timing E = Electronic Timing

Other Junior / U20 Records

4 x 100 Metres Relay	43.95 Brendan Lawlor, Mark Bishop, David Burke, Greg Archer		15 th July 1986
4 x 200 Metres Relay	1:36.2 Team Unknown	U17	7 th August 1976
4 x 400 Metres Relay	3:24.0 Team Unknown		18 th May 1980
4 x 800 Metres Relay	8:15.1 Ian Berrett, Keith Evans, S Pattle, Andy Coleman	U17	26 th August 1976
4 x 1500 Metres Relay	17:46.6 Team Unknown	U17	10 th September 1986
3 x 800 Metres Relay	5:49.3 Team Unknown		1988
3 x 1500 Metres Relay	12:18.2 David Caton, Russell Middleton, Gary Robbins	U17	12 th September 1984
Medley Relay 200, 200, 400, 800	3:28.6 Graham Healy, David Burke, Russell Middleton, Gary Robbins		14 th July 1987

Other Junior / U20 Records (cont)

60 metres	Matthew Russell	7.2 Indoor		17 th December 1997
	Philip Sadler	7.2 Indoor		February 1996
150 metres	Matthew Russell	16.5	U17	23 rd March 1997
300 Metres	Philip Sadler	35.97 Indoor		29 th February 1996
600 Metres	Ian Berrett	1:27.1		6 th August 1977
1000 Metres	Paul Berrett	2:30.9		20 th August 1980
2000 Metres	Roy Young	5:32.2		17 th April 1964
3000 Metres	Adrian Murphy	8:24.2		3 rd September 1975
5000 Metres	Adrian Murphy	14:44.8		26 th July 1975
1 Mile	Richard Bolam	4:15.5		9 th July 1975
2 Miles	Roy Young	9:03.6		29 th June 1965
60 Metres Hurdles	Robbie Clarricoats	8.28 Indoor		10 th February 2013
200 Metres Hurdles	M Corbett	27.8y		11 th June 1961
300 Metres Hurdles	George Hadler	39.8		30 th March 2014
Pentathlon +	Brett Heath	3589 Points		23 rd January 1994
Heptathlon +	Brett Heath	4455 Points		2 nd January 1994

Note: + Junior Implements