

## Havering AC Female 2015 Rankings as at 30-09-15

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20W	60	Michelle Hughes	7.99i		7-Feb-15	Essex & Eastern Champs	Lee Valley
U20W	60	Lucy Bailey	8.31i		7-Feb-15	Essex & Eastern Champs	Lee Valley
U20W	60	Alice Martin	8.82i		7-Feb-15	Essex & Eastern Champs	Lee Valley
U20W	100	Tayla Humm	12.4		16-May-15	YDL Upper U17-U20	Chelmsford
U20W	100	Humm	12.60w		18-Apr-15	YDL Upper U17-U20	Ashford
U20W	100	Humm	12.69		09-May-15	UKWAL R1	Crawley
SW	100	Zoe Young	13.29		06-Jun-15	UKWAL R2	Bedford
U20W	100	Lucy Bailey	13.40w		06-Jun-15	UKWAL R2	Bedford
U20W	100	Bailey	13.49		28-Jun-15	YDL Upper U17-U20	Mile End
SW	100	Rachel Kerr	14.1		04-Jul-15	SAL R4	Cambridge
U20W	100	Alice Martin	14.4		25-Apr-15	SAL R1	Ipswich
U20W	100	Beth James	14.4		20-Jun-15	SAL R3	St Albans
U20W	100	James	14.40w		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
U20W	200	Michelle Hughes	25.18	U20W AT 6th	17-Jul-15	World Youth Champs	Cali, COL
U20W	200	Tayla Humm	25.55w	U20W AT w/a	18-Apr-15	YDL Upper U17-U20	Ashford
U20W	200	Humm	25.8		25-Apr-15	SAL R1	Ipswich
U20W	200	Humm	26.10		09-May-15	UKWAL R1	Crawley
SW	200	Chloe Van Wulven	27.02w		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
SW	200	Van Wulven	29.5		31-May-15	SAL R2	Ashford
SW	200	Zoe Young	27.7		20-Jun-15	SAL R3	St Albans
SW	200	Young	27.94		06-Jun-15	UKWAL R2	Bedford
SW	200	Rachel Kerr	29.4		15-Aug-15	SAL R5	Dartford
U20W	200	Sarah Wilson	29.89w		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
U20W	200	Louise Lear	30.10w		18-Apr-15	YDL Upper U17-U20	Ashford
U20W	400	Michelle Hughes	57.64i	U20W AT 7th	17-Jan-15	SEAA Indoor Champs	Lee Valley
U20W	400	Mi.Hughes	59.51		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
U20W	400	Heidi Surman-Wells	61.60		18-Apr-15	YDL Upper U17-U20	Ashford
U20W	400	Tayla Humm	62.31		12-Apr-15	Alpha Trophy	Lee Valley
U20W	400	Lydia Hallam	62.9		16-May-15	YDL Upper U17-U20	Chelmsford
SW	400	Vicky Smith	66.87		06-Jun-15	UKWAL R2	Bedford
SW	400	Nina Brennan	67.2		15-Aug-15	SAL R5	Dartford
SW	400	N. Brennan	67.25		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
SW35	400	Tina Quinlivan	69.4		25-Apr-15	SAL R1	Ipswich
U20W	400	Bella Woods	69.4		31-May-15	SAL R2	Ashford
U20W	400	Louise Lear	71.26		18-Apr-15	YDL Upper U17-U20	Ashford
SW	400	Rachel Kerr	71.9		20-Jun-15	SAL R3	St Albans
SW	800	Faye Fullerton	2:08.21		15-Jul-15	BMC Gold Standard	Watford
U20W	800	Lydia Hallam	2:13.38		23-Aug-15	SEAA Inter Counties	Hendon
U20W	800	Heidi Surman-Wells	2:21.40		23-May-15	Essex Champs Day 1	Chelmsford
U20W	800	Michelle Hughes	2:24.64		24-May-15	England Athletics U18 Hep	Bedford
U20W	800	Sarah Wilson	2:27.4		15-Aug-15	SAL R5	Dartford
U20W	800	Wilson	2:31.16		18-Apr-15	YDL Upper U17-U20	Ashford
SW	800	Vicky Smith	2:28.5		20-Jun-15	SAL R3	St Albans
SW	800	Clare Davies	2:36.7		15-Aug-15	SAL R5	Dartford
U20W	800	Bella Woods	2:37.24		06-Jun-15	UKWAL R2	Bedford
SW	1500	Faye Fullerton	4:10.24	SW AT 1st	27-Jun-15	BMC Grand Prix	Watford
SW	1500	Lauren Deadman	4:23.70		09-May-15	UKWAL R1	Crawley
U20W	1500	Lydia Hallam	4:30.54		11-Jul-15	ESAA Champs	Gateshead
SW	1500	Vicky Smith	4:51.20		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
U20W	1500	Sarah Wilson	5:01.54		18-Apr-15	YDL Upper U17-U20	Ashford
U20W	1500	Heidi Surman-Wells	5:08.7		31-May-15	SAL R2	Ashford
U20W	1500	Bella Woods	5:31.6		12-Apr-15	Alpha Trophy	Lee Valley
SW	1500	Robyn Matson	5:32.10		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
SW	Mile	Faye Fullerton	4:56.32i		4-Feb-15	Vivo Dream Mile	Lee Valley
SW	3000	Lauren Deadman	9:04.56mx	SW AT 2nd	03-Jun-15	Watford Open	Watford
SW	3000	Deadman	9:31.64		09-May-15	UKWAL R1	Crawley
SW	3000	Faye Fullerton	9:08.79mx		01-Aug-15	London Inter Club Challenge	Hendon
SW	3000	Fullerton	9:21.16		07-Jul-15	Cork City Sports	Cork, IRE
U20W	3000	Lydia Hallam	10:27.50		06-Jun-15	BMC PB Classic	Milton Keynes
SW	3000	Vicky Smith	10:53.14		09-May-15	UKWAL R1	Crawley
SW	3000	Robyn Matson	11:40.65		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
SW45	3000	Jane Hallam	13:22.4		31-May-15	SAL R2	Ashford
SW45	3000	Jane Hallam	13:31.16		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
SW	5000	Lauren Deadman	15:45.12	SW AT 2nd	27-Jun-15	BMC Grand Prix	Watford
SW	5000	Faye Fullerton	15:53.69	SW AT 3rd	5-Jul-15	British Champs	Birmingham
SW	5000	Vicky Smith	19:05.5	SW AT 9th	04-Jul-15	SAL R4	Cambridge
SW45	5000	Juliet Ward	24:51.7	SW45 AT 1st	04-Jul-15	SAL R4	Cambridge
U20W	60HU18W	Michelle Hughes	9.0i		15-Mar-15	EAN Indoor Open	Chelmsford
U20W	60HSW	Lucy Bailey	9.39i		7-Feb-15	Essex & Eastern Champs	Lee Valley
SW	60HSW	Chloe Van Wulven	9.5i		15-Mar-15	EAN Indoor Open	Chelmsford
U20W	100HU18W	Michelle Hughes	13.88w		31-May-15	Bedford International Games	Bedford
U20W	100HU18W	Mi.Hughes	13.91		17-Jul-15	World Youth Champs	Cali, COL

## Havering AC Female 2015 Rankings as at 30-09-15

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	100HW	Chloe Van Wulven	14.5	SW AT 4th	04-Jul-15	SAL R4	Cambridge
SW	100HW	Van Wulven	14.61		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
SW	100HW	Kate Cowley	16.2		20-Jun-15	SAL R3	St Albans
SW	100HW	Cowley	16.57w		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
U20W	100HW	Lucy Bailey	16.43	U20W AT 8th	09-May-15	UKWAL R1	Crawley
U20W	100HW	Heidi Surman-Wells	18.90w		06-Jun-15	UKWAL R2	Bedford
SW	100HW	Bethan Siddons	19.3		04-Jul-15	SAL R4	Cambridge
U20W	300HW	Michelle Hughes	44.8		29-Mar-15	Havering Spring Warm Up	Hornchurch
U20W	400HW	Michelle Hughes	61.20	U20W AT 3rd	09-Aug-15	UKWAL R3	Scotstoun, Glasgow
SW	400HW	Claire Brennan	68.8		15-Aug-15	SAL R5	Dartford
SW	400HW	C.Brennan	70.43		12-Jul-15	Southern Inter Counties	Crawley
SW	400HW	Chloe Van Wulven	69.4		04-Jul-15	SAL R4	Cambridge
U20W	400HW	Bella Woods	78.4		16-May-15	YDL Upper U17-U20	Chelmsford
SW	1500SC	Vicky Smith	5:42.5		04-Jul-15	SAL R4	Cambridge
U20W	1500SC	Bella Woods	5:47.6		16-May-15	YDL Upper U17-U20	Chelmsford
U20W	1500SC	Woods	5:50.07		18-Apr-15	YDL Upper U17-U20	Ashford
SW	2000SC	Vicky Smith	7:22.95	SW AT 2nd	12-Jul-15	Southern Inter Counties	Crawley
U20W	2000SC	Bella Woods	7:57.43	SW AT 4th	09-May-15	UKWAL R1	Crawley
SW	HJ	Bethan Siddons	1.74	SW AT 1st	5-Sep-15	Hibberd & Bemax Trophy	Ipswich
U20W	HJ	Michelle Hughes	1.70		23-May-15	England Athletics U18 Hept	Bedford
SW	HJ	Chloe Van Wulven	1.60		5-Sep-15	Hibberd & Bemax Trophy	Ipswich
SW	HJ	Kate Cowley	1.50		09-May-15	UKWAL R1	Crawley
U20W	HJ	Lucy Bailey	1.40		28-Jun-15	YDL Upper U17-U20	Mile End
U20W	LJ	Michelle Hughes	5.75	U20W AT =1st	16-May-15	YDL Upper U17-U20	Chelmsford
SW	LJ	Kate Cowley	5.50w		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
SW	LJ	Cowley	5.40		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
SW	LJ	Zoe Young	5.17w		06-Jun-15	UKWAL R2	Bedford
SW	LJ	Young	5.05		31-May-15	SAL R2	Ashford
SW	LJ	Bethan Siddons	5.01		04-Jul-15	SAL R4	Cambridge
U20W	LJ	Beth James	4.47		27-Jun-15	Eastern Champs	Cambridge
SW	LJ	Chloe Van Wulven	3.72		25-Apr-15	SAL R1	Ipswich
SW	TJ	Kate Cowley	10.82		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
SW	TJ	Bethan Siddons	10.68		04-Jul-15	SAL R4	Cambridge
SW	TJ	Chloe Van Wulven	10.30	AT SW 10th	04-Jul-15	SAL R4	Cambridge
U20W	TJ	Beth James	9.81	AT SW 20th	20-Jun-15	SAL R3	St Albans
U20W	TJ	Louise Lear	9.29		18-Apr-15	YDL Upper U17-U20	Ashford
U20W	PV	Mercy Gutteridge	3.50i	U20W AT 1st	28-Feb-15	EA Indoor Champs	EIS Sheffield
SW35	PV	Tina Quinlivan	2.80	W35 AT 1st	10-Jun-15	Police Champs	Cardiff
SW	PV	Claire Brennan	2.30		12-Jul-15	Southern Inter Counties	Crawley
SW	PV	Hannah Connor	2.10		06-Jun-15	UKWAL R2	Bedford
U20W	SP4KG	Georgie Taylor	11.13	U20W AT 2nd	25-Apr-15	SAL R1	Ipswich
SW	SP4KG	Kate Cowley	10.84		20-Jun-15	SAL R3	St Albans
U20W	SP4KG	Michelle Hughes	9.88	U20W AT 9th	15-Aug-15	SAL R5	Dartford
SW	SP4KG	Louise Lockwood	9.44		06-Jun-15	UKWAL R2	Bedford
U20W	SP4KG	Rachel Forder	9.11		09-May-15	UKWAL R1	Crawley
SW	SP4KG	Zoe Young	8.52		04-Jul-15	SAL R4	Cambridge
U20W	SP4KG	Alice Martin	8.47i		7-Feb-15	Essex & Eastern Champs	Lee Valley
U20W	SP4KG	Martin	6.98		12-Apr-15	Alpha Trophy	Lee Valley
SW	SP4KG	Nina Brennan	7.96		20-Jun-15	SAL R3	St Albans
SW	SP4KG	Claire Brennan	7.85		15-Aug-15	SAL R5	Dartford
U20W	SP3KG	Michelle Hughes	11.92		23-May-15	England Athletics U18 Hept	Bedford
U20W	DTW	Georgie Taylor	48.84	U20 AT 2nd	21-Jun-15	EA U20 Champs	Bedford
U20W	DTW	Rachel Forder	41.54		15-Aug-15	SAL R5	Dartford
SW	DTW	Nina Brennan	25.22		09-May-15	UKWAL R1	Crawley
SW	DTW	Claire Brennan	21.43		20-Jun-15	SAL R3	St Albans
SW	JT600	Louise Lockwood	48.87	SW AT 2nd	31-May-15	Bedford International Games	Bedford
SW	JT600	Emma Christmas	43.64		12-Jul-15	Southern Inter Counties	Crawley
SW	JT600	Kate Cowley	33.34		20-Jun-15	SAL R3	St Albans
U20W	JT600	Michelle Hughes	28.31	U20W AT 10th	18-Apr-15	YDL Upper U17-U20	Ashford
U20W	JT600	Alice Martin	27.60		25-Apr-15	SAL R1	Ipswich
SW	JT600	Zoe Young	27.57		04-Jul-15	SAL R4	Cambridge
SW	JT600	Claire Brennan	21.63		09-Aug-15	UKWAL R3	Scotstoun, Glasgow
U20W	JT600	Georgie Taylor	12.12		16-May-15	YDL Upper U17-U20	Chelmsford
U20W	JT600	Bella Woods	5.72		16-May-15	YDL Upper U17-U20	Chelmsford
U20W	JT500	Michelle Hughes	29.63		24-May-15	England Athletics U18 Hept	Bedford
U20W	HT4K	Georgie Taylor	25.08	U20W AT 6th	31-May-15	SAL R2	Ashford
SW	HT4K	Nina Brennan	21.44	SW AT 17th	15-Aug-15	SAL R5	Dartford
SW	HT4K	Emma Christmas	18.88		09-May-15	UKWAL R1	Crawley
SW	HT4K	Hannah Connor	17.16		20-Jun-15	SAL R3	St Albans
SW	HT4K	Rachel Kerr	8.87		04-Jul-15	SAL R4	Cambridge
U20W	HeptU18W	Michelle Hughes	5307		24-May-15	England Athletics U18 Hept	Bedford