

Junior / Under 20 Men (as at 31st March 2020)

100 Metres

| | | | | | |
|-----------|---|-------------------------|--------------|-----|---------------------------------|
| 1 | | Eugene Ayanful | 10.73 | U17 | 6 th August 2006 |
| 2 | | Matthew Russell | 10.76 | | 31 st August 1998 |
| 3 | | Ross Bacchus | 10.8 | | 9 th May 1998 |
| 4 | | Joshua Olawore | 10.84 | | 9 th August 2014 |
| 5 | = | Mo Marenah | 10.9 | | 27 th May 1989 |
| 5 | = | Luke Stott | 10.9 | | 22 nd April 2006 |
| | | | (11.02) | | 29 th April 2006) |
| 7 | | Kevin Farrell | 10.96 | | 13 th May 1995 |
| 8 | | Lewis Bailey | 11.04 | | 14 th May 2016 |
| 9 | | Richard Morrissey | 11.06 | | 1 st August 2009 |
| 10 | | Richard Akinyebo | 11.08 | | 2nd June 2019 |

Wind Assisted Marks

| | | | | | |
|--|--|-------------------------|--------------|-----|----------------------------------|
| | | Matthew Russell | 10.6 | | 9 th May 1998 |
| | | | (10.63) | | 4 th July 1998) |
| | | Richard Morrissey | 10.87 | | 29 th August 2010 |
| | | Lewis Bailey | 10.90 | | 6 th June 2015 |
| | | Richard Akinyebo | 10.96 | | 30th June 2019 |
| | | Charlie Moss | 11.0 | U17 | 28 th June 2008 |

200 Metres

| | | | | | |
|----|---|-------------------|-------|-----|------------------------------|
| 1 | | Kevin Farrell | 21.63 | | 12 th July 1996 |
| 2 | | Brendan Lawlor | 21.7 | | 3 rd August 1986 |
| 3 | | Joshua Olawore | 21.76 | | 9 th August 2014 |
| 4 | | Eugene Ayanful | 21.91 | U17 | 28 th July 2006 |
| 5 | | Mo Marenah | 22.0 | | 5 th August 1989 |
| 6 | | Richard Morrissey | 22.04 | | 20 th June 2010 |
| 7 | = | Matthew Russell | 22.20 | U17 | 12 th July 1996 |
| 7 | = | David Burke | 22.2 | | 30 th August 1986 |
| 7 | = | Charlie Moss | 22.2 | U17 | 27 th July 2008 |
| 10 | | Luke Stott | 22.22 | | 4 th Sept 2005 |

Wind Assisted Marks

| | | | | | |
|--|--|-------------------|-------|-----|------------------------------|
| | | Kevin Farrell | 21.51 | | 13 th July 1996 |
| | | Matthew Russell | 21.89 | U17 | 13 th July 1996 |
| | | Richard Morrissey | 21.94 | | 29 th August 2010 |
| | | Luke Stott | 22.09 | | 28 th Aug 2005 |
| | | Lewis Bailey | 22.15 | | 2 nd July 2016 |

400 Metres

| | | | | | |
|----|--|-------------------|-------|--|------------------------------|
| 1 | | Richard Morrissey | 48.01 | | 31 st July 2010 |
| 2 | | Thomas Pitkin | 48.59 | | 14 th May 2017 |
| 3 | | Kevin Lidlow | 48.72 | | 30 th August 1980 |
| 4 | | Ian Chambers | 49.09 | | 17 th June 1989 |
| 5 | | Mark Bishop | 49.1 | | 16 th August 1986 |
| 6 | | Graham Healy | 49.4 | | 15 th August 1987 |
| 7 | | Andrew Lewis | 49.40 | | 4 th July 2009 |
| 8 | | Philip Sadler | 49.49 | | 27 th May 1995 |
| 9 | | Peter Winch | 49.6y | | 28 th July 1968 |
| 10 | | Sid Purkis | 49.7y | | 29 th June 1957 |

800 Metres

| | | | | | |
|---|---|-------------------|---------|-----|---------------------------------|
| 1 | | Gary Robbins | 1:52.2 | | 19 th July 1987 |
| 2 | | Keith Evans | 1:53.8 | | 15 th July 1978 |
| 3 | | Michael Boxall | 1:54.2 | | 31 st August 1968 |
| 4 | | Glen Coppin | 1:54.25 | | 7 th July 2000 |
| 5 | | Thomas Keevil | 1:54.33 | | 15 th August 2018 |
| 6 | | Russell Bailey | 1:54.6 | U17 | 15 th July 1978 |
| 7 | | Russell Middleton | 1:54.8 | | 19 th September 1987 |
| 8 | = | Douglas Speer | 1:55.0y | | 5 th September 1962 |
| 8 | = | Ian Berrett | 1:55.0 | | August 1978 |
| 8 | = | Mark Blackburn | 1:55.0 | | 30 th June 1979 |

1500 Metres

| | | | | | |
|----|--|-----------------|---------|--|---------------------------------|
| 1 | | Richard Bolam | 3:51.8 | | 15 th June 1974 |
| 2 | | Gary Robbins | 3:52.1 | | 19 th September 1986 |
| 3 | | Adrian Murphy | 3:54.4 | | 7 th August 1975 |
| 4 | | Ross Clarke | 3:56.45 | | 21 st July 2007 |
| 5 | | Glen Coppin | 3:57.9 | | 24 th June 2000 |
| 6 | | Ben Davis | 3:58.62 | | 24 th June 2017 |
| 7 | | Elliott Cordery | 3:58.83 | | 25 th July 2018 |
| 8 | | Pat Gahagan | 3:58.? | | August 1980 |
| 9 | | Thomas Keevil | 3:59.09 | | 2 nd June 2018 |
| 10 | | Colin Tilley | 3:59.2 | | 24 th August 1969 |

110 Metres Hurdles – 3ft 6ins

| | | | | | |
|----|---|------------------|---------|--|---------------------------------|
| 1 | | Peter Akwaboah | 15.3 | | 5 th August 1989 |
| 2 | | George Hadler | 15.55 | | 5 th July 2014 |
| 3 | | Brett Heath | 15.68 | | 21 st August 1994 |
| 4 | | Bill Peaty | 15.8y | | 29 th June 1957 |
| 5 | | Kevin Lidlow | 15.9 ?w | | 5 th May 1980 |
| 6 | | Mark Bishop | 16.2 | | 28 th September 1986 |
| 7 | = | Paul Dunston | 16.3 | | 1 st May 1982 |
| 7 | = | Michael Sampson | 16.3 | | 22 nd August 1993 |
| 9 | | Anthony Williams | 16.4 | | 17 th May 2008 |
| 10 | | Kevin Benton | 16.8 | | 25 th July 1998 |

110 Metres Hurdles - 3ft 3ins

| | | | | | |
|----|--|--------------------|--------|--|----------------------------------|
| 1 | | Robbie Clarricoats | 14.19 | | 16 th June 2013 |
| 2 | | Isaac Ogunlade | 14.53 | | 29 th August 2010 |
| 3 | | Joshua Olawore | 14.7 | | 1 st July 2012 |
| | | | (15.35 | | 22 nd September 2013) |
| 4 | | Leo Barker | 14.71 | | 3 rd August 1997 |
| 5 | | George Hadler | 14.89 | | 28 th May 2014 |
| 6 | | Jack Edgar-Hill | 14.90 | | 8 th July 2012 |
| 7 | | Anthony Williams | 15.18 | | 15 th June 2008 |
| 8 | | Kevin Lidlow | 15.2 | | 17 th May 1980 |
| 9 | | Richard Demko | 15.4 | | 11 th June 2006 |
| 10 | | Paul Dunston | 15.6 | | 15 th May 1982 |

Wind Assisted Marks

| | | | | | |
|--|--|-----------------|--------|--|-----------------------------|
| | | Isaac Ogunlade | 14.37 | | 25 th July 2010 |
| | | George Hadler | 14.50 | | 25 th May 2013 |
| | | Joshua Olawore | 14.5 | | 24 th June 2012 |
| | | Jack Edgar-Hill | 14.6 | | 24 th June 2012 |
| | | | (14.65 | | 20 th June 2010) |

400 Metres Hurdles – 3 ft

| | | | | | |
|---|---|--------------------|-------|--|------------------------------|
| 1 | | Kevin Lidlow | 52.81 | | 24 th May 1981 |
| 2 | | Isaac Ogunlade | 54.71 | | 3 rd July 2010 |
| 3 | | George Hadler | 55.11 | | 26 th May 2013 |
| 4 | | Leroy Groves | 55.12 | | 15 th June 1988 |
| 5 | | Thomas Pitkin | 55.13 | | 22 nd April 2017 |
| 6 | | Darren Matthews | 56.0 | | 18 th May 1985 |
| 7 | | Robbie Clarricoats | 56.58 | | 26 th May 2013 |
| 8 | | David Troup | 56.6 | | 12 th August 1972 |
| 9 | = | Paul Dunston | 56.90 | | 26 th June 1982 |
| 9 | = | Adam McCarthy | 56.9 | | 26 th April 2009 |

2,000 Metres Steeplechase

| | | | | |
|----|-----------------|---------|--|------------------------------|
| 1 | Paul Bettridge | 5:58.8 | | 22 nd August 1976 |
| 2 | Richard Fisher | 6:02.8 | | 6 th August 1965 |
| 3 | William Bullock | 6:03.8 | | 10 th July 1981 |
| 4 | Gavin Maley | 6:05.2 | | 11 th May 1996 |
| 5 | Ben Davis | 6:06.36 | | 8 th July 2017 |
| 6 | Keith Berrett | 6:08.2 | | ? |
| 7 | Paul Berrett | 6:08.9 | | 18 th April 1979 |
| 8 | Daniel Belbeck | 6:15.57 | | 7 th July 1991 |
| 9 | Jason Lendon | 6:18.8 | | 26 th May 1993 |
| 10 | Robert Day | 6:20.8 | | 1965 |

3,000 Metres Steeplechase

| | | | | |
|----|------------------|---------|--|------------------------------|
| 1 | Paul Bettridge | 9:26.8 | | 24 th July 1976 |
| 2 | Richard Fisher | 9:36.0 | | 4 th May 1966 |
| 3 | William Bullock | 9:36.4 | | 30 th May 1981 |
| 4 | Jason Lendon | 9:40.0 | | 2 nd July 1994 |
| 5 | Ben Davis | 9:44.38 | | 4 th August 2018 |
| 6 | Stephen Harrison | 9:45.4 | | 11 th August 1965 |
| 7 | = Roy Young | 9:47.0 | | 11 th August 1965 |
| 7 | = Robert Day | 9:47.0 | | 15 th May 1965 |
| 9 | Wesley Hawes | 9:55.5 | | 19 th July 1998 |
| 10 | Stuart Campbell | 10:03.5 | | 17 th Sept 1988 |

High Jump

| | | | | |
|----|-------------------|-------|-----|--------------------------------|
| 1 | = Steve Thornett | 1.95m | | 16 th July 1983 |
| 1 | = Steven Prady | 1.95m | U17 | 18 th August 2001 |
| 3 | = Alan Murrell | 1.93m | | 7 th August 1965 |
| 3 | = Steve Nadin | 1.93m | | 7 th July 1986 |
| 3 | = Dean Tompkins | 1.93m | U17 | 5 th May 1990 |
| 3 | = Brett Heath | 1.93m | | 23 rd January 1994 |
| 3 | = Richard Brown | 1.93m | | 5 th July 1999 |
| 3 | = Shandell Taylor | 1.93m | | 4 th August 2018 |
| 9 | Tony Freeman | 1.91m | | 7 th July 1990 |
| 10 | = Michael Dunn | 1.90m | | 24 th May 1986 |
| 10 | = David Stringer | 1.90m | U17 | 21 st July 1990 |
| 10 | = Scott Keating | 1.90m | U17 | 8 th August 2002 |
| 10 | = Shandell Taylor | 1.90m | U17 | 4 th September 2016 |

Long Jump

| | | | | |
|----|------------------|-------|-----|--------------------------------|
| 1 | Shandell Taylor | 7.78m | | 13 th July 2018 |
| 2 | Stuart Wells | 7.56m | | 11 th July 1997 |
| 3 | Joshua Olawore | 7.20m | U17 | 18 th August 2011 |
| 4 | Peter Akwaboah | 7.08m | | 21 st May 1988 |
| 5 | Hudson McClean | 7.00m | | 8 th September 1974 |
| 6 | Alex Law | 6.92m | | 16 th May 2015 |
| 7 | Joseph Ramie | 6.89m | | 16 th May 2009 |
| 8 | Lorne Gutteridge | 6.81m | | 28 th May 1984 |
| 9 | Richard Holland | 6.78m | | 12 th August 2012 |
| 10 | Leo Barker | 6.76m | | 2 nd August 1997 |

Wind Assisted Marks

| | | | |
|----------------|-------|-----|--------------------------------|
| Joshua Olawore | 7.28m | | 9 th August 2014 |
| Peter Akwaboah | 7.18m | | 28 th May 1988 |
| Hudson McClean | 7.13m | | 7 th September 1974 |
| John Davies | 6.96m | U17 | 15 th August 1999 |
| Alan Hardy | 6.95m | | 15 th May 1976 |
| Joseph Ramie | 6.95m | | 28 th June 2008 |

Triple Jump

| | | | | |
|---|------------------|---------------|-----|-----------------------------|
| 1 | Peter Akwaboah | 15.60m | | 7 th August 1988 |
| 2 | Jimi Tele | 15.01m | | 7 th July 2012 |
| 3 | Eric Robinson | 14.39m | | 31 st May 1958 |
| 4 | Fred Alsop | 14.15m | | 27 th July 1957 |
| 5 | Lorne Gutteridge | 14.10m | | 9 th June 1984 |
| 6 | Ray Harwood | 14.08m | | 30 th May 1964 |
| 7 | Joshua Olawore | 14.02m indoor | U17 | 26 th Feb 2011 |
| | | (13.94m | U17 | 11 th June 2011) |

| | | | | |
|---|----------------------------|--------------|------------|----------------------------------|
| 8 | Joseph Ramie | 13.98m | | 24 th May 2009 |
| 9 | John Davies | 13.88m | U17 | 12 th June 1999 |
| 10 | Kieron Keevil | 13.86m | | 12 th June 1993 |
| Wind Assisted Marks | | | | |
| | Jimi Tele | 15.33m | | 12 th May 2013 |
| Pole Vault | | | | |
| 1 | Ed Thompson | 4.40m | | 19 th April 2014 |
| 2 | = Brett Heath | 4.20m | | 17 th April 1994 |
| 2 | = Kevin Tufton | 4.20m | | 22 nd August 1999 |
| 4 | John Woodberry | 3.75m | | 14 th April 1976 |
| 5 | = Dean Tompkins | 3.70m | U17 | 24 th June 1990 |
| 5 | = Richard Gray | 3.70m | U17 | 20 th July 1993 |
| 7 | = Arron Bonning | 3.60m | | 5 th May 1993 |
| 7 | = Jay Ryan | 3.60m | | 27 th July 2008 |
| 9 | Peter Dukelow | 3.58m | | 23 rd July 1966 |
| 10 | Peter Brinton-Quinn | 3.50m | U17 | 7th April 2019 |
| Shot Putt 6.00 kg (in use from 1 January 2002) | | | | |
| 1 | Scott Hayes | 16.77m * | | 1 st September 1991 |
| 2 | Emmanuel Quarshie | 15.05m | | 9 th July 2011 |
| 3 | Duane Jibunoh | 14.46m | | 27 th April 2014 |
| 4 | Laurence Goodacre | 14.35m | | 2 nd July 2011 |
| 5 | Joshua Olawore | 14.34m | | 30 th June 2013 |
| 6 | Terry Kent | 13.63m * | | 21 st May 1983 |
| 7 | Brett Heath | 13.43m * | | 23 rd January 1994 |
| 8 | Alex Law | 12.54m | | 13 th September 2015 |
| 9 | Danny Wilson | 12.37m | | 15 th September 2012 |
| 10 | Jay Ryan | 12.36m | | 29 th June 2008 |
| * 6.25 kg (in use until 31 December 2001) | | | | |
| Shot Putt 7.26kg | | | | |
| 1 | Scott Hayes | 15.35m | | 7 th July 1991 |
| 2 | Emmanuel Quarshie | 13.34m | | 17 th July 2011 |
| 3 | Duane Jibunoh | 12.57m | | 19 th April 2014 |
| 4 | Brett Heath | 11.65m | | 29 th April 1994 |
| 5 | Andy Woolgar | 11.59m | | 1 st May 1982 |
| 6 | Jay Ryan | 11.42m | | 3 rd May 2008 |
| 7 | Dean Tompkins | 11.26m | U17 | 1 st April 1990 |
| 8 | Mark Bishop | 10.59m | | 7 th September 1986 |
| 9 | Alex Law | 10.52m | | 8 th August 2015 |
| 10 | Kevin Deacon | 10.22m | | 3 rd May 2003 |
| Discus 1.75kg | | | | |
| 1 | Scott Hayes | 51.46m | | 1 st April 1991 |
| 2 | Duane Jibunoh | 50.52m | | 15 th June 2014 |
| 3 | Leo Barker | 40.90m | | 3 rd August 1997 |
| 4 | Laurence Goodacre | 39.85m | | 11 st May 2011 |
| 5 | Bradley Reece | 38.65m | | 10 th May 2009 |
| 6 | Danny Wilson | 38.03m | | 16 th September 2012 |
| 7 | Darron Keevil | 37.54m | | 15 th May 1993 |
| 8 | Michael Duncan | 36.96m | | 26 th March 2016 |
| 9 | Andrew Tierney | 34.25m | | 27 th July 2003 |
| 10 | Jay Ryan | 34.29m | | 27 th July 2008 |
| Discus 2.0kg | | | | |
| 1 | Scott Hayes | 47.42m | | 22 nd June 1991 |
| 2 | Duane Jibunoh | 46.51m | | 19 th April 2014 |
| 3 | Brett Heath | 36.80m | | 1 st May 1994 |
| 4 | Bradley Reece | 35.91m | | 16 th May 2009 |
| 5 | Andy Woolgar | 35.14m | | 1 st May 1982 |
| 6 | Michael Duncan | 33.56m | | 15 th April 2017 |
| 7 | Emmanuel Quarshie | 33.26m | | 4 th June 2011 |
| 8 | Danny Wilson | 33.06m | | 20 th April 2013 |
| 9 | Andrew Tierney | 30.83m | | 8 th June 2002 |
| 10 | Luke Overton | 30.00m | | 14 th July 2012 |

Hammer 6.00 kg (in use from 1 January 2002)

| | | | |
|----|------------------|----------|---------------------------------|
| 1 | Kevin Deacon | 52.89m | 17 th September 2003 |
| 2 | Bradley Reece | 50.75m | 23 rd May 2010 |
| 3 | Joe Forde | 49.91m | 18 th June 2006 |
| 4 | Daniel Gamester | 45.28m * | 14 th June 1997 |
| 5 | Lewis Williams | 41.99m | 29 th May 2011 |
| 6 | Terry O'Leary | 32.32m | 29 th Aug 2004 |
| 7 | Andrew Tierney | 29.85m | 27 th July 2003 |
| 8 | Christian Newton | 28.23m | 24 th April 2005 |
| 9 | Jay Ryan | 27.33m | 27 th July 2008 |
| 10 | Dean Tompkins | 24.46m * | 4 th May 1992 |

* 6.25 kg (in use until 31 December 2001)

Hammer 7.26kg

| | | | |
|---|-------------------|--------|-----------------------------|
| 1 | Kevin Deacon | 47.64m | 18 th April 2003 |
| 2 | Joe Forde | 43.14m | 5 th August 2006 |
| 3 | Bradley Reece | 45.58m | 5 th June 2010 |
| 4 | Daniel Gamester | 39.84m | 3 rd May 1997 |
| 5 | Andrew Tierney | 25.13m | 4 th August 2001 |
| 6 | Christian Newton | 24.63m | 9 th July 2005 |
| 7 | Duane Jibunoh | 23.12m | 7 th June 2014 |
| 8 | Emmanuel Quarshie | 22.18m | 31 st July 2010 |
| 9 | Georgie Bean | 20.67m | 21 st Aug 2010 |

Javelin 800g New Model Only

| | | | |
|----|----------------------------|---------------|--|
| 1 | Bonne Buwembo | 70.80m | 13 th September 2008 |
| 2 | Max Law | 68.57m | 2nd June 2019 |
| 3 | Bradley Burr | 60.19m | 17 th April 2010 |
| 4 | Georgie Bean | 54.22m | U17 15 th June 2008 |
| 5 | Mark Bishop | 53.80m | 8 th June 1986 |
| 6 | Oliver Woods | 51.26m | 13th July 2019 |
| 7 | Patrick Lear | 51.20m | 12 th August 2012 |
| 8 | Duane Jibunoh | 50.15m | 19 th April 2014 |
| 9 | Leo Barker | 49.32m | 3 rd August 1997 |
| 10 | Peter Brinton-Quinn | 48.84m | U17 30th June 2019 |

Decathlon**(100m, Long Jump, Shot, High Jump, 400m, 110m hurdles, Discus, Pole Vault, Javelin, 1500m)**

| | | | |
|---|---------------|---|---|
| 1 | Brett Heath | 6579 E Points (11.83w, 6.41m, 11.65m, 1.88m, 52.04, 15.88, 36.80m, 4.20m, 39.78m, 4.28.37) | 30 th April / 1 st May 1994 |
| 2 | Mark Bishop | 6070 H Points 11.5, 6.41m, 10.59m, 1.79m, 50.2, 16.7, 28.70m, 3.30m, 52.86m (Old Style) 4.50.0 | 6 th /7 th September 1986 |
| 3 | Greg Archer | 5437 H Points 12.0, 6.39m, 9.48m, 1.79m, 53.2, 18.1, 29.86m, 2.60m, 38.20m (Old Style) 5.03.9 | 29 th /30 th September 1984 |
| 4 | Mark Bird | 4663 Points | 27 th /28 th September 1980 |
| 5 | Kieron Keevil | 4348 Points | 27 th /28 th August 1993 |

Decathlon Junior Implements

| | | | |
|---|----------------|--|--|
| 1 | Leo Barker | 6384 E Points 11.37, 6.76m, 12.10m, 1.77m, 53.24, 14.71, 40.90m, 2.90m, 49.32m, 5:13.96 | 2 nd /3 rd August 1997 |
| 2 | Joshua Olawore | 6269 E Points 11.05, 7.18m, 12.81m, 1.76m, 50.62; 15.35, 29.15m, 2.60m, 41.99m, 5:07.75 | 21 st / 22 nd September 2013 |
| 3 | Aaron Bonning | 5334 H Points 12.2, 5.94m, 10.80m, 1.66m, 55.6; 16.9, 31.22m, 3.40m, 41.84m, 5:01.0 | 25 th /26 th June 1994 |
| 4 | Danny Wilson | 5197 E Points 11.93, 5.33m, 12.37m, 1.63m, 52.09; 18.63, 38.03m, 2.20m, 33.13m, 4:47.23 | 15 th /16 th September 2012 |
| 5 | Darron Keevil | 5065 H Points 12.7, 5.96m, 9.96m, 1.80m, 56.8, 16.8, 31.58m, 2.90m, 39.04m, 5:10.8 | 26 th /27 th June 1993 |
| 6 | Bradley Burr | 4978 H Points 12.3, 5.62m, 10.79m, 1.74m, 56.8, 16.7, 28.34m, 2.60m, 54.45m, 5:49.7 | 26 th /27 th June 2010 |

H = Hand Timing E = Electronic Timing

Other Junior / U20 Records

| | | | |
|------------------------------------|--|-----|---------------------------------|
| 4 x 100 Metres Relay | 43.95 Brendan Lawlor, Mark Bishop, David Burke, Greg Archer | | 15 th July 1986 |
| 4 x 200 Metres Relay | 1:36.2 Team Unknown | U17 | 7 th August 1976 |
| 4 x 400 Metres Relay | 3:24.0 Team Unknown | | 18 th May 1980 |
| 4 x 800 Metres Relay | 8:15.1 Ian Berrett, Keith Evans, S Pattle, Andy Coleman | U17 | 26 th August 1976 |
| 4 x 1500 Metres Relay | 17:46.6 Team Unknown | U17 | 10 th September 1986 |
| 3 x 800 Metres Relay | 5:49.3 Team Unknown | | 1988 |
| 3 x 1500 Metres Relay | 12:18.2 David Caton, Russell Middleton, Gary Robbins | U17 | 12 th September 1984 |
| Medley Relay 200, 200, 400, 800 | 3:28.6 Graham Healy, David Burke, Russell Middleton, Gary Robbins | | 14 th July 1987 |

Other Junior / U20 Records (cont)

| 60 metres | Denzel Achi | 7.18 Indoor | U17 | 22nd February 2020 |
|--------------------|--------------------|--------------------|------------|--------------------------------------|
| 150 metres | Matthew Russell | 16.5 | U17 | 23 rd March 1997 |
| 300 Metres | Philip Sadler | 35.97 Indoor | | 29 th February 1996 |
| 600 Metres | Ian Berrett | 1:27.1 | | 6 th August 1977 |
| 1000 Metres | Paul Berrett | 2:30.9 | | 20 th August 1980 |
| 2000 Metres | Roy Young | 5:32.2 | | 17 th April 1964 |
| 3000 Metres | Adrian Murphy | 8:24.2 | | 3 rd September 1975 |
| 5000 Metres | Adrian Murphy | 14:44.8 | | 26 th July 1975 |
| 1 Mile | Richard Bolam | 4:15.5 | | 9 th July 1975 |
| 2 Miles | Roy Young | 9:03.6 | | 29 th June 1965 |
| 60 Metres Hurdles | Robbie Clarricoats | 8.28 Indoor | | 10 th February 2013 |
| 200 Metres Hurdles | M Corbett | 27.8y | | 11 th June 1961 |
| 300 Metres Hurdles | George Hadler | 39.8 | | 30 th March 2014 |
| Pentathlon + | Brett Heath | 3589 Points | | 23 rd January 1994 |
| Heptathlon + | Brett Heath | 4455 Points | | 2 nd January 1994 |

Note: + Junior Implements