

## HMAC Female rankings as at 09/10/2006

Age Group	Event	Name	Performance	Date	Meeting	Venue
U17	100	Frankie Calder	12.5	16-Jul-06	NJAL Rd 3	Stevenage
U17	100	Nicola Hill	13.7	2-Jul-06	EYAL Rd 3	Bedford
U17	100	Kathy Yoka	13.7	23-Jul-06	NYAL Rd 5	Tonbridge
U17	100	Louisa Wood	14.4	4-Jun-06	NYAL Rd 3	Bromley
U17	100	Becky Owen	14.9	20-Aug-06	EYAL Rd 5	Thurrock
U17	100	Bethan Siddons	15.0	25-Jun-06	NYAL Rd 4	Barking
U17	150	Nicola Hill	20.1	19-Mar-06	Spring Warm up 1	Hornchurch
U17	150	Rachel Kerr	20.9	19-Mar-06	Spring Warm up 1	Hornchurch
U17	200	Frankie Calder	25.2	16-Jul-06	NJAL Rd 3	Stevenage
U17	200	Nicola Hill	26.4	24-Jun-06	Eastern Schools Multis	Bedford
U17	200	Kathy Yoka	28.5	23-Jul-06	NYAL Rd 5	Tonbridge
U17	200	Rachel Kerr	28.6	30-Apr-06	NYAL Rd 1	Reading
U17	200	Louisa Wood	28.8	16-May-06	Schools Cup	Thurrock
U17	200	Becky Owen	31.8	12-Aug-06	SWL Rd 5	Kingston
U17	200	Carla Schofield	34.2	4-Jun-06	NYAL Rd 3	Bromley
U17	300	Frankie Calder	41.0	2-Jul-06	EYAL Rd 3	Bedford
U17	300	Frankie Calder	41.05	7-Jul-06	English Schools Champs	Gateshead
U17	300	Nicola Hill	42.60	10-Sep-06	EYAL Final	Bedford
U17	300	Alex Beard	45.4	23-Jul-06	NYAL Rd 5	Tonbridge
U17	300	Rachel Kerr	46.0	9-Apr-06	Spring Warm up 2	Barking
U17	300	Ingrid Deane	47.6	7-May-06	EYAL Rd 1	St Albans
U17	300	Becky Owen	47.9	20-Aug-06	EYAL Rd 5	Thurrock
U17	300	Louisa Wood	48.2	30-Apr-06	NYAL Rd 1	Reading
U17	300	Charlotte Owen	51.85	21-May-06	NYAL Rd 2	Croydon
U17	400	Rachel Kerr	73.5	2-Sep-06	SWL Rd 6	Stevenage
U17	800	Nicola Hill	2:26.2	25-Jun-06	Eastern Schools Multis	Bedford
U17	800	Ingrid Deane	2:26.9	2-Jul-06	EYAL Rd 3	Bedford
U17	800	Charlotte Humpheryes	2:28.90	14-May-06	Essex Champs Day 3	Chelmsford
U17	800	Jade Edwards	2:29.7	10-Jun-06	Essex Schools Champs	Chelmsford
U17	800	Georgie Lou Sales	2:30.0	16-May-06	Schools Cup	Thurrock
U17	800	Frankie Calder	2:30.5	25-Jun-06	Eastern Schools Multis	Bedford
U17	800	Alex Beard	2:31.4	2-Jul-06	EYAL Rd 3	Bedford
U17	800	Becky Owen	2:40.5	4-Jun-06	NYAL Rd 3	Bromley
U17	1200	Becky Owen	4:33.5	19-Mar-06	Spring Warm up 1	Hornchurch
U17	1500	Ingrid Deane	5:04.27	1-May-06	Essex Champs Day 1	Ilford
U17	1500	Jade Edwards	5:05.7	18-Jun-06	EYAL Rd 2	St Ives
U17	1500	Georgie-Lou Sales	5:17.30	1-May-06	Essex Champs Day 1	Ilford
U17	1500	Christina Holland	5:28.2	2-Sep-06	SWL Rd 6	Stevenage
U17	1500	Becky Owen	5:48.3	7-May-06	EYAL Rd 1	St Albans
U17	1500	Charlotte Owen	5:48.6	22-Apr-06	SWL Rd 1	Abingdon
U17	1500	Alex Beard	5:58.1	23-Jul-06	NYAL Rd 5	Tonbridge
U17	3000	Georgie-Lou Sales	11:07.8	16-Jul-06	NJAL Rd 3	Stevenage
U17	3000	Charlotte Owen	12:54.2	23-Jul-06	NYAL Rd 5	Tonbridge
U17	3000	Becky Owen	13:59.3	4-Jun-06	NYAL Rd 3	Bromley
U17	100H	Nicola Hill	15.2	16-Jul-06	NJAL Rd 3	Stevenage
U17	100H	Catrina McAuliffe	19.0	16-Jul-06	NJAL Rd 3	Stevenage
U17	300H	Nicola Hill	45.5	4-Jun-06	NYAL Rd 3	Bromley
U17	300H	Frankie Calder	46.3	4-Jun-06	NYAL Rd 3	Bromley
U17	300H	Charlotte Owen	54.2	19-Mar-06	Spring Warm up 1	Hornchurch
U17	300H	Catrina McAuliffe	54.5	19-Mar-06	Spring Warm up 1	Hornchurch
U17	300H	Becky Owen	55.73	21-May-06	NYAL Rd 2	Croydon
U17	400H	Charlotte Owen	78.3	22-Apr-06	SWL Rd 1	Abingdon
U17	80H	Nicola Hill	11.89	7-Jul-06	English Schools Champs	Gateshead
U17	80H	Frankie Calder	12.0	24-Jun-06	Eastern Schools Multis	Bedford
U17	80H	Frankie Calder	12.27	16-Sep-06	ESAA Multi Events	Derby
U17	80H	Catrina McAuliffe	13.3	14-Jun-06	Schools Cup Reg Final	Chelmsford
U17	80H	Charlotte Owen	16.1	20-Aug-06	EYAL Rd 5	Thurrock
U17	80H	Becky Owen	18.8	20-May-06	SWL Rd 2	Southampton

## HMAC Female rankings as at 09/10/2006

Age Group	Event	Name	Performance	Date	Meeting	Venue
U17	DT	Catrina McAuliffe	29.89	14-Jun-06	Schools Cup Reg Final	Chelmsford
U17	DT	Lauren Newton	26.87	30-Apr-06	NYAL Rd 1	Reading
U17	DT	Carla Schofield	18.88	20-Aug-06	EYAL Rd 5	Thurrock
U17	HJ	Bethan Siddons	1.66	10-Sep-06	EYAL Final	Bedford
U17	HJ	Charlotte Owen	1.40	22-Apr-06	SWL Rd 1	Abingdon
U17	HJ	Frankie Calder	1.40	2-Jul-06	EYAL Rd 3	Bedford
U17	HJ	Nicola Hill	1.39	16-Sep-06	ESAA Multi Events	Derby
U17	HJ	Catrina McAuliffe	1.35	7-May-06	EYAL Rd 1	St Albans
U17	HJ	Alex Beard	1.35	30-Jul-06	EYAL Rd 4	Braintree
U17	HJ	Rachel Kerr	1.25	7-May-06	EYAL Rd 1	St Albans
U17	HT	Lauren Newton	16.10	25-Jun-06	NYAL Rd 4	Barking
U17	HT	Carla Schofield	8.29	23-Jul-06	NYAL Rd 5	Tonbridge
U17	JT	Frankie Calder	27.66	9-Apr-06	Spring Warm up 2	Barking
U17	JT	Georgie-Lou Sales	27.05	12-Jun-06	Schools Cup E Reg Final	Bedford
U17	JT	Lauren Newton	23.90	2-Jul-06	EYAL Rd 3	Bedford
U17	JT	Nicola Hill	19.72	17-Sep-06	ESAA Multi Events	Derby
U17	JT	Carla Schofield	13.52	7-May-06	EYAL Rd 1	St Albans
U17	LJ	Nicola Hill	5.37	2-Jul-06	EYAL Rd 3	Bedford
U17	LJ	Frankie Calder	5.15	24-May-06	Essex Schools Multis	Chelmsford
U17	LJ	Bethan Siddons	4.59	25-Jun-06	NYAL Rd 4	Barking
U17	LJ	Kathy Yoka	4.57i	21-Jan-06	SEAA Indoor Champs	Uxbridge
U17	LJ	Catrina McAuliffe	4.40	2-Jul-06	EYAL Rd 3	Bedford
U17	LJ	Louisa Wood	3.89	7-May-06	EYAL Rd 1	St Albans
U17	LJ	Christina Holland	3.40	25-Jun-06	NYAL Rd 4	Barking
U17	SP	Frankie Calder	9.65	24-Jun-06	Eastern Schools Multis	Bedford
U17	SP	Louisa Wood	8.13	14-Jun-06	Schools Cup Reg Final	Chelmsford
U17	SP	Nicola Hill	8.01	24-Jun-06	Eastern Schools Multis	Bedford
U17	SP	Catrina McAuliffe	7.46	16-Jul-06	NJAL Rd 3	Stevenage
U17	SP	Rachel Kerr	6.19	23-Jul-06	NYAL Rd 5	Tonbridge
U17	SP	Carla Schofield	5.91	7-May-06	EYAL Rd 1	St Albans
U17	TJ	Bethan Siddons	10.69w	20-Aug-06	Southern Inter Counties	Ashford
U17	TJ	Bethan Siddons	10.29	10-Sep-06	EYAL Final	Bedford
U17	TJ	Nicola Hill	10.19	12-Aug-06	SWL Rd 5	Kingston
U17	TJ	Kathy Yoka	9.90i	21-Jan-06	SEAA Indoor Champs	Uxbridge
U17	TJ	Louisa Wood	8.95	30-Jul-06	EYAL Rd 4	Braintree
U17	TJ	Ingrid Deane	8.52	2-Jul-06	EYAL Rd 3	Bedford
U17	TJ	Lauren Newton	7.67	20-Aug-06	EYAL Rd 5	Thurrock