

HMAC Female Summer 2011 Rankings as at 30/09/2011

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	60	Nicola Hill	8.04i		13-Mar-11	Essex Indoor Champs	Lee Valley
SW	100	Nicola Hill	12.73		7-Aug-11	UKWAL Div 2 Rd 3	Grangemouth
SW	100	Kate Cowley	13.2		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
SW	100	Zoe Young	13.2		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	100	Young	13.21		4-Sep-11	Eastern Inter Counties	Battersea
U20W	100	Esther Tele	13.94w		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
U20W	100	Tele	14.0		29-May-11	National Junior Lge Rd 2	Watford
SW	100	Hannah Connor	14.15		3-Jul-11	UKWAL Div 2 Rd 2	Wigan
U20W	100	Ellie Watson	15.1		1-May-11	National Junior Lge Rd 1	Ware
SW	100	Melissa Felton	15.2		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	200	Nicola Hill	25.70	AT SW =17th	7-Aug-11	UKWAL Div 2 Rd 3	Grangemouth
U20W	200	Felicity Clarke	26.6		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
SW	200	Chloe Van Wulven	26.78		3-Jul-11	UKWAL Div 2 Rd 2	Wigan
SW	200	Kate Cowley	27.24		16-Apr-11	Alpha Trophy	Lee Valley
SW	200	Claire Brennan	27.3		30-Jul-11	Southern Athletic Lge Rd 4	Andover
SW	200	Brennan	27.45		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
U20W	200	Esther Tele	28.65w		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
U20W	200	Tele	30.2		29-May-11	National Junior Lge Rd 2	Watford
U20W	200	Ellie Watson	30.9		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	200	Melissa Felton	31.9		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	200	Ellie Hopley	32.5		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
U20W	200	Katherine Knight	34.3		1-May-11	National Junior Lge Rd 1	Ware
U20W	200	Knight	34.63		24-Jul-11	National Junior Lge Rd 4	Peterborough
SW	400	Nicola Hill	58.66		8-Apr-11	Mesa Classic	Mesa, AZ, USA
SW	400	Faye Fullerton	61.13		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
SW	400	Lauren Clark	61.9		30-Jul-11	Southern Athletic Lge Rd 4	Andover
SW	400	Claire Brennan	63.59		30-Aug-11	Woodford Open	Woodford
SW	400	Vicky Smith	65.4		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	400	Nina Brennan	70.71		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
U20W	400	Sophie Baggs	72.2		2-Apr-11	HMAC Spring Open	Hornchurch
SW	800	Lauren Deadman	2:11.41		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
SW	800	Faye Fullerton	2:12.67		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
SW	800	Vicky Smith	2:23.25		3-Jul-11	UKWAL Div 2 Rd 2	Wigan
SW	800	Lauren Clark	2:25.5		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
SW	800	Clark	2:31.89		7-Aug-11	UKWAL Div 2 Rd 3	Grangemouth
U20W	800	Gemma Phillips	2:33.4		3-Jul-11	UKWAL Div 2 Rd 2	Wigan
SW	800	Claire Brennan	2:44.98		25-Sep-11	Eastern AA Pentathlon	Peterborough
SW	800	Ellie Hopley	2:54.2		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
U20W	800	Patsy McWeeney	2:54.8		1-May-11	National Junior Lge Rd 1	Ware
SW	1500	Faye Fullerton	4:20.88		10-Aug-11	BMC Gold Standard	Watford
SW	1500	Lauren Deadman	4:22.29	AT SW 8th	10-Aug-11	BMC Gold Standard	Watford
SW	1500	Harriet Scott	4:29.21		14-May-11	Essex Champs Day 2	Chelmsford
SW	1500	Vicky Smith	4:58.96		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	1500	Ingrid Deane	5:01.34		14-May-11	Essex Champs Day 2	Chelmsford
SW	1500	Robyn Matson	5:06.69		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
SW	1500	Hayley Stibbs	5:15.3		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
SW	1500	Stibbs	5:21.25		16-Apr-11	Alpha Trophy	Lee Valley
U20W	1500	Gemma Phillips	5:22.17		3-Jul-11	UKWAL Div 2 Rd 2	Wigan
SW	1500	Vicky Smith	5:28.8		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
SW	3000	Lauren Deadman	9:10.77mx	AT SW 4th	29-Jun-11	Watford Open	Watford
SW	3000	Harriet Scott	9:20.53i		20-Feb-11	BUCS Champs	Sheffield
SW	3000	Faye Fullerton	9:21.11mx		29-Jun-11	Watford Open	Watford
SW	3000	Ingrid Deane	10:35.17		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
SW	3000	Vicky Smith	10:39.00		4-Sep-11	Hibberd Trophy	Cambridge
SW	3000	Robyn Matson	10:47.56		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
U20W	3000	Gemma Phillips	11:19.2		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U20W	3000	Phillips	11:45.42		24-Jul-11	National Junior Lge Rd 4	Peterborough
U20W	3000	Patsy McWeeney	12:54.1		1-May-11	National Junior Lge Rd 1	Ware
SW	5000	Lauren Deadman	15:46.34	AT SW 2nd	28-May-11	BMC Grand Prix	Manchester
SW	5000	Faye Fullerton	16:30.19	AT SW 4th	28-May-11	BMC Classic	Manchester
SW	100HW	Nicola Hill	14.37w	AT SW - w/a 3rd	11-Aug-11	LEAP	Loughboro
SW	100HW	Hill	14.39	AT SW - 3rd	11-Aug-11	LEAP	Loughboro
SW	100HW	Chloe Van Wulven	14.45w		3-Jul-11	UKWAL Div 2 Rd 2	Wigan
SW	100HW	Van Wulven	14.76		16-Apr-11	Alpha Trophy	Lee Valley
SW	100HW	Kate Cowley	15.13		20-Aug-11	London Inter Club Challenge	Woodford
SW	100HW	Claire Brennan	15.39w		3-Jul-11	UKWAL Div 2 Rd 2	Wigan
SW	100HW	Brennan	16.02		25-Sep-11	Eastern AA Pentathlon	Peterborough
U20W	100HW	Felicity Clarke	17.2		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
U20W	100HW	Ellie Watson	20.8		10-Jul-11	National Junior Lge Rd 3	Luton
U20W	100HW	Watson	20.90		24-Jul-11	National Junior Lge Rd 4	Peterborough

HMAC Female Summer 2011 Rankings as at 30/09/2011

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	300HW	Claire Brennan	46.4		2-Apr-11	HMAC Spring Open	Hornchurch
SW	400HW	Nicola Hill	61.28		17-Jul-11	England Athletics Champs	Bedford
U20W	400HW	Felicity Clarke	65.57		15-May-11	Essex Champs Day 3	Chelmsford
SW	400HW	Claire Brennan	67.12		16-Apr-11	Alpha Trophy	Lee Valley
SW	400HW	Chloe Van Wulven	69.43		7-Aug-11	UKWAL Div 2 Rd 3	Grangemouth
SW	1500SC	Vicky Smith	5:39.4		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	2000SC	Vicky Smith	7:39.8		7-Aug-11	UKWAL Div 2 Rd 3	Grangemouth
SW	2000SC	Smith	7:40.69		3-Jul-11	UKWAL Div 2 Rd 2	Wigan
SW	3000SC	Vicky Smith	11:56.77	AT SW - 3rd	17-Jul-11	Southern Inter Counties	Hemel Hempstead
SW	HJ	Kate Cowley	1.70		30-Apr-11	Southern Athletic Lge Rd 1	Eltham
SW	HJ	Bethan Siddons	1.66i	AT SW - 7th	13-Mar-11	Essex Indoor Champs	Lee Valley
SW	HJ	Siddons	1.65		24-Apr-11	Crawley Open	Crawley
SW	HJ	Chloe Van Wulven	1.60		3-Jul-11	UKWAL Div 2 Rd 2	Wigan
SW	HJ	Zoe Young	1.50		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	HJ	Claire Brennan	1.50		25-Sep-11	Eastern AA Pentathlon	Peterborough
U20W	HJ	Ellie Watson	1.45		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
SW	LJ	Kate Cowley	5.70w		20-Aug-11	London Inter Club Challenge	Woodford
SW	LJ	Cowley	5.60		20-Aug-11	London Inter Club Challenge	Woodford
SW	LJ	Zoe Young	5.00		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	LJ	Hannah Connor	4.74		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
U20W	LJ	Esther Tele	4.70		21-May-11	Southern Athletic Lge Rd 2	Swindon
SW	LJ	Claire Brennan	4.55		25-Sep-11	Eastern AA Pentathlon	Peterborough
U20W	LJ	Ellie Watson	4.33		21-May-11	Southern Athletic Lge Rd 2	Swindon
U20W	LJ	Gemma Phillips	3.37		24-Jul-11	National Junior Lge Rd 4	Peterborough
SW	TJ	Kate Cowley	11.94	AT SW - 1st	21-May-11	Southern Athletic Lge Rd 2	Swindon
SW	TJ	Bethan Siddons	10.07		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
U20W	TJ	Ellie Watson	9.63	AT SW - 17th	14-May-11	Essex Champs Day 2	Chelmsford
SW	TJ	Hannah Connor	8.83		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	PV	Kate Cowley	3.63i	AT SW - 1st	25-Sep-11	Jim Day Memorial	Carshalton
SW	PV	Cowley	3.56		3-Sep-11	Julie Rose Games	Ashford
SW	PV	Leanne Butler (was Blaney)	2.80	AT SW =2nd	2-Apr-11	HMAC Spring Open	Hornchurch
SW	PV	Claire Brennan	2.20	AT SW - 9th	20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	PV	Hannah Connor	2.10		4-Jun-11	UKWAL Div 2 Rd 1	Hendon
SW	PV	Zoe Young	1.10		30-Jul-11	Southern Athletic Lge Rd 4	Andover
SW	SPW	Somma Power	12.00i		2-Jan-11	Meta switch Open	Lee Valley
SW	SPW	Power	11.56		14-May-11	Essex Champs Day 2	Chelmsford
SW	SPW	Kate Cowley	11.27		16-Apr-11	Alpha Trophy	Lee Valley
SW	SPW	Kike Oniwinde	10.46	AT U20W - 5th	16-Apr-11	Alpha Trophy	Lee Valley
SW	SPW	Zoe Young	9.32		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	SPW	Nina Brennan	8.35		21-May-11	Southern Athletic Lge Rd 2	Swindon
SW	SPW	Claire Brennan	8.13		25-Sep-11	Eastern AA Pentathlon	Peterborough
U20W	SPW	Katherine Knight	8.08		24-Jul-11	National Junior Lge Rd 4	Peterborough
SW	SPW	Lauren Clark	7.62		3-Jul-11	UKWAL Div 2 Rd 2	Wigan
U20W	SPW	Gemma Phillips	6.58		30-Jul-11	Southern Athletic Lge Rd 4	Andover
U20W	SPW	Amy Cox	5.40		10-Jul-11	National Junior Lge Rd 3	Luton
SW	DTW	Lauren Clark	34.71	AT SW - 11th	3-Jul-11	UKWAL Div 2 Rd 2	Wigan
U20W	DTW	Katherine Knight	31.35	AT SW - 20th	1-May-11	National Junior Lge Rd 1	Ware
SW	DTW	Melissa Felton	26.65		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	DTW	Nina Brennan	23.43		30-Jul-11	Southern Athletic Lge Rd 4	Andover
U20W	DTW	Gemma Phillips	17.90		24-Jul-11	National Junior Lge Rd 4	Peterborough
U20W	DTW	Ellie Watson	15.72		29-May-11	National Junior Lge Rd 2	Watford
U20W	DTW	Patsy McWeeney	14.78		10-Jul-11	National Junior Lge Rd 3	Luton
U20W	HTW	Katherine Knight	27.78	AT U20W - 4th	4-Jun-11	UKWAL Div 2 Rd 1	Hendon
U20W	HTW	Amy Cox	25.60		10-Jul-11	National Junior Lge Rd 3	Luton
SW	HTW	Nina Brennan	19.00		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
SW	HTW	Lauren Clark	18.42		7-Aug-11	UKWAL Div 2 Rd 3	Grangemouth
SW	HTW	Melissa Felton	11.35		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U20W	JTW	Kike Oniwinde	49.35	AT SW/U20 - 1st	16-Apr-11	Alpha Trophy	Lee Valley
SW	JTW	Kate Cowley	36.27		21-May-11	Southern Athletic Lge Rd 2	Swindon
SW	JTW	Zoe Young	31.52		20-Aug-11	Southern Athletic Lge Rd 5	Battersea
U20W	JTW	Katherine Knight	23.79		29-May-11	National Junior Lge Rd 2	Watford
SW	JTW	Claire Brennan	21.94		9-Jul-11	Southern Athletic Lge Rd 3	Croydon
SW	PentSW	Claire Brennan	2700		25-Sep-11	Eastern AA Pentathlon	Peterborough