

HMAC Female Summer 2008 rankings as at 13/05/2008

Age Group	Event	Name	Performance	Date	Meeting	Venue
SW35	80	Cathy Matthews	12.2	30-Mar	Spring Open 1	Hornchurch
SW	100	Lucy Sargent	12.33	10-May	Essex Champs Day 2	Basildon
U20W	100	Nicola Hill	13.0	27-Apr	NJAL Rd 1	Ipswich
SW	100	Claire Brennan	13.09w	19-Apr	Beta Trophy	Lee Valley
SW	100	Brennan	13.5	26-Apr	SWL Rd 1	Crawley
U20W	100	Lisa Schofield	13.18	10-May	Essex Champs Day 2	Basildon
SW	100	Emma Christmas	13.9	26-Apr	SWL Rd 1	Crawley
SW	100	Nina Brennan	14.5	05-Apr	Spring Open 2	Mayesbrook
SW35	100	Cathy Matthews	15.1	05-Apr	Spring Open 2	Mayesbrook
SW	150	Zoe Young	20.7	30-Mar	Spring Open 1	Hornchurch
SW	150	Claire Brennan	20.7	30-Mar	Spring Open 1	Hornchurch
SW	150	Nina Brennan	22.2	30-Mar	Spring Open 1	Hornchurch
U20W	150	Lauren Edgar-Hill	22.2	30-Mar	Spring Open 1	Hornchurch
SW35	150	Cathy Matthews	23.2	30-Mar	Spring Open 1	Hornchurch
SW	200	Lucy Sargent	25.3	11-May	Essex Champs Day 3	Basildon
SW	200	Claire Brennan	26.97	11-May	Essex Champs Day 4	Basildon
SW	200	Zoe Young	27.68	19-Apr	Beta Trophy	Lee Valley
U20W	200	Lauren Edgar-Hill	28.7	05-Apr	Spring Open 2	Mayesbrook
SW	200	Robyn Delivett	29.8	26-Apr	SWL Rd 1	Crawley
SW	200	Laura Moore	32.3	05-Apr	Spring Open 2	Mayesbrook
SW	300	Laura Bealey	44.4	30-Mar	Spring Open 1	Hornchurch
SW	300	Claire Brennan	45.8	30-Mar	Spring Open 1	Hornchurch
SW	300	Nina Brennan	46.4	30-Mar	Spring Open 1	Hornchurch
U20W	300	Lauren Edgar-Hill	48.5	30-Mar	Spring Open 1	Hornchurch
U20W	400	Nicola Hill	59.00	10-May	Essex Champs Day 2	Basildon
SW	400	Laurie Cooper	61.7	26-Apr	SWL Rd 1	Crawley
SW	400	Laura Bealey	62.01	03-May	BUSA Champs	Bedford
SW	400	Nina Brennan	65.10	19-Apr	Beta Trophy	Lee Valley
U20W	400	Becky Owen	68?	10-May	Essex Champs Day 2	Basildon
U20W	400	Alex Beard	69.2	27-Apr	NJAL Rd 1	Ipswich
U20W	400	Rachel Kerr	71.2	26-Apr	SWL Rd 1	Crawley
SW	600	Laura Bealey	1:44.4	30-Mar	Spring Open 1	Hornchurch
U20W	600	Nicola Hill	1:45.8	30-Mar	Spring Open 1	Hornchurch
SW	800	Faye Fullerton	2:06.92	07-May	Watford Open	Watford
SW	800	Sara Luck	2:11.52	05-May	BUSA Champs	Bedford
SW	800	Hayley Pegg	2:25.99	11-May	Essex Champs Day 3	Basildon
SW	800	Vicky Smith	2:28.77	19-Apr	Cortland Classic	Cortland, USA
U20W	800	Alex Beard	2:29.7	27-Apr	NJAL Rd 1	Ipswich
U20W	800	Beard	2:31.26	19-Apr	Beta Trophy	Lee Valley
SW	800	Hayley Pegg	2:31.6	26-Apr	SWL Rd 1	Crawley
U20W	800	Ingrid Deane	2:37.05	11-May	Essex Champs Day 3	Basildon
SW	1500	Faye Fullerton	4:22.08	10-May	Essex Champs Day 2	Basildon
SW	1500	Alexa Joel	4:31.81	10-May	Essex Champs Day 2	Basildon
SW	1500	Sara Luck	4:37.36	10-May	Essex Champs Day 2	Basildon
SW	1500	Robyn Matson	4:50.75	19-Apr	Cortland Classic	Cortland, USA
SW	1500	Hayley Pegg	4:53.41	10-May	Essex Champs Day 2	Basildon
U20W	1500	Ingrid Deane	4:55.49	10-May	Essex Champs Day 2	Basildon
SW	3000	Robyn Matson	10:07.59	24-Apr	Penn Relays	Philadelphia, USA
U20W	3000	Georgie-Lou Sales	10:02.15	09-Apr	Watford Open	Watford
SW	3000	Angela Thompson	12:26.6	26-Apr	SWL Rd 1	Crawley
SW	100H	Claire Brennan	15.8	05-Apr	Spring Open 2	Mayesbrook
U20W	100H	Brennan	16.01	10-May	Essex Champs Day 2	Basildon
U20W	100H	Nicola Hill	16.0	05-Apr	Spring Open 2	Mayesbrook
U20W	100H	Hill	16.07	19-Apr	Beta Trophy	Lee Valley
U20W	100H	Lauren Edgar-Hill	18.5	05-Apr	Spring Open 2	Mayesbrook
SW35	100H	Cathy Matthews	19.2	05-Apr	Spring Open 2	Mayesbrook
U20W	300H	Nicola Hill	46.9	30-Mar	Spring Open 1	Hornchurch
SW	300H	Laura Bealey	48.8	30-Mar	Spring Open 1	Hornchurch
U20W	300H	Lauren Edgar-Hill	50.3	30-Mar	Spring Open 1	Hornchurch
SW35	300H	Cathy Matthews	54.1	30-Mar	Spring Open 1	Hornchurch
U20W	400H	Nicola Hill	62.7	27-Apr	NJAL Rd 1	Ipswich
U20W	400H	Hill	64.96	11-May	Essex Champs Day 3	Basildon
U20W	400H	Lisa Schofield	66.79	11-May	Essex Champs Day 3	Basildon
SW	400H	Laura Bealey	72.51	03-May	BUSA Champs	Bedford
SW35	400H	Cathy Matthews	74.3	26-Apr	SWL Rd 1	Crawley
SW35	400H	Matthews	77.15	19-Apr	Beta Trophy	Lee Valley
U20W	400H	Lauren Edgar-Hill	78.2	27-Apr	NJAL Rd 1	Ipswich
SW	2000SC	Robyn Matson	7:23.00	04-May	BUSA Champs	Bedford
SW	3000SC	Robyn Matson	11:30.50	12-Apr	Brown Invitational	Providence, RI, USA
SW	HJ	Kate Cowley	1.60	11-May	Essex Champs Day 3	Basildon
U20W	HJ	Bethan Siddons	1.55	05-Apr	Spring Open 2	Mayesbrook
SW	HJ	Zoe Young	1.40	05-Apr	Spring Open 2	Mayesbrook
SW	HJ	Emma Christmas	1.35	26-Apr	SWL Rd 1	Crawley
SW	HJ	Danielle Ross	1.25	26-Apr	SWL Rd 1	Crawley
SW	PV	Danielle Ross	2.40	26-Apr	SWL Rd 1	Crawley
SW	PV	Claire Brennan	1.10	26-Apr	SWL Rd 1	Crawley
SW	LJ	Kate Cowley	5.51	10-May	Essex Champs Day 2	Basildon
SW	LJ	Zoe Young	5.03	30-Mar	Spring Open 1	Hornchurch
U20W	LJ	Nicola Hill	4.88	05-Apr	Spring Open 2	Mayesbrook
SW	LJ	Claire Brennan	4.76	26-Apr	SWL Rd 1	Crawley
SW35	LJ	Cathy Matthews	3.98	30-Mar	Spring Open 1	Hornchurch
SW35	TJ	Cathy Matthews	8.68	26-Apr	SWL Rd 1	Crawley
U20W	TJ	Lauren Edgar-Hill	7.67	27-Apr	NJAL Rd 1	Ipswich
SW	DT	Mel Harrison	40.33	26-Apr	SWL Rd 1	Crawley
SW	DT	Emma Christmas	15.87	26-Apr	SWL Rd 1	Crawley
U20W	DT	Ingrid Deane	12.64	27-Apr	NJAL Rd 1	Ipswich
SW	JT	Emma Christmas	41.98	11-May	Essex Champs Day 3	Basildon
SW	JT	Louise Mathews	41.90	11-May	Essex Champs Day 3	Basildon
SW	JT	Kate Cowley	33.25	11-May	Essex Champs Day 3	Basildon
SW	JT	Zoe Young	32.77	19-Apr	Beta Trophy	Lee Valley
SW	JT	Mel Harrison	31.34	26-Apr	SWL Rd 1	Crawley
SW	SP	Mel Harrison	11.47	10-May	Essex Champs Day 2	Basildon
SW	SP	Kate Cowley	10.30	10-May	Essex Champs Day 2	Basildon
SW	SP	Danielle Ross	7.48	26-Apr	SWL Rd 1	Crawley
SW	HT	Mel Harrison	40.36	26-Apr	SWL Rd 1	Crawley