

Havering AC Female 2016 Rankings as at 21-09-16

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20W	60	Georgia Woodburn	8.83i		1-Jan-16	New Year Open	Lee Valley
SW	100	Zoe Young	13.3		09-Jul-16	SAL R4	Bury St Edmunds
SW	100	Young	13.35		08-Aug-16	UKWAL R3	Manchester
U20W	100	Lucy Bailey	13.35		05-Jun-16	UKWAL R1	Chelmsford
SW	100	Rachel Kerr	14.3		18-Jun-16	SAL R3	Welwyn GC
U20W	200	Michelle Hughes	25.7		24-Jul-16	YDL UAG R4	Medway Park
U20W	200	Michelle Hughes	25.77		4-Jun-16	Arona Combined Events	Arona, ESP
U20W	200	Katie Dawson	27.02		05-Jun-16	UKWAL R1	Chelmsford
SW	200	Zoe Young	27.88		08-Aug-16	UKWAL R3	Manchester
U20W	200	Lucy Bailey	28.6		16-Apr-16	SAL R1	Cambridge
U20W	200	Bailey	28.82		03-Jul-16	UKWAL R2	Southampton
SW	200	Rachel Kerr	29.0		22-May-16	SAL R2	Hornchurch
U20W	400	Katie Dawson	61.10		14-May-16	Essex Championships	Chelmsford
U20W	400	Amy Baggs	63.01		26-Jun-16	YDL UAG R3	Eltham
SW	400	Nina Brennan	66.13		08-Aug-16	UKWAL R3	Manchester
SW35	400	Claire Brennan	66.60		08-Aug-16	UKWAL R3	Manchester
SW	400	Rachel Kerr	88.8		18-Jun-16	SAL R3	Welwyn GC
SW	800	Faye Fullerton	2:13.93		08-Aug-16	UKWAL R3	Manchester
U20W	800	Lydia Hallam	2:15.88i		20-Feb-16	BUCS Champs	Sheffield EIS
U20W	800	Hallam	2:16.15		01-May-16	BUCS Champs	Bedford
U20W	800	Michelle Hughes	2:22.65		15-May-16	EA U20 Heptathlon Champs	Bedford
SW	800	Vicky Smith	2:27.41		05-Jun-16	UKWAL R1	Chelmsford
SW	800	Clare Davies	2:36.2		09-Jul-16	SAL R4	Bury St Edmunds
U20W	800	Amy Baggs	2:38.06		26-Jun-16	YDL UAG R3	Eltham
U20W	800	Georgia Phillips	2:45.89		26-Jun-16	YDL UAG R3	Eltham
SW	1500	Lauren Deadman	4:20.03		03-Jul-16	UKWAL R2	Southampton
SW	1500	Faye Fullerton	4:23.1		15-Jun-16	BMC Gold Standard	Watford
SW	1500	Fullerton	4:25.41		08-Aug-16	UKWAL R3	Manchester
U20W	1500	Lydia Hallam	4:36.8		02-Apr-16	Yale Multi Team	New Haven USA
U20W	1500	Hallam	4:52.53		08-Aug-16	UKWAL R3	Manchester
SW	1500	Alexa Joel	4:47.87		15-May-16	Essex Championships	Chelmsford
SW	1500	Vicky Smith	5:03.0		16-Apr-16	SAL R1	Cambridge
SW	1500	V. Smith	5:23.12		05-Jun-16	UKWAL R1	Chelmsford
SW	1500	Isabella Woods	5:15.5		03-Apr-16	Havering Spring Open	Hornchurch
SW	1500	Clare Davies	5:35.3		18-Jun-16	SAL R3	Welwyn GC
SW	1500	Robyn Matson	5:49.19		05-Jun-16	UKWAL R1	Chelmsford
U20W	1500	Georgia Phillips	6:03.47		26-Jun-16	YDL UAG R3	Eltham
U20W	1500	Lois Wyatt	6:17.98		26-Jun-16	YDL UAG R3	Eltham
SW	Mile	Faye Fullerton	4:38.88		3-Feb-16	"Dream Mile"	Lee Valley
SW	3000	Lauren Deadman	9:06.54mx		30-Jun-16	Watford Open	Watford
SW	3000	Deadman	9:15.6		03-Jul-16	UKWAL R2	Southampton
SW	3000	Faye Fullerton	9:11.73mx		9-Aug-16	Trafford Grand Prix	Stretford
SW	3000	Alexa Joel	9:58.70mx		4-May-16	Watford Open	Watford
SW	3000	Joel	10:13.39		15-May-16	Essex Championships	Chelmsford
SW	3000	Vicky Smith	11:05.0		03-Jul-16	UKWAL R2	Southampton
SW	3000	V. Smith	11:17.45		05-Jun-16	UKWAL R1	Chelmsford
SW	3000	Isabella Woods	11:23.82		14-May-16	Essex Championships	Chelmsford
SW	3000	Robyn Matson	12:01.27		05-Jun-16	UKWAL R1	Chelmsford
SW	5000	Lauren Deadman	16:00.16		26-Jun-16	British Champs	Birmingham
SW	5000	Alexa Joel	17:57.8		22-May-16	SAL R2	Hornchurch
SW	5000	Vicky Smith	19:04.1	AT SW 5th	22-May-16	SAL R2	Hornchurch
SW	10000	Lauren Deadman	33:05.55	AT SW 1st	21-May-16	Night of 100,00 PBs	Parliament Hill
SW	60HSW	Chloe Van Wulven	8.91i		6-Feb-16	Essex & Eastern Champs	Lee Valley
U20W	60HSW	Michelle Hughes	8.99i		09-Jan-16	EA Indoor Pentathlon Champs	Sheffield EIS
U20W	60HSW	Lucy Bailey	9.29i		6-Feb-16	Essex & Eastern Champs	Lee Valley
U20W	100HW	Michelle Hughes	14.43	AT U20W 1st	08-Aug-16	UKWAL R3	Manchester
SW	100HW	Chloe Van Wulven	14.98		05-Jun-16	UKWAL R1	Chelmsford
U20W	100HW	Lucy Bailey	15.73	AT U20W 8th	14-May-16	Essex Championships	Chelmsford
SW35	100HW	Claire Brennan	17.6	AT SW35 1st	18-Jun-16	SAL R3	Welwyn GC
SW	100HW	C.Brennan	17.67		03-Jul-16	UKWAL R2	Southampton
SW	100HW	Bethan Siddons	18.20		03-Jul-16	UKWAL R2	Southampton
SW	100HW	Kate Cowley	18.7		22-May-16	SAL R2	Hornchurch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	300HW	Isabella Woods	50.5		03-Apr-16	Havering Spring Open	Hornchurch
U20W	400HW	Michelle Hughes	62.70		03-Jul-16	UKWAL R2	Southampton
SW35	400HW	Claire Brennan	68.56	AT SW35 1st	03-Jul-16	UKWAL R2	Southampton
SW	400HW	Bella Woods	68.9		01-May-16	YDL UAG R1	Ashford
SW	400HW	Woods	70.22		05-Jun-16	UKWAL R1	Chelmsford
SW	400HW	Chloe Van Wulven	72.8		18-Jun-16	SAL R3	Welwyn GC
SW	400HW	Rachel Kerr	2:17.8		09-Jul-16	SAL R4	Bury St Edmunds
SW	2000SC	Vicky Smith	8:00.3		16-Apr-16	SAL R1	Cambridge
SW	2000SC	Bella Woods	8:04.25		05-Jun-16	UKWAL R1	Chelmsford
SW	HJ	Bethan Siddons	1.74	AT SW 1st	28-May-16	BIG-ish Jumps	Bedford
U20W	HJ	Michelle Hughes	1.68		04-Jun-16	Arona Combined Events	Arona, ESP
SW	HJ	Chloe Van Wulven	1.55		05-Jun-16	UKWAL R1	Chelmsford
SW	HJ	Kate Cowley	1.53		09-Jul-16	SAL R4	Bury St Edmunds
U20W	HJ	Lucy Bailey	1.45		24-Jul-16	YDL UAG R4	Medway Park
U20W	HJ	Katie Dawson	1.40		01-May-16	YDL UAG R1	Ashford
SW35	HJ	Claire Brennan	1.40	AT SW35 1st	03-Jul-16	UKWAL R2	Southampton
U20W	HJ	Amy Baggs	1.35		26-Jun-16	YDL UAG R3	Eltham
SW	HJ	Zoe Young	1.30		29-May-16	YDL UAG R2	Eltham
U20W	LJ	Michelle Hughes	5.86	AT U20W 1st	05-Jun-16	Arona Combined Events	Arona, ESP
SW	LJ	Kate Cowley	5.41		09-Jul-16	SAL R4	Bury St Edmunds
SW	LJ	Zoe Young	5.15		03-Jul-16	UKWAL R2	Southampton
SW	LJ	Bethan Siddons	4.82		22-May-16	SAL R2	Hornchurch
U20W	LJ	Beth James	4.53i		7-Feb-16	Essex & Eastern Champs	Lee Valley
U20W	LJ	James	4.39		24-Jul-16	YDL UAG R4	Medway Park
SW	LJ	Hannah Connor	4.01		22-May-16	SAL R2	Hornchurch
U20W	LJ	Lucy Bailey	4.00		26-Jun-16	YDL UAG R3	Eltham
U20W	LJ	Georgia Woodburn	3.83		01-May-16	YDL UAG R1	Ashford
SW	LJ	Rachel Kerr	3.65		18-Sep-16	Havering Club Champs	Hornchurch
SW	TJ	Kate Cowley	11.22		22-May-16	SAL R2	Hornchurch
SW	TJ	Bethan Siddons	10.74	AT SW =8th	03-Jul-16	UKWAL R2	Southampton
U20W	TJ	Beth James	9.79i		7-Feb-16	Essex & Eastern Champs	Lee Valley
U20W	TJ	James	9.74		24-Jul-16	YDL UAG R4	Medway Park
U20W	TJ	Katie Dawson	9.54		29-May-16	YDL UAG R2	Eltham
SW	TJ	Chloe Van Wulven	8.21		05-Jun-16	UKWAL R1	Chelmsford
SW35	PV	Tina Quinlivan	2.90i	AT W35 1st	6-Feb-16	Essex & Eastern Champs	Lee Valley
SW35	PV	Quinlivan	2.80		18-Sep-16	Havering Club Champs	Hornchurch
SW35	PV	Claire Brennan	2.50	AT W35 2nd	18-Sep-16	Havering Club Champs	Hornchurch
SW	PV	Emma Selby	2.10	AT SW 11th	18-Sep-16	Havering Club Champs	Hornchurch
SW	PV	Zoe Young	1.32		18-Jun-16	SAL R3	Welwyn GC
SW	DTW	Georgie Taylor	46.23		09-Jul-16	SAL R4	Bury St Edmunds
SW	DTW	Rachel Forder	46.22	AT SW 3rd	19-Mar-16	Rams Invitational	Richmond VA
SW	DTW	Rachel Evans	35.96	AT SW 12th	20-Aug-16	SAL R5	Colchester
SW	DTW	Nina Brennan	24.31		18-Jun-16	SAL R3	Welwyn GC
SW35	DTW	Claire Brennan	21.52		16-Apr-16	SAL R1	Cambridge
U20W	DTW	Lucy Bailey	19.79		24-Jul-16	YDL UAG R4	Medway Park
U20W	DTW	Georgia Woodburn	13.54		01-May-16	YDL UAG R1	Ashford
SW	HT4K	Rachel Forder	38.12	AT SW 3rd	07-May-16	Atlantic 10 Champs	Fairfax, VA USA
SW	HT4K	Georgie Taylor	25.75	AT SW 8th	20-Aug-16	SAL R5	Colchester
SW	HT4K	Rachel Evans	24.78	AT SW 10th	20-Aug-16	SAL R5	Colchester
SW	HT4K	Nina Brennan	20.65		22-May-16	SAL R2	Hornchurch
SW	JT600	Louise Lacy	46.33		08-Aug-16	UKWAL R3	Manchester
SW	JT600	Emma Christmas	40.50		20-Aug-16	SAL R5	Colchester
U20W	JT600	Emma Sharp	33.89	AT U20W 5th	18-Sep-16	Havering Club Champs	Hornchurch
SW	JT600	Kate Cowley	32.96		22-May-16	SAL R2	Hornchurch
SW	JT600	Rachel Evans	30.42	AT SW 10th	20-Aug-16	SAL R5	Colchester
U20W	JT600	Michelle Hughes	30.13	AT U20W 8th	29-May-16	YDL UAG R2	Eltham
U20W	JT600	Georgia Woodburn	23.72		03-Apr-16	Havering Spring Open	Hornchurch
SW	JT600	Zoe Young	22.60		16-Apr-16	SAL R1	Cambridge
U20W	JT600	Lois Wyatt	9.00		26-Jun-16	YDL UAG R3	Eltham
SW	SP4K	Georgie Taylor	10.99		20-Aug-16	SAL R5	Colchester
U20W	SP4K	Michelle Hughes	10.70	AT U20W 6th	24-Jul-16	YDL UAG R4	Medway Park
SW	SP4K	Rachel Forder	10.66i		21-Feb-16	Atlantic 10 Indoor	Kingston RI, USA
SW	SP4K	Kate Cowley	10.60		09-Jul-16	SAL R4	Bury St Edmunds
SW	SP4K	Rachel Evans	10.11	AT SW 18th	18-Jun-16	SAL R3	Welwyn GC
SW35	SP4K	Claire Brennan	7.90		18-Sep-16	Havering Club Champs	Hornchurch
SW	SP4K	Nina Brennan	7.85		18-Sep-16	Havering Club Champs	Hornchurch
U20W	HeptW	Michelle Hughes	4971	AT U20W 1st	05-Jun-16	Arona Combined Events	Arona, ESP
U20W	PenW	Michelle Hughes	3577i		09-Jan-16	EA Indoor Pentathlon Champs	Sheffield EIS