

Under 13 Girls / Minors (as at 31st December 2007)

Any additional performances at 75m, 150m, 600m and 1200m – which are now standard distances for U13s in the National Young Athletes League and/or County Championships – would be welcomed.

75 Metres

1		Natasha White	9.9	30 th June 2002
			(10.04)	1 st September 2002)
2		Danielle Ross	10.2	11 th July 1999
3		Helen McDonnell	10.4	1 st July 2001
4		Laura Baker	10.5	2 nd July 2000
5		Lilla Jacks	10.6	27 th June 2004
6	=	Lucy Sargent	10.7	1 st July 2001
6	=	Alex Edwards	10.7	5 th June 2005
8		Rebecca Clements	10.76	15 th May 2005
9		Hannah Gamester	10.79	14 th May 1995
10	=	Roxy Wicks	10.8	29 th June 2003
10	=	Lucy Newman	10.8	31 st July 2005
10	=	Sacha Martin	10.8	3rd June 2007

Wind Assisted Marks

Lucy Sargent	10.4	12 th May 2001
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100 Metres

1	=	Alison Bickell	12.9	16 th June 1985
1	=	Claire Edwards	12.9	1 st August 1987
3	=	Juliet Fairchild	13.3	11 th May 1986
3	=	Natasha White	13.3	18 th August 2002
5		K Lecomber	13.4	14 th May 1988
6		Alex Edwards	13.5	7 th August 2005
7		Laura Jones	13.6	9 th August 1998
8		Frankie Calder	13.66	14 th September 2003
9	=	Sarah Short	13.7	17 th May 1992
9	=	Danielle Ross	13.7	20 th June 1999
9	=	Lilla Jacks	13.7	7 th August 2004

150 Metres

1		Natasha White	19.6	30 th June 2002
2		Helen McDonnell	20.0	20 th May 2001
3	=	Lilla Jacks	20.8	27 th June 2004
3	=	Alex Edwards	20.8	13 th March 2005
5		Nicola Schofield	20.9	11 th July 1999
6	=	Emma Bonny	21.0	2 nd July 2000
6	=	Lucy Newman	21.0	31 st July 2005
8		Sarah Alexander	21.3	19 th March 1995
9		Rebecca Clements	21.5	13 th March 2005
10		Emma Washbourne	21.7	4th June 2006

200 Metres

1		Claire Edwards	27.0	5 th July 1987
2		Alison Bickell	27.1	26 th August 1985
3		Natasha White	27.3	18 th August 2002
4	=	Jillian Reynolds	27.5	24 th April 1983
4	=	Juliet Fairchild	27.5	17 th August 1986
6		Nicola Schofield	27.7	25 th July 1999
7		Frankie Calder	27.85	14 th September 2003
8	=	Debbie Showler	28.0	13 th June 1970
8	=	Carolyn Wells	28.0	17 th June 1975
10		Helen McDonnell	28.2	8 th July 2001

600 Metres

1		Eleanor Bounds	1.44.0	10th June 2006
2		Megan Foley	1.44.2	10 th June 2000
3		Sara Luck	1.44.4	9 th May 1999

2006 updates in blue

50

2007 updates in red

4	Ingrid Deane	1.44.9	14 th June 2003
5	Rebecca O'Neill	1.46.1	10th June 2006
6	Caroline Smith	1.46.2	12 th June 1999
7	Nikki Isaacs	1.46.8	12 th May 1996
8	Katie Richardson	1.48.5	9 th June 2001
9	Lauren Clark	1.48.8	9 th June 2001
10	Charlotte Watkins	1.49.2	10 th June 2000

800 Metres

1	Carolyn Wells	2.22.3	17th June 1976
2	Sara Luck	2.23.5	18 th July 1999
3	Megan Foley	2.23.7	2 nd September 2000
4	Eleanor Bounds	2.24.52	14th May 2006
5	Karen Rees	2.25.2	30 th August 1986
6	Caroline Smith	2.25.97	12 th September 1999
7	Karen Chalkley	2.26.0	22 nd September 1980
8	Ingrid Deane	2.26.4	14 ^h September 2003
9	Denise Kiernan	2.27.8	12 th May 1973
10	Louise Neville	2.27.9	20 th June 1993

1200 Metres

1	Megan Foley	3.49.1	2 nd July 2000
2	Sara Luck	3.53.1	11 th July 1999
3	Caroline Smith	3.58.9	11 th July 1999
4	Ingrid Deane	3.59.32	5 ^h May 2003
5	Eleanor Bounds	3.59.86	1st May 2006
6	Rebecca O'Neill	4.01.35	1st May 2006
7	Georgia Davies	4.03.2	18 th July 2004
8	Lauren Clark	4.03.4	1 st July 2001
9	Charlotte Watkins	4.06.9	2 nd July 2000
10	Katie Richardson	4.07.6	22 nd July 2001

1500 Metres

1	Megan Foley	4.55.4	15 th July 2000
2	Eleanor Bounds	4.59.2	1st July 2006
3	Sara Luck	5.00.7	3 rd May 1999
4	Karen Chalkley	5.01.2	27 th April 1980
5	Sheryl Fenn	5.01.9	1986
6	Ingrid Deane	5.08.7	22 nd June 2003
7	Faye Fullerton	5.10.8	22 nd June 1996
8	Dianne Lawless	5.12.0	7 th July 1978
9	Charlotte Watkins	5.12.1	1 st July 2000
10	Louise Neville	5.12.42	25 th April 1993

70 Metres Hurdles

1	Claire Sargent	11.5	25 th May 1998
2	Chloe Van Wulven	11.9	2 nd July 2000
3	Nicola Hill	12.07	30 th August 2003
4	Lucy Sargent	12.2	10 th May 2001
5	Lisa Schofield	12.3	29 th July 2001
6	= Leigh Cockerall	12.4	17 th August 1986
6	= Sara Luck	12.4	11 th July 1999
6	= Katie O'Sullivan	12.4	25 th July 1999
6	= Nicola Schofield	12.40	12 th September 1999
6	= Elizabeth James	12.4	27 th July 2003

Wind Assisted Marks

Nicola Hill	11.9	20 th July 2003
Elizabeth James	12.3	20 th July 2003

High Jump

1	Helen McDonnell	1.53m	9 th June 2001
2	Sacha Martin	1.44m	5th August 2007
3	Tabatha Shields	1.43m	15 th September 1985
4	Sara Luck	1.41m	21 st August 1999
5	Bethan Siddons	1.40m	21 st July 2002
6	Katie O'Sullivan	1.37m	31 st May 1999
7	= Catherine Fordham	1.35m	22 nd September 1991
7	= Corrina Keevil	1.35m	28 th April 1993
7	= Sacha Richards	1.35m	25 th June 1996
10	Lauren Deadman	1.33m	7 th July 1996

Long Jump

1	Emma Bonny	4.92m	25 th June 2000
2	Jillian Reynolds	4.79m	3 rd July 1983
3	Alison Bickell	4.74m	14 th April 1985
4	Juliet Fairchild	4.69m	17 th August 1986
5	W Arber	4.56m	31 st August 1992
6	Danielle Ross	4.50m	1 st August 1999
7	Hannah Gamester	4.45m	20 th August 1995
8	Caroline Smith	4.42m	24 th July 1999
9	Lisa Schofield	4.40m	1 st September 2001
10	Sarah Short	4.37m	19 th April 1992

Wind Assisted Marks

Jade Revell	4.44m	26 th May 2002
Lucy Sargent	4.41m	9 th September 2001

Shot Putt 2.72kg

1	Caroline Smith	9.69m	12 th September 1999
2	Louise Yard	8.66m	2 nd September 2001
3	Tolu Jegede	8.53m	22 nd August 1993
4	Kate Herring	8.08m	1 st September 1996
5	Deborah Knight	7.95m	23rd September 2007
6	Paula Raynor	7.90m	9 th August 1998
7	Jade Revell	7.88m	18 th August 2002
8	Katie O'Sullivan	7.85m	25 th July 1999
9	Kike Oniwinde	7.65m	11 th September 2005
10	Lynsey Clark	7.61m	30 th August 1999

Note

Kate Herring	8.49m (3.25kg)	7 th September 1996
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Discus 0.75kg

1	Lannahn Leary-Kiernan	28.52m	19th July 2006
2	Lynsey Clark	27.00m	30 th August 1999
3	Caroline Smith	26.92m	30 th August 1999
4	Sophie Baggs	26.43m	28th August 2006
5	Chelsea Harrison	25.47m	30 th August 1999
6	Deborah Knight	25.13m	29th July 2007
7	Louise Yard	23.77m	19 th August 2001
8	Nicola Hill	23.65m	22 nd June 2003
9	Lauren Clark	23.62m	17 th June 2001
10	Lisa Schofield	22.42m	29 th July 2001

Discus 1kg

Note	Deborah Knight	19.80m	7th July 2007
	Sophie Baggs	19.73m	12th June 2006

Javelin 400g			
1	Deborah Knight	26.31m	8th September 2007
2	Laura Drew	22.13m	8th September 2007
3	Caroline Smith	19.90m	30 th August 1999
4	Katrina Jacques	16.44m	15 th September 1991
5	Rebecca O'Neill	16.30m	30th July 2006
6	Madeline Ferry	11.16m	22 nd September 1991
7	Louise McArdle	10.94m	22 nd September 1991

Javelin 600g			
Note.	Laura Drew	18.93m	28th July 2007
	Lynsey Clark	11.27m	24 th April 1999

Other U13 Girls' Records

4 x 100 Metres Relay	54.4 Sarah Alexander, Terri Johnson, Michelle Moore, Hannah Gamester		13 th July 1995
4x200 Metres Relay	2.02.8 Team Unknown		25 th August 1991
3x800 Metres Relay	7.34.8 Sara Luck, Caroline Smith, Megan Foley		15 th September 1999
4x800 Metres Relay	11.29.5 Jennifer Winch, Catherine Harris, Adele Hobden, Louise McArdle		11 th September 1991
60 metres	Lilla Jacks	8.8	22 nd February 2004
	Rebecca Clements	8.8	19 th February 2005
80 metres	Alison Bickell	10.7	19 th May 1985
60 Metres Hurdles	Nicola Hill	10.6 Indoors	2 nd March 2003
75 Metres H (2' 3")	Chloe Van Wulven	13.0	10 th June 2000
75 Metres H (2' 6")	Nicola Hill	13.1	6 th Sept 2003
1000m	Caroline Smith	3.13.1	30 th August 1999
Pentathlon (u15)	Nicola Hill	1950 points	28 th September 2003
75 Metres Hurdles		13.60	
Long Jump		4.15m	
Shot Putt		6.08m	
High Jump		1.22m	
800m		2.47.57	
Pentathlon (U13)	Lynsey Clark	1892 Points	1 st August 1999
Long Jump		4.16m	
70 Metres Hurd		15.29	
Shot Putt		7.16m	
High Jump		1.24m	
800m		2.43.1	