

Havering AC Female 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20W	60	Josie Waddams	8.92i		28-Jan-18	London Indoor Games	Lee Valley
U20W	100	Mayi Hughes	12.69		8-Jul-18	UKWAL R2	Liverpool
SW	100	Flic Clarke	13.34		3-Jun-18	UKWAL R1	Bedford
U20W	100	Tomiwa Sanwo	13.66		27-May-18	YDL UAG R2	Stevenage
U20W	100	Holly Nash	14.0		1-Jul-18	YDL UAG R3	Croydon
U20W	100	Holly Nash	14.15		29-Apr-18	YDL UAG R1	Hornchurch
SW	100	Rachel Kerr	14.4		23-Jun-18	SAL R3	Chelmsford
U20W	100	Josie Waddams	14.6		8-Apr-18	Havering Spring Warm Up	Hornchurch
U20W	100	Josie Waddams	14.71		29-Apr-18	YDL UAG R1	Hornchurch
SW	200	Zoe Hughes	24.87	AT SW 7th	28-Mar-18	Texas Relays	Austin TX USA
SW	200	Felicity Clarke	27.12w		8-Jul-18	UKWAL R2	Liverpool
SW	200	Felicity Clarke	27.37		5-Aug-18	UKWAL R3	Lee Valley
SW	200	Chloe Williams	27.39		5-Aug-18	UKWAL R3	Lee Valley
U20W	200	Katie Dawson	27.83		3-Jun-18	UKWAL R1	Bedford
U20W	200	Tomiwa Sanwo	28.47		27-May-18	YDL UAG R2	Stevenage
U20W	200	Keturah Christie	28.6		14-Jul-18	SAL R4	Croydon
U20W	200	Keturah Christie	29.25		1-Jul-18	YDL UAG R3	Croydon
U20W	200	Holly Nash	28.73		1-Jul-18	YDL UAG R3	Croydon
U20W	200	Josie Waddams	29.6		8-Apr-18	Havering Spring Warm Up	Hornchurch
SW	200	Rachel Kerr	30.2		20-May-18	SAL R2	Eastbourne
U20W	200	Zainab Ganiyu	32.6		16-Sep-18	Havering Club Championships	Hornchurch
SW	400	Flic Clarke	62.68		3-Jun-18	UKWAL R1	Bedford
U20W	400	Katie Dawson	63.28		3-Jun-18	UKWAL R1	Bedford
SW	400	Nina Brennan	65.81		5-Aug-18	UKWAL R3	Lee Valley
SW	400	Amy Baggs	65.03		11-Jul-18	Watford Open	Watford
U20W	400	Georgia Phillips	71.9		8-Apr-18	Havering Spring Warm Up	Hornchurch
U20W	400	Georgia Phillips	74.37		29-Apr-18	YDL UAG R1	Hornchurch
SW	400	Rachel Kerr	74.5		14-Apr-18	SAL R1	Ipswich
SW	800	Lydia Hallam	2:13.89		6-Jun-18	BMC Gold Standard	Loughborough
U20W	800	Jessica Mitchell	2:17.28		5-Aug-18	UKWAL R3	Lee Valley
U20W	800	Kate O'Neill	2:18.7		18-Aug-18	SAL R5	St Albans
SW	800	Zoe Hughes	2:23.71i		24-Feb-18	Dartmouth College	Hanover NH USA
SW	800	Zoe Hughes	2:29.79		15-Mar-18	Couga Invitational	Houston, TX USA
U20W	800	Sophie Rand	2:28.26		27-May-18	YDL UAG R2	Stevenage
SW	800	Amy Baggs	2:30.0		14-Apr-18	SAL R1	Ipswich
SW	800	Amy Baggs	2:30.87		5-Aug-18	UKWAL R3	Lee Valley
SW	800	Vicky Smith	2:30.81		8-Jul-18	UKWAL R2	Liverpool
SW	800	Clare Davies	2:40.9		14-Jul-18	SAL R4	Croydon
U20W	800	Catherine Barker	2:46.38		27-May-18	YDL UAG R2	Stevenage
U20W	800	Georgia Phillips	2:48.7		14-Apr-18	SAL R1	Ipswich
U20W	800	Georgia Phillips	3:00.60		29-Apr-18	YDL UAG R1	Hornchurch
SW	800	Robyn Matson	2:49.04		8-Jul-18	UKWAL R2	Liverpool
U20W	800	Amelia Day	2:55.0		16-Sep-18	Havering Club Championships	Hornchurch
U20W	800	Amelia Day	3:04.30		21-Aug-18	Woodford Open	Woodford
SW	1500	Lydia Hallam	4:24.48	AT SW 9th	20-May-18	Loughborough International	Loughborough
U20W	1500	Jessica Mitchell	4:38.4		20-May-18	SAL R2	Eastbourne
U20W	1500	Jessica Mitchell	4:41.20		23-Jun-18	BMC Grand Prix	Loughborough
U20W	1500	Kate O'Neill	4:38.93		1-Jul-18	YDL UAG R3	Croydon
SW	1500	Ginte Bailey	4:58.6		18-Aug-18	SAL R5	St Albans
SW	1500	Ginte Bailey	5:05.53		10-Jul-18	Woodford Open	Woodford
U20W	1500	Sophie Rand	5:03.94		3-Jun-18	UKWAL R1	Bedford
SW	1500	Bella Woods	5:21.7		18-Aug-18	SAL R5	St Albans
SW	1500	Vicky Smith	5:27.52		8-Jul-18	UKWAL R2	Liverpool
SW	1500	Clare Davies	5:30.94		27-Aug-18	Southend Open	Southend
SW	1500	Robyn Matson	5:31.09		8-Jul-18	UKWAL R2	Liverpool
U20W	1500	Georgia Phillips	6:00.4		14-Jul-18	SAL R4	Croydon
U20W	1500	Catherine Barker	6:00.58		29-Apr-18	YDL UAG R1	Hornchurch
SW	Mile	Lydia Hallam	4:55.25		23-Jun-18	Birmingham Relays	Birmingham Uni
SW	3000	Faye Fullerton	9:13.91i		17-Feb-18	UK Champs	Birmingham
U20W	3000	Kate O'Neill	9:47.88	AT U20W 5th	14-Jul-18	ESAA Champs	Birmingham
U20W	3000	Jessica Mitchell	9:50.19		30-May-18	BMC Regional	Brighton
SW	3000	Ginte Bailey	10:57.9		14-Apr-18	SAL R1	Ipswich
U20W	3000	Sophie Rand	10:59.1		14-Apr-18	SAL R1	Ipswich
SW	3000	Vicky Smith	11:00.16		8-Jul-18	UKWAL R2	Liverpool
SW	3000	Robyn Matson	11:16.52		3-Jun-18	UKWAL R1	Bedford
SW	5000	Faye Fullerton	16:35.95+		19-May-18	Night of 10,000 PBs (split time)	Parliament Hill
SW	5000	Ginte Bailey	18:48.70	AT SW 9th	13-May-18	Essex Championships	Chelmsford
SW	5000	Clare Davies	21:50.3	AT SW 16th	20-May-18	SAL R2	Eastbourne
SW	10,000	Faye Fullerton	33:47.70	AT SW 2nd	19-May-18	Night of 10,000 PBs	Parliament Hill

Havering AC Female 2018 Rankings as at 30/09/2018

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SW	60HW	Zoe Hughes	8.81i		24-Feb-18	Ivy League Hetagonal	Hanover NH USA
SW	60HW	Lucy Bailey	8.96i		16-Feb-18	BUCS Champs	Sheffield
SW	100HW	Zoe Hughes	13.87w		15-Mar-18	Couga Invitational	Houston TX USA
SW	100HW	Zoe Hughes	14.17		28-Mar-18	Texas Relays	Austin TX USA
SW	100HW	Chloe Williams	14.26	AT SW 4th	8-Jul-18	UKWAL R2	Liverpool
SW	100HW	Flic Clarke	16.52	AT SW 13th	8-Jul-18	UKWAL R2	Liverpool
U20W	100HW	Mayi Hughes	17.1	AT SW 18th	20-May-18	SAL R2	Eastbourne
SW35	100HW	Claire Brennan	17.27		5-Aug-18	UKWAL R3	Lee Valley
U20W	100HW	Isabella Purdie	19.0		8-Apr-18	Havering Spring Warm Up	Hornchurch
U20W	100HW	Isabella Purdie	19.04w		29-Apr-18	YDL UAG R1	Hornchurch
SW35	300HW	Claire Brennan	48.6		8-Apr-18	Havering Spring Warm Up	Hornchurch
SW	400HW	Zoe Hughes	62.64		21-Apr-18	Kansas Relays	Lawrence KS USA
SW	400HW	Flic Clarke	64.0		14-Jul-18	SAL R4	Croydon
SW	400HW	Flic Clarke	64.01		5-Aug-18	UKWAL R3	Lee Valley
SW35	400HW	Claire Brennan	69.26		3-Jun-18	UKWAL R1	Bedford
SW	400HW	Rachel Kerr	1:44.3		14-Apr-18	SAL R1	Ipswich
U20W	1500SC	Emily James	7:16.3		29-Apr-18	YDL UAG R1	Hornchurch
SW	2000SC	Bella Woods	8:10.9		23-Jun-18	SAL R3	Chelmsford
SW35	PV	Claire Brennan	2.60	AT SW35 1st	18-Aug-18	SAL R5	St Albans
SW	PV	Nina Brennan	1.85	AT SW 18th	20-May-18	SAL R2	Eastbourne
SW	HJ	Zoe Hughes	1.61i		24-Feb-18	Dartmouth College	Hanover NH USA
SW	HJ	Zoe Hughes	1.54		28-Mar-18	Texas Relays	Austin TX USA
SW	HJ	Chloe Williams	1.60		3-Jun-18	UKWAL R1	Bedford
U20W	HJ	Mayi Hughes	1.55		29-Jul-18	YDL UAG R4	Ashford
U20W	HJ	Keturah Christie	1.45		14-Apr-18	SAL R1	Ipswich
SW35	HJ	Claire Brennan	1.40		23-Jun-18	SAL R3	Chelmsford
SW	LJ	Zoe Hughes	5.74i		24-Feb-18	Dartmouth College	Hanover NH USA
U20W	LJ	Mayi Hughes	5.62	AT U20W 5th	1-Jul-18	YDL UAG R3	Croydon
U20W	LJ	Isabella Purdie	4.69		1-Jul-18	YDL UAG R3	Croydon
SW	LJ	Georgia Woodburn	3.93		23-Jun-18	SAL R3	Chelmsford
U20W	LJ	Elizabeth Adams	3.91		8-Apr-18	Havering Spring Warm Up	Hornchurch
U20W	TJ	Mayi Hughes	12.40	AT U20/SW 1st	13-Jul-18	ESAA Champs	Birmingham
U20W	TJ	Tomiwa Sanwo	10.35	AT U20W 8th	18-Aug-18	SAL R5	St Albans
SW35	TJ	Claire Brennan	10.03	AT W35 1st	16-Sep-18	Havering Club Championships	Hornchurch
U20W	TJ	Katie Dawson	9.22		18-Aug-18	SAL R5	St Albans
U20W	TJ	Isabella Purdie	9.02		16-Sep-18	Havering Club Championships	Hornchurch
U20W	TJ	Holly Nash	8.77i		28-Jan-18	London Indoor Games	Lee Valley
U20W	TJ	Holly Nash	8.48		1-Jul-18	YDL UAG R3	Croydon
U20W	TJ	Josie Waddams	8.75i		28-Jan-18	London Indoor Games	Lee Valley
U20W	TJ	Josie Waddams	8.59		29-Jul-18	YDL UAG R4	Ashford
SW	SP4K	Zoe Hughes	12.95	AT SW 1st	28-Mar-18	Texas Relays	Austin TX USA
U20W	SP4K	Chimdi Okpalauko	11.63	AT U20W 2nd	5-Aug-18	UKWAL R3	Lee Valley
U20W	SP4K	Philippa Gill	10.62	AT U20W 10th	1-Jul-18	YDL UAG R3	Croydon
U20W	SP4K	Elysha Thatcher-Gray	10.10		29-Apr-18	YDL UAG R1	Hornchurch
U20W	SP4K	Mayi Hughes	9.06		1-Jul-18	YDL UAG R3	Croydon
U20W	SP4K	Tomiwa Sanwo	8.68		14-Jul-18	SAL R4	Croydon
SW35	SP4K	Claire Brennan	7.82		16-Sep-18	Havering Club Championships	Hornchurch
SW	SP4K	Nina Brennan	7.31		8-Jul-18	UKWAL R2	Liverpool
SW	DTW	Rachel Forder	36.99		06-May-18	A-10 Champs	Fairfax FA, USA
U20W	DTW	Chimdi Okpalauko	33.62	AT SW 19th	1-Sep-18	South U20 Inter Counties	Oxford
SW	DTW	Nina Brennan	23.10		14-Jul-18	SAL R4	Croydon
SW	DTW	Rachel Kerr	15.75		14-Jul-18	SAL R4	Croydon
U20W	DTW	Sophie Rand	14.07		1-Jul-18	YDL UAG R3	Croydon
U20W	DTW	Katie Dawson	9.89		8-Jul-18	UKWAL R2	Liverpool
SW	JT600	Zoe Hughes	39.48	AT SW 7th	24-Mar-18	Wake Invitational	W-Salem USA
U20W	JT600	Mayi Hughes	31.34	AT U20W 10th	29-Jul-18	YDL UAG R4	Ashford
U20W	JT600	Philippa Gill	30.42	AT SW 14th	16-Sep-18	Havering Club Championships	Hornchurch
SW	JT600	Jemma Pemberton	28.28	AT SW 18th	12-May-18	Essex Championships	Chelmsford
SW	JT600	Georgia Woodburn	27.26		18-Aug-18	SAL R5	St Albans
U20W	JT600	Elysha Thatcher-Gray	21.93		29-Apr-18	YDL UAG R1	Hornchurch
SW35	JT600	Claire Brennan	21.15		14-Apr-18	SAL R1	Ipswich
U20W	JT600	Josie Waddams	15.32		29-Jul-18	YDL UAG R4	Ashford
U20W	JT600	Kate O'Neill	10.51		1-Jul-18	YDL UAG R3	Croydon
SW	JT600	Rachel Kerr	10.18		14-Jul-18	SAL R4	Croydon
U20W	HT4K	Philippa Gill	29.02	AT U20W 4th	20-May-18	SAL R2	Eastbourne
SW	HT4K	Nina Brennan	20.25		23-Jun-18	SAL R3	Chelmsford
U20W	HT4K	Chimdi Okpalauko	10.24		3-Jun-18	UKWAL R1	Bedford