

## Havering AC Female 2015 Rankings as at 30-09-15

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17W	60	Modupe Shokunbi	7.82i		10-Jan-15	SEAA Indoor Champs	Lee Valley
U17W	60	Abigail Shipton	8.47i		7-Feb-15	Essex & Eastern Champs	Lee Valley
U17W	100	Modupe Shokunbi	12.11		31-May-15	Bedford International Games	Bedford
U17W	100	Abigail Shipton	13.03		23-May-15	Essex Champs Day 1	Chelmsford
U17W	100	Holly Nash	13.2		16-May-15	YDL Upper U17-U20	Chelmsford
U17W	100	H.Nash	13.33w		06-Sep-15	EYAL Top 6 Final	Bedford
U17W	100	H.Nash	14.09		13-Jun-15	Essex Schools Champs	Chelmsford
U17W	100	Kirsty Plange-Tabil	13.6		02-Aug-15	EYAL R5	Luton
U17W	100	Josie Waddams	13.9		10-May-15	EYAL R2	Peterborough
U17W	100	Samantha Saunders	14.3		19-Apr-15	EYAL R1	Thurrock
U17W	100	Alice Mastroianni	14.3		28-Jun-15	YDL Upper U17-U20	Mile End
U17W	100	Elysha Thatcher-Gray	14.7		10-May-15	EYAL R2	Peterborough
U17W	100	Rafiah Ayandipo	14.9		10-May-15	EYAL R2	Peterborough
U17W	100	Georgia Woodburn	15.3		29-Mar-15	Havering Spring Warm Up	Hornchurch
U17W	100	Aoife O'Sullivan	15.5		14-Jun-15	EYAL R3	Ware
U17W	200	Modupe Shokunbi	24.88w		19-Jul-15	Under 17 Inter Counties	Little Marlow
U17W	200	M. Shokunbi	25.2		14-Jun-15	EYAL R3	Ware
U17W	200	M. Shokunbi	25.42		28-Jun-15	YDL Upper U17-U20	Mile End
U17W	200	Katie Dawson	27.13		24-May-15	Essex Champs Day 2	Chelmsford
U17W	200	Victoria Adebowale	27.3		16-May-15	YDL Upper U17-U20	Chelmsford
U17W	200	Adebowale	27.44		13-Jun-15	Essex Schools Champs	Chelmsford
U17W	200	Abigail Shipton	27.32		24-May-15	Essex Champs Day 2	Chelmsford
U17W	200	Holly Nash	27.4		02-Aug-15	EYAL R5	Luton
U17W	200	H.Nash	27.91w		06-Sep-15	EYAL Top 6 Final	Bedford
U17W	200	H.Nash	28.30		28-Jun-15	YDL Upper U17-U20	Mile End
U17W	200	Riva Siggins	28.3		04-Jul-15	ESAA Cup Final	Bedford
U17W	200	Josie Waddams	28.5		12-Jul-15	EYAL R4	Bury St Edmunds
U17W	200	Waddams	29.33		28-Jun-15	YDL Upper U17-U20	Mile End
U17W	200	Lestine Manduakila	29.4		29-Mar-15	Havering Spring Warm Up	Hornchurch
U17W	200	Samantha Saunders	29.4		19-Apr-15	EYAL R1	Thurrock
U17W	200	Chloe Nash	33.4		29-Mar-15	Havering Spring Warm Up	Hornchurch
U17W	300	Katie Dawson	43.40		06-Sep-15	EYAL Top 6 Final	Bedford
U17W	300	Holly Nash	44.3		12-Jul-15	EYAL R4	Bury St Edmunds
U17W	300	Elysha Thatcher-Gray	47.7		16-May-15	YDL Upper U17-U20	Chelmsford
U17W	300	E.Thatcher-Gray	47.75		06-Sep-15	EYAL Top 6 Final	Bedford
U17W	300	Emily Marshall	48.17		18-Apr-15	YDL Upper U17-U20	Ashford
U17W	300	Emily James	49.5		16-May-15	YDL Upper U17-U20	Chelmsford
U17W	300	Chloe Nash	51.3		29-Mar-15	Havering Spring Warm Up	Hornchurch
U17W	800	Emily Marshall	2:26.7		04-Jul-15	ESAA Cup Final	Bedford
U17W	800	Marshall	2:27.99		24-May-15	Essex Champs Day 2	Chelmsford
U17W	800	Amy Baggs	2:43.8		12-Jul-15	EYAL R4	Bury St Edmunds
U17W	800	Jaydah Alexander	2:44.0		10-May-15	EYAL R2	Peterborough
U17W	800	Georgia Phillips	2:48.14		28-Jun-15	YDL Upper U17-U20	Mile End
U17W	800	Georgia Woodburn	3:34.9		02-Aug-15	EYAL R5	Luton
U17W	1500	Lois Wyatt	5:22.39		28-Jun-15	YDL Upper U17-U20	Mile End
U17W	1500	Emily Marshall	5:23.76		28-Jun-15	YDL Upper U17-U20	Mile End
U17W	1500	Elysha Thatcher-Gray	7:01.7		02-Aug-15	EYAL R5	Luton

## Havering AC Female 2015 Rankings as at 30-09-15

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17W	60HU17W	Shannon Dooley	9.57i		24-Jan-15	London Indoor Games	Lee Valley
U17W	80HU17W	Shannon Dooley	12.1	U17W AT 10th	16-May-15	YDL Upper U17-U20	Chelmsford
U17W	80HU17W	Dooley	12.72		13-Jun-15	Essex Schools Champs	Chelmsford
U17W	HJ	Katie Dawson	1.50		12-Apr-15	Alpha Trophy	Lee Valley
U17W	HJ	Abigail Shipton	1.50		13-Sep-15	Club Champs	Hornchurch
U17W	HJ	Holly Nash	1.40		12-Jul-15	EYAL R4	Bury St Edmunds
U17W	HJ	Shannon Dooley	1.29		04-Jul-15	ESAA Cup Final	Bedford
U17W	LJ	Annie Maguire	4.88		13-Jun-15	Essex Schools Champs	Chelmsford
U17W	LJ	Kirsty Plange-Tabil	4.55		12-Jul-15	EYAL R4	Bury St Edmunds
U17W	LJ	Josie Waddams	4.54		18-Apr-15	YDL Upper U17-U20	Ashford
U17W	LJ	Samantha Saunders	4.44		19-Apr-15	EYAL R1	Thurrock
U17W	LJ	Rafiah Ayandipo	3.71		29-Mar-15	Havering Spring Warm Up	Hornchurch
U17W	LJ	Georgia Woodburn	3.54		29-Mar-15	Havering Spring Warm Up	Hornchurch
U17W	LJ	Thema Archer	3.53		12-Jul-15	EYAL R4	Bury St Edmunds
U17W	TJ	Annie Maguire	10.02	AT SW 14th	31-May-15	SAL R2	Ashford
U17W	TJ	Katie Dawson	9.20		10-May-15	EYAL R2	Peterborough
U17W	TJ	Lucy Scrutton	8.54		12-Jul-15	EYAL R4	Bury St Edmunds
U17W	SP3KG	Elysha Thatcher-Gray	11.25	U17W AT 1st	04-Jul-15	ESAA Cup Final	Bedford
U17W	SP3KG	Victoria Adebowale	9.58		04-Jul-15	ESAA Cup Final	Bedford
U17W	SP3KG	Josie Waddams	7.43		06-Sep-15	EYAL Top 6 Final	Bedford
U17W	SP3KG	Annah-Joe Chingeya	6.89		12-Jul-15	EYAL R4	Bury St Edmunds
U17W	SP3KG	Aoife O'Sullivan	6.78		14-Jun-15	EYAL R3	Ware
U17W	DTW	Freya Gutteridge	34.37		29-Mar-15	Havering Spring Warm Up	Hornchurch
U17W	DTW	Riva Siggins	32.14		04-Jul-15	ESAA Cup Final	Bedford
U17W	DTW	Lucy Scrutton	25.09		12-Jul-15	EYAL R4	Bury St Edmunds
U17W	DTW	Elysha Thatcher-Gray	20.97		13-Sep-15	Club Champs	Hornchurch
U17W	DTW	Amy Baggs	18.58		12-Jul-15	EYAL R4	Bury St Edmunds
U17W	DTW	Emily Marshall	16.70		04-Jul-15	ESAA Cup Final	Bedford
U17W	DTW	Georgia Woodburn	13.18		02-Aug-15	EYAL R5	Luton
U17W	JT500	Georgia Woodburn	26.27		13-Sep-15	Club Champs	Hornchurch
U17W	JT500	Elysha Thatcher-Gray	20.61		13-Sep-15	Club Champs	Hornchurch
U17W	JT500	Josie Waddams	15.25		10-May-15	EYAL R2	Peterborough
U17W	HT3K	Freya Gutteridge	22.51		18-Apr-15	YDL Upper U17-U20	Ashford