

Havering AC Female 2019 Rankings as at 08/05/2019

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20W	100	Charlotte Wright	13.98		5-May-19	YDL UAG R1	Reading
U20W	200	Jade Kavanagh	25.82		5-May-19	YDL UAG R1	Reading
SW	200	Rachel Kerr	30.83		13-Apr-19	SAL R1	Stevenage
U20W	400	Jade Kavanagh	58.73		7-Apr-19	Havering Spring Warm Up	Hornchuch
SW	400	Nina Brennan	66.00		13-Apr-19	SAL R1	Stevenage
U20W	800	Sophie Rand	2:33.80		13-Apr-19	SAL R1	Stevenage
SW	800	Amy Baggs	2:34.82		13-Apr-19	SAL R1	Stevenage
U20W	800	Charlotte Wright	2:52.9		5-May-19	YDL UAG R1	Reading
U20W	1500	Kate O'Neill	4:41.2		5-May-19	YDL UAG R1	Reading
U20W	1500	Kate O'Neill	4:46.66		13-Apr-19	SAL R1	Stevenage
SW	1500	Ginte Bailey	4:59.21		20-Apr-19	LICC	Lee Valley
SW	1500	Isabella Woods	5:15.71		7-Apr-19	Havering Spring Warm Up	Hornchuch
U20W	3000	Jessica Mitchell	10:05.84		5-May-19	YDL UAG R1	Reading
SW	3000	Vicky Smith	10:51.64		13-Apr-19	SAL R1	Stevenage
SW	3000	Morgan Campbell	11:08.29		13-Apr-19	SAL R1	Stevenage
SW	100HW	Felicity Clarke	16.53		13-Apr-19	SAL R1	Stevenage
W35	300HW	Claire Brennan	48.94		7-Apr-19	Havering Spring Warm Up	Hornchuch
SW	400HW	Felicity Clarke	63.83		13-Apr-19	SAL R1	Stevenage
SW	400HW	Rachel Kerr	96.67		13-Apr-19	SAL R1	Stevenage
SW	HJ	Ellie Watson	1.30		13-Apr-19	SAL R1	Stevenage
SW	HJ	Rachel Kerr	1.10		13-Apr-19	SAL R1	Stevenage
U20W	LJ	Mayi Hughes	5.72	AT U20W 5th	13-Apr-19	SAL R1	Stevenage
U20W	LJ	Jade Kavanagh	4.82		5-May-19	YDL UAG R1	Reading
SW	LJ	Ellie Watson	4.03		13-Apr-19	SAL R1	Stevenage
U20W	TJ	Mayi Hughes	12.52	AT U20W 1st	13-Apr-19	SAL R1	Stevenage
U20W	TJ	Olatomiwa Sanwo	10.56	AT U20W 7th	13-Apr-19	SAL R1	Stevenage
W35	PV	Claire Brennan	2.40		7-Apr-19	Havering Spring Warm Up	Hornchuch
U20W	PV	Charlotte Wright	1.70		5-May-19	YDL UAG R1	Reading
SW	SP4K	Zoe Hughes	12.04		23-Mar-19	Victor Lopez Classic	Houston TX USA
U20W	SP4K	Chimdi Okpalauko	11.37		10-Apr-19	Highgate Open	Parliament Hill
U20W	SP4K	Philippa Gill	10.64i	AT SW 16th	2-Feb-19	Essex & Eastern Champs	Lee Valley
U20W	SP4K	Philippa Gill	9.83		7-Apr-19	Havering Spring Warm Up	Hornchuch
U20W	SP4K	Elysha Thatcher-Gray	9.30		13-Apr-19	SAL R1	Stevenage
SW	DT1K	Rachel Forder	38.45		5-May-19	Atlantic 10 Champs	Amhurst, MA, USA
U20W	DT1K	Chimdi Okpalauko	29.28		10-Apr-19	Highgate Open	Parliament Hill
SW	DT1K	Nina Brennan	20.93		13-Apr-19	SAL R1	Stevenage
SW	JT600	Louise Lacy	42.18		13-Apr-19	SAL R1	Stevenage
U20W	JT600	Philippa Gill	27.57		7-Apr-19	Havering Spring Warm Up	Hornchuch
SW	JT600	Elysha Thatcher-Gray	22.81		13-Apr-19	SAL R1	Stevenage
U20W	JT600	Charlotte Wright	12.87		5-May-19	YDL UAG R1	Reading
SW	HT4K	Nina Brennan	19.02		13-Apr-19	SAL R1	Stevenage
U20W	HT4K	Chimdi Okpalauko	11.65		13-Apr-19	SAL R1	Stevenage